

NEW FRONTIERS

SEPTEMBER 2011

A.A. of the Niagara Frontier

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER. We request that this newsletter be kept within the Fellowship to insure anonymity.
to insure anonymity.

"reality of sobriety"

At my home group we read from the Big Book, the Twelve Steps and Twelve Traditions and other AA literature. The material is rich and helpful, and yet sometimes I feel that something is missing, particularly in the stories. There is a lot of attention paid to the drinking and stopping and often a brief section describing the healing. This is all well and good as far as it goes, but what is missing for others and myself is a description of what sobriety is really like after many years, after the initial freedoms have been experienced. The book says: "The spiritual life is not a theory, you have to live it". What is the spiritual life really like? Sometimes, I feel we are seduced by our thinking and some of the writing to believe that things work out for everyone, families get reunited, marriages heal and all is well. What about the reality of sobriety in the later years? What about when the family doesn't heal, children turn to drugs and alcohol, marriages die, grave illness comes, we discover previously hidden wounds that have not healed, we feel flat, uninspired, depressed. We lose our connection. What then? Could this be part of the spiritual life? Could experiencing the real dangers of non-drinking alcoholism be part of the healing? Shame, fear, self-reliance, shopping, gambling, pills?

Could all of this be part of the reality of sobriety?

Is this hitting the wall, finding oneself with "new" old ideas part of the spiritual life? As we progress in time, and if we are committed to a spiritual life, we are constantly surprised by the depth of our unawareness, the newness of our pain, the realities of life and we are asked to begin again from a place of "not knowing". Some turn to bitterness, despair and the "bleeding deacon" syndrome. Those who don't are often left with a new bottom, one that makes the pain of the past feel inconsequential.

I have had these experiences several times in my sober life, and I remember my wonderful sponsor saying to me that I cannot rely on the surrenders of the past, that what counted was the quality of my spiritual condition today. As we continue in sobriety, often doing all the “right things” we hit this wall of confusion. What then? Is a loving Higher Power just asking us to surrender more deeply, so that we can experience new depths of healing and peace, so that we may be more of service?

Many with long term sobriety are struggling with the spiritual life in much the same way that the newcomer struggles with stopping drinking, and may find it less acceptable to expose this suffering and let others know that confusion and new levels of character defects are taking their toll. We may feel disillusioned, depressed, angry. Perhaps this is the dark night of the soul, a real part of the spiritual life. And here is where the spiritual life has to be lived. Can I be honest, exposed, humble? Can I admit that life has not turned out the way I want? Can I stop faking it? This is mature spirituality, the kind that refuses to pretend. Recently someone gave me a powerful definition of spirituality: knowing reality, accepting reality and acting accordingly. Knowing reality – once again I experience the false seduction of self-reliance. Accepting reality – this is the continuation of ego-deflation at depth. Acting accordingly – telling the truth (rigorous honesty), asking for help, returning to being open-minded and willing as only the dying can be.

Disillusionment is part of the spiritual life, a necessary and big part. Without disillusionment we are often not motivated to seek more deeply, to surrender more completely or to give up our new false dependencies (food, money, sex, reputation, etc). What is required here is a “soft heart”, an experience of living the “language of the heart”. What is this language? It is the comfort of the fellowship, the discipline of the Steps, and the healing that rigorous honesty and service bring. This soft heart emanates from the web of love that is the underpinning of the Steps, Traditions, Concepts and Fellowship. It is the reawakening of the heart.

As a long timer, my spiritual journey is a journey of continuous ego-deflation, imperative if I am to remain not just abstinent from alcohol, but above all free in my soul from the crippling thinking that is at the root of all alcoholism. With this awareness and asking for deeper surrender, I am left with a heart that is in love with life, in love with reality and at peace. What this does not mean is that I can rest on my laurels. If I am to rest, it is to be in the arms of love that the spiritual life offers.

Contented sobriety demands a constant series of surrenders (often not pretty, because we forget that healing hurts), a commitment to be healed at levels beyond the mere sensation of drinking, to become the Third Step promises – to be reborn, live in the fourth dimension, have a sense of wonder and innocence and to continue.

Charmaine D.

Balancing The Books

My first experience of freedom came while I was locked up in the state penitentiary. I had been carefully guided through the first seven Steps and had begun to awaken spiritually. I trusted the AA process and was beginning to trust God.

But my sponsors and I were faced with a logistical problem. No matter how willing we were to make direct amends, the state would not let us out to do so. One of my sponsors had committed murder, and for him to directly contact the victim's family would cause much undue harm.

As we discussed these issues, it became clear that the key to the Eighth Step was willingness; if this God were truly loving and merciful as it appeared, we would not be kept in bondage simply because we could not reach those to whom we owed restitution. Freedom would come, it seemed, when I stood entirely ready to make amends wherever possible.

My sponsor gave me an exercise to do. I was to make a list of all the people I had harmed. This list would start with the names from my inventory. It was suggested that there were many others I had harmed that also must go on the list, even though there was no resentment or fear connected with them. I was to be as clear as possible as to the harm I had done. But--my sponsor pointed out--even though I knew what I had done to each person, I was so insensitive that I probably did not know the consequences of my actions. He gave me the key to freedom; I was to close my eyes and picture each person separately in front of me. I was to look each straight in the eye and see if I could feel a willingness to say: "I have been wrong and have caused you harm. Will you please tell me what I must do so that we can get the books to balance?" As I sat in the cell that night going over my list, I had the experience I had been looking for all my life: I was lifted and set free.

In my blindness I had always believed that a spiritual awakening was the end of the road. Now, having had one, I knew it was but the beginning. Finally, at thirty-four years of age, I could truly begin to live.

WE WERE ALL ALIKE

Well under thirty but not "too young to be an alcoholic," the author is one of the smart new breed that understands skid row can be theirs

As AA grows older, its new members grow younger. Here are three stories from AAs who need never know how far downhill the road run...and one from a 25-year member who finds the guideposts unchanged

THE YEAR was 1962. I was sick, and I hurt. I was twenty-three years old, a college graduate, well dressed. I had been teaching school for two years. I was an alcoholic.

I walked through the doors of AA and asked for help. Nobody asked me whether I had slept in the gutter, had lost everything, had been drinking for twenty years, or was a low-bottom drunk. Nobody told me I was too young to be an alcoholic.

In fact, I was waiting patiently for someone to tell me to go out and come back later, when I was old enough and had a sordid, sad story to tell.

Those AAs knew just from looking at me how sick I was. And what they did tell me was this: "You are lucky that you have found AA so young."

At the time, I questioned this statement. I thought I had lived. I thought I knew what life was all about. I was wrong. I knew only one side of life: my side, the side I had created for myself, the side I no longer have to face.

My years in AA have not been easy. My relearning process has been difficult. Often, I would attend meetings and listen to the blood-and-thunder stories and wonder, "What am I doing here? How can these stories possibly apply to me and my drinking life?"

And then I would sit back and think, "I may not have gone to skid row physically. But emotionally I did know the remorse and guilt and fear." *How* I knew the fear! I knew fears so bad that I couldn't eat in a public place nor decide where to buy a pack of cigarettes, nor state an opinion. And the special fear: Where was I going to get that next drink? No, those blood-and-thunder stories were not so different from my own. I came to realize that Joe (who was fifty and came off skid row) and Betty (who was a housewife and never went outside to drink) and George (who was a bank president) and I were all alike. We all had a common problem; we had all fought the same fight; we had all lost. Now we were all working at becoming winners over the thing that had beaten us: alcohol.

My first years in AA were good years. I received a lot of help and I needed a lot of help. I still do. Once, I occasionally felt that, because of my age and background, I was not being given the work I could do and my ideas were not being taken seriously. But now, all of a sudden, I'm busier in AA than I have ever been in my life. I am asked to do things that I couldn't have done before, to go

places where I couldn't have gone before. To state it honestly, I couldn't have done these things before because I wasn't ready.

Contrary to what some people may think, young people in AA are not all losers. We realize that we have been given a chance to live. We realize how great a gift has been given to us, and we realize the responsibility we have to AA and ourselves and the still-sick alcoholic.

I have a younger sister now in AA, who has been sober one year and is active all the time. We have two AA friends not yet thirty, who have been sober two years. I often see a fellow not yet thirty-five who has been sober five years. Two other members of our group are not yet thirty. We all take our AA seriously. We, too, want to be "winners."

What I know of early AA and the founders is simply what I have read in the Big Book and *AA Comes of Age*. I have learned a great deal from both of these. But something else brings home a stronger message to me.

It is a Twelfth Step call on a twenty-five- or thirty-year-old person who hasn't lost everything and didn't sleep in the gutter, yet cries out in despair, just as I did, "Help me! My God, what is the matter with me?" This person I know, because this person was me yesterday. This person could be me tomorrow, and I don't want it this way.

It is my opinion (as is everything I have said here) that AA today is no different from AA thirty years ago. If alcoholics want it, then it is here for them with all the help they need. If they don't want it at the time, we will still be here when they do.

The other day I sat down to watch TV--something I could never do when I was drinking. If I tried to sit for ten minutes, I had to break it up into sections. But this particular day I saw a commercial that set me to thinking about how AA has changed my life.

It seems this wistful little chick is having a luncheon, and it is just the most wonderful luncheon the girl ever gave, and the president of the club says to the hostess, "Marge, something has happened to you. Why, before, the least little thing would set you off!"

And Marge replies, "What happened to me is a simple remedy called----." (Just like the miracle I was always looking for when I was drinking!)

Now, when somebody says to the sick young girl who walked through the doors of AA four years ago, "Something has happened to you, Kay," I'll tell them that what happened to me is a beautiful thing called AA.

K. P.
Buffalo, New York



August 1977; Vol. 34 No. 3

STEPS & TRADITIONS FOR "SPECIAL NEEDS"

All of A.A. is for ALL alcoholics, but some of us have issues or special needs that would make us or other fellow alcoholics feel ill at ease or self conscious. As we recover and rebuild our lives and try to help others to recover, we cannot and must not impede the progress of other people's recovery. To that end, some groups have been started for people with such issues. Some ladies have elements of their lives not easily dealt with in front of men. Women's groups have been started by them. Men's groups have been formed for similar situations as have groups for some professional folks.

I am blessed to be involved in two such groups. As a gay man, I have, at times, needed to dump things that would be difficult for some "straight" ladies and gentlemen to deal with. One example of this is the ending of a strong (so I thought) five year relationship a few years ago. This was the first time in over twenty years that I was suicidal. I almost gave in to my grief, but the experience, strength & caring of other gays: men and women: who have gone through the pain. I have been able to care for others, gay and straight, going through that time of hurting and healing. We laugh and joke around in ways that would be inappropriate at regular meetings.

For all gay, lesbian, by-sexual, and trans-gender alcoholics and those who love us; the Pride and Open Mind groups are for you. While many A.A. groups deal strictly with the booze problem, we can be a little tolerant about subjects for which no twelve steps and traditions of A.A. for the primary purpose of recovery from the disease of Alcoholism. All are welcome and joyfully invited to join us on "the road to happy destiny".

Eddie L.-Open Mind & Pride Groups

IN MEMORIAM

**Things We Can Not Change Barry R. -Eyeopener & Chapter IV-
Warren H.- Abbott Men's Discussion-**

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the **12th** for next month's issue.

Articles can be submitted at any time.

Buffalo Central Office

681 Seneca St (Lower)

Buffalo, New York 14210

E-Mail Address...

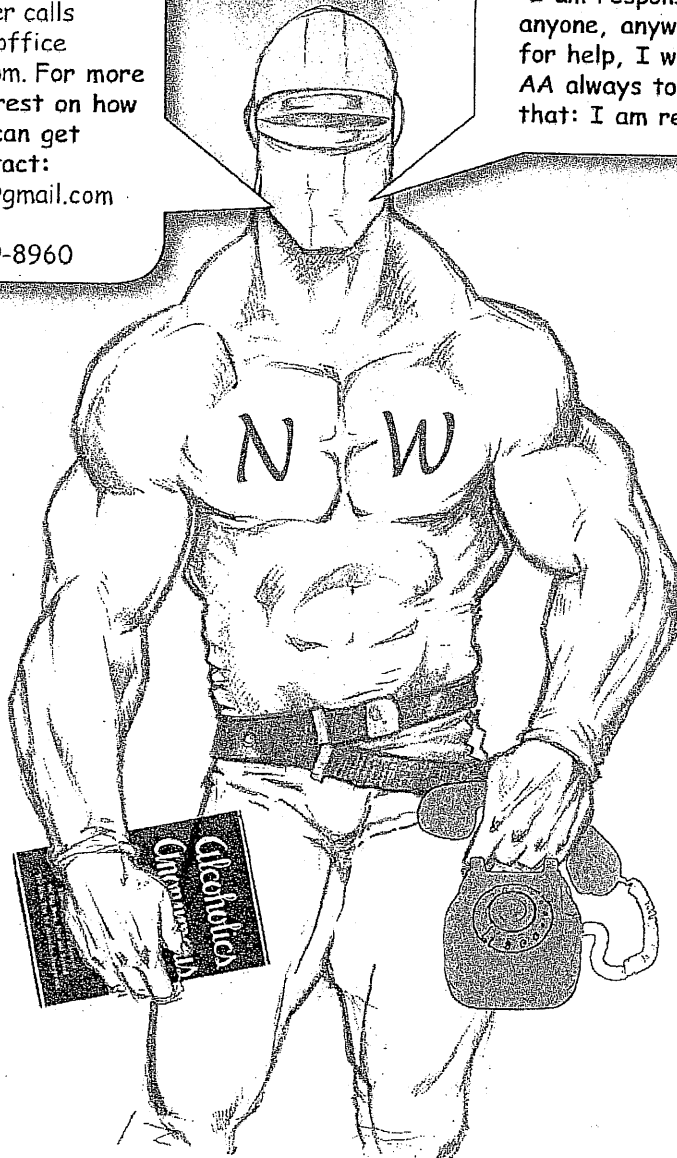
buffalooa@hotmail.com

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COMING SOON

The Buffalo Central Committee is starting up a new phone answering service known as NIGHT-WATCH. Where members of AA will be able to answer calls coming into central office directly after 4:30pm. For more information or interest on how you or your group can get involved please contact: nightwatchbuffalo@gmail.com or call Jason D. at 716-289-8960

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."



NIGHTWATCH!

please contact nightwatchbuffalo@gmail.com or call Jason D. at 289-8960 for more information or to get involved!

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at: www.buffaloaany.org*

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
www.buffaloaany.org
buffalooa@hotmail.com*

SEPTEMBER 2011

MEETING CHANGES

- **Living In The Solution** Group **No longer Meets** on Friday's at the Amity Club, 340 Military Rd. Buffalo.
- **Central City Cafe'** Group, in the city of Buffalo, **NEEDS SUPPORT**. We need home group members, set-up people, a coffee maker, treasurer and a new chair person. Monday's @ 1PM, Durham Memorial Outreach, 200 E. Eagle St @ Michigan.
- **Open Mind Group**, 8 PM , Wednesday. Unitarian Church, corner of Elmwood & West Ferry, **NEEDS SUPPORT**.
- **Elmwood group**, now call it's meeting place the Friends Of Bill W. meeting place no longer the Sobriety Emporium, 2590 Elmwood Ave in Kenmore; 14217, near the corner of Kinsey. 9 am/1pm/4pm everyday of the year and at 10 pm Fri./Sat & Sun. nights and we **need support**.
- **Victory Group**, Thursday's in Lackawanna, NO LONGER MEETS.
- **Living In the Solutions** Group on Saturday's 8 PM is now a Candlelight meeting. Amity Club, 340 Military Ave, Buffalo
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~ Aug 2," **Nightwatch" Committee Meeting**, Tuesday, 6 PM , Central Office, 681 Seneca
- ~ Sept 10, **70th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street
- ~ Sept 11, **Action Group 43rd Anniversary**. 10:30 AM. Speaker (Gene O.) with food to follow. Bring a dish if you wish. Orchard Park village hall, 4295 S. Buffalo St.
- ~ Sept 11, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca
- ~ Sept 11, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office(Hosted by Women Making the Effort).
- ~ Sept 11, **General Service Assembly**, 12 Noon., Hamburg Town Hall.

~ Sept 12, **GSA, Area 50, District 11 Business Meeting**, Monday, 5 p.m. – 6 p.m. Niagara Branch Library, 280 Porter Ave, Buffalo. Contact Maureen M., 716-310-5885 for more info.

~ Sept 17, **The High Noon & Sober Train Group's 2nd Annual Day of Sharing**; Saturday, Unitarian Universalist Church, 6320 Main St. in Williamsville. "The Amazing AA Principles" 10:00 am until 4:00 pm. Come and join us

~ Sept 19, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street. Please if you or your group are taking a meeting into a treatment facility, could you please send a rep to this meeting

~ Sept 20, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.

~ Sept 18, **Corrections Committee Meeting**, 3rd SUNDAY, 7:00 PM, Buffalo Central Office, 681 Seneca

~ Sept 24, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office.

~ Oct 7-9: **Women's Fall Spiritual Weekend Retreat** will be held at the St. Columban Center in Derby, NY. Cost is \$135 which includes your 3 day/ 2 night stay & meals. The focus of the retreat is on the promises & our theme is: A New Freedom & A New Happiness. There will be speakers, groups, an evening reflection program, meditation, spiritual advisors, bon fire (weather permitting) & lots of food, fun & fellowship. Registration flyers can be found with this month's central office announcements mailings/ or our contact person is Marilyn S. 799-4094.

~ Oct 8, **Matt Talbot Group Annual Traditions Day**. 9 AM, St John's Lutheran Church, 67 Litchfield Ave, Depew. Potluck lunch with keynote speaker.

~ Oct 21-23, **70th. BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst

~ Oct 29, **A.A. of Jamestown 66th Anniversary**, Saturday, Kiantone Fire Hall, 2318 Stillwater-Frewsburg Rd., Kiantone, NY, 4 Speakers, Panels, Banquet, Fellowship & Dance. Registration, \$20, Registration + Banquet, \$35.

9th STEP: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

9th TRADITION: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

9th CONCEPT; Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit...Terry Executive Secretary

SEPTEMBER ANNIVERSARIES

Alexander

Bob M. 1y
 Jim S. 2y
 John R. 3y
 Mark C. 4y
 Jim P. 10y

Amherst/Snyder

David Z. 7y
 Dennis K. 27y
 Dan J. 35y

Big Book Lockport

Maureen M. 10y
 Joe W. 40y

Daily Reflections

Lee 6m
 Mike K. 2y
 William T. 2y

Easy Does It

Veronica J. 7y
 Theresa B. 16y
 Joe E. 22y

Fireside AM

Amy C. 3y
 Sue S. 5y
 Jill P. 6y

Fresh Start

Reggie 15y
 Margaret 33y

Golden Slipper

Jim S. 4y
 Bob A. 24y

H.A.N.D.

Dennis S. 4y

Harmony

Kevin B. 3m
 Willie H. 6m
 Carol S. 1y
 Tammy E. 1y
 Daine B. 1y
 Michael C. 3y
 Geraldine J. 3y
 Wilma W. 4y
 Paul T. 4y
 Brien T. 4y
 Neal F. 19y

Helping Hand

Francis 21y

Holland

Kerri O. 1y
 Jim F. 48y

How It Works

Jeff F. 2y
 John W. 2y
 Kamron A. 4y
 Gary B. 8y
 John T. 19y
 Adolf I. 21y
 Bill L. 31y

Ironhorse

Brandon B. 4y
 Mike B. 13y
 John H. 13y

Just For Today

Dennis S. 4y
 Russ Q. 40y

Lakeshore

Bob D. 2y
 John H. 31y
 Dan J. 35y

Lighten-Up

Jill P. 6y
 Marilyn N. 9y
 Mary P. 12y
 Bob R. 19y
 Steve B. 20y
 Marybeth 24y
 Laura R. 26y
 Howard W. 32y

Living In The Solution

Taylor C. 6m
 Jeff L. 6m
 Mark D. 9m
 Lisa F. 3y
 John P. 4y
 Don S. 6y
 Joe O. 9y
 Nancy H. 16y

Lockport #1

J.R. 10y

LoveJoy

Chissie C. 2y
 Harry P. 26y

Main & High

Mike G. 3m
 Larry A. 4y
 Neil D. 4y

Matt Talbot

Nick T. 2y
 Paul R. 2y
 Mike G. 2y
 Julie D. 23y

North Buffalo

David M. 3m
 Bennie W. 3m
 Cathy N 3m
 Dave T. 6m
 Frank S. 6m
 Anthony L. 6m
 Corey R. 6m
 Milli W. 6m
 Tina G. 6m
 Mark 1y
 Todd N. 1y
 Eric D. 1y
 Chris W. 1y
 Ryan P. 1y
 Todd S. 1y
 Charles D. 2y
 Jeff H. 3y
 Rob P. 3y
 Tony R. 22y

Orchard Park Step

Laura D. 11y

Remember When

Kenneth S.
 Walter R. 1y
 Willy S. 1y
 Antonette 1y
 Wendy A. 3y
 Yolanda S. 9y
 Yovonne D. 25y

Serenity

Kim 9m
 Marlene G. 9m
 Jennifer M. 2y
 Paul R. 2y
 Anita W 32y

Sheridan

Chere' R. 3y
 Betsy E. 11y
 Dan M. 21y
 Mike R. 23y
 Jean M. 26y
 Butch H. 31y

Springville Tuesday

Steve H. 23y
 Larry S. 30y

Surrender & Hope

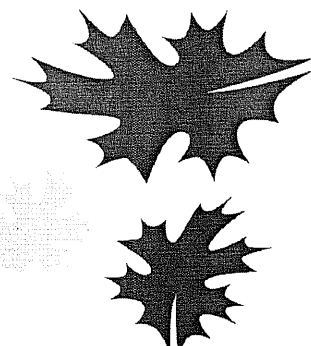
Cindy S. 4y

Thruway

Paul P. 2y
 Tiffany G. 3y
 Leo 23y

Women in Recovery

Kezia B 6m
 Seleemah L. 26y



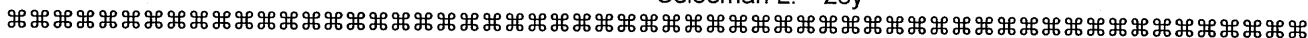
Group Anniversaries

11:45 Noon; 14y
 Acceptance; 36y
 Action; 42y
 Arcade; 18y
 Boulevard Women's; 44y
 Cathedral Park; 22y
 Cornplanters; 38y
 Easier Softer Way; 18y
 Fireside PM; 29y
 Fredonia Discussion; 40y
 Fresh Start; 28y
 Frontier; 44y
 Golden Slipper; 37y
 H.A.N.D.; 29y
 Honesty; 37y
 Iron Horse
 Main Street
 North Buffalo; 70y
 Orchard Park Step; 23y
 Recovering Women & the Big
 Renewal; 39y
 Step Work; 21y
 Sobriety For Women; 11y
 South Town; 27y
 Today's Women; 16y
 Women In Recovery; 1y

Please remember to
have the anniversaries

submitted by
the 12th

END OF BUSINESS DAY 4:30 |
of the month
previous



BUFFALO CENTRAL COMMITTEE MINUTES
August 7th, 2011

Jake J. Committee Chair opened the meeting at 7:00 PM with a moment of silence and the Serenity Prayer. Kristina Women Making The Effort read the Preamble, Chuck SoberietyMen's read the Purpose of Central Committee and Cheryl OLV Women's read the Twelve Traditions. It was moved by John Sunday Morning Breakfast and seconded by Winston Main & High to accept the July minute as written by Annie Lakeshore group. New groups were greeted and 26 groups were represented: Dist #1 Main & High, Women in Recovery Dist #2 Questions & Answers Common Solution, Three Legacies Dist #3 Abbott Men's, Caz Manor ,Courage, OLV Women's, Sunday Morning Breakfast, Thruway; Dist #4 Action, Orchard Park Step; Dist #5; Dist #6 Derby, As Bill Sees It, Carry The Message, Sobriety Men's Discussion, Lakeshore, WE Group ; Dist #7 Fresh Start, Lovejoy Dist #8 Amherst Snyder, Eye-opener, High Noon, Lighten-Up, Women Making The Effort.

COMMITTEE REPORTS:

•**ENVELOPE SYSTEM:** Brought in \$193.00 for this month.

•**STEERING COMMITTEE-** Jeanmarie reported districts 1,2,3,4, Chairperson, Co-Chair, Financial Secretary and Executive Secretary were present. District 6 & District 8 still need representation. The annual evaluation has been completed and has not yet been reviewed with Terry. We will report our results after it has been discussed with the Executive Secretary. The financial statement was reviewed and there is a concern about the growing balance in treatment funds.

•**FINANCIAL REPORT:** Rick W. reported there are two outstanding invoices over 30 days 4/4 Feelings Group \$127.56 and is 120 days overdue, 5/4 University Men's \$122.36 which is 90 days overdue, 6/20 University Men's \$126.15 which is 45 days overdue and 6/16 SilverCreek Friendship \$44.10 which is 45 days overdue. Our year to date loss of \$9420 is somewhat offset by inventory increase of \$2735 also back out \$700 depreciation = \$5985. There is a new charge from NYS a unemployment interest surcharge of \$89.88. Monthly decline in cash \$950. Operating cash balance 20,642.

•**TREATMENT:** Joe reported we are looking for groups to take meetings into the facilities if you are interested please contact Joe at JoeOGrady1999@gmail.com.

•**CORRECTIONS:** Milt reported the corrections committee met on Sunday 7/17 with five members present. We are looking for a secretary to take minutes, do reports, and send reminders for meetings. Volunteers are needed at both men and women's facilities. If you are interested please contact Milt B. or come to our meeting. **Gowanda Correctional Facility-** is no longer taking applications until December 2011. The **Buffalo Work Release-** facility is closing on October 1, 2011. All meetings have been cancelled per facility. **Wende Correctional Facility-** We are looking for volunteers. Meetings are on Friday's. You must be at the facility @ 5:45pm and you need gate clearance/application to enter. **Alden Correctional Facility-** Meets on Wednesday's @ 7pm. We need men for the months of January, February, and May. You need prior approval to enter. Area 50 covers Wende Max, Lakeview Shock Camp (men & women), Niagara (men&women), Wyoming, Erie County (men&women), Collins, and Gowanda. Please note the corrections committee meets on the 3rd Sunday of every month at 7pm at Central Office.

•**CENTRAL OFFICE:** No Report

•**NEW FRONTIERS:** No report

PIC: No Report

Night Watch: Jason D reported the phones committee on August 2nd at Central Office we have put together a flyer to inform groups of the new committee we will be putting a copy of it in next month's New Frontier. Anyone interested can contact Jason at nightwatchbuffalo@gmail.com or 716-289-8960.

• **CONVENTION:** No Report

• **GSA LIASON:** No Report

AD-HOC: No Report

• **ARCHIVES:** Pat reported at the committee meeting we started to set up a list of people to do oral histories on. We are also getting from NY Archives, histories of some of the groups in our area. They also want our help in giving them some of the histories we have of groups in our area that they don't have. We set up a work day for August 9th at 7pm at Central Office. Everyone is welcome.

If you want to bring our display for any AA event please give us at least a 30 day notice. You can email us at the Area 50 WNY.org website look for archives. We like to thank the groups that have donated. Our upcoming displays Action Group, Matt Talbot and The Buffalo Fall Convention. We would like to thank the following groups for their donations Lockport #1, Lovejoy, Thruway, Ironhorse and The Cataract Convention it is greatly appreciative. Please make checks payable to Western New York Archives. Our meetings are held on the 4th Saturday of the month at the Buffalo Central Office at 9am. The meeting this month is on August 27th. Come join us.

• **OLD BUSINESS:** PIC is still looking for a chairperson. District 6 is still looking for a Steering Committee Representative. Charmaine from High Noon stood for District 8 steering committee representative and the vote for her was passed unanimously. The Proposed Amendment to the By-Laws was passed by a ¾ majority vote 23 yes and 3 abstained. There were three people to stand for the 2012 Co Chair position for our Buffalo Fall Convention. One from District 8 Jack from the Lighten Up Group and two from District 1 Tom C. from Main & High and Judy T. from Women In Recovery. It was decided by the Chairperson and agreed to by the body that because district 8 was the current district in the rotation that the position would be offered to Jack from The Lighten-Up Group. The Committee Chairperson Jake appointed Gilbert to be the new committee chairperson for the Prudent Reserve Ad-Hoc committee, he accepted.

• **NEW BUSINESS**

NEXT MEETING September 11th 2011

Jake J. thanked the Amherst Snyder for this month's refreshments and reminded Women Making The Effort of their commitment for next month.

It was moved by Tina Amherst Snyder and seconded by John Sunday Morning Breakfast that we adjourn; adopted. Meeting closed with the Lord's Prayer at 7:53pm

Respectfully submitted by Annie D. Recording Secretary Lakeshore Group.

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JULY	YEAR	JULY	YEAR	JULY	YEAR
11-45		0.00		0.00		0.00
12 Steps/12 Traditions		180.00		0.00		0.00
4th Step Stumblers/F.U.N.		0.00		2.00		0.00
6th Step		0.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Men's		100.00	120.00	353.00		100.00
Acceptance/Welcome		100.00		0.00		0.00
Achievement		0.00		0.00		0.00
Action		0.00		0.00		0.00
Age Doesn't Matter		0.00		0.00		0.00
Akron Awareness		0.00		0.00		0.00
Alexander		0.00		0.00		0.00
Amhers/ Snyder	106.00	456.00		0.00		0.00
Amsdell Lakeshore		0.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	35.00	245.00	15.00	105.00	15.00	105.00
Arcade		0.00		0.00		0.00
As Bill Sees It		275.00		60.00		60.00
Attica		50.00		0.00		0.00
Attitude Adjustment(Williamsville)		50.00		25.00		25.00
Attitude Adjustment(NF)		20.00		5.00		5.00
Attraction		300.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Back To Basics		61.00		0.00		0.00
Beginners Group (NF)		20.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		0.00		0.00		0.00
Big Book Lockport	50.00	150.00		0.00		0.00
BB Spiritual Studies		0.00		0.00		0.00
Big Book Study		30.00		0.00		0.00
Blasdeil		15.00		0.00		0.00
Blasdeil Monday Night		0.00		0.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand		20.00		0.00		0.00
Boulevard Women		0.00		0.00		0.00
Brass		0.00		0.00		0.00
Building Hope		0.00		0.00		0.00
By The Book		0.00		0.00		0.00
Carry the Message		75.00		0.00		0.00
Castling		0.00		0.00		0.00
Castle		50.00		0.00		0.00
Cathedral Park		0.00		0.00		0.00
Cayuga Wake- Up Call	360.00	760.00		0.00		0.00
Caz Manor		270.00		0.00		0.00
Central City Cafe'		0.00		0.00		0.00
Chapter IX		0.00		0.00		0.00
Cheektowaga	100.00	450.00		0.00		0.00
Clarence Men's		0.00		0.00		0.00
Clarence Men's II		0.00		0.00		0.00
Cold Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
Commitment		0.00		0.00		0.00
Constant Vigilance(Varysburg)		0.00		0.00		0.00
Complanters		0.00		0.00		0.00
Courage		0.00		0.00		0.00
Daily Reflections		0.00		0.00		0.00
Daily Reprieve		0.00		0.00		0.00
Dawn of Hope		25.00		0.00		0.00
Derby		80.00		0.00		0.00
Derby Lunch		0.00		0.00		0.00
Desire		500.00		0.00		0.00
Desperate		0.00		0.00		0.00
Downtown Men's	0.20	0.20		0.00		0.00
Dunkirk Monday Night		0.00		0.00		0.00
Early Bird South		0.00		0.00		0.00
Early Rising Obliging		0.00		0.00		0.00
East Amherst		250.00		0.00		0.00
East Amherst Traditions		378.00		0.00		0.00
East Aurora		300.00		100.00		100.00
Easy Does It	130.00	310.00	130.00	310.00	30.00	210.00
Ellicottville		25.00		0.00		0.00
Everybody's		0.00		0.00		0.00
Express		0.00		0.00		0.00
Eyeopener	604.00	1618.80		0.00		0.00
Eyeopener South	400.00	600.00	160.00	260.00		0.00
Father Baker		75.00		0.00		0.00
Feelings		0.00		0.00		0.00
Fireside PM		0.00		0.00		0.00
Fireside	77.00	1078.00		0.00		0.00
First Things First		360.00		0.00		0.00
Forestville Sunday Serenity		0.00		0.00		0.00
Fredonia Discussion		33.00		0.00		0.00
Freedom		475.00		100.00		0.00
Fresh Start		90.00		0.00		0.00
Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JULY	YEAR	JULY	YEAR	JULY	YEAR
2 Friends of Bill W.		50.00		0.00		0.00
1 Frontier(New)	43.01	231.79		0.00		0.00
3 Gardenville		55.00		0.00		0.00
8 Georgetown		0.00		0.00		0.00
2 Getting Better		0.00		0.00		0.00
6 Gettin With It		15.00		0.00		0.00
7 Gifted		0.00		0.00		0.00
1 Giving		0.00		0.00		0.00
6 Go to Any Length		529.50		35.30		35.30
5 Golden Slipper	50.00	200.00		0.00		0.00
2 Grand		0.00		0.00		0.00
2 Grand II Joy of Living		50.00		0.00		0.00
2 Grateful		100.00		0.00		0.00
3 H.O.W.		0.00		0.00		0.00
6 Hamburg		0.00		0.00		0.00
6 Hamburg Early Bird		0.00		0.00		0.00
8 Hand		120.00		0.00		0.00
2 Handicappers		0.00		0.00		30.00
1 Happy Faces		0.00		0.00		0.00
7 Harmony		0.00		0.00		0.00
3 Helping Hand	25.00	150.00		0.00		0.00
8 High Noon		0.00		0.00		0.00
8 High View		150.00		0.00		0.00
7 Higher Power		60.00		0.00		0.00
4 Hillbilly		0.00		0.00		0.00
6 Holiday Village	200.00	1300.00		100.00		100.00
4 Holland		0.00		0.00		0.00
6 Honest Solutions		0.00		0.00		0.00
2 Honesty		30.00		0.00		0.00
Hope's Horizon		25.00		0.00		0.00
2 How It Works/Men's	125.00	825.00		0.00		0.00
7 Humbolt		0.00		0.00		0.00
3 Inspiration		0.00		0.00		0.00
5 Intoxicated on Life		480.00		0.00		0.00
3 Ironhorse	172.00	402.96	18.25	33.25	18.00	33.00
8 IT		0.00		0.00		0.00
5 Johnson Creek Big Book		0.00		0.00		0.00
1 Journey		0.00		0.00		0.00
3 Just For Today/ Cheektowaga		0.00		0.00		0.00
5 Just For Today/ Albion		65.00		0.00		0.00
4 Keep It Simple Sister		85.00		0.00		0.00
2 Keep On Coming		0.00		0.00		0.00
2 Kenmore		0.00		0.00		0.00
8 Kensington		0.00		0.00		0.00
6 Lake Shore	50.00	150.00		0.00		0.00
6 Lakeview		150.00		0.00		0.00
3 Lancaster Dailey Reprieve		0.00		0.00		0.00
5 LewPort		0.00		0.00		0.00
2 Liberty Women	50.00	125.00		0.00		0.00
4 Life Today		44.00		0.00		0.00
8 Lighten UP		150.00		0.00		0.00
1 Living Clean		0.00		0.00		0.00
2 Living in the Solution		0.00		0.00		0.00
2 Living Sober		0.00		0.00		0.00
5 Lock City		150.00		0.00		0.00
5 Lockport #1	250.00	550.00	25.00	55.00	25.00	55.00
5 Lockport Discussion		50.00		0.00		0.00
5 Lockport Ladies		0.00		0.00		0.00
5 Lockport Tuesday		100.00		0.00		0.00
5 Lockview		240.00		80.00		0.00
6 Look To This Day		0.00		0.00		0.00
7 Love		0.00		0.00		0.00
7 Lovejoy		50.00		50.00		50.00
5 Lower River		0.00		0.00		0.00
1 Main and High	24.00	38.00		7.00		7.00
4 Main Street		300.00		0.00		0.00
8 Maple Men's		0.00		0.00		0.00
4 Manilla	30.00	302.00		0.00		0.00
3 Matt Talbot		240.00		0.00		0.00
6 McKinley Winners		140.00		0.00		0.00
5 MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5 Medina New Life		0.00		0.00		0.00
8 Mercy		0.00		0.00		0.00
3 Mid-day	70.00	138.39		0.00		0.00
8 Midnight Discussion		0.00		0.00		0.00
5 Miracle Happen		75.00		0.00		0.00
7 Monday CO		10.00		7.00		0.00
5 Monday Big Book		0.00		0.00		0.00
2 Morning After	100.00	300.00		0.00		0.00
7 New Awakening		0.00		0.00		0.00
3 New Beginnings/St. Vincent		30.00		0.00		0.00
New Freedom		0.00		0.00		0.00
New Hope		0.00		0.00		0.00
5 New International		0.00		0.00		0.00
3 New Life		30.00		0.00		0.00
5 New Outlook		0.00		0.00		0.00
1 New Westside	0.84	0.84		0.00		0.00
5 Niagara Frontier Men's Disc.	40.00	40.00		0.00		0.00
2 North Buffalo		800.00		100.00		50.00
4 North Java Monday		0.00		0.00		0.00
4 North Java Sunday		0.00		0.00		0.00

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