

NEW FRONTIERS

JULY 2011

A.A. of the Niagara Frontier

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER. We request that this newsletter be kept within the Fellowship to insure anonymity.
to insure anonymity.

All Of The Above

One day out of total frustration I asked my sponsor: What is it you want me to do? Go to more meetings? Build up my career? Spend more time with my kids, my wife, my brothers and sisters, or my sponsee's? Focus all my time on helping others? Work out? Relax and enjoy the fun things in life? Please, just tell me the one thing that I am supposed to do, I thought, and I will do it better than you can imagine! He answered: "Do some of all of the above." no! I thought. Please don't say that. How much is the right amount? When do I stop one thing and start another?

Now that I have been sober for many years, is it okay to miss a meeting if my family needs me to do something for them? If I'm asked to run a project at work, is it okay if I work 18 hours a day until it is done? How much golf should I play? The day I played 61 holes and wanted to play "just one more hole" before the sun set—was that okay? If I'm working out for the 10th day in a row and a sponsee calls, should I tell him I'm busy? After my 17th day on vacation, should I call work and tell them I'm resigning since this vacation thing is really feeling good? With this kind of thinking, it makes me laugh when I hear someone say at a meeting, "I just wanted to have a couple of drinks and not get into trouble." That's one thought I never had! The few times I have pondered relapse in my sobriety—usually when things are not going my way— have me going to the liquor store and buying all the liquor they have, and then getting all the drugs I can get and drinking or taking them all till there are no more left. That's how I am wired—black and white; all or nothing.

So as I have gone through the journey of sobriety, I have learned to accept my makeup and understand that what I need to do is rather simple, although not easy: First, give up totally all those things that are harmful to my goal of being happy, joyous and free, such as gambling, nicotine, or, most importantly, alcohol, including food with even a bit of alcohol in the recipe. The reason is clear: If I do just a little, I am going to do it until there is no more or until I die.

Now the difficult part: How about all of those things that are good for me and a normal part of a full, productive and happy life? The Big Book and wisdom from the Fellowship of AA clearly tell me that once I am out of the grips of my alcoholic compulsion and have a solid foundation in AA, I can and should fully reengage back into the reality of my world.

How do I do this? How much of each thing? Any specific instructions? no. Instead, the direction comes from the spiritual awakening I have as "the result of these Steps," sponsors I can ask how they know "when enough is enough," meetings where I can share my thoughts and questions and get the opinions of others and the guidance from that "small still voice of my Higher Power" who whispers to me (when the channel is clear and I am willing to listen): "Okay, Rick, that's enough, time to move on to something else."

Balance is a difficult thing for everyone, certainly for alcoholics. I will never get it exactly right, since the world in general, and my place in it, change on a daily basis. However, I know this: With the program and my God, I have been given tools, which I never had while I was drinking, that give me a chance to live a full and happy, balanced life. Could I ask for more?

Rick H.
Roselle, III

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Practice Makes Progress

ON A SATURDAY night in January 1943, I was drunk as a hoot owl, as usual. The next evening, my sponsor took me to my first AA meeting, on 24th Street in New York City. I remember little of it--my mind was foggy, my eyes swollen nearly closed--but I do remember some people getting up and telling about their drinking out loud, in front of all those other people! I had known that I had the problem for a long time, although I didn't know the word "alcoholic." But admit it to another person? I'd die first, I thought, even though I had been drunk almost every day for years, and for years had been trying every day to quit, and felt desperate and hopeless inside. But I knew they were talking sense, and I knew I felt at home for perhaps the first time in my life while sober.

A miracle happened to me that night. Although I didn't know it then, I had had my last drink. What I had tried to do for so long on willpower, and had always failed to do, happened without any willpower at all. For the next dozen years, I was very active in AA in every way I could think of, and that included trying to learn and practice the AA philosophy. The results were not at all unusual. I changed slowly from atheist to deep believer. I was in the wrong business for me--one I disliked, drunk or sober--but I made the best adjustment I could, and it prospered modestly. We paid off our sizable debts, bought and paid for our home, started to save some money, and put four kids through college.

Now, twenty-six years after that first meeting, our kids have grown, we have eight grandchildren, and we have retired. So today I am pausing to look back--something I seldom do, since AA taught me not to. My first few weeks in AA were all confusion. I changed my mind so often, I began to think I was weak-minded. But hope started to glimmer again. My sponsor introduced me to members who had been sober from two days to two months. I had been a daily drinker, so two months of sobriety seemed like the other end of eternity. Still, it did not seem impossible. Then he introduced me to another member, along with the information that he had been sober for two years. That sank in slowly. As comprehension dawned, so did skepticism and then outright disbelief. Nobody could stay sober for two years! My own record was about one week. But time flew along, what with meetings and lunches and Twelfth Step calls, hospital visits and new members. Weeks turned into months and years; but, remembering my own skepticism, I tried never to mention the length of my sobriety to newcomers. Even when asked directly, I tried to duck with something like "Long enough to be sober and happy" or "Time doesn't matter."

But, in a sense, time does matter in AA. That is, it matters how time is used. As long as time is used for "practicing these principles in all our affairs," we can be sober and happy, whether we have been in AA twenty-six days or twenty-six years. AA is a school where we learn how to think and live, where we can turn ourselves into people who don't have to drink. As in any other school, those who try hard and apply themselves make the grade, and the goof-offs don't. Anyhow, that's what I think. (Of course, I realize that, as the Big Book says, "There are those who are constitutionally incapable. . .") As I look back, I realize how fortunate I have been in AA. For instance, I've never had a doubt about being an alky --the reservation that has caused so much trouble for so many. I knew I was a drunk before I ever heard of AA.

Nor have I ever had any doubts about the truth and efficacy of AA, the Twelve Steps, the Big Book, and the AA philosophy in general. I have always believed in them absolutely, and do today. I know that all I have to do is put into practice what I have learned. How well I have done so is another matter. Once, after working very hard at AA for a couple of years when I was new, I decided to take a vacation from business, AA, and everything else. We went away, and I had no contact with AA for three weeks. At the end of that time, I felt the lack--not seriously or dangerously, but I knew my thinking had deteriorated. Resentments were nearer the surface; I felt like having my own way; I made excuses for myself; nervousness increased; it was harder to concentrate or meditate. We had a good vacation, and I doubt that my mental setback showed; but I knew about it and could hardly wait to get to a meeting when we returned home.

When our little daughter started taking piano lessons, every day she would practice scales and exercises. Neither she nor we were ever conscious that she was making any progress from one day to the next. It always sounded just as it had the day before. But progress was taking place, even though we were not aware of it. Ten years later, she could sit at the keyboard and play any piece of music you put in front of her. I doubt that anyone is aware of day-to-day progress in AA, but practice brings it about just the same.

Practice. That's the word and that's what I believe in. It makes seemingly impossible things come true. The more you practice anything, the better your performance; but keeping up the practice every day is a tough job. I've been trying to do it for a quarter of a century now, and I can't tell you how many times I've tried and failed--or forgot to try and therefore failed--and tried again and remembered more often and succeeded a little better.

Every time I succeeded in being a little less self-centered, in reducing resentments, in not feeling sorry for myself, every time I asked for guidance and put my will and my life in God's hands, my stock went up a little. And when I didn't, it went down. But the end is an infinity away. Once upon a time, in my drinking days, I knew that I was just about perfect in every way. Now I can see that a lifetime of effort will be only a beginning--but such a happy one!

Growing With AA

I CAME to Alcoholics Anonymous to get sober. For me it was a long and difficult task. . . chiefly because I chose to make it so. In AA we have twelve suggested steps which lead to a new way of life.

This new way of life does not include alcohol.

For a solid year I attended meetings and stayed sober. It was just as tough an assignment as it had been in previous times to go on the wagon. Then of course I got drunk, but was fortunate enough to have been given a second chance. This time admitting without reservation that I was beaten, I rather reluctantly attempted to do what I know now to be the only thing that will give us a measure of success in AA. I gave some thought to the Twelve Steps and attempted to work at them as best I could.

I wonder how many came to AA as I did. . . thinking, "There's nothing wrong with me that a couple of thousand dollars won't fix." This program and these Twelve Steps, just a lot of nonsense. Maybe these other people need that stuff, but not me. I came here to get sober. And being sober took on a "so what" attitude when my wife would dare to question my lack of interest in the program.

To a new member in AA I would say never underestimate the importance of the Twelve Steps. Remove them and you remove Alcoholics Anonymous. Without them you may get sober, as I did, but I venture to say you cannot stay sober.

And so it is that during our first few months or couple of years in AA we are fully occupied with the all-important task of moulding these Twelve Steps into our everyday living; until staying sober, of itself, becomes reasonably simple; simple only because of a child-like faith we have acquired in our God as we understand Him. And here, of course, is nothing more or less than the pleasant experience of the growth of AA within us.

Having grown to this point, where do we go from here? How many times have we heard that there is "no standing still in AA." The price of sobriety is eternal vigilance plus a deep-seated feeling of gratitude.

New Frontiers

How better then can we express our gratitude than by continuing to grow in this fellowship?

How better can we grow than to carry the message to those who still suffer?

How better can we carry the message than to interest ourselves in our Traditions and our General Services?

How many of us in AA, the writer included, leave the numerous and arduous tasks of keeping our AA ship on an even keel to a handful of members who never say no. . .and then continually criticize them for their efforts? I feel certain that there are a sufficient number of alcoholics still suffering; that there is a lot of work for all of us. In attending meetings in my own area very rarely do I see those members who were so active when I first came to AA. These people were at that time responsible for bringing me back to another and yet another meeting, responsible merely because of their presence there. How invaluable is the power of example!

As I write this piece, our representatives to the General Service Conference are meeting in New

York. I pray they are guided in their decisions, by the words of our own AA Prayer:

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Here we can continue to grow in AA by playing our own small part in the practice of our Traditions, and in the expansion of our General Services.

Our General Services can only be as successful as our smallest groups and our smallest groups can only be as successful as their individual members. So we grow in AA by simply being a good and active member of the group to which we belong, being careful of course not to graduate to the stage of a "one-grouper," if possible.

I see the necessity of well-experienced AA members being chosen as our trusted leaders. And in choosing these leaders great care should be exercised lest a personality be confused with a principle.

No member should be chosen or elected to office simply because "the job will do him good." AA as a whole is much more important than any individual member.

Those of us who are enjoying our sobriety today are doing so only because of the efforts of those who came to AA yesterday. Those who are to enjoy their sobriety tomorrow will do so only by the efforts of those who are here today; and those who are here today are--you and I.

Let me ask myself these questions. Have I a smug attitude toward my own sobriety? Am I so

self-satisfied that I have completely forgotten how fortunate I was to have been directed to AA in the first

place? Have I forgotten that I can retain this new way of life only by sharing it with others?

These and many more such questions will stimulate the growth of AA within us, and so far as I

am personally concerned, there is not one suggestion in all the AA literature I have read that I can afford

to overlook.

Work at this AA program; think about this AA program--and I believe we will grow even unknown

to ourselves.

Bill K. Toronto, Ontario

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IN MEMORIAM

Things We Can Not Change

Vinnie- 1 year- Serenity on the Lake Group

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the 12th for next month's issue.

Articles can be submitted at any time.

Buffalo Central Office

681 Seneca St (Lower)

Buffalo, New York 14210

E-Mail Address...

buffalooa@hotmail.com

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"They won't tell me who they are, but they say you called for help."

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388*

9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

Schedule on line at: www.buffaloaany.org

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210*

Fax: 853-0389

www.buffaloaany.org

buffalooa@hotmail.com

JULY 2011

MEETING CHANGES

- **New Group; Albion Sunday Grapevine**; closed meeting, Sunday's at 7 PM. 1st Baptist Church, corner of Liberty & Beaver St's, 14411.
- **New Group; Kenmore Book Study**, Grace Point Church, 39 Kenmore Ave, Buffalo, 14226. Open Meeting, Friday's at 7 PM.
- **Inspiration Group**, Thursday's at 10 AM, has moved to Leonard Post, VFW Post, 2450 Walden Ave, Cheektowaga 14225.
- **Willing To Grow Group**, Friday's Now starts at 7 PM. Grace Lutheran Church in Hamburg . S 6220 McKinley Pkwy. 14075.
- **Easy Does It Group**, Saturday's at 10 Am, **NO Longer Has Day Care**. Parkside Lutheran Church, 2 Wallace & Depew, Buffalo North 14214.
- **Amsdell Lakeshore group** , Wednesday's 10 AM, is **now a Step Study**. Amsdell Wayside Presbyterian Church, S 5017 Lake Shore Rd., Hamburg, 14075.
- **Women's Westside Group on Friday's** now starts at 7 PM. Casa Di Vita, 200 Albany Street, Buffalo West. Step Table every week. Needs Support.
- **Check out our General Service Area 50 website... www.area50wny.org**
- **Gahada Goh Group** now meets Tuesday and Thursday at **both Noon and 8 PM**. 12698 Southwestern Blvd, Irving, 14081.
- **Holiday Village Group**; 12:30 PM in Hamburg, **will now meet Mon, Tue, Wed. & Friday** at Wesleyan Church, S4999 McKinley Pkwy, Hamburg, 14075.
- **Sunrise Court meeting**, Sunday's, will start **an half hour earlier**. Now starts at 9:30 AM. City Court House, 50 Delaware Ave., Buffalo.
- **New Westside Group & Cornplanter's Group both are Moving** to "Friends of the Night People", 394 Hudson @ Wadsworth St's. 8 PM. (Tues. & Fri.)
- **Erie County Fair**: I am the GSA Pubic Information Chair. I will need 72 volunteers to work shifts for the Erie County Fair. The shifts will run from 10-2, 2-6 and 6-10. The dates will be August 10-21. Contact Dave G. : 866-6612. Thank you.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~ Jun 28, **Phones Committee Meeting**, 6 PM , Central Office, 681 Seneca
- ~ Jul 2, **70th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street
- ~ Jul 10, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca
- ~ Jul 10, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office(Hosted by).

- ~ Jul 17, **Corrections Committee Meeting**, 3rd SUNDAY, 7:00 PM, Buffalo Central Office, 681 Seneca
- ~ Jun 17-Jul 15, **An Introduction To the 12 Steps Workshop**. To acquaint members with the 12 Steps in 5- 1-hour sessions. Fri.'s; 8:00 PM. Sponsored by Springville New Life, New Life Fellowship Church, 17 Park St., Springville., Journey through the 12 steps in 5/ 1 hr sessions. For more information call; 479-8888.
- ~ Jul 18, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street. Please if you or your group are taking a meeting into a treatment facility , could you please send a rep to this meeting
- ~ Jul 18, **GSA, Area 50, District 11 Business Meeting**, Monday, 5 p.m. – 6 p.m. Niagara Branch Library, 280 Porter Ave, Buffalo. Contact Maureen M., 716-310-5885 for more info.
- ~ Jul 19, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Jul 23, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office.
- ~ Jul 23, **Carrying The Message- "Humility" Day of Sharing**, 13th Anniversary, sponsored by Main & High and spirit of Hope groups. 9:30 am-3:15 pm, Holy Trinity Lutheran Church, 1080 Main Street (across from Wendy's). Panels & Speakers, 50/50, Hot Lunch, Refreshments. Registration: \$7, Alateen: Reg. \$5.50/50, Hot Lunch, Refreshments.
- ~ July 30, **The Easy Does It group is sponsoring a picnic** at Lincoln Park Shelter #2, Town of Tonawanda. The meeting will begin at 10:00 with a speaker & anniversaries, at the park, followed by food, fun and fellowship. Bring a dish if you wish, along with outdoor games or sports equipment.
- ~ Aug 6, **7th District A.A. Picnic**, LaSalle Park, Shelter #4, (Speaker @ 3 pm. Bring a dish. For more Info call; Odell; 541-8658 or Jim, 491-8301
- ~ Aug 7, **General Service Assembly**, 12 Noon., 511 Club, Jamestown.
- ~ Aug 7, **Tri County Group annual summer picnic**, Sunday, starts at 12:00 until dark, speakers, family fun, bring a dish dinner, group will supply hot dogs, hamburgers and coffee or soda, music and games. Gowanda Firemen's park Rt. 62 Gowanda. Bring the Family
- ~ Aug 7, **"Go to Any Length" group Annual Picnic** from Noon to ???. There will be a Speaker @ 4 pm. The Picnic will be at Glen Meadows Park, Hamburg, NY.
- ~ Aug 19-21, **32nd NY State Informational Workshop**. Carondelet Hospitality Center, 385 Watervliet Shaker Rd., Latham, NY 12110. For more information, flyers available at Central Office.
- ~ Oct 7-9: **Women's Fall Spiritual Weekend Retreat** will be held at the St. Columban Center in Derby, NY. Cost is \$135 which includes your 3 day/ 2 night stay & meals. The focus of the retreat is on the promises & our theme is: A New Freedom & A New Happiness. There will be speakers, groups, an evening reflection program, meditation, spiritual advisors, bon fire (weather permitting) & lots of food, fun & fellowship. Registration flyers can be found with this month's central office announcements mailings/ or our contact person is Marilyn S. 799-4094.
- ~ Oct 21-23, **70th. BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst

7th STEP: "Humbly asked Him to remove our shortcomings."

7th TRADITION: "Every A.A. group ought to be fully self-supporting, declining outside contributions."

7th CONCEPT; The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purpose for final effectiveness.

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit... Terry Executive Secretary

JULY ANNIVERSARIES

"Pass It On"



Bill W.

Group Anniversaries

Alexander; 29y
Big Book Lockport; 30y
Blasdel Monday Nite; 21y
Brass; 49y
Courage; 34y
Ellicottville; 30y
Feelings; 25y
Freedom; 26y
Giving; 27y
Hillbilly; 64y
How it Works/Men's; 18y
Inspiration; 43y
Positively Living II; 30y
Willing to Grow; 21y
Women Making The Effort; 6



"TRUDGE THE ROAD TO HAPPY DESTINY"

Please remember to have the anniversaries submitted by the 12th
END OF BUSINESS DAY 4:30 of the month previous

Alexander

Michelle F. 8y
 Don O. 18y
 Cynthia 23y
 Carl T. 25y

Amherst/Snyder

Sydney D. 6m
 Jen H. 4y
 Sheilla C. 8y
 Janet M. 8y
 Dave P. 17y
 Rick S. 17y
 Tom D. 22y
 Tina D. 22y
 Bob L. 26y
 Charmaine D. 28y
 Don H. 39y

As Bill See's It

Dale V. 16y
 Hilda H. 29y

Carry The Message

Randy H. 8y

Courage Group

Jerry F. 20y

Dawn Of Hope

Lee M. 3m
 Kevin G. 1y
 Chuck 2y

Dawn Of Hope

Dorothy C. 3y

Easy Does It

Tom E. 11y
 Laurie J. 17y
 Barbara M. 26y
 Harriett G. 28y

Eyeopener

Henry J 1y
 Kevin C 2y
 Scott P. 2y
 Linda G. 2y
 Elizabeth 2y
 Wendy W. 3y
 Tom D. 4y
 George K 8y
 Rick D. 11y
 Bob C. 19y
 John S 41y

Fireside

Megan H. 10y
 Elaine C. 18y

Freedom

Dennis Z. 22y

Fresh Start

Ron D. 24y

Gardenville

Bob J. 7y
 Linda H. 24y

Golden Slipper

Tito 21y

Holland

Dennis M. 22y

HOW IT WORKS

DON M. 5y
 DAID C. 5y
 TIM V. 10y
 MARK F. 10y
 KEVIN S. 12Y
 PETER H. 13Y
 TOM B. 14Y

Ironhorse

Margarette A. 6y
 Sue C. 21y
 Steve K. 25y

Kensington

Jo Jo G. 26y
 Dick H. 32y

Lakeshore

Joe K. 1y
 Charles H. 44y

Lighten Up

Dave S. 6y
 George K. 8y
 Rick B. 9y
 Sue H. 9y
 Leslie s. 14y

Lockport #1

Dan S. 5y
 Mike S. 6y

Lovejoy

Belle K. 30y

Matt Talbot

Dave G. 1y
 Mike J. 6y
 Lynd M. 7y
 Gary B. 28y
 Ralph D. 28y

North Buffalo

Brett F. 3m
 Jeffrey L. 3m
 Kristin R. 3m
 Neil W. 3m
 Mike M. 1y
 Tim H. 1y
 Randy K. 1y
 David I. 1y
 Nick N. 2y
 Kim M. 3y
 Judy D. 5y
 Greta K. 5y
 Reggie R. 6y
 Tim V. 10y
 Donna H. 26y
 Buzz R. 55y

Orchard Park Step

John G. 19y
 Holly M. 22y
 Shelly M. 31y

Rise & Shine

James K. 6m
 Kim M. 3y
 Delilah W. 3y
 Deboris Y. 3y
 Joe R. 4y
 Matt G. 4y
 Raymond S. 4y
 Edith S. 6y
 Polly B. 7y
 Mike V. 7y
 Mike M. 8y
 Matt G. 8y
 Shawn Y 9y
 Vicky Y. 15y
 Jack G. 18y
 Kim C. 24y

Rigorous Honesty

Jill M 3M

Serenity

Alex O. 3M
 Lee P. 3Y
 Jannet F. 3Y
 Don M. 5Y

Springville Tues.

Lori H. 10y
 John M. 21y

Spiritual Progress

Susan D. 3m
 Stacy B 6m
 Maura 1y
 Holly 1y
 Judy 3y
 Lisa J. 4y

Sober Winners

John M. 8y

Sunday AM

Breakfast

Norm B. 11y
 Steve G. 22y

Surrender & Hope

Cindy S 3y
 Don K 14y

Turning

Point

Denise M. 5y
 Lonnie S. 12y

Valley

Paul B. 2y
 Mike S. 4y
 Jess K. 6y
 O2 Tom G. 30y

We

Annie 2y
 Renae S. 2y
 Denise 2y

Women In Recovery

Wendy S 6m
 Kathleen M. 2y

TO ALL GROUPS IN DISTRICT 8

As was adopted by the Central Committee, the Co-Chairperson for our Annual Fall Convention is chosen from the consecutive district by the Steering Committee with the approval of the representatives at Central Committee which meets every month at Buffalo Central Office, 681 Seneca Street, the first Sunday of every month at 7:00 p.m. From your District, the individual selected to Co-Chair the 2012 Fall Convention will then automatically become the Chairman for the 2013 Fall Convention.

Co-Chair For 2012 Buffalo Fall Convention:

The Co-Chair serves for a term of one year. The Chair-Elect is nominated for this position by the Central Committee, each year rotating in consecutive Districts. The Chair-Elect becomes the following year's Chairperson. To be eligible for the position of Co-Chair a nominee must have a minimum of ten (10) continuous years of sobriety.

What the Steering Committee is asking is that any individual who wishes to be considered for this position write to the Central Office. Include in your letter, your length of sobriety and any experiences you have had that would make you a good candidate for the job.

Those fitting the requirements will be presented to the Central Committee on **May 1, 2011**. The Central Committee vote to elect the Co-Chair will be on **July 10, 2011**.

District 8 groups are:

Achievement
Amherst Snyder
Attitude Adjustment
Beginnings Women's
Big Book Workshop
Cayuga Wake-Up Call
Clarence Men's Disc.
Clarence Men's Disc.II
Common Problem
East Amherst
Eyeopener
Fireside

Fireside PM
Georgetown
H.A.N.D.
High Noon
Highview
It
Kensington
Lighten-Up
Maple Men's
Mercy
Midnight Discussion
Renewal

Saint Barnabas
Saratoga
Stepping Stones-Williamsville
SUNY-Amherst Campus
TGIF
Today's Women
Unity
Wehrle
Williamsville
Women Making the effort

Proposed Amendment to the By-Laws

Policy: Literature Credit Extended to Groups of Buffalo Central Office

Date: April 4, 2011

Submitted by: Patti S. As Bill Sees It Group

Narrative:

This policy provides for the extension of credit to the registered groups with Buffalo Central office of Alcoholics Anonymous. The catalyst to formalizing this Policy is a Group of AA defaulted (not in Buffalo District) on paying for \$1442.00 for literature that was

The policy is also written confirmation of a motion carried and passed on 4/2/2001 that states that if any Group is 30 days past due on their literature bill they could not get any more literature until their bill is current. Excerpt found on page 16 of "Excerpts from past minutes timeline".

1.1 Literature sales credit will only be extended to the registered groups of Buffalo Central office listed in the hard copy schedule.

1.2 Only registered groups in good credit standing with no outstanding invoices will be given literature up to the current approved limit. This includes mailed literature.

1.3 A monthly report is to be submitted by the Executive Secretary/Financial Chair at the Steering Committee to include outstanding invoices over 30 days (includes weekends) by group.

1.4 It is the responsibility of the Executive Secretary to advise all persons who volunteer at the Buffalo Central Office of this policy.

BUFFALO CENTRAL COMMITTEE MINUTES

June 5th, 2011

Pete E. Committee Chair opened the meeting at 7:03 PM with a moment of silence and the Serenity Prayer. Chuck Sobriety Men's read the Preamble, Dale As Bill Sees It read the Purpose of Central Committee and Randy Common Solution read the Twelve Traditions. It was moved by Troy Abbott Men's and seconded by Tina Amherst Snyder to accept the June minutes as written by Annie Lakeshore group.

New groups were greeted and 22 groups were represented: Dist #1 Main an High , Dist #2 Common Solution, Three Legacies, Dist #3 Abbott Men's Discussion , Courage, Iron Horse, OLV Women's, Sober Saturday, Thruway; Dist #4 Action, Orchard Park Step; Dist #5; Dist #6 Derby, Lakeshore, As Bill Sees It, Sobriety Men's Discussion, WE Group ; Dist #7 Fresh Start, Central Park, Solidarity, Dist #8 Amherst Snyder, Eye-opener, Women Making The Effort.

COMMITTEE REPORTS:

•**ENVELOPE SYSTEM:** No Report

•**STEERING COMMITTEE-** Jeanmarie reported the steering committee voted on a recommendation for Terry to purchase filing cabinets for Central Office.

•**FINANCIAL REPORT:** Rick reported there will no bills in April or May for copier rental they arrived in June for \$161.00/month. The health insurance for the Executive Secretary is pre-paid for June. June's bill will be held until July to make payments correspond to month they occur. We have two outstanding invoices more than 30 days old the first from the WE group form Dist.#6 for \$27.25 and the second from Feelings Dist. #2 for \$127.56. Revenue of \$8,356.27 exceeded expenses of \$7,256.03 by \$1100.24. There has been no data entered into accounting system as of 6/5 by the Executive Secretary.

•**TREATMENT:** No Report

•**CORRECTIONS:** Matt reported Corrections Committee now meets on the third Sunday of the month starting in July at Central Office. Anyone interested in becoming a member please come. We are looking for volunteers for all the facilities please contact Milt the committee chair if you're interested. We would like to thank the groups for their contributions.

•**SCREENERS:** No Report

•**CENTRAL OFFICE:** AAINFO: 177, 12-STEP: 3, ALANON:2, PIC:0, Visitors:133, Volunteers:7. Groups we are need of contact from are Threshing Floor-2, It-8 and Thursday night Steppers-7. Terry reported there have been several phone calls inquiring as to where the Inspiration Group has moved to. If anyone knows where this group has moved please contact central office. Terry says she has attended the QuickBooks intro. Class but she will still need help. She is working on the second printing of the schedule, plans to have it into the printer by the month's end. She has received a note from the state sales tax now has to be filed and paid electronically online quarterly. The next central committee meeting is July 10th due to the 4th of July weekend.

•**NEW FRONTIERS:** No report

PIC: No Report

Phone Systems: Jason D. reported the phone systems committee will meet for the first time on June 28th at 6pm at central office. Currently we have nine members who have committed to running the committee. Randy H. has agreed to act as co-chair. If you or someone in your home group is interested in becoming a member you can contact Jason D. at 716-289-8960 or email at Dutchess.Jason@gmail.com.

•**CONVENTION:** No Report

•**GSA LIASON:** No Report

AD-HOC: No Report

•**ARCHIVES:** Pat reported she would like to thank everyone that attended our first breakfast. At our meeting it was decided to go to a committee format. Due to the amount of work that there is to do, it is too much for any one person to handle. We have scheduled a work day for our next meeting. If you want to bring our display for any AA event please give us at least a 30 day notice. You can email us at the Area 50 WNY.org website look for archives. We like to thank the groups that have donated. Please make checks payable to Western New York Archives. Our meetings are held on the 4th Saturday of the month at the Buffalo Central Office at 9am. The meeting this month is on June 25th. Everyone is Welcome.

•**OLD BUSINESS:** District 8 is looking for a steering committee representative. PIC is still looking for a chairperson. The credit limit bylaw change was voted on and the motion passed unanimously.

•**NEW BUSINESS** Motion was made by Pat from the Thruway Group and Seconded by Kathy from Lakeshore to send Terry to Tucson Arizona for the Central Committee Seminar. The motion was passed unanimously. A motion was made by Joanne from Action and Sheryl from OLV Women's to allow the purchase of filing cabinets for Central Office at the cost of \$750.00. The motion was denied 7 to 10 due to the groups wanting some more research to be done before making a final purchase.

NEXT MEETING June 5th 2011

Pete E. thanked the WE group for this month's refreshments and reminded Iron Horse of their commitment for next month.

It was moved by Vernon Solidarity Group and seconded by Troy Abbott Men's that we adjourn; adopted. Meeting closed with the Lord's Prayer at 7:45pm

Respectfully submitted by Annie C. Recording Secretary WE group.

GROUP CONTRIBUTIONS

RECT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MAY	YEAR	MAY	YEAR	MAY	YEAR
	11:45		0.00		0.00		0.00
	12 Steps/12 Traditions		180.00		0.00		0.00
	4th Step Stumblers/F.U.N.		0.00		2.00		0.00
	6th Step		0.00		0.00		0.00
	A Day At A Time		0.00		0.00		0.00
	Abbott Men's		100.00	133.00	233.00		100.00
	Acceptance/Welcome	100.00	100.00		0.00		0.00
	Achievement		0.00		0.00		0.00
	Action		0.00		0.00		0.00
	Age Doesn't Matter		0.00		0.00		0.00
	Akron Awareness		0.00		0.00		0.00
	Alexander		0.00		0.00		0.00
	Amherst/ Snyder		350.00		0.00		0.00
	Amsdell Lakeshore		0.00		0.00		0.00
	Any Age		0.00		0.00		0.00
	Any Length	35.00	175.00	15.00	75.00	15.00	75.00
	Arcade		0.00		0.00		0.00
	As Bill Sees It		100.00		60.00		60.00
	Attitude Adjustment(Williamsville)		0.00		0.00		0.00
	Attitude Adjustment(NF)		20.00		5.00		5.00
	Attraction	100.00	300.00		0.00		0.00
	Backdoor		0.00		0.00		0.00
	Back To Basics		61.00		0.00		0.00
	Beginners Group (NF)		20.00		0.00		0.00
	Beginning In Sobriety II		0.00		0.00		0.00
	Beginning's Women		0.00		0.00		0.00
	Big Book Lockport		100.00		0.00		0.00
	BB Spiritual Studies		0.00		0.00		0.00
	Big Book Study		30.00		0.00		0.00
	Blasdel		15.00		0.00		0.00
	Blasdel Monday Night		0.00		0.00		0.00
	Bodhisattva		0.00		0.00		0.00
	Boulevard Helping Hand		20.00		0.00		0.00
	Boulevard Women		0.00		0.00		0.00
	Brass		0.00		0.00		0.00
	Building Hope		0.00		0.00		0.00
	By The Book		0.00		0.00		0.00
	Carry the Message		75.00		0.00		0.00
	Casting		0.00		0.00		0.00
	Cathedral Park		0.00		0.00		0.00
	Cayuga Wake- Up Call		400.00		0.00		0.00
	Caz Manor	130.00	270.00		0.00		0.00
	Central City Café		0.00		0.00		0.00
	Chapter IX		0.00		0.00		0.00
	Cheektowaga		250.00		0.00		0.00
	Clarence Men's		0.00		0.00		0.00
	Clarence Men's II		0.00		0.00		0.00
	Cold Spring		0.00		0.00		0.00
	Common Bond		0.00		0.00		0.00
	Common Solution		0.00		0.00		0.00
	Commitment		0.00		0.00		0.00
	Constant Vigilance(Varysburg)		0.00		0.00		0.00
	Complanters		0.00		0.00		0.00
	Courage		0.00		0.00		0.00
	Daily Reflections		0.00		0.00		0.00
	Daily Reprieve		0.00		0.00		0.00
	Dawn of Hope		25.00		0.00		0.00
	Derby		80.00		0.00		0.00
	Derby Lunch		0.00		0.00		0.00
	Desire		0.00		0.00		0.00
	Desperate		0.00		0.00		0.00
	Downtown Men's		0.00		0.00		0.00
	Dunkirk Monday Night		0.00		0.00		0.00
	Early Bird South		0.00		0.00		0.00
	Early Rising Obliging		0.00		0.00		0.00
	East Amherst		250.00		0.00		0.00
	East Amherst Traditions		378.00		0.00		0.00
	East Aurora	200.00	300.00		100.00		100.00
	Easy Does It	30.00	150.00	30.00	150.00	30.00	150.00
	Ellicottville		25.00		0.00		0.00
	Everybody's		0.00		0.00		0.00
	Express		0.00		0.00		0.00
	Eyeopener		733.62		0.00		0.00
	Eyeopener South		200.00		100.00		0.00
	Father Baker		75.00		0.00		0.00
	Feelings		0.00		0.00		0.00
	Fireside PM		0.00		0.00		0.00
	Fireside	161.00	868.00		0.00		0.00
	First Things First		175.00		0.00		0.00
	Forestville Sunday Serenity		0.00		0.00		0.00
	Fredonia Discussion		33.00		0.00		0.00
	Freedom	275.00	275.00		0.00		0.00
	Fresh Start		90.00		0.00		0.00
	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

RECT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MAY	YEAR	MAY	YEAR	MAY	YEAR
2	Friends of Bill W.		50.00		0.00		0.00
1	Frontier(New)	20.71	165.21		0.00		0.00
3	Gardenville		55.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
6	Gettin With It		15.00		0.00		0.00
7	Gifted		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		529.50		35.30		35.30
5	Golden Slipper		150.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living	50.00	50.00		0.00		0.00
2	Grateful		50.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		0.00		0.00		0.00
8	Hand		80.00		0.00		20.00
2	Handicappers		0.00		0.00		0.00
1	Happy Faces		0.00		0.00		0.00
7	Harmony		0.00		0.00		0.00
3	Helping Hand	25.00	100.00		0.00		0.00
8	High Noon		0.00		0.00		0.00
8	High View		0.00		0.00		0.00
7	Higher Power		60.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village	225.00	900.00	25.00	100.00	25.00	100.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		30.00		0.00		0.00
	Hope's Horizon		25.00		0.00		0.00
2	How It Works/Men's	250.00	600.00		0.00		0.00
7	Humbolt		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		480.00		0.00		0.00
3	Ironhorse	149.00	230.96	15.00	15.00	15.00	15.00
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		0.00		0.00		0.00
5	Just For Today/ Albion		15.00		0.00		0.00
4	Keep It Simple Sister		50.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lake Shore		100.00		0.00		0.00
6	Lakeview		75.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women	25.00	25.00		0.00		0.00
4	Life Today		20.00		0.00		0.00
8	Lighten UP	60.00	150.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City		150.00		0.00		0.00
5	Lockport #1		300.00		30.00		30.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		0.00		0.00		0.00
5	Lockport Tuesday		50.00		0.00		0.00
5	Lockview		240.00		80.00		0.00
6	Look To This Day		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy	25.00	50.00	25.00	50.00	25.00	50.00
5	Lower River		0.00		0.00		0.00
1	Main and High		0.00		7.00		7.00
4	Main Street		300.00		0.00		0.00
8	Maple Men's		0.00		0.00		0.00
4	Marilla	30.00	232.00		0.00		0.00
3	Matt Talbot		210.00		0.00		0.00
6	McKinley Winners	50.00	140.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day	37.37	68.39		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
5	Miracle Happen		75.00		0.00		0.00
7	Monday CO		10.00		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After		200.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
3	New Beginnings/St. Vincent		30.00		0.00		0.00
	New Freedom		0.00		0.00		0.00
	New Hope		0.00		0.00		0.00
5	New International		0.00		0.00		0.00
3	New Life		30.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		0.00		0.00		0.00
2	North Buffalo	200.00	600.00		100.00		50.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00

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