

NEW FRONTIERS

OCTOBER 2006

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

OCTOBER TOPICS OF DISCUSSION

STEP10: "Continued to take personal inventory and when we were wrong promptly admitted it."

- When we were wrong? What if I am not wrong?

"We have found that justified anger ought to be left to those better qualified to handle it."..."Anger, that occasional luxury of more balanced people, could keep us on an emotional jag indefinitely." (pg 90 – 12x12)

- Am I now one of those emotionally stable folks who can differentiate between justified and unjustified anger and nurse grudges without affecting my spiritual condition?
- Have I developed the quality of self-restraint, or, do I go through the day saying whatever is on my mind ...telling it like it is? Who is affected by my behavior?

"This thought brings us to *Step Ten*, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along." (pg 84 – Alcoholics Anonymous)

- Doesn't this suggest that we will indeed make new mistakes?
- Have I entered the world of the spirit? How would I (do I) know that?

"Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime." (pg 84 – Alcoholics Anonymous)

- Have I learned from my mistakes and has that helped me to understand others who are as imperfect as I?
- As I have come to understand my shortcomings, has this made me more effective in helping others?
- Do I resolutely turn my thoughts to someone I can help when I am troubled by selfishness, dishonesty, resentment and fear?
- Is love and tolerance of others my code?

"And we have ceased fighting anything or anyone-even alcohol. For by this time sanity will have returned." (pg 84 – Alcoholics Anonymous)

- Do I react sanely and normally? Is the second step realized in the working of the tenth step?
- Am I seldom interested in liquor? Do I still have to avoid temptation? Have I been placed in a position of neutrality? If I am in a position of neutrality is it a result of my being diligent or does it come from a Power greater than me that I do, or do not, understand?
- Has the problem been removed? How do I know this?

"Every day is a day when we must carry the vision of God's will into all of our activities." (pg 85- Alcoholics Anonymous)

- **What are the thoughts that must go with me constantly?**
- **Do I choose not to drink or have I been granted a daily reprieve?**
- **Is that reprieve contingent on anything?**

"For we can neither think nor act to good purpose until the habit of self-restraint has become automatic."(pg 91- 12x12)

- **Have I been driven blindly by my own prideful accomplishments?**
- **Am I suffering from the pains of growing up? Who else is suffering from the pains of my growing up?**
- **Big shot, little shot, one shot and your all shot.**
- **Why is pain the touchstone of all spiritual growth?**

"Learning daily to spot, admit, and correct these flaws is the essence of character-building and good living." (pg 95- 12x12)

Tradition 10: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

Tradition 10 (Long Form): "No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues- particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

"As by some deep instinct, we A.A.'s have known from the very beginning that we must never, no matter what the provocation, publicly take sides in any fight, even a worthy one." (pg 176- 12x12)

"...we do not enter into public controversy, because we know that our Society will perish if it does." (pg 177- 12x12)

- **Whatever happened to the Oxford Groups? What caused A.A. to break off from them? Where are they now?**
- **What happened to the Washingtonians?**
- **Are there any public causes that individual A.A. members are welcome to participate in as citizens of the world that are distinctly separate from A.A. and have been allowed to seep into our AA culture?**
 1. **Treatment?**
 2. **Religion?**
 3. **Drunk driving reform?**
 4. **Drug addiction?**

"...the Washingtonians permitted politicians and reformers, both alcoholic and nonalcoholic, to use the society for their own purposes. Abolition of slavery...but it didn't have a chance from the moment it determined to reform America's drinking habits. When the Washingtonians became temperance crusaders, within a very few years they had completely lost their effectiveness in helping alcoholics." (pg 178-12x12)

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Jails? Alcohol? The government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways? (excerpted from the AA Grapevine's Traditions Checklist)

THE AA HAND SHAKE

Can a handshake really save a life? Is taking the time at meeting to sacrifice general conversation with friends to shake a newcomer's hand one of our responsibilities? Are we practicing our AA Responsibility Statement: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Think back to your first meeting of Alcoholics Anonymous and the way you felt. We come to this movement filled with anger, confusion, fear, depression, guilt, and total bewilderment. Many of us didn't even know what true friendship and unconditional love were. We have spent most our lives as the outcast to society, acquaintances, and even our own families. Things have gotten so bad that we have landed in an AA meeting.

The loving human touch is a very powerful thing! When I was new, I couldn't understand why so many people took the time to find out how I was doing. They would shake my hand, look me in the eye, and have a genuine concern for me. Here were men and women who weren't disgusted with me. They didn't give up on me. They loved me unconditionally. They showed me this love through these simple actions, such as a hand shake. As a result, I slowly began to build a hope that I never had in my life.

I have been set straight, and kicked in the butt in AA more times than I can count. However; I knew each time it was out of love and concern because there was always an AA handshake afterwards.

I realize today, that the feeling I got when someone reached out to me, was the loving and powerful hand of God. A love that I never knew existed. And a love that would ultimately save my life.

Let's not sit in our smug complacency. We have a grave responsibility in AA to reach out to the newcomer or even the unfamiliar face. AA is all inclusive and is a place of welcome for alcoholics. Never should I have to be a part of a cliché, or a member of a certain group, or any other extra requirement, to "earn" a hand shake and love. It has been my experience that, that is not the way God works, and his servants shouldn't either.

When you go to your meeting tonight, make an extra conscience effort to seek out a new face and shake their hand. You never know when God may be using you to save someone's life or your own! Jake J.- 3 Legacies

NO ONE KNEW...

Recently a member of the fellowship was in a horrific car accident. After recovering, he shared the details of the accident and said "no one knew". Outside of his sponsor, no one knew of this near fatal tragedy.

I was reminded of a guy in my home group who picked up a 17 year chip and shared that he was struggling and had a lot going on. He also said that it was harder to admit that at 17 years sober than it was when he was a year or two sober.

How many times have we (I) heard a long-timer say, "I didn't want to drink, I just wanted to die."?

Though, I am saddened as I ponder these things, it's such a great reminder and an opportunity for me to check in. Do I know the people in my home group? If I don't see them for a while, do I pick up the phone and ask, "How are you? Where are you?" Or do I just assume they're busy, out of town or they went "back out"?

My first year sober I came to meetings late and left early because I didn't want anyone to know me. Today, I am "plugged in" and accountable. We say we have hundreds of friends in A.A. but am I a "fair weather" friend or do I really know what's going on in your world?

I heard someone say "you can pretend to care but you cannot pretend to show up."

Thanks to A.A., today, I want to show up in the lives of others.

Sherry L., Back Room Group – Tennessee 2004

AA FITNESS PROGRAM

When a newcomer asked if AA had a fitness program, his sponsor replied, "Oh, our members don't need one. They are routinely jumping to conclusions, flying off the handle, beating around the bush, running down the group, going round in circles, dragging their feet, dodging responsibility, passing the buck, climbing the ladder, wading through paperwork, pulling strings, throwing their weight around, stretching the truth, bending the steps, stabbing others in their backs and pushing their luck. (Taken from the Middle Tennessee Intergroup Newsletter)

THE 12 STEPS IN PLAIN ENGLISH:

1. Alcohol will kill me.
2. There's a power that wants me to live
3. Do I want to live or die? (If you want to die, stop here)
4. Write about how I got to where I am.
5. Tell another person all about me. (let God listen)
6. Want to change.
7. Ask a Power greater than me to help me change.
8. Write down who I've hurt.
9. Fix what I can without hurting anyone else.
10. Accept that I'm human and will screw up. Fix it immediately
11. Ask a Power greater than me to show me how to live.
12. Keep doing 1 thru 11 and pass it on. (Deb C - Victory Group)

Rituals or Principles?

Are we in AA confusing the message with the message of rules, rituals and psychobabble? Annette, a former Delegate of Fresno, definitely thinks so. Speaking at a Central Northern Interior California Area Assembly, she said, "I don't know how a lot of this begins, but in my opinion it's sophomoric and immature. My biggest problem is pumping our clasped hands up

and down after saying the Lord's Prayer while reciting this mantra: "Keep coming back it works." Each year something new is added to the litany; most recently, "it really works, if you work it, so work it." I try to picture our co-founders Dr. Bob and Bill W. as part of this scenario, but I cannot."

In AA meetings, Annette continues, "certain statements are made with such authority, you'd think they came straight out of the Big Book. For instance, the question often asked at meetings, "Are there any newcomers here?" followed by the explanation that "newcomers are those sober under 30 days." Who says so? I was a daily drinker. To me, a week without a drink was a miracle; I certainly didn't feel like a newcomer. I know people who've gone to meetings and didn't identify themselves as newcomers; they waited till they had 30 days' sobriety, then said so. And some are slippers who have relapse numerous times – for sure, they don't feel like newcomers. How then did this get started?

Also, we are told to go to 90 meetings in 90 days. I don't see that in our literature. Some towns may have just one or at the most a few meetings a week and are many miles from other meeting places. Some may have to work at the time meetings nearby are held; or, perhaps some woman alcoholic, say, can't afford to pay for a babysitter 90 days in a row. Where do such decrees come from?

One AA said back in the '70's that our program is being diluted; I agree that it has happened. As my friend John W. commented recently, "Aren't we letting the practice of rituals become more important than the practice of AA principles?" It appears that we want recognition instead of being willing to grow along spiritual lines. I believe that it's time we started scraping a lot of barnacles off the bottom of the good ship AA so it can sail more smoothly. Think about it." (from Box 459, Vol. 43, No. 6)

SINGLENESS OF PURPOSE IS AA'S STRENGTH

Elaine McDowell, Ph.D., AA's new chairperson, believes that "member's ability to understand and adhere to its primary purpose is AA's real strength." Noting that, "The fellowship is a program of attraction rather than promotion, in the spirit of its Eleventh Tradition," she observes that "for 66 years the hand of AA has been there for the alcoholic. It works! To waver from its primary purpose would compromise AA's principles and diminish its effectiveness in attracting and retaining alcoholics."

AA's wide network of service committees – including Correctional Facilities, Treatment Facilities, Public Information and Cooperation with the Professional Community – "are all focused on making the hand of AA available to the suffering alcoholic," Elaine points out. These committees, made up of dedicated AA's will go to any lengths to reach the professionals who see, treat and counsel alcoholics. Even now many of them have limited knowledge and understanding of AA's singleness of purpose, which is one reason why a sizable segment of people still think of AA as a catch-all treatment program—they believe that if it can work for the alcoholic it will work for any addict. So the answer is to inform the public and professionals alike – in lawyer's offices, jails and prisons, hospital waiting rooms, seminaries, medical schools – wherever they are."

All Articles Gratefully Accepted. Send offerings to Central Office or e-mail to
buffalaaa@hotmail.com

CHANGE ?? WHAT IS THE "BEST" FOR A.A.??

When our Central office/ Intergroup (Central Committee) was established back in the 1950's, our servants at the time took great care and worked closely with the guidelines of A.A. World Service to form our "Operating Procedures". Over time they have been fine tuned to our area, but the basic core has never been changed. Like our traditions our Operating Procedures stood the test of time, based on experience that worked. Now these same "Operating Procedures" are being asked to change- but WHY? What is the Motion? To remove the vote of our Executive Secretary, Financial Chair & Central Committee Chairperson's VOTE from the Steering Committee. Our same guidelines from A.A. World Service clearly states on page 2, last line, "It is suggested that the central office full-time secretary also be accorded a vote as well as a voice on the steering committee. This policy is successfully followed by A.A. World Services, Inc.: The staff coordinator—a paid employee as well as an A.A. member—also serves as a director and thus has a vote on policy matters." It goes on to say on page 3; 3) Authority and responsibility should be related. It is unfair to assign certain responsibilities to a paid secretary or volunteer without giving commensurate authority."

The Steering committee, and the votes taken there are only to make recommendations to the Central Committee (the Groups) where the final vote and decisions are made.

THESE SAME OFFICERS DONOT HAVE A VOTE AT THE CENTRAL COMMITTEE.

To remove their vote from the recommending body (steering committee), removes their only vote. Why would anyone want the responsibility that goes with any of those jobs and have no vote.

Our "Operating Procedures clearly state that our steering committee is a micro-cosm of the Central Committee; Article IV, Section 2,

Section 2.

The Steering Committee shall provide advice and council on matters when requested by the Central Committee Chairperson and/or the Executive Secretary when, because of the time and other considerations, such matters cannot properly be brought to the Central Committee.

Section 2a.

The Steering Committee's primary purpose is to oversee AA matters where the individual groups' action may affect either groups in the area or AA as a whole. It also follows through with any recommendations made by the Central Committee and make suggestions and recommendations to the Central Committee.

Section 2b.

The Steering Committee has the responsibility of functioning for the Central Committee in emergency situations.

How can a committee function in an emergency without officers having a vote? Why would the officers even participate?

PLEASE BRING YOUR GROUP VOICE & VOTE TO THE CENTRAL COMMITTEE ON NOVEMBER 5TH, 2006.7PM at the CENTRAL OFFICE. LETS TRULY HAVE AN INFORMED GROUP CONSCIENCE VOTE

Sharn C. - Editor

OCTOBER ANNIVERSARIES

Alexander

David D. 2y
Joe T. 15y

Amherst Snyder

Dave S. 6m
Lori B. 6m
Ronald M. 1y
Jennifer B. 1y
Ann H. 1y
Scott H. 1y
Carol G. 2y
Jon O 4y
Dave P 5y
Judy O 8y
Gary B 12y
Valerie R 17y
Kevin N 18y
George F 19y
Jim M 20y
Beverly S 35y

Any Lengths

Rich M. 3y
Paul C. 8y
Mark S. 8y
Joe M. 12y
Dick K. 15y

Cold Springs

Juanita D. 13y
Andrew P. 17y
Stanley B. 23y
Lena S. 32y

Courage

Marion D. 8y
Justin G. 15y
Paul K. 22y

Fireside

Tom F. 13y
Joe K 19y

Fresh Start

Cheryl C. 14y

GahadaGon

Al K. 3y
Sandy L. 10y
Alex C. 10y

Giving

Gary B. 9m
Eric B. 13y

Holland

Paul Sz. 18y

Holiday Village

JULIETTE 3M
LISA 3M
KAY 6M
LORRIE M. 6M
CRAIG M. 6M
CORY R. 6M
JIM 6M
CINDY T. 9M
CHARLIE M. 6Y

Ironhorse

Dennis B. 1y
Jimmy C. 2y
Tim K. 2y
Suzie F. 16y

Lakeshore

Gary P. 3y

Living Sober

Nick G. 9y
Joe S. 11y
Robin C. 13y
Tony B. 16y
Sue D. 17y
Valerie R. 17y

Lockport#1

Sonja D. 4y
Paul S. 4y
Jim Y. 17y

Lovejoy

Wayne B. 3m
Keith P. 6m
Chris K. 6m
Deb S. 9m
Vinnie K. 1y

North Buffalo

Michael W. 3m
Greg V. 3m
Donald D. 3m
Paul P. 6m
James S. 1y
Joe V. 1y
Patrick K. 1y
John L. 1y
Emmett C. 1y
Eric V. 1y
Dragica 2y
Pamela P. 3y
Burt H. 6y
Jerry C. 6y
Jebb T 6y
Tod J. 7y
John J. 19y

Rise & Shine

Denise H. 3m
Michalene D. 3m
Megann B. 3m
Theresa H. 9m
Debbie H. 9m
Wendy P. 9m
Dani H. 9m
Jackie D. 9m
Roberta R. 1y
Charlana M. 2y
Chris S. 2y
Orlando H. 3y
Kevin M. 3y
Michele M. 4y
Patrick W. 4y
Linda F. 4y
Sonya O. 4y
Willie F. 4y
Elizabeth D. 5y
Joyce P. 6y
Shawn S. 7y
Carol W. 7y
Pam C. 11y
Carter 16y
Kim S. 17y
Charlie H. 19y
Michael C. 28y

Thruway

Andrea C. 6m
Donna O. 1y
Nancy H. 1y
Thomas Z. 2y
Jim M. 5y
Michelle D. 13y
Helen S. 25y
Bud G. 26y

Sun. Morning Br.

Helen S. 25y

Valley

Jamie 9m
Bob M. 8y
Al S. 26y

Victory

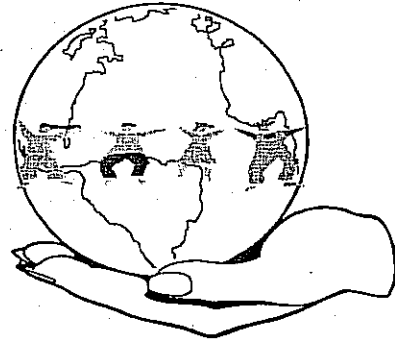
Paul R. 16y

Wehrle

Donna E. 19y

Women's Westside

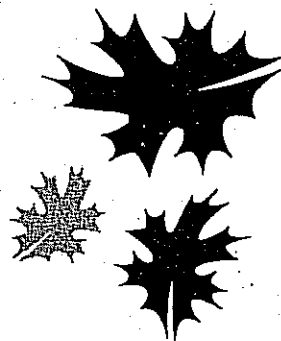
Connie W. 5y

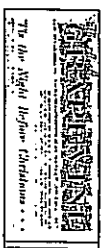
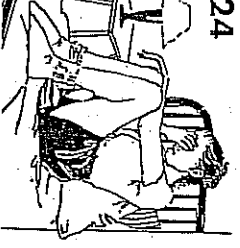
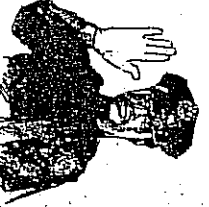


Group Anniversaries

Hamburg
Amsdell-Lakeshore
Silver Creek Friendship
Patchin
Lighten-Up
St. Mark's
Wehrle
Rainbow
Open Mind
Ridge
Bidwell Monday
Fredonia Friday Noon
Lockport Nooners

N. F. Policy:
*Anniversaries must
be submitted by
the 12th
of the
month previous*



<p>1 Central Committee Meeting, 7 pm, Buffalo Central Office, Corrections Committee & New Frontiers Committee Meeting 6:00 PM, Buffalo Central Office, 681 Seneca St.</p>	<p>2 YOM KIPPUR</p> <p>*1947: Birmingham, AL, Service Guild or "Wives' Group," supporters of AA, have their first meeting.</p>	<p>3</p>  <p>1945: The AA Grapevine is adopted as the national publication of AA with 3,000 subscribers.</p>	<p>4</p> <p>1943: Fitz M., New York's AA #3, dies after suffering from cancer.</p>	<p>5</p> <p>*1945: Des Moines, Iowa, has second anniversary with 500 in attendance.</p>	<p>6 20th Annual Women In AA Fall Spiritual Weekend, St. Columban Retreat House, Derby.</p> <p>1959: New York Times reports the death of Dr. Henry Emerson Fosdick, a minister who wrote one of the first favorable reviews of the Big Book.</p>	<p>7 SUKKOT</p> <p>1937: Bill and Lois W. leave by automobile for Akron, Ohio.</p>
<p>8 General Service Assembly, 1 PM, Hamburg Town Hall, 5999 South Park Ave., Hamburg</p> <p>1988: An informal Quaker style memorial service is held for Lois W. at Stepping Stones with 50 family members and friends present.</p>	<p>9 COLUMBUS DAY Special Needs Committee, 6:30 PM, The Kenilworth Church of Christ Church, 45 Dalton St., Kenmore.</p> <p>*1958: Playhouse 90 TV aired <i>The Days of Wine and Roses</i>.</p>	<p>10</p> <p>1970: Lois W. reads Bill's last message in New York.</p> <p>1988: Lois W. is buried next to Bill W.</p>	<p>11</p> <p>*1945: Savannah, Georgia, group is formed.</p>	<p>12</p> <p>1943: Des Moines Iowa Register reports AA from Chicago visited to organize an AA group.</p>	<p>13 AA Men's Spiritual Retreat Sponsored by University Men's Group, Stella Niagara Renewal Center, \$110.</p> <p>Silver Creek Friendship Group Anniversary, Friday 8:30 PM.</p>	<p>14 Matt Talbot Group is hosting a TRADITION'S DAY, 9:00 AM-3:00 PM, St. John's Lutheran Church, 67 Litchfield, Coffee & Donuts will be provided.</p>
<p>14</p> <p>1904: Mary M. is born in Chicago. She was founder of the Nat'l Committee for Education on Alcoholism, author of best-selling book <i>A Primer on Alcoholism</i>, and early AA member.</p>	<p>16 Treatment Facilities Committee, 6 PM, Buffalo Central Office, 681 Seneca</p> <p>*1949: NY area's first female AA member, Florence R. drinks again. She did not recover and later committed suicide.</p>	<p>17</p> <p>1935: Eddy T., Bill W.'s boyhood friend who introduced him to the Oxford Group, moves in with him and Lois.</p>	<p>18</p> <p>*1951: The Lasker Award was given to AA by The American Public Health Assoc. in San Francisco.</p>	<p>19</p> <p>"We of ALCOHOLICS ANONYMOUS..." —The first of 4 words in the Big Book, first ed.</p>	<p>20 65th BUFFALO FALL CONVENTION: Buffalo Convention Center (on Franklin St. between Court & Chippewa Streets)</p>	<p>21 DIWALI</p> <p>1939: Cleveland Plain Dealer brings series on AA by Erick B. Davis which sparked "mass-produced" sobriety in the Ohio area.</p>
<p>22</p> <p>1963: E.M. Jellinek, alcoholism researcher, educator, and long-time friend of AA, dies.</p>	<p>23</p> <p>"Is it possible that all the religious people I have known are wrong?" —The Big Book</p>	<p>24</p> 	<p>25</p> <p>1943: Denver Rocky Mountain News reports that AA group opens their meeting with two minutes of silent prayer and meditation.</p>	<p>26</p> <p>*1937: AA meetings are held weekly at Bill and Lois W.'s home at 182 Clinton St., Brooklyn, the first New York AA group.</p>	<p>27 Manila Group 18th Anniversary, Manila United Methodist Church, S-1910 Two Rod Rd, Manila. Speaker at 8pm. Dinner at 7pm. Bring a dish to pass. Elevators not working? Use the Steps.</p>	<p>28 Archives Committee Meeting, 9 am.</p> <p>HISTORY LIGHTS THE WAY, W.N.Y. Area 60 Archives, 1st Annual Open House, 11:00 AM-4:00 PM. Speaker at 1 PM, Buffalo Central Office, 681 Seneca St., Buffalo, NY 14210.</p>
<p>29 DAYLIGHT SAVING TIME ENDS</p> <p>*1942: Chicago Herald-American wrote on Chicago AA group's 3rd anniversary with 500 attending.</p>	<p>30</p> <p>1942: Los Angeles Times reports California has 14 AA groups.</p>	<p>31 HALLOWEEN</p> 	<p>"Perhaps we have committed a criminal offense which might land us in jail..." —The Big Book</p>	<p>BUFFALO CENTRAL OFFICE 681 SENECA STREET BUFFALO, NY 14210</p>		

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at ny-aa.org

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OCTOBER 2006

MEETING CHANGES:

- * **AM SOBRIETY, NO LONGER MEETS**, , Friday's at 8:30 AM, St. Francis Outreach Bldg., 71 Adams St., Tonawanda
- * **New AA Meeting, "POINT OF NO RETURN"**, Sunday @ 8 AM & 7 PM, Niagara Falls State Park. At the beginning of the rapids, at the "POINT OF NO RETURN". This is a seasonal meeting, it will run from around May 1st to Oct. 1st. Will meet rain or shine (please dress for weather)
- * **Rainbow Group**, Wednesday's at St. John Gualbert Church, 83 Gualbert, (off Walden, between Harlem & Bailey) Buffalo, Now has a Big Book Table.
- * **Tuesday Women's Discussion Group** (who formerly met at OLV Hospital & most recently Woodside Methodist Church) has a **new home effective August 1**. We will be meeting at 7:30pm on Tuesdays at Seneca United Methodist Church, 2846 Seneca St., West Seneca, NY 14224 (near the Seneca St exit off the 400). This location is handicapped accessible

COMING EVENTS:

- ~ Sept. 26, **Steering Committee**, 6 PM, Central Office, 681 Seneca Street.
- ~ Oct. 6-8, **20th Annual Women In AA Fall Spiritual Weekend**, St. Columbian Retreat House, Derby. More Info contact: Debbie; 633-9305 or Karen: 822-4089.
- ~ Oct. 1, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street (Hosted by Cornplanters).
- ~ Oct. 1, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Oct. 1, **New Frontiers Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Oct. 8, **General Service Assembly**, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Abbott Men's)
- ~ Oct. 9, **Special Needs Committee**, 6:30 PM, The Kenilworth Church of Christ Church, 45 Dalton St. Kenmore

~ Oct. 13-15, **AA Men's Spiritual Retreat**, Sponsored by University Men's Group, Stella Niagara Renewal Center. \$110. For information call Guy H. 597-4825 or John K. 694-7929.

~ Oct. 13, **Silver Creek Friendship Group Anniversary**, Friday @ 8:30 PM. Speaker followed by an eating meeting. Please bring a dish to share. Everyone is welcome.

~ Oct. 14, **Matt Talbot Group** is hosting a **TRADITION'S DAY**. 9:00 AM-3:00 PM. St. John's Lutheran Church, 67 Litchfield. Coffee & Donuts will be provided.

~ Oct. 16, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.

~ OCT. 20-22, **65th.BUFFALO FALL CONVENTION**: Buffalo Convention Center (on Franklin St. between Court & Chippewa Streets) Registration: \$18; Registration & Banquet: \$48. Web site:

www.2006BuffaloFallConvention.com., Registration Chair; Zenny Z. (716) 283-6508

~ Oct. 27, **Marilla Group 18th Anniversary**. Fri. Marilla United Methodist Church

S-1910 Two Rod Rd. Marilla. Speaker at 8pm. Dinner at 7pm, Bring a dish to pass. Parking at rear of church around corner.

~ Oct.28, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).

~ Oct.28, **HISTORY LIGHTS THE WAY, W.N.Y. Area 50 Archives 1st Annual Open House**. Saturday, 11:00 AM-4:00 PM. Speaker at 1 PM. Buffalo Central Office, 681 Seneca St., Buffalo, NY 14210. Coffee and refreshments will be served. Donations may be sent to Archive, C/o Buffalo Central Office. Gratefully received!!

10th STEP: "Continued to take personal inventory and when we were wrong promptly admitted it."

10th TRADITION: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be draw into public controversy."

10th CONCEPT; Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit... Terry Bateman.... Executive Secretary

Buffalo Central Committee Minutes
SEPTEMBER 10, 2006

Frank M., Committee Chair, opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Tim, Journey Group, read The Purpose of the Central Committee. Tracy C., Lovejoy Group, read the Traditions. Motion to dispense with the reading of last month's minutes by John H., Sunday Morning Breakfast Group, seconded by Jay H., North Buffalo Group. Motion passed.

20 Groups were represented: **Dist. 1:** Journey, Main and High; **Dist. 2:** North Buffalo, Spiritual Progress, Three Legacies; **Dist. 3:** Abbot Men's Disc., Courage, Southgate, Sunday Morning Breakfast, Try Again, Victory; **Dist. 4:** Action; **Dist. 5:** Lockport #1; **Dist. 6:** Lakeshore; **Dist. 7:** Fresh Start, Lovejoy, Solidarity, Spirit of Hope; **Dist. 8:** Amherst Snyder, Williamsville.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: No report.

STEERING COMMITTEE: Bill O., Chair, gave report on meeting and proposed amendment to procedures. Recommendation from the Steering Committee to deny the procedure amendment.

FINANCIAL REPORT: No report.

TREATMENT: Patti S., Going To Any Lengths Group: Meeting held on 9/10/06 at Central Office. Topics discussed 1) no meeting was held in August.

CORRECTIONS: No report.

SCREENERS: No report.

CENTRAL OFFICE: AA INFO:283;12-STEP: 3; ALANON:11; PIC: 1; VISITORS: 106; VOLUNTEERS:9
Central Office Seminar: September 29 – October 1, I will not be here for the next Central Committee Meeting; we have a new service contract on the copier; vacation days: October 2, 6, 20 (2 remaining).
Yours in the fellowship of the Spirit
Terry B., Exec. Secretary

NEW FRONTIERS: No report.

PIC: No report.

CONVENTION COMMITTEE: Winston F., Chair: 2006 Buffalo Fall Convention Oct. 20 – 22; the Logistic Chairperson and myself met with management at the Convention Center and all room assignments for speakers, panels, Alanon, etc., are in place; speakers and panels assignments are completed; charts for the banquet and lobby areas are made up; we are still in need of greeters and volunteers to sell coffee; please give me your name and number and I'll forward it to the chairpersons; letters are made up for the police and sheriff's department requesting additional law enforcement presence for Friday and Saturday nights of the convention; on behalf of the committee we continue to ask for your donations towards the convention fund; that will assist with scholarships, hospitality room and towards the cost of coffee – we are selling for \$1 per cup which is less than what we are paying for it; to this date we received donations that amount to \$1020.00 – 15 from home groups including one from South Dayton, 1 individual and 2 Alanon home groups. We thank you for these donations.

AD-HOC COMMITTEES: Web-site: No report. **Incorporation for Central Office:** No report.

COURTESY REPORTS:

ARCHIVES: Tom B., Archivist – Area 50: We continue to meet the fourth Saturday of every month at the Central Office at 9:00 a.m. We had the Archives displayed at the Three Legacies Group Anniversary and we will be on display at the Action Groups' Anniversary September 17. We would like to thank the Wehrle Group, Sobriety Men's Group, Lakeshore Group and Lockport #1 Group for their donations. This week I will be attending the National Archives Workshop in Baton Rouge and will be putting in a bid to bring that event to this area.

GSA: John C., Chair: the next meeting is October 8, 2006 in Hamburg, NY at 1:00 p.m.

AREA 50 PIC: Sally Ann C., Area 50 PIC Chair: The Erie County Fair experience went well this year, but not quite as well as it should have if I had planned better and started preparing earlier. I shall do better next year. However, it was on the whole positive and I thank all the volunteers who helped out again. I shall send a report to the New Frontiers.

RECAP: Current convention: Patti S. asked about the time of events of convention and location of tables, panels and dining. Winston answered. Jay H. asked if convention time table could be printed in New Frontiers. Winston stated it was possible. **Archives:** Jay H. asked about how much money was left in Archives treasury. Tom B., Archivist, said approximately \$300. A new chairman was named – Marty, Downtown Men's, will take over the Chair.

OLD BUSINESS: Joanne McC., Action Group, spoke on the contributions by groups being published in New Frontiers. She said this was not a procedure change and should be voted on separately. Much discussion followed by Debi C., Victory Group, Jay H., North Buffalo, John C., Cornplanters Again, Wally, John H., Sunday Morning Breakfast, Bill O., Victory, and Sally Ann, PIC Chair. Joanne McC. made a motion to continue printing the financial donations of groups and year to date totals in the New Frontiers. Seconded by John H., Sunday Morning Breakfast. A roll call vote was taken. 16 yes, 3 no, 1 abstention. Motion passed. The practice will continue.
The two other proposed amendment changes will be voted on at the November meeting.

NEW BUSINESS: Tracy C., Lovejoy Group, announced the Second Day of Sharing of Lovejoy Group is September 24th from 9:00 a.m. – 4:00 p.m.
Tom B., Archivist, stated GSA decided to limit the Archives Treasury at \$700. Anything over that amount will be sent to GSA.

Motion to adjourn by Reggie, Fresh Start Group, seconded by Sally Ann C., Spiritual Progress Group. Meeting adjourned at 8:15 p.m. with The Lord's Prayer.

Minutes respectfully submitted by:
Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement	30-Jun-06	31-Jul-05	31-Aug-05
beg Bal Cash on hand	12,773.75	9,211.00	9,014.72
Contributions			
Groups	3,034.00	6,083.21	3,172.00
Joint Meeting	51.00	30.89	46.35
Envelope System	632.00	392.00	284.00
New Frontiers Subs	63.00	30.00	10.00
Literature	2,172.13	3,911.35	3,704.25
Literature Postage	37.90	108.85	46.85
Archives Room Rent	50.00	50.00	50.00
Meetings at CO	103.82	91.00	116.00
Mail/Misc	50.00		
US Treasury	82.99		
Reconcille			
"Gratitude Month" (NOV)			
Conventions/Day of Sharing			
Monthly Income	6,276.84	10,697.30	7,429.45
Expenses			
Office Rent	772.29	772.29	772.29
Electric	90.00	90.00	90.00
Payroll			
Salaries - gross	2,240.84	2,352.88	2,352.88
Federal Withholdings	(85.66)	(50.64)	(50.64)
NYS Withholdings	(123.16)	(92.80)	(92.80)
Disability Insurance	(2.40)	(2.40)	(2.40)
Payroll Tax Deposits			
Federal	588.60		505.84
State		509.24	
Insurance			
State Ins Fund	8.06		
Health	304.00	354.00	354.00
Liability			
Postage	357.65	394.98	57.81
Phone	230.46	136.78	134.63
Accounting	1,900.00		
Advt			
PIC Lit			
Talking Phone Book			
Verizon	217.40	128.45	128.45
website			
white directory			
Yellow Pages			
Literature Expenses			
Grapevine		435.00	
World Services Inc	1,934.80	2,209.84	1,921.60
Hazelton		789.04	409.96
"In All Our Affairs"			
Printers		2,275.00	
Office Supplies	420.17	179.88	456.14
Answering service	143.50	126.10	135.07
Minolta leasing (copier)	260.45	260.45	260.45
Minolta Copies/ service contract	582.49	25.49	141.38
CD			
Seminar			
Depreciation	100.00	100.00	100.00
Monthly Expenses	9,939.59	10,993.58	7,674.66
Monthly Income:(Loss)	(3,662.75)	(296.28)	(245.21)
Depreciation add back(non-cash)	100.00	100.00	100.00
End:Bal Cash on hand	9,211.00	9,014.72	8,869.51
CD			
PRUDENT	8,271.15	8,312.11	8,332.34
CD#2	6,057.68	6,077.90	6,097.53
Literature Assets:	8,931.25	10,450.30	10,645.00
Literature Receiveable:(outstanding)	929.00	706.75	648.80
Corrections Facilities	3,684.70	3,525.20	3,555.70
Contributions	300.00	353.00	245.00
Expenses	459.50	322.50	255.40
Balance	3,525.20	3,555.70	3,545.30
Treatment Facilities	1,908.42	1,678.92	1,440.32
Contributions	300.00	466.00	235.00
Expenses			
AT & T Bridging The Gap		53.85	32.27
AAA Abolt Answering Service	49.50	50.75	48.50
Literature	480.00	600.00	21.96
Balance	1,678.92	1,440.32	1,572.59

Whenever a society or civilization perishes there is always one condition present; they forgot where they came from

--- Carl Sandburg

Like any other A.A. service, the primary purpose of those involved in archival work is to carry the message of Alcoholics Anonymous. Archives service work is more than mere custodial activity; it is the means by which we collect, preserve and share the rich and meaningful heritage of our Fellowship. It is by the collection and sharing of these important historical elements that our collective gratitude for Alcoholics Anonymous is deepened.

Copied from A.A.® Guidelines -- Archives

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUGUST	YEAR	AUGUST	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
6th Step	10.00	10.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Men's		262.00		262.00		262.00
Acceptance/Welcom		430.00		0.00		0.00
Achievement		0.00		0.00		0.00
Action		150.00		100.00		100.00
Age Doesn't Matter		0.00		0.00		0.00
Albion Lunchbunch		0.00		0.00		0.00
Alexander		0.00		0.00		0.00
Amherst/ Snyder		416.30		0.00		30.00
Amsdell Lakeshore		60.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	30.00	240.00	10.00	50.00	10.00	50.00
Arcade		100.00		0.00		0.00
As Bill Sees It	25.00	150.00		0.00		0.00
Attitude Adjustment		200.00		60.00		60.00
Attraction	100.00	300.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Batavia Friday Night		0.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		100.00		25.00		25.00
Bidwell Monday		75.00		75.00		75.00
Big Book Lockport	50.00	150.00	10.00	10.00		0.00
BB Spiritual Awakening		10.00		0.00		0.00
Big Book Study		60.00		0.00		0.00
Big Book Workshop		0.00		0.00		0.00
Blasdell		0.00		0.00		0.00
Blasdell Monday Night	50.00	60.00		0.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand		0.00		0.00		0.00
Boulevard Women		0.00		0.00		0.00
Brass	50.00	200.00		0.00		0.00
But For the Grace of God		0.00		0.00		0.00
By The Book		0.00		0.00		0.00
Came To Believe		0.00		0.00		0.00
Carry the Message		75.00		0.00		0.00
Casting		0.00		0.00		0.00
Cathedral Park		0.00		0.00		0.00
Cayuga Wake- Up Call		277.00		0.00		0.00
Caz Manor	20.00	200.00		0.00		0.00
Central Park		25.00		25.00		25.00
Chapter IX		120.00		120.00		120.00
Cheskiowaga	100.00	800.00		0.00		0.00
Chevy #1		0.00		0.00		0.00
Clarence Men's		0.00		0.00		0.00
Clarence Men's II		0.00		0.00		0.00
Cold Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
Commitment		200.00		0.00		0.00
Community Center		0.00		0.00		0.00
Complanters		0.00		0.00		0.00
Courage		100.00		0.00		0.00
Crossroads		60.00		0.00		0.00
Cross Talk Big Book		20.00		0.00		0.00
Daily Reflections		359.00		0.00		0.00
Daily Reprive		0.00		0.00		0.00
Derby		200.00		0.00		0.00
Desire		0.00		0.00		0.00
Desperate		0.00		0.00		0.00
Downtown Men's		0.00		0.00		0.00
Dunkirk Monday Night		100.00		0.00		0.00
Early Bird		53.00		0.00		0.00
Early Bird Men's		0.00		0.00		0.00
Early Bird Step		25.00		0.00		0.00
Early Rising Obliging		0.00		0.00		0.00
Easier Softer Way		0.00		0.00		0.00
East Amherst		100.00		0.00		0.00
East Aurora	100.00	700.00		0.00		0.00
Easy Does It		125.00		0.00		0.00
Ellicott		0.00		0.00		0.00
Ellicottville		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Everybody's		0.00		0.00		0.00
Express		0.00		0.00		0.00
Eyeopener	200.00	950.00		0.00		0.00
F.U.N.		0.00		0.00		0.00
Faith		0.00		0.00		0.00
Father Baker		100.00		0.00		0.00
Feelings		25.00		0.00		0.00
Fireside	111.00	917.25	100.00	0.00	117.00	0.00
First Things First		150.00		0.00		0.00
Forestville Sunday Serenity		30.00		0.00		0.00
Fredonia Discussion		0.00		0.00		0.00
Freedom		300.00		0.00		0.00
Freedom Now		0.00		0.00		0.00
Fresh Start		40.00		40.00		40.00
Friendly		6.25		0.00		0.00

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUGUST	YEAR	AUGUST	YEAR
Frontier(New)		0.00		0.00		0.00
GAHA: DAGOH #1		0.00		0.00		0.00
Gahada Gon(Good Shepard)		148.00		0.00		0.00
Gardenville		0.00		0.00		0.00
Georgetown		153.65		0.00		0.00
Getting Better		0.00		0.00		0.00
Giving		0.00		0.00		0.00
Go to Any Length		200.00		0.00		100.00
Golden Slipper		0.00		0.00		0.00
Grand		204.00		0.00		0.00
Grand II Joy of Living		100.00		0.00		0.00
Grateful		0.00		0.00		0.00
Guiding Light		0.00		0.00		0.00
H.O.W.		0.00		0.00		0.00
Hamburg		50.00		0.00		0.00
Hand		0.00		0.00		0.00
Handicappers		300.00		0.00		0.00
Happy Hour		0.00		0.00		0.00
Happy Hour II		0.00		0.00		0.00
Harmony		25.00		0.00		0.00
Helping Hand	25.00	125.00		0.00		0.00
High Noon		420.00		0.00		0.00
High View		150.00		0.00		0.00
Higher Power		0.00		0.00		0.00
Hillbilly		100.00		25.00		25.00
Holiday Village	200.00	1600.00		0.00		0.00
Holland		0.00		0.00		0.00
Honest Solutions		0.00		0.00		0.00
Honesty		60.00		0.00		0.00
Hope Big Book Study		0.00		0.00		0.00
How It Works/Men's	75.00	1075.00		0.00		0.00
Inner City		0.00		0.00		0.00
Inspiration		0.00		0.00		0.00
In The Solution		0.00		0.00		0.00
Intoxicated on Life		0.00		0.00		0.00
Ironhorse		592.25		68.75		59.00
IT		0.00		0.00		0.00
Jamestown Groups		0.00		0.00		0.00
Johnson Creek Big Book		60.00		0.00		0.00
Joumay		0.00		0.00		0.00
Just Do It		0.00		0.00		0.00
Just For Today/ Albion		0.00		0.00		0.00
Just For Today/Cheek		100.00		0.00		0.00
Keep It Simple Sister		40.00		40.00		40.00
Keep On Coming		0.00		0.00		0.00
Kenmore		0.00		0.00		0.00
Kensington	25.00	50.00		0.00		0.00
Ladies Nite Sober		0.00		0.00		0.00
Lake Shore		625.00		63.00		0.00
Lakeview		150.00		0.00		0.00
Last Days Fellowship		6.00		0.00		0.00
Lawyers		0.00		0.00		0.00
LawPort		0.00		0.00		0.00
Let Go and Let God		0.00		0.00		0.00
Liberty Women		80.00		0.00		0.00
Life Today		25.00		0.00		0.00
Lighthouse UP	120.00	920.00		0.00		0.00
Live and Let Live		0.00		0.00		0.00
Living Clean		0.00		0.00		0.00
Living in the Solution		25.00		0.00		0.00
Living Sober		50.00		0.00		0.00
Lock City		0.00		0.00		0.00
Lockport #1		500.00		50.00		50.00
Lockport (no name)		0.00		0.00		0.00
Lockport Discussion		0.00		0.00		0.00
Lockport Ladies		0.00		0.00		0.00
Lockport Nooners		0.00		0.00		0.00
Lockport Tuesday		0.00		0.00		0.00
Lockview		400.00		0.00		0.00
Look To This Day		0.00		0.00		0.00
Love		0.00		0.00		0.00
Loveloy		30.00		0.00		0.00
Lower River		0.00		0.00		0.00
Lunch Bunch Albion		0.00		0.00		0.00
Main and High	25.00	45.00		0.00		0.00
Main Street		0.00		0.00		0.00
Maple Meditations		0.00		0.00		0.00
Marilla		40.00		0.00		0.00
Matt Talbot	100.00	400.00		0.00		0.00
McKinley Winners		175.00		0.00		0.00
Medina Big Book		0.00		0.00		0.00
Medina New Life		70.00		0.00		0.00
Mercy		150.00		0.00		0.00
Mid-day		95.00		0.00		0.00
Midnight Discussion		25.00		0.00		0.00
Miracle Happen		0.00		0.00		0.00
Morning After		600.00		0.00		0.00
New Awakening		0.00		0.00		0.00
New Frontier		0.00		0.00		0.00
New Beginnings/St. Vincent		25.00		0.00		0.00
New Life		0.00		0.00		0.00
New Outlook		0.00		0.00		0.00
Niagara Intergroup		0.00		0.00		0.00
New Westside		0.00		0.00		0.00
Niagara Frontier Men's Disc.		149.00		0.00		0.00
No Human Power		0.00		0.00		0.00
North Buffalo	600.00	800.00	150.00	200.00	150.00	200.00
North Java Monday		0.00		0.00		0.00
North Java Sunday		0.00		0.00		0.00

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