

NEW FRONTIERS

September 2005

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

International Conventions

I have had the privilege of attending 7 International Conventions: Denver, New Orleans, Montreal, Seattle, San Diego, Minneapolis, and Toronto.

Each one reflected the uniqueness of each city. The flag ceremony never fails to impress.

This years convention was entitled "I Am Responsible." The responsibility pledge originated at the 1965 International in Toronto. So it was appropriate that the 2005 convention carried the theme.

I hope I am able to attend the 2010 Convention in San Antonio and the 2015 Convention in Atlanta. I hope that many of you will be able to attend especially if you've never been to one.

Internationals show how extensive AA is around the world. It is truly amazing that thousands of sober alcoholics are able to congregate in peace, harmony and unity.

Joanne McC. ~ Action Group

Each Day I ask my Higher Power, God as I know Him, to give me this day. Each night I try to remember to thank my God for the day, and to thank God for AA, and to thank AA for giving me back God, and, also to be grateful to all those about me who gave me both.

Anonymous – Founders Day Akron, OH 2005

OLD PREAMBLE FROM 1940

We are gathered here because we are faced with the fact that we are powerless over alcohol and unable to do anything about it without the help of a Power greater than ourselves. We feel that each person's religious views, if any, are his own affair. The simple purpose of the program of Alcoholics Anonymous is to show what may be done to enlist the aid of a Power greater than ourselves regardless of what our individual conception of that Power may be.

In order to form a habit of depending upon and referring all we do to that Power, we must at first apply ourselves with some diligence. By often repeating these acts, they become habitual and the help rendered becomes natural to us. We have all come to know that as alcoholics we are suffering from a serious illness for which medicine has no cure. Our condition may be the result of an allergy which makes us different from other people. It has never been by any treatment with which we are familiar, permanently cured. The only relief we have to offer is absolute abstinence, the second meaning of A.A.

There are no dues or fees. The only requirement for membership is a desire to stop drinking. Each member squares his debt by helping others to recover. An Alcoholics Anonymous is an alcoholic who through application and adherence to the A.A. program has forsworn the use of any and all alcoholic beverage in any form. The moment he takes so much as one drop of beer, wine, spirits or any other alcoholic beverage he automatically loses all status as a member of Alcoholics Anonymous. A.A. is not interested in sobering up drunks who are not sincere in their desire to remain sober for all time. Not being reformers, we offer our experience only to those who want it.

We have a way out on which we can absolutely agree and on which we can join in harmonious action. Rarely have we seen a person fail who has thoroughly followed our program. Those who do not recover are people who will not, or simply cannot, give themselves to this simple program. Now you may like this program or you may not, but the fact remains, it works. It is our only chance to recover.

There is a vast amount of fun in the A.A. fellowship. Some people might be shocked at our seeming worldliness and levity but just underneath there lies a deadly earnestness and a full realization that we must put first things first and with each of us the first thing is our alcoholic problem. To drink is to die. Faith must work twenty-four hours a day in and through us or we perish.

In order to set our tone for this meeting I ask that we bow our heads in a few moments of silent prayer and meditation. I wish to remind you that whatever is said at this meeting expresses our own individual opinion as of today and as of up to this moment.

We do not speak for A.A. as a whole and you are free to agree or disagree as you see fit, in fact, it is suggested that you pay no attention to anything which might not be reconciled with what is in the A.A. Big Book. If you don't have a Big Book, it's time you bought you one. Read it, study it, live with it, loan it, scatter it, and then learn from it what it means to be an A.A.

Submitted by Bill O. Valley Group

Serenity Cake

From the kitchen of: miracles

1 cup of faith

½ glass of willingness

3 teaspoons wisdom

16 oz of acceptance

1 cup of letting go

6 tablespoons of tolerance

2 teaspoons of courage

1 package of prayers

Stir together 1 cup of faith in a power greater than themselves with 1 cup of letting go by relaxing your grip and allowing the solutions to unfold by themselves. Blend well, willingness, tolerance, and wisdom. That will give you the courage to accept. Next add 1 package of prayers.

Mix well, go to a meeting, call your sponsor and rest.

Anonymous

Attention Women Of AA

The 19th Annual Fall Spiritual Weekend is Friday, October 7th to Sunday, October 9th, 2005. The theme is "Promises Do Come True." The fall retreat is always on the 12 Promises. It is held at the St. Columbian Center in Derby. The center is handicap accessible for anyone who needs it.

If you have never attended, come and give us a try. The St. Columbian Center is a quiet, healing place. The retreat committee has put a lot of work into this weekend. Come join us for a wonderful weekend of sharing of our experience strength and hope.

Just a little footnote: there is a very special surprise awaiting everyone this year. Come and check it out. We look forward to seeing you.

Your retreat committee,

Nancy K. - Chairwoman (Ironhorse Group)

Debbie McE. - Co-chair (Courage Group)

Step Nine ~ Made direct amends to such people wherever possible, except when to do so would injure them or others.

A Weekend to Remember

Grapevine Volume 36 Issue 1 June 1979

JUST THREE months sober in AA, after reviewing "The Family Afterward" in the Big Book, I decided to mix some pleasure with working Step Nine. My plan was a three-day fishing trip to northern Minnesota with my two sons, ages eleven and nine—meaning selfish enjoyment on my part and needed togetherness with Tony and Jim.

With sobriety, our relationship had improved immensely; but I felt a deep need to get reacquainted with the boys after the many times I had neglected them during my drinking days. Certainly, conscious guilt was instrumental in my decision. I worked Step Eleven, asking for the power to carry out what I felt was His will for me with my boys.

A friend had generously offered me the use of his cabin on a quiet and beautiful lake, just a three-hour drive away. As the boys had baseball games the evening we were to leave, it was 10:00 PM before we got started. They were as excited as I was. The anticipation of some fighting-walleye action dominated our thoughts and conversation. It began to rain halfway, but that couldn't dampen our spirits.

Arriving at midnight in what had become a steady downpour, we hurriedly unloaded the car. Looking over all of the food we had brought, I decided to get the perishables into the refrigerator immediately. That brought my first shock of the trip: The refrigerator contained a twelve-pack of my old, familiar, favorite beer. The thought of previous fishing trips to the cabin flashed through my mind; I would have downed a few of those long before this time. A shiver went up my spine as I pushed the beer to one side to make room for the milk.

A prayer went through my mind quickly: "Strengthen my sobriety just for today." The calm that I had learned in AA returned, and as the boys settled into bed, I picked up my Big Book. My sponsor's admonition had been "Read a bit of the Big Book each day," along with "Keep it simple," "Don't drink," and "Come to meetings."

Feeling more relaxed, I got ready for bed. When I put my wallet into a cabinet, I got another return-to-the-past shock: The cabinet was well stocked with booze of all types, including, of course, my favorite brandy of old. The familiar thinking popped up—just a shot and a beer, then into bed. Who would know?

More words of Bill, my sponsor, came to mind: "Remember, Jack, you're just one drink away from another drunk. The decision is yours." Supported by thoughts of my Higher Power, of Bill, and of my other newfound AA friends and remembering our slogan "one day at a time," I decided to postpone thoughts of that drink until tomorrow. Kissing my sleeping sons goodnight made me more determined not to drink that night.

The next morning began three of the most wonderful days of my life, fishing, hiking, and sight-seeing with my sons. It was the beginning of a new and close relationship between the boys and me.

Now, two years later, I can only humbly thank the beautiful Twelve Step program of AA for the courage to change and for the many other gifts that go along with a sober life in Alcoholics Anonymous. I am deeply grateful.

J. H. Coon Rapids, Minnesota

Tradition Nine ~ A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

(from the August 1948 Grapevine)

The least possible organization, that's our universal ideal. No fees, no dues, no rules imposed on anybody, one alcoholic bringing recovery to the next; that's the substance of what we most desire, isn't it?

But how shall this simple ideal best be realized? Often a question, that.

We have, for example, the kind of AA who is for simplicity. Terrified of anything organized, he tells us that AA is getting too complicated. He thinks money only makes trouble, committees only make dissension, elections only make politics, paid workers only make professionals, and clubs only coddle slippers. Says he, let's get back to coffee and cakes by cozy firesides. If any alcoholics stray our way, let's look after them. But that's enough. Simplicity is our answer.

Quite opposed to such halcyon simplicity is the AA promoter. Left to himself, he would "bang the cannon and twang the lyre" at every crossroad of the world. Millions for drunks, great AA hospitals, batteries of paid organizers, and publicity experts wielding all the latest paraphernalia of sound and script; such would be our promoter's dream. "Yes, sir," he would bark. "My two-year plan calls for one million AA members by 1950!"

For one, I'm glad we have both conservatives and enthusiasts. They teach us much. The conservative will surely see to it that the AA movement never gets overly organized. But the promoter will continue to remind us of our terrific obligation to the newcomer and to those hundreds of thousands of alcoholics still waiting all over the world to hear of AA.

We shall, naturally, take the firm and safe-middle course. AA has always violently resisted the idea of any general organization. Yet, paradoxically, we have ever stoutly insisted upon organizing certain *special services*; mostly those absolutely necessary to effective and plentiful Twelfth Step work.

If, for instance, an AA group elects a secretary or rotating committee, if an area forms an intergroup committee, if we set up a foundation, a general office, or a Grapevine, then we are organized for service. The AA book and pamphlets, our meeting places and clubs, our dinners and regional assemblies—these are services, too. Nor can we secure good hospital connections, properly sponsor new prospects, and obtain good public relations just by chance. People have to be appointed to look after these things, sometimes paid people. Special services are performed.

But by none of these special services has our spiritual or social activity, the great current of AA, ever been really organized or professionalized. Yet our recovery program has been enormously aided. While important, these service activities are very small by contrast with our main effort.

As such facts and distinctions become clear, we shall easily lay aside our fears of blighting organization or hazardous wealth. As a movement, we shall remain comfortably poor, for our service expenses are trifling.

With such assurances, we shall without doubt continue to improve and extend our vital lifelines of special service; to better carry our AA message to others; to make for ourselves a finer, greater Society, and, God willing, to assure Alcoholics Anonymous a long life and perfect unity.

Bill W

Heard at a meeting:

You people in A.A. taught me to give up what I couldn't afford to keep, to keep what I couldn't afford to lose.

Unless I accept my virtues, I will be overwhelmed with my faults.

I found hope in these rooms, myself in the steps, and God inside my heart.

Only through selflessly giving of ourselves to helping other's does one find true spiritual awakening!

RULE 62

Alcoholics all drink for the same reason ... any reason.

I have to stay out of my head - there's no adult supervision in there.

If I could drink like a normal person, I'd start early and do it all day.

Everyone has a photographic memory; some just don't have film.

From "The Three Legacies of A.A.:"

"Other societies have to have law and force and sanction and punishment, administered by authorized people. Happily for us, we found that we need no human authority whatever. We have two authorities which are far more effective. One is benign, the other malign. There is God, our Father, who very simply says, 'I am waiting for you to do my will.' The other authority is named John Barleycorn [alcohol], and he says, 'You had better do God's will or I will kill you.'"

c. 1957, Alcoholics Anonymous Comes of Age, page 105

IN MEMORIAM

Things We Can Not Change

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Buffalo Central Office
681 SENECA STREET
BUILDING 1-H (LOWER)
Buffalo, New York 14210

or

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

SEPTEMBER ANNIVERSARIES

Alexander

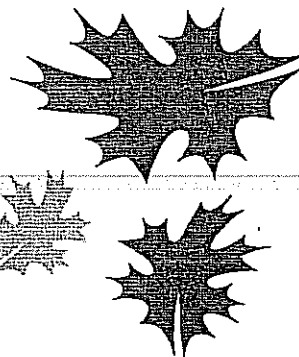
Jim P. 4y
 Greg D. 6y
Amherst/Snyder
 Dominic L. 6m
 Jeffery G. 9m
 Laverne W. 9m
 Hectr R. 9m
 Michele 9m
 Scott K. 1y
 Harold R. 1y
 Rene VC 2y
 Joe R. 2y
 Marilyn F. 3y
 Dean S. 3y
 Alan T. 3y
 Darrén R. 3y
 Joann P. 4y
 Barry G. 4y
 Krystyna T. 4y
 Michael R. 4y
 Janie' M. 4y
 Jim K. 4y
 Larry B. 6y
 Jay W. 6y
 Mitchell B. 6y
 Butch C. 7y
 Michael B. 7y
 Annette I. 11y
 Joe B. 11y
 Adolph I. 15y
 Mareen M. 15y
 Harry B. 17y
 Ken C. 18y
 Rhonda H. 19y
 Dennis K. 20y
 Nancy F. 20y
 Tony F. 21y
 John N. 21y
 Jack S. 28y
 Dan J. 29y
 George D. 33y
 Russell Q. 34y
Courage Group
 Mike S. 1y
 Laurie G. 5y
Coldsprings
 Cecil R. 5y
Community Center
 May H. 1y
 Annette L. 11y
 Marilyn D. 17y

Express

Tom W. 3m
 Tom L. 6m
 Gary B. 2y
 Lary D. 8y
 Adolph I. 15y
 Jim G. 17y
 Bill L. 25y
Fireside
 Sue S. 1y
Giving
 TJ H. 2y
 Lisa K. 2y
Holland
 Tom M. 3y
 Mike C. 12y
 Marcy M 19y
 Jim F. 42y
Ironhorse
 George L. 2y
 Mark R. 2y
 Mike B. 7y
 John H. 7y
 Tom C. 17 y
Kensington
 Norma F. 22y
Lakeshore
 John H. 24y
Lighten-Up
 Marilyn N. 3y
 Mary P. 6y
 Bob R. 13y
 Steve B. 14y
 Howard W. 26y
Living Sober
 Al G. 3y
 Chuck B. 3y
 Bob G. 6y
 John A. 8y
 Tom D. 17y
 Bill G. 21y
 Butch H. 25y
Lockport #1
 J.R. 4y
LoveJoy
 Tracy C. 6m
 Steve C. 6m
 Tom R. 6m
 James R. 6m
 Tony C. 6m
 Paul D. 6m
 Harry P. 20y

Main & High

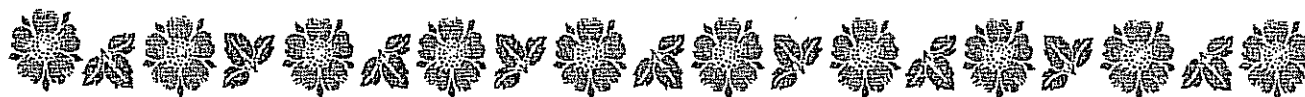
Tony D. 3m
 Willie S. 3m
North Buffalo
 Loretta R. 6m
 Rhonda R. 6m
 Nicole M. 6m
 Tom L. 6m
 Jim Mc. 1y
 Dragica M. 1y
 Mark B. 2y
 Kevin P. 6y
 Norma F. 21y
Rise & Shine
 Marilyn F. 3y
 Towana V. 4y
 Homer L. 4y
 Kim V. 4y
 Earl G. 5y
 Robert G. 8y
 Theresa H. 8y
 Darrell M. 13y
Thruway
 Michael T. 6m
 Leo M. 16y
Southtowns
 Dick 15y
Springville
Tuesday
 Tony V. 11y
 James P. 16y
 Steve H. 17y
 Tom D. 18y
 Larry S. 24y
 Victor F. 25y
Sun. Morning Br.
 Paul R. 6m
 Craig F. 4y
Victory
 Kenny G. 9y
 Rich W. 18y
Women's
Westside
 Angela K. 5y
 Terri P. 6y


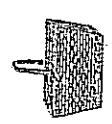


Group Anniversaries

Iron Horse
 Acceptance
 Frontier
 Honesty
 North Buffalo
 Action
 Fredonia Discussion
 Renewal
 Fireside PM
 H.A.N.D.
 Fresh Start
 South Town
 Orchard Park Step
 Cathedral Park
 Step Work
 Easier Softer Way
 Main Street
 Todays Women
 Lunchtime
 New Outlook
 Cornplanters
 Crosstalk Big Book
 Boulevard Women's
 Freedom Now

 N. F. Policy:
*Anniversaries must
 be submitted by
 the 12th
 of the
 month previous*



sunday	monday	tuesday	wednesday	thursday	friday	saturday
	<p>Buffalo Central Office 681 Seneca Street Lower Buffalo, New York 14210 (716) 853-0388</p>					
<p>4</p> <p>AA isn't a ticket to Heaven or Hell, but it will keep you sober long enough to decide where you want to go.</p>	<p>5</p> <p>LABOR DAY *Sept. 946: The first AA group in Mexico City is formed.</p>	<p>6</p> <p>1998: <i>Ebby: The Man Who Sponsored Bill W.</i> by Mel B. is published.</p>	<p>7</p> <p>*Sept. 1935: Bill W. returns from his Akron trip and AA begins in New York City.</p>	<p>8</p> <p>1941: WHJP in Jacksonville, FL, airs "Spotlight on AA," the first radio series on AA.</p>	<p>9</p> <p>1941: San Diego, California, hosts the first women's meeting.</p>	<p>10 "Back to the Book" Day of Sharing. 1946: Trustees of the Alcoholic Foundation issue a statement regarding fund raising. "Alcoholics Anonymous... looks with disfavor on the unauthorized use of its name in any fund raising charity."</p>
<p>11 Central Com. Meeting, 7 pm, Corrections Committee Meeting, 6:00 PM, Holiday Village Annual Family Picnic, noon to</p> <p>*Sept. 1938: Fitz M.'s sister Agnes lends Bill W. and Hank P. \$1,000 to help them get through the Big Book project.</p>	<p>12</p> <p>1942: U.S. Assistant Surgeon General Kolb speaks at a dinner for Bill W. and Dr. Bob in Philadelphia.</p>	<p>13</p> <p>1941: WHJP in Jacksonville, FL, airs "Spotlight on AA," the first radio series on AA.</p>	<p>14</p> <p>Even at a snail's pace, it's progress. If it works, don't fix it.</p>	<p>15 64th Buffalo Fall Convention Meeting, 7:00 PM, New Frontiers Committee, 7:00 PM</p> <p>*Sept. 1941: Ernie G., AA member, marries Dr. Bob's daughter, Sue. He was drunk at the time.</p>	<p>16</p> <p>1941: San Diego, California, hosts the first women's meeting.</p>	<p>17</p> <p>1954: Bill D. "The man in the bed," dies in Akron, Ohio.</p>
<p>18 Lovejoy 1st Annual Day of Sharing, 9AM-4 East Area Convention Of Young People in AA, (EACYPAA) Committee</p> <p>1947: Dallas Central Office opens its doors.</p>	<p>19 Treatment Fac. Committee, 6 PM</p> <p>1975 Jack Alexander, author of the <i>Saturday Evening Post</i> articles on AA, dies.</p>	<p>20</p> 	<p>21</p> <p>1938: Bill W. and Hank P. form Works Publishing Co. to raise money to write and publish our Big Book.</p>	<p>22</p> <p>1971: Over 1000 attended the first Ecogroup publication of AA in Bristol, England.</p>	<p>23</p> <p>EACYPAA FALL CAMPOUT</p>	<p>24 Archives Com. Meeting, 9 am, CAMPOUT</p> <p>1940: Bill W. makes a 12th Step call on Bobbie V. who will replace Ruth Hock as NY's AA office secretary.</p>
<p>25</p> <p>K.I.S.S Keep it Simple, Stupid.</p>	<p>26</p> <p>*Sept. 1940: <i>The Journal of Nervous and Mental Diseases</i> reviewed the Big Book and said "Of the inner meaning of alcoholism there is hardly a word."</p>	<p>27</p> <p>I came, I came to, I came to believe.</p>	<p>28</p> <p>*1935: Hank P., the New York group's #2 member, takes his last drink but after 4 years of sobriety goes back to drinking again.</p>	<p>29</p> <p>*Sept. 1943: Tucson <i>Arizona Star</i> reports about an AA group with 8 men and 3 women.</p>	<p>30</p> <p>*Sept. 1940: The AA Bulletin found 9 "secure" groups in NYC, Wash. D.C., Detroit, Chicago, Philly, Houston, Akron, Los Angeles, and Cleveland.</p>	<p>31</p> <p>There is more to paying dues to AA than dropping a dollar in the basket.</p> 

** OCCURRED SOME TIME DURING THE MONTH ** OCCURRED SOME TIME DURING THE YEAR

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 4:30 PM
Schedule on line at ny-aa.org*

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389

buffalooa@hotmail.com*

SEPTEMBER 2005

MEETING CHANGES:

Open Mind Group, Wednesday's at 8:00 PM, has moved to The Pride Center of WNY, 18 Trinity Place.

Express Group, Wednesday's at 12:00 Noon, Rm 1906, Liberty Building (19th floor), Buffalo, Closed Meeting, **NEEDS SUPPORRT.**

Trail Blazers, Wednesday's at 5:30 PM, 3108 Main @ Highgate, **NO LONGER MEETS.**

Western New York Young People in AA, (WNYYPAA) Holy Cross Church- COTTAGE, Niagara St. @ Maryland St. Buffalo, Open Meeting FRIDAYS 8PM

Time Change, Tri- Step Beginner's in Dunkirk, Tuesday's will now start at 8:00PM.

NEW LOCATION; DESIRE GROUP, Saturday's at 1:00 PM in Hamburg, now meets at Hamburg Wesleyan Church, S4999 McKinley Pkwy.

COMING EVENTS:

~ Sept. 2-4, **52nd Annual Tri-State Assembly** Chautauqua, NY. Advances Registration-\$15, On Sight Registration- \$20, Registration & Banquet \$35. Weekend Packages see flyer. Contact: Jerry J. (585) 682-3215 Len C. (814) 899-7610, David G. (215) 289-4033,

~ Sept. 10, "**Back to the Book**" **Day of Sharing**. Presented by the Amherst Snyder Group. Information to follow.

~ Sept. 11, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street (Hosted by Lockport #1).

~ Sept. 11, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).

~ Sept. 11, **Holiday Village Annual Family Picnic**, Sunday, Noon to Dusk. Glen Meadows Park (off Sunset Dr.) in the Village of Hamburg. Speaker at 4 PM. Bring a dish to pass, lawn chair and children. Rain or Shine. Food, Fun & Fellowship

~ Sept. 15, **64th Buffalo Fall Convention Meeting**, Thursday, 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. E-mail address 2005BuffaloFallConvention@gmail.com. Website: please send comments/suggestions): <http://mysite.verizon.net/vzeeivob/>

~ Sept. 15, **New Frontiers Committee**, THURSDAY, 7:00 PM. St. Michaels Parish Center, Electric And Water

- ~ Sept. 18, Lovejoy 1st Annual Day of Sharing, 9AM- 4 PM. Visitation Parish (Corner of Greene and Moreland off Lovejoy). Panels before and after lunch. Please bring a dish to pass.
- ~ Sept. 18, Action Group Anniversary. 10:30 AM- Speaker. Brunch to follow. Bring a dish to share if you wish.
- ~ Sept. 18, East Area Convention Of Young People in AA, (EACYPAA)- Host Committee Meetings @ 3:00 PM. Meets at St. John's Grace Episcopal Church, Corner of Lafayette + Bidwell.
- ~ Sept. 19, Treatment Facilities Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~Sept. 23- 25, EACYPAA FALL CAMPOUT, Little Rock City, Little Valley-Cattaraugus City. NY. Call Jay M. (716) 812-2489 for more info. E-Mail EACYPAABuffalo@hotmail.com for registration Information.
- ~ Sept. 24, Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).
- ~Oct.7-9, 19th Annual Women In AA Fall Spiritual Weekend, "Promises Do Come True", St. Columbian Retreat House, Derby. \$42 non-refundable deposit, balance of \$60 (cash) upon arrival. Flyers available at Central Office.
- ~ Oct. 22, Matt Talbot Group is hosting a TRADITION'S DAY. 10:00 AM- 4:00 PM. St. John's Lutheran Church, 67 Litchfield. 50/50 Drawing, eats, coffee, bring a dish to pass if you would like.
- ~ Nov. 4-6, 64th BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Banquet: \$33. For more information check their website: 2005BuffaloFallConvention@gmail.com
- ~May 26-28, 2006, East Area Convention of Young People in Alcoholics Anonymous (EACYPAA) Adam's Mark Hotel, Downtown Buffalo, For Info Call Jay M. (716) 812-2489, Deric McH. (716) 983-7102, Jen T. (716) 523-5554, or e-mail at EACYPAABuffalo@hotmail.com

9th STEP: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

9th TRADITION: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

9th CONCEPT; Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit...

Terry Bateman.... Executive Secretary

Buffalo Central Committee Minutes
AUGUST 7, 2005

Frank M., Committee Co-Chair opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Laurie H., Lockport Ladies Group, read The Purpose of the Central Committee. Josh R., Lovejoy Group, read the Traditions. Motion to dispense with the reading of last months' minutes by Joe S, Living Sober, seconded by John C., Cornplanters Again. Motion passed

26 Groups were represented: **District 1:** Cornplanters Again, Main and High, Sunday Niter's; **District 2:** Living Sober, North Buffalo, Spiritual Progress, Three Legacies, Univ. Men's Disc.; **District 3:** Abbott Men's Disc., Iron Horse, New Life, Sunday Morning Breakfast, The Book Meeting, Valley; **District 4:** Action; **District 5:** Big Book Lockport, Lockport Ladies; **District 6:** Amsdell Lakeshore, Go To Any Lengths, Lakeshore; **District 7:** Casting, Community Center, Fresh Start, Lovejoy; **District 8:** Amherst Snyder, Williamsville.

COMMITTEE REPORTS:

- ENVELOPE SYSTEM: No representative present.

STEERING COMMITTEE: The Executive Secretary: photo copier vender has gone out of business. Terry B. is investigating options. Incorporation: Roger is still working on incorporating the Central Office. We need to convert our guidelines to the proper verbiage needed for incorporation. District 1: proof reading error on page 3 of the current schedule: "Purpose of Central Committee". Terry B. will check the original content of the text. District 5: District rep is resigning. He will continue to ask in his area for someone to stand in. Old Business: Treatment facilities sending non-alcoholics to closed meetings. Terry B. will look into sending a letter to Treatment facilities. Patti S., Financial Secretary, is working on a template for future convention financial reports. New Business: Discussion over the suitability of the Annual Review form used in the Executive Secretary's review. Committee members will gather information for further discussion. The next committee meeting will be September 11th due to the Labor Day Holiday.

FINANCIAL REPORT: Written report submitted by Patti S., Financial Secretary, Going To Any Lengths Group.

TREATMENT: Tom C, Committee Chair – All meetings are covered. A \$1400+ literature order was placed with World Services and Treatment Committee was surprised to find that they saved approximately \$800 over ordering locally.

CORRECTIONS: Written report submitted: The Wendt Correctional Facility is having an Anniversary Party on October 23, 2005. (Pizza and wings and speaker to follow)

SCREENERS: No representative present.

CENTRAL OFFICE: AA INFO: 237; 12-STEP: 6; ALANON: 6; PIC: 0; VISITORS: 55; VOLUNTEERS: 14. The Meeting in September will be pushed back one week, for Labor Day weekend to September 11th. There is a situation that I have just become aware of, with little information to offer as yet. The company we lease our copier from has gone out of business. I am still trying to contact them to find out what the situation is.

Yours in the fellowship of the Spirit:

Terry B., Executive Secretary

PIC: No representative present

NEW FRONTIERS: No representative present

CONVENTION COMMITTEE: No representative present

COURTESY REPORTS:

ARCHIVES: ~~Frank M., Archive Chair. Our past display was July 16th at Main and High Day of~~ Sharing. We would also like to thank Main and High for their donation. Our upcoming displays will be August 25th at 8:00 PM for Three Legacies Anniversary; August 30th at 7:00 PM for Iron Horse Anniversary; September 18th at 9:00 AM for Lovejoy Group Day of Sharing. Our next Archive meeting will be on Saturday, August 25th at 9:00 AM in the Central Office.

CPC: No representative present

GSA: Joanne C., Action Group stated the next meeting will be August 14th hosted by Jamestown 511 – refreshments will be served.

PIC: Sally Ann C., reported that all the slots but one at the Fair have been filled. She and John C., will take the first and last shifts, in order to set up and take down the banner and supplies.

RECAP: Joanne C., Action Group, questioned no rep for Treatment in attendance. Tom C., Treatment Facility chair arrived late and submitted a written report.

John H., Sunday Morning Breakfast, asked Executive Secretary if she had contract from copier vendor. Executive Secretary replied that it might have been misplaced during the Central Office move and she will continue to look for it.

OLD BUSINESS: None

NEW BUSINESS: Jay M., Univ. Men's Disc., asked to have Little Valley camp out information printed in the New Frontiers. Four AA speakers will be at the camp out and Little Valley is in District 50 WNY.

Motion to adjourn by John H., Sunday Morning Breakfast, seconded by Joe S., Living Sober. Meeting adjourned at 7:30 PM with The Lord's Prayer.

Minutes respectfully submitted by:

Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement	30-Jun-05	31-Jul-05
Beg Bal Cash on hand	7,168.52	9,148.43
Contributions		
Groups	5,360.01	2,683.19
Joint Meeting	36.50	23.26
Envelope System	569.00	365.00
New Frontiers Subs	23.00	30.00
Literature	3,134.10	1,877.75
Archives Room Rent	50.00	50.00
Meetings at CO	123.00	85.00
Mail/Misc.	50.00	
"Gratitude Month" (NOV)		
Conventions/Day of Sharing		75.00
Monthly Income	9,345.61	5,189.20
Expenses		
Office Rent	768.47	768.47
Electric	90.00	90.00
Payroll		
Salaries - gross	2,196.92	2,801.05
Federal Withholdings	(146.36)	(106.95)
NYS Withholdings	(79.60)	(153.95)
Disability Insurance	(2.40)	(3.00)
Payroll Tax Deposits		
Federal	588.60	611.20
State		365.81
Insurance		
State Ins Fund	55.82	
Health	304.00	304.00
Liability		
Postage	55.60	598.55
Phone	105.02	105.02
Accounting		
Advt		
PIC Lit.		
Talking Phone Book		
Verizon	102.75	102.75
website		
white directory		66.00
Yellow Pages		196.00
Literature Expenses		
Grapevine		90.00
World Services Inc	2,192.40	626.00
Hazeldon		
"In All Our Affairs"	379.14	
Printers		1,988.00
Office Supplies	372.84	15.47
Answering service	122.05	114.75
Minolta leasing (copier)	260.45	260.45
Minolta Copies		57.93
Seminar		20.00
Depreciation	100.00	100.00
Monthly Expenses	7,466.70	8,917.55
Monthly Income (Loss)	1,879.91	(3,728.35)
Depreciation add back (non-cash)	100.00	100.00
End Bal Cash on hand	9,148.43	5,420.08
CD	8,088.78	8,088.78
Literature Assets:	9,832.95	10,908.60
Literature Receivable:(outstanding)	340.60	631.45
Corrections Facilities	1,490.04	2,119.43
Donations	629.39	185.44
Expenses		
Balance	2,119.43	2,304.87
Treatment Facilities	1,147.71	1,617.12
Donation	544.38	355.44
Expenses		
AT & T Bridging The Gap	31.22	28.07
AAA About Answering Service	43.75	40.00
Literature		1,447.75
Balance	1,617.12	456.74

The A.A. Home Group

"Traditionally, most A.A. members through the years have found it important to belong to one group which they call 'Home Group.' This is the group where they accept responsibilities and try to sustain friendships. And although all A.A. members are usually welcome at all groups and feel at home at any of these meetings, the concept of the 'Home Group' has still remained the strongest bond between the A.A. member and the Fellowship." (from *The A.A. Service Manual*).

With membership comes the right to vote upon issues that might affect the group and might also affect A.A. as a whole—a process that forms the very cornerstone of A.A.'s service structure. *As with all group-conscience matters, each A.A. member has one vote; and this, ideally, is voiced through the home group.*

Over the years, the very essence of A.A. strength has remained with the home group, which, for many members, becomes their extended family. Once isolated by their drinking, they find in the home group a solid, continuing support system, friends and, very often, a sponsor. They also learn firsthand, through the group's workings, how to place "principles before personalities" in the interest of carrying the A.A. message.


Talking about her own group, a member says: "Part of my commitment is to show up at my home-group meetings, greet newcomers at the door, and be available to them—not only for them but for me. My fellow group members are the people who know me, listen to me, and steer me straight when I am off in left field. They give me their experience, strength and A.A. love, enabling me to pass it on to the alcoholic who still suffers."

Pg. 18, "The Home Group... Where it all begins"

There are MUSTS in the Big Book

"The rule is we **MUST** be hard on ourselves, but always considerate of others."

—Big Book, Chapter 6, "Into Action", page 74



GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JULY	YEAR	JULY	YEAR	JULY	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
6th Step		75.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbot Men's	46.07	292.47	46.07	292.47	46.07	292.47
Acceptance/Welcom		750.00		0.00		0.00
Achievement		0.00		0.00		0.00
Action		200.00		0.00		0.00
Age Doesn't Matter		100.00		0.00		0.00
Albion Lunchbunch		0.00		0.00		0.00
Alexander		100.00		0.00		0.00
Amthurs/ Snyder		830.66		0.00		0.00
Amsdell Lakeshore	40.00	120.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	30.00	195.00		0.00		0.00
As Bill Sees It	15.00	100.00		0.00		0.00
Attitude Adjustment		100.00		25.00		25.00
Attraction	100.00	300.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Batavia Friday Night		50.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		0.00		0.00		0.00
Bidwell Monday		50.00		50.00		50.00
Big Book Lockport		150.00		30.00		0.00
BB Spiritual Awakening		0.00		0.00		0.00
Big Book Study		25.00		0.00		0.00
Big Book Workshop		0.00		0.00		0.00
Blasdel		0.00		0.00		0.00
Blasdel Monday Night		20.00		0.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand		0.00		0.00		0.00
Boulevard Women	40.00	130.00		0.00		0.00
Brass		75.00		0.00		0.00
Brocton AA		0.00		0.00		0.00
Bul For the Grace of God		0.00		0.00		0.00
By The Book		0.00		0.00		0.00
Came To Believe		0.00		0.00		0.00
Castling		100.00		10.00		10.00
Cathedral Park		0.00		0.00		0.00
Caz Manor	20.00	140.00		0.00		0.00
Cazenovia		0.00		0.00		0.00
Central Park		0.00		0.00		0.00
Chapter IX		80.00		80.00		80.00
Cheektowaga	100.00	600.00		0.00		0.00
Chevy #1		0.00		0.00		0.00
Clarence Men's		0.00		0.00		0.00
Clarence Men's II		0.00		0.00		0.00
Cold Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Problem		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
Commitment		0.00		0.00		0.00
Community Center		0.00		0.00		0.00
Complaners		0.00		0.00		0.00
Courage		80.00		40.00		30.00
Arcade		0.00		0.00		0.00
Crossroads		75.00		0.00		0.00
Cross Talk Big Book	25.00	50.00		0.00		0.00
Daily Reflections		250.00		0.00		0.00
Daily Reprieve		0.00		0.00		0.00
Derby		0.00		0.00		0.00
Desire		0.00		0.00		0.00
Downtown Men's		0.00		0.00		0.00
Dunkirk Monday Night		100.00		0.00		0.00
Early Bird		0.00		0.00		0.00
Early Rising Obliging		0.00		0.00		0.00
Easier Softer Way		0.00		0.00		0.00
East Amherst		0.00		0.00		0.00
East Aurora	80.00	480.00		0.00		0.00
Easy Does It	25.00	175.00		0.00		0.00
Ellicott		0.00		0.00		0.00
Ellicottville		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Eternal Vigilance		100.00		0.00		0.00
Everybody's		40.00		0.00		0.00
Express		0.00		0.00		0.00
Eyeopener	200.00	668.88		0.00		0.00
F.U.N.		0.00		0.00		0.00
Faith		0.00		0.00		0.00
Father Baker		300.00		0.00		0.00
Feelings	50.00	100.00		0.00		0.00
Fireside	93.20	1351.21	50.00	25.00	125.00	
First Things First	135.55	135.55		0.00		0.00
Fredonia Discussion		0.00		0.00		0.00
Freedom		200.00		0.00		0.00
Fresh Start		90.00		0.00		0.00
Friendly		0.00		0.00		0.00
Frontier(New)		400.00		0.00		0.00
GAHADA GON		0.00		0.00		0.00
Gardenville		50.00		25.00		25.00
Georgetown		0.00		0.00		0.00

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JULY	YEAR	JULY	YEAR	JULY	YEAR
Gelling Better		0.00		0.00		0.00
Giving		50.00		0.00		0.00
Go To Any Length	100.00		100.00			100.00
Golden Slipper	500.00		0.00			0.00
Grand	48.00		0.00			0.00
Grand II Joy of Living	60.00		0.00			0.00
Grateful	0.00		0.00			0.00
Guiding Light	0.00		0.00			0.00
H.O.W.	0.00		0.00			0.00
Hamburg	107.75		0.00			0.00
Hand	0.00		0.00			0.00
Handicappers	200.00		0.00			0.00
Happy Hour	0.00		0.00			0.00
Harmony	0.00		0.00			0.00
Helping Hand	100.00		0.00			0.00
High Noon	70.00	560.00		0.00		0.00
High View		0.00		0.00		0.00
Higher Power		0.00		0.00		0.00
Hilbilly	250.00	250.00	30.00	30.00	30.00	30.00
Holiday Village	150.00	950.00		0.00		0.00
Holland		0.00		0.00		0.00
Honest Solutions		0.00		0.00		0.00
Honesty	30.00	130.00		0.00		0.00
Hope Big Book Study		20.00		0.00		0.00
How It Works		0.00		0.00		0.00
How It Works/Men's		500.00		100.01		100.00
Inner City		0.00		0.00		0.00
Inspiration		0.00		0.00		0.00
In The Solution		0.00		0.00		0.00
Inoxicated on Life	20.00	65.00		0.00	20.00	20.00
Ironhorse	24.00	137.35	10.00	55.50	10.00	55.50
IT		0.00		0.00		0.00
Jamestown Groups		0.00		0.00		0.00
Johnson Creek Big Book		120.00		0.00		0.00
Journey		0.00		0.00		0.00
Just Do It		0.00		0.00		0.00
Just For Today/ Albion		25.05		0.00		0.00
Just For Today/Cheek.		100.00		0.00		0.00
Keep It Simple Sister		60.00		30.00		30.00
Keep On Coming		0.00		0.00		0.00
Kenmore		0.00		0.00		0.00
Kensington		0.00		0.00		0.00
Lake Shore		335.00		70.00		120.00
Lakeview	75.00	155.00		0.00		0.00
Last Days Fellowship		5.00		0.00		0.00
Lawyers		0.00		0.00		0.00
LewPort		0.00		0.00		0.00
Let Go and Let God		0.00		0.00		0.00
Liberty Women		50.00		0.00		0.00
Life Today		0.00		0.00		0.00
Lighten UP		0.00		0.00		0.00
Live and Let Live		0.00		0.00		0.00
Living in the Solution		120.00		0.00		0.00
Living Sober	20.00	20.00		0.00		0.00
Lock City		0.00		0.00		0.00
Lockport #1		1100.00		110.00		110.00
Lockport (no name)		0.00		0.00		0.00
Lockport Discussion		0.00		0.00		0.00
Lockport Ladies		25.00		0.00		0.00
Lockview		700.00		0.00		0.00
Look To This Day		0.00		0.00		0.00
Love		0.00		0.00		0.00
Lovejoy	50.00	70.00		0.00		0.00
Lower River		0.00		0.00		0.00
Lunch Bunch Albion		0.00		0.00		0.00
Main and High		10.00		0.00	75.00	75.00
Main Street		0.00		0.00		0.00
Maple Meditations		0.00		0.00		0.00
Marilla		40.00		0.00		0.00
Matt Talbot		150.00		0.00		0.00
McKinley Winners	150.00	250.00		0.00		0.00
Medina Big Book		0.00		0.00		0.00
Medina New Life		40.00		0.00		0.00
Mercy		0.00		0.00		0.00
Mid-day		88.05		0.00		0.00
Midnight Discussion		0.00		0.00		0.00
Miracle		0.00		0.00		0.00
Morning After		0.00		0.00		0.00
New Awakening		0.00		0.00		0.00
New Frontier		0.00		0.00		0.00
New Beginnings/St. Vincent		0.00		0.00		0.00
New Life		0.00		0.00		0.00
New Outlook		0.00		0.00		0.00
Niagara Intergruop		0.00		0.00		0.00
New Westside		0.00		0.00		0.00
Niagara Frontier Men's Disc.	75.00	145.00		0.00		0.00
North Buffalo	200.00	800.00	50.00	200.00	50.00	200.00
North Java Monday		0.00		0.00		0.00
North Java Sunday		0.00		0.00		0.00
One Day At A Time		0.00		0.00		0.00
Open Arms		100.00		0.00		0.00
Open Mind		0.00		0.00		0.00
Orchard Park Step		372.00		0.00		0.00
Pass It On		0.00		0.00		0.00
Palchin		0.00		0.00		0.00

~~AA of the Buffalo Frontier~~
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