

NEW FRONTIERS

October 2005

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

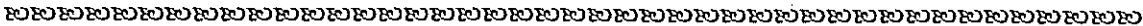
Acceptance

"And acceptance is the answer to *all* my problems today. When I am disturbed, it is because I find some person, place thing, or situation – some fact of my life – unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment." (Alcoholics Anonymous p. 417 Fourth Edition)

When first coming into sobriety, if life did not go my way, I would be angry, upset, and frustrated. It was either all of your fault or all of my fault why situations did not go as planned. Never once did I accept the person, place or thing as it was. Instead I would try to change the situation so that my wishes would be granted in the end. Each time the results would be disastrous, not to mention all of the anxiety and effort I had put into trying to make my will be a success.

I knew that I had to change this behavior if I wanted to stay sober and be happy. So I did what the 'Big Book' told me to do; I stopped looking at what I could change in other people and started looking at what I could change in myself. I had to change from thinking I knew what was best to start believing that my higher power would guide me in the right direction.

Today I try to live life on life's terms and be accepting that if a situation is not going as I want it to, that my higher power has better plans for me. After 1 ½ years of sobriety, it is still hard for me to accept many things, such as my family not understanding my sober lifestyle, the ending of a relationship, and the fact that I will never be able to drink normally again. But I am constantly reminded that working the program is a process and as long as I am willing and accepting of everything exactly as it is then I am going to be okay. Step One says that we are powerless over alcohol, but we also learn in sobriety that we are powerless over people, places, and things as well. When we accept this, everything will be as it should, and our lives will be serene.



WARNING TO ALL WOMEN

Recently there was an incident outside an AA meeting, in which 2 women were attacked, apparently for a purse. It brought to mind words of my first sponsor to be aware of the parking lots. Never leave someone alone after a meeting, always make sure the last people are in their vehicle and that it starts. This way no one is left stranded or in harms way!!

Erie County Fair

I would like to thank the following:

- | | | | |
|-------------|--------------|------------|---------|
| Andrew | Debbie M | Jim G | Pat M |
| Beth | Debbie McE | Jim L | Patti S |
| Carol | Debbie P | Joanne McC | Paul |
| Carrie M | Diane Z | Joe M | Pete |
| Charles L | Eddie L | Joe O | Red B |
| Charmaine D | Elizabeth | Texas John | Roger H |
| Cheryl P | Gary | John C | Sue B |
| Christina T | Greg H | Kimberly S | Sue M |
| Cindy H | Jane Marie B | Laurie M | Sue T |
| Dave H | Jean H | Larry B | Tina |
| Dave McN | Jerry F | Margie B | Tom P |
| Dave S | Jim B | Michael B | |
| Dawn R | Jim B | Norm K | |

And all the partners of the above, and anyone else I may not have mentioned, who helped staff the Alcoholics Anonymous table during the 2005 Erie County Fair. Let's hope that we can get a place in the Health Building next year, and for the same great response from you. Thanks Again!

Sit and Remember

Sitting at my cousin's kitchen table ... I listened to his experience, strength and hope. I did not know I was helping him work his twelfth step. All I knew was I was too tired to continue on the way I was going. My 20-year-old body felt 72, and my emotional maturity was about 13, the age I began getting drunk.

Sitting at my cousin's kitchen table ... I remembered all the times I woke up driving drunk and every tree I should have hit. I remembered every police officer that let me off because I was pretty, and those that didn't care. I remembered passing out with my panties showing and not being sure if I slept with "him" or not. I remembered looking into the mirror and not seeing me, but recognizing the smell of too many cigarettes and too much alcohol coming out of my pores. I remembered the consequences.

Sitting at my cousin's kitchen table ... I remembered the satisfaction I felt while guzzling a fifth of tequila in one swallow and hearing everyone cheering for me. I remembered crazy drunken stunts like handing a beer to a trucker going 55 mph down I-40 in my friend's Buick. I remembered how it felt to win drag races with a bottle of vodka as the prize, and how I could talk my way out of a field sobriety test. I remembered laughing from my gut and drinking all day and what it felt like when I got it just right. I remembered the fun.

Sitting at my cousin's kitchen table ... I remembered being raped. I remembered my daddy's eyes looking at me with disappointment and regret. I remembered not paying my bills because I needed the money to party, and losing my job because my boss was tired of the smell of alcohol and too many drunken mistakes. I remembered the pain.

Sitting, one chair at a time, I have both succeeded and failed in ways that both honor and dispel the myths of what these steps do for us. Sitting, I have learned to stand on my own two feet and accept who I am. Mostly, sitting here I can thank God I can remember as I sit at my kitchen table and twelfth-step someone new.

Valerie T., Smyrna, TN reprinted from *the messenger* jan'05

The Pumpkin

One of my personal favorites ~ Editor

A lady recently received her 6 year medallion and was asked by a co-worker what it was like to be in AA and work the program. She replied, "It's like being a pumpkin: God picks you from the patch, brings you in, and washes all the dirt off you may have gotten from the pumpkin patch. Then he cuts the top off and scoops out all the yucky stuff. He removes the seeds of doubt, hate, greed, etc., then he carves you a new smiling face and puts His light inside of you to shine for all the world to see."

Step Ten ~ Continued to take personal inventory and when we were wrong promptly admitted it.

Fool! Caught--red-faced in a flash of fury

My 24/7 routine of graduate school, internship, and part-time job was getting to me. I was making meetings, doing service, and sponsoring two guys. But it had been a couple of months since I'd had a day off. That was my excuse. Just below the excuse, a quiet voice murmured, "Angry, lonely, and tired."

So, there I was, driving home after eight hours of devoting heart and soul to other people's mental health problems. I was obsessively worrying about the term paper due the next day, when this weird story on the radio yanked me out of the warm pool of self-righteousness, self-pity, and victimhood I was just getting comfortable in. "President proposes universal healthcare for pets!" it announced.

I'd spent all my energy that day helping people who have healthcare resources ranging from inadequate to none. So hearing about new coalitions among animal-rights advocates, managed-care lobbyists, and conservative politicians was the last straw. Screaming down the left lane in 70 MPH commuter traffic, I began punching the steering wheel, cursing this perversion of our political process, and just barely hearing quotes from representatives about the new stage of constitutional inclusion they were working toward, when it occurred to me: Hey, I'm nineteen years sober and serene. I don't need this.

I turned off the radio, breathed, mumbled a few "Thy-will-not-mine," slowed down, swung into the middle lane, slipped in a tape of a favorite torch singer, and congratulated myself for not being as twisted as all the people I supposedly helped that day or all those Washington wheelers cutting deals with big chunks of tax money that should be helping people in need.

A full five minutes later, a little calmer, and listening to "I'm a Fool for You" on the radio, I suddenly got it. It was April First.

I hadn't listened to the broadcast to the end, so I missed the point altogether. I was so wrapped up in feeling sorry for myself and fueling my justifiable self-righteous anger, that the whole tone of the story was lost on me. So they got me, those newscasters, real good. In the privacy of my car, and with nobody else to blame, they made a fool out of me, and I missed it completely.

The Tenth Step tells us it is a spiritual axiom that when we are upset with someone, there is always something wrong with us. I didn't need any more proof that day.

Diagnosis: Clinical loss of humor.

Prognosis: Fatal if swallowed whole.

Prescription: Step Ten, Rule #62, and service work.

Directions: Take daily with meetings and a glass of ice water to pour over your thick head until you laugh out loud, fool.

Tradition Ten ~ Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

The Beauty of Tradition Ten –

it allows us to concentrate on what we have in common

Sobriety in AA is the first thing in my life that has really worked. I'm grateful to fellow AAs who've shown me how not to drink on a daily basis, and to alcoholics I've never met who established our Steps, Traditions, and Concepts for World Service. When I live these principles to the best of my ability, they keep me sober and in touch with the God of my understanding.

I'm especially grateful for Tradition Ten, where it is suggested that AA groups never get involved in the messy business of debating outside issues. The wonderful "extra" implied by this Tradition is that I, as an individual recovering alcoholic, am free to simply enjoy sobriety in AA, without having to defend my position on *any* outside issue.

You see, I grew up in the sixties. I lived with my parents (one alcoholic, one social drinker) who were closely associated with a small, left-wing, private college in the Northeast. It was a school where expressing your opinions in public was very important. On campus, where I hung out as a thirteen-year-old, I heard lots of angry rhetoric about Vietnam, civil rights, and a lot else. My parents brought the same kind of political anger home with them, and challenged me to come up with informed positions on the same issues. I was only an eighth grader, but I was expected to engage in adult-style discussions. If I didn't have an opinion on the issue at hand, I was considered a failure or a nonthinker.

Looking back, it was probably great training for a future alcoholic. I got very good at hiding the things I was truly ashamed of (especially the amount I drank), using a smoke screen of vaguely directed political opinion.

As my disease progressed, I was often broke, unemployed, hungover, and in need of a place to stay. Usually, my parents would take me in, and for months at a time I'd live at home, trying to get my act together. Deep down inside I knew I was sick and crazy from booze. But at the time, dealing with it was too frightening. It was easier to engage my parents in a petty debate over some global issue beyond our control than to draw attention to the real reason I was out of work.

Today, I'm sober and grateful for what it was like, what happened, and what it's like now. I'm even grateful to my parents, who put up with me as an active alcoholic while also living with their own illnesses. But I'm especially grateful to the alcoholics who founded this Fellowship and gave us the guidelines by which we run our groups. Tradition Ten frees AAs to concentrate on what we have in common--recovery, unity, service--rather than waste time debating outside issues. Angry debate of things over which we have no power can only serve to split us.

Central Committee Meeting November 6th, 2005
7:00pm@ Central Office 681 Seneca Street

Nominations For The
Following Positions

- Co-Chairperson for Central Committee
- Financial Secretary
- Recording Secretary
- Also Steering Committee Reps for Districts 1, 2, 7 & 8

Committee Positions Up for
Nominations:

- Corrections Chairperson
- New Frontiers Editor
- Envelope System Chairperson
- Screener Chairperson

Elections in December

Heard at a meeting:

My problem is lack of power, not lack of information.

80 years old is an excuse for memory loss, hair loss, and hearing loss. But it ain't no excuse to drink

The chains of alcohol are light until they are too strong to break.

I still feel fear, only not in advance.

Rule 62

It isn't the things that go in one ear and out the other that hurt so much as the things that go in one ear, get mixed all up, and then slip out the mouth.

To learn about spirituality, you must be willing to unlearn.

I asked my sponsor for a magic wand and he handed me a broom.

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Buffalo Central Office
681 SENECA STREET
BUILDING 1-H (LOWER)
Buffalo, New York 14210

or

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

OCTOBER ANNIVERSARIES

Alexander

David D. 1y
Joe T. 14y

Amherst Snyder

Melissa B. 3m
Kevin B. 6m
Trisha B. 9m
Jim S. 9m
John K. 9m
Dave J. 9m
Carol G. 1y
Anthony S 2y
Jon O 4y
Dave P 4y
Audrey B 6y
Don F 6y
Rick G 6y
Judy O 7y
Gary B 11y
Suzie F 11y
Machele F. 12y
Don N 13y
Valerie R 16y
Kevin N 17y
George F 18y
Jim M 18y
Ellen S 23y
Jack S. 28y
Beverly S 34y

Cold Springs

Juanita D. 12y
Andrew P. 16y
Stanley B. 22y
Lena S. 32y

Courage

Marion D. 7y
Justin G. 14y
Paul K. 21y

Fireside

Tom F. 12y
Joe K 18y

Fresh Start

Cheryl C. 13y

Giving

Eli M. 2y
Eric B. 12y

Holland

Paul Sz. 17y

Ironhorse

Molly B. 3m
Mark R. 6m
Tim R. 9m
Jim K. 1y
Ginny C. 1y
Suzie F. 11y

Living Sober

Nick G. 8y
Joe S. 10y
Robin C. 12y
Tony B. 15y
Sue D. 16y
Valerie R. 16y

LoveJoy

Kevin D. 3m
Rob K. 6m
Tim R. 9m
Kevin D. 9m
Chuck Y. 1y

Main & High

Georgette W. 3m

North Buffalo

Mary Jo 3m
Dianne D. 6m
Rob P. 6m
Paul S. 1y
Lewis S. 1y
Jeffrey 1y
Pam P. 2y
Daniel C. 2y
Jim C. 2y
Tim B. 2y
Mike W. 2y
George H. 3y
Burt H. 5y
Jerry C. 5y
Jebb T 6y
Steve A. 6y
Khristian B. 8y
Tony O. 12y
Develle L. 15y

Rise & Shine

Melissa B. 9m
David F. 9m
Trisha B. 9m
Tyra L. 9m
Robin 9m
Lynn W. 9m
Valdina M. 9m
Jeff F. 9m
Charlana M. 1y
Chris S. 1y
Renea O 1y
Orlando H. 2y
Kevin M. 2y
Michele M. 3y
Patrick W. 3y
Linda F. 3y
Sonya O. 3y
Willie F. 3y
Elizabeth D. 4y
Joyce P. 5y
Shawn S. 6y
Carol W. 6y
Pamela C. 10y
Kim S. 17y
Michael C. 27y

Thruway

Andrea C. 6m
Donna O. 1y
Nancy H. 1y
Thomas Z. 2y
Jim R 4y
Michelle D. 12y
Helen S. 24y
Bud G. 25y

Sun. Morning Br.

Helen S. 24y

Valley

Jamie 6m
Kathy R. 6m
Al S. 9m

Victory

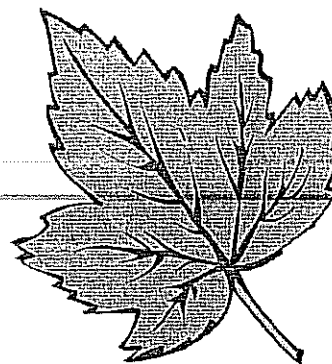
Paul R. 15y

Wehrle

Donna E. 18y

Women's Westside

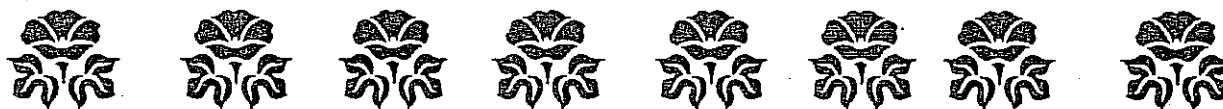
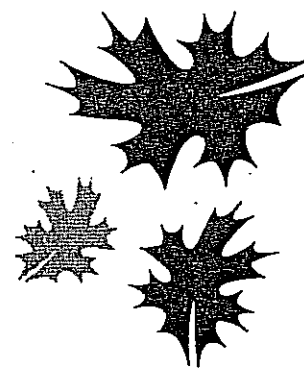
Connie W. 4y



Group Anniversaries

Hamburg
Amsdell-Lakeshore
Silver Creek Friendship
Patchin
Lighten-Up
St. Mark's
Wehrle
Rainbow
Open Mind
Ridge
Bidwell Monday
Fredonia Friday Noon

N. F. Policy:
*Anniversaries must
be submitted by
the 12th
of the
month previous*



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ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 4:30 PM
Schedule on line at ny-aa.org

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BUFFALO, NEW YORK 14210
Fax: 853-0389

buffalooa@hotmail.com

OCTOBER 2005

MEETING CHANGES:

3 Legacies Group, Monday's & Thursday's, 8 PM is MOVING to: Kenilworth United Church of Christ, 45 Dalton, Kenmore. Take Niagara Falls Blvd to Decator (near Kenmore Ave).

Rochester Group, Tuesday's at 5:00 PM has moved until after Thanksgiving to Wholesale Florist, corner of Ellicott & Genesee.

Love Group, Friday's at 1:00 PM has moved until after Thanksgiving to the Lafayette Hotel, corner of Washington and Clinton Streets. 1st floor, look for heart on the doorway.

Open Mind Group, Wednesday's at 8:00 PM, has moved to The Pride Center of WNY, 18 Trinity Place.

Express Group, Wednesday's at 12:00 Noon, Rm 1906, Liberty Building (19th floor), Buffalo, Closed Meeting, **NEEDS SUPPORPT.**

Trail Blazers, Wednesday's at 5:30 PM, 3108 Main @ Highgate, **NO LONGER MEETS.**

COMING EVENTS:

~ Oct. 2, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street (Hosted by Ridge Group).

~ Oct. 2, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).

~ Oct. 7-9, **19th Annual Women In AA Fall Spiritual Weekend, "Promises Do Come True"**, St. Columbian Retreat House, Derby. \$42 non-refundable deposit, balance of \$60 (cash) upon arrival. Flyers available at Central Office.

~ Oct. 9, **General Service Assembly**, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Abbott Men's)

~ Oct. 17, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.

~ Oct. 20, **64th Buffalo Fall Convention Meeting**, Thursday, 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. E-mail address 2005BuffaloFallConvention@gmail.com. Website: please send comments/suggestions): <http://mysite.verizon.net/vzeeivob/>

- ~ Oct. 20, New Frontiers Committee, THURSDAY, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.
- ~ Oct. 21, Silver Creek Friendship Group Anniversary, Friday @ 8:30 PM. Speaker followed by an eating meeting. Please bring a dish to share. Everyone is welcome.
- ~ Oct. 21, Marilla Group 17th Anniversary. Fri. Marilla United Methodist Church S-1910 Two Rod Rd. Marilla. Speaker at 8pm. Dinner at 7pm, Bring a dish to pass. Parking at rear of church around corner.
- ~ Oct. 22, Rural is Plural 8th Annual Stone Soup Party, East Otto, 12 NOON until after the Bonfire, ~~Speaker at 8 PM. Please bring a dish to share and a chair or two.~~
Flyers at Central Office
- ~ Oct. 22, Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Oct. 22, Matt Talbot Group is hosting a TRADITION'S DAY. 10:00 AM- 4:00 PM. St. John's Lutheran Church, 67 Litchfield. 50/50 Drawing, eats, coffee, bring a dish to pass if you would like.
- ~ Oct. 29, St. Marks Group Anniversary, Speaker & pizza. St. Marks Church, 6596 East Quaker Rd./ Rt. 20A, Orchard Park, 8 PM.
- ~ Nov. 4-6, 64th BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Banquet: \$33. For more information check their website: 2005BuffaloFallConvention@gmail.com
- ~ May 26-28, 2006, East Area Convention of Young People in Alcoholics Anonymous (EACYPAA) Adam's Mark Hotel, Downtown Buffalo, For Info Call Jay M. (716) 812-2489, Deric McH. (716) 983-7102, Jen T. (716) 523-5554, or e-mail at EACYPAABuffalo@hotmail.com

- .10th STEP: "Continued to take personal inventory and when we were wrong promptly admitted it."
- 10th TRADITION: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be draw into public controversy."
- 10th CONCEPT; Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit...

Terry Bateman.... Executive Secretary

Buffalo Central Committee Minutes
SEPTEMBER 11, 2005

Frank M., Committee Co-Chair opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Andrew K., Three Legacies Group, read The Purpose of the Central Committee. Kevin S., Southgate Group, read the Traditions. Motion to dispense with the reading of last months' minutes by Bob H., Williamsville Group, seconded by Joe S., Living Sober Group. Motion passed.

25 Groups were represented: **District 1:** Cornplanters Again, Sunday Nites; **District 2:** Living Sober, Spiritual Progress, Three Legacies; **District 3:** Abbott Men's Disc., Father Baker, Iron Horse, Ridge, Southgate, Sunday Morning Breakfast, Thurs. Afternoon Disc., Valley, Victory; **District 4:** Action; **District 5:** Lockport #1; **District 6:** Amsdell Lakeshore, Go To Any Lengths, McKinley Winners; **District 7:** Community Center, Fresh Start, Lovejoy, Spirit Of Hope; **District 8:** Amherst Snyder, Williamsville

COMMITTEE REPORTS:

ENVELOPE SYSTEM: No representative present

STEERING COMMITTEE: There is some verbiage on Page 2 of the Schedule that does not seem to mean anything. It is an incomplete sentence. Terry B., Exec Sec, will remove this line for future printings. Patty S., Financial Secretary, has developed a financial and historical document guideline to ensure fiscal responsibility and to inform future convention chairs as to the procedure for running a successful convention. Frank M., Central Committee Co-Chair, sat in for the Central Committee chairman for the last three meetings. Steering Committee recommends, per the guidelines, that Frank M. rotate from Co-Chair to Central Committee Chairman. An issue came up with two women who were accosted outside a women's group. Our recommendation is that an article appear in the New Frontiers reminding groups to be aware of their locations; especially groups where it is known that women appear on a regular basis.

FINANCIAL REPORT:

Income

July	July	Variance	%	YTD	YTD	Variance	%
2004	2005		Change	2004	2005		Change
Avg	Actual			Avg	Actual		
\$7,565.00	\$5,189.20	-\$2,375.80	-31.41%	\$52,955.00	\$54,447.10	\$1,492.10	2.82%

Narrative: None

Expenses

July	July	Variance	%	YTD	YTD	Variance	%
2004	2005		Change	2004	2005		Change
Avg	Actual			Avg	Actual		
\$7,586.00	\$8,917.55	\$1,331.55	17.55%	\$53,102.00	\$55,828.80	\$2,726.80	4.88%

Narrative: None

Thank you for allowing me to serve.
Respectfully, Patti S., Going To Any Lengths Group

TREATMENT: Tom C., Chairman, called meeting to order at 6:25 with moment of silence and Serenity Prayer. Old Business: Went over meeting schedule; chairman will verify a couple of meetings where coverage is questionable. New Business: Literature was ordered from World Services – all racks should be filled in the next couple of weeks. Literature seems to be disappearing from racks at an unusually high pace – please do not take literature for your home group. Chairman will order a stamp for all TFC literature with "Treatment Facility Committee" and Central Office phone number. Those committee members who were present will phone all members on the list to invite them to the next committee meeting on September 12, 2005.

CORRECTIONS: Andy K., Chairman: No report

SCREENERS: No representative present

CENTRAL OFFICE: AA INFO: 262; 12-STEP: 8; ALANON: 7; PIC:0; VISITORS: 88, VOLUNTEERS: 25; Just a reminder that Sept. 29 – Oct. 2 is the Central Office Seminar, so I will not be at the Central Committee Meeting. The copier lease has transferred to another company, "Soyata," so far it appears that they will be honoring the other contract – will know more as services are needed. It's only 2 months until November, which has traditionally been "GRATITUDE MONTH." It is a time of the year where we can show our gratitude for what AA has given us. Some individuals send in \$\$ to match their sobriety, some have been given families, careers, etc. back to them. What is it worth to ensure your Central Office continue for the next suffering alcoholic. ~~I received an e-mail about a woman being attacked (without harm) outside a women's group; we send a message to all women to be aware when leaving meetings.~~ Also, have information on donations to victims of the hurricane.

Yours in the fellowship of the Spirit,
Terry B., Executive Secretary

PIC: No representative present

NEW FRONTIERS: Debi C., Editor – No report

CONVENTION COMMITTEE: Charmain D., Chairman – Geared up and ready to go. Next meeting is September 15 at 7:00 p.m. at 1021 Main Street. Programs in place include regular panels and 2 workshops including young people in AA for the first time.

COURTESY REPORTS:

ARCHIVES: Tom B., Archivist – Our last displays were at the Three Legacies Group and Iron Horse Group anniversaries. Our upcoming display will be at the Lovejoy Group Day of Sharing on September 18, 2005. We would like to thank Valley Group, Southtowns Group and Rainbow Group for their donations. There will be a full display at the Fall Convention.

GSA: Joanne C., Action Group: The next meeting is for elections on October 9 at 1:00 hosted by Abbott Men's Group in Hamburg.

PIC: Sally Ann C., Spiritual Progress: Report on Erie County Fair: I would like to thank: Andrew, Beth, Carol, Carrie M., Charles L., Charmaine, Cheryl P., Christina T., Cindy H., Dave H., Dave McN., Dave S., Dawn R., Debbie M., Debbie McE., Debbie P., Diane Z., Eddie L., Elizabeth, Gary, Greg H., Jane Marie B., Jean H., Jerry F., Jim B., Jim B., Jim G., Jim L., Joanne McC., Joe M., Joe O., Texas John., Kirberly S., Laurie M., Larry B., Margie B., Michael B., Norm K., Pat M., Patti S., Paul, Pete, Red B., Roger H., Sue B., Sue T., Tina, Tom P. and everyone else who helped staff the AA table during the 2005 Erie County Fair. Let's hope that we can get a place in the Health Building next year, and for the same great response from you.

CPC: No representative present

RECAP: Question for Corrections by Terry B: Had 2 calls from Wende and Erie County Corrections about lack of outside people at meetings. Andy K., Corrections Chair, will investigate.

Comment for GSA PIC: Joanne C., Action Group, congratulated Sally Ann for a well organized booth at the Erie County Fair.

OLD BUSINESS: Little Valley Camp-Out information was printed in New Frontiers as asked by Jay M., Univ. Men's Disc Group.

NEW BUSINESS: Much discussion on the absence of Chair, Gary J. at Central Committee meetings. Also, no information in procedures about Co-Chair responsibilities. Terry B., will investigate. A motion was made to table the issue by John H., Sunday Morning Breakfast, seconded by Joe S., Living Sober. Motion passed with 2 "no" votes. Issue is the first order of old business at October Central Committee Meeting.

Motion to adjourn by Joe S., Living Sober Group, seconded by Debi C., Victory Group. Meeting adjourned at 7:50 PM with The Lord's Prayer.

Minutes respectfully submitted by:

Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement	30-Jun-05	31-Jul-05	31-Aug-04
Beg Bal Cash on hand	7,168.52	9,148.43	5,420.08
Contributions			
Groups	5,360.01	2,683.19	3,854.36
Joint Meeting	36.50	23.26	33.75
Envelope System	569.00	365.00	484.00
New Frontiers Subs	23.00	30.00	30.00
Literature	3,134.10	1,877.75	2,621.46
Literature Postage			80.87
Archives Room Rent	50.00	50.00	50.00
Meetings at CO	123.00	85.00	99.00
Mail/Misc.	50.00		25.00
"Gratitude Month" (NOV)			
Conventions/Day of Sharing		75.00	
Monthly Income	9,345.61	5,189.20	7,278.44
Expenses			
Office Rent	768.47	768.47	768.47
Electric	90.00	90.00	90.00
Payroll			
Salaries - gross	2,196.92	2,801.05	2,240.84
Federal Withholdings	(146.36)	(106.95)	(85.56)
NYS Withholdings	(79.60)	(153.95)	(123.16)
Disability Insurance	(2.40)	(3.00)	(2.40)
Payroll Tax Deposits			
Federal	588.60	611.20	688.00
State		365.81	
Insurance			
State Ins Fund	55.82		
Health	304.00	304.00	304.00
Liability			
Postage	55.60	598.55	54.84
Phone	105.02	105.02	105.02
Accounting			
Advt			
PIC Lit.			
Talking Phone Book			
Verizon	102.75	102.75	107.75
website			
white directory		66.00	
Yellow Pages		196.00	
Literature Expenses			
Grapevine		90.00	
World Services Inc	2,192.40	626.00	1,677.65
Hazeldon			379.14
"In All Our Affairs"	379.14		
Printers		1,988.00	
Office Supplies	372.84	15.47	427.35
Answering service	122.05	114.75	116.91
Minolta leasing (copier)	260.45	260.45	260.45
Minolta Copies		57.93	
Seminar		20.00	190.00
Depreciation	100.00	100.00	100.00
Monthly Expenses	7,465.70	8,917.55	7,299.40
Monthly Income (Loss)	1,879.91	(3,728.35)	(20.96)
Depreciation add back (non-cash)	100.00	100.00	100.00
End Bal Cash on hand	9,148.43	5,420.08	5,399.12
CD	8,088.78	8,088.78	8,088.78
Literature Assets:	9,832.95	10,908.60	9,383.60
Literature Receivable:(outstanding)	340.60	631.45	1,302.55
Corrections Facilites	1,490.04	2,119.43	2,304.87
Donations	629.39	185.44	295.50
Expenses			551.00
Balance	2,119.43	2,304.87	2,049.37
Treatment Facilities	1,147.71	1,617.12	456.74
Donation	544.38	355.44	305.50
Expenses			
AT & T Bridging The Gap	31.22	28.07	33.10
AAA Abott Answering Service	43.75	40.00	42.75
Literature		1,447.75	50.00
Balance	1,617.12	456.74	636.39

In Alcoholics Anonymous, the month of November has been set aside as "Gratitude Month".

It is this time of year that we as members of Alcoholics Anonymous, take inventory of our lives and are thankful for our sobriety, family and friends. We also realize that we as alcoholics are our greatest hope. This fact is attested to by our 7th tradition which simply states: "every AA group ought to be fully self-supporting, declining outside contributions."

We know that the benefits of sobriety are incalculable. When our higher power endowed us with sobriety, we were also given a responsibility To reach out to those who still suffer. Many of us express our gratitude through our 12th step work and through personal financial contributions, and we discover that by doing so we enlarge our own lives.

This thanksgiving season your finance committee solicits your financial support to continue the operation of your central office and to assure that alcoholics 'get to come', have the precious gift of sobriety available to them.

We would take this opportunity to express our gratitude for your financial support in the past and for what we know will be your generous response.

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUGUST	YEAR	AUGUST	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
6th Step		75.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Men's		292.47		292.47		292.47
Acceptance/Welcme		750.00		0.00		0.00
Achievement		0.00		0.00		0.00
Action	60.00	260.00	20.00	20.00	20.00	20.00
Age Doesn't Matter		100.00		0.00		0.00
Ablion Lunchbunch		0.00		0.00		0.00
Alexander		100.00		0.00		0.00
Amhers/ Snyder		830.65		0.00		0.00
Amsdell Lakeshore		120.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	30.00	225.00		0.00		0.00
As Bill Sees It	15.00	115.00		0.00		0.00
Attitude Adjustment	100.00	200.00	50.00	75.00	50.00	75.00
Attraction		300.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Batavia Friday Night		50.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		0.00		0.00		0.00
Bidwell Monday		50.00		50.00		50.00
Big Book Lockport		150.00		30.00		0.00
BB Spiritual Awakening		0.00		0.00		0.00
Big Book Study		25.00		0.00		0.00
Big Book Workshop		0.00		0.00		0.00
Blasdel		0.00		0.00		0.00
Blasdel Monday Night		20.00		0.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand		0.00		0.00		0.00
Boulevard Women		130.00		0.00		0.00
Brass		75.00		0.00		0.00
Brocton AA		0.00		0.00		0.00
But For the Grace of God		0.00		0.00		0.00
By The Book		0.00		0.00		0.00
Came To Believe		0.00		0.00		0.00
Casting	50.00	150.00	10.00	20.00	20.00	30.00
Cathedral Park		0.00		0.00		0.00
Caz Manor	20.00	160.00		0.00		0.00
Cazenovia		0.00		0.00		0.00
Central Park		0.00		0.00		0.00
Chapter IX		80.00		80.00		80.00
Cheekowaga	100.00	700.00		0.00		0.00
Chevy #1		0.00		0.00		0.00
Clarence Men's		0.00		0.00		0.00
Clarence Men's II		0.00		0.00		0.00
Cold Spring	15.00	15.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Problem		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
Commlment		0.00		0.00		0.00
Community Center		0.00		0.00		0.00
Complanters		0.00		0.00		0.00
Courage		80.00		40.00		30.00
Arcade		0.00		0.00		0.00
Crossroads		75.00		0.00		0.00
Cross Talk Big Book		50.00		0.00		0.00
Daily Reflections		250.00		0.00		0.00
Daily Reprieve		0.00		0.00		0.00
Derby		0.00		0.00		0.00
Desire		0.00		0.00		0.00
Downtown Men's		0.00		0.00		0.00
Dunkirk Monday Night		100.00		0.00		0.00
Early Bird		0.00		0.00		0.00
Early Rising Obliging		0.00		0.00		0.00
Easter Softer Way		0.00		0.00		0.00
East Amherst		0.00		0.00		0.00
East Aurora	80.00	560.00		0.00		0.00
Easy Does It		175.00		0.00		0.00
Ellicott		0.00		0.00		0.00
Ellicottville		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Eternal Vigilance		100.00		0.00		0.00
Everybody's		40.00		0.00		0.00
Express	450.00	450.00		0.00		0.00
Eyeopener	410.00	1078.89		0.00		0.00
F.U.N.		0.00		0.00		0.00
Faith		0.00		0.00		0.00
Father Baker		300.00		0.00		0.00
Feelings		100.00		0.00		0.00
Fireside	54.81	1406.02		50.00		125.00
First Things First		135.55		0.00		0.00
Fredonia Discussion		0.00		0.00		0.00
Freedom		200.00		0.00		0.00
Fresh Start	15.00	105.00		0.00		0.00
Friendly		0.00		0.00		0.00
Frontier(New)	160.00	560.00		0.00		0.00
GAHADA GON		0.00		0.00		0.00
Gardenville	50.00	100.00	25.00	50.00	25.00	50.00
Georgetown		0.00		0.00		0.00

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUGUST	YEAR	AUGUST	YEAR
Getting Better		0.00		0.00		0.00
Giving	50.00	100.00		0.00	50.00	50.00
Go to Any Length	100.00	200.00	100.00	200.00	100.00	200.00
Golden Slipper		500.00		0.00		0.00
Grand	100.00	140.00		0.00		0.00
Grand If Joy of Living		60.00		0.00		0.00
Grateful		0.00		0.00		0.00
Guiding Light		0.00		0.00		0.00
H.O.V.		0.00		0.00		0.00
Hamburg		107.75		0.00		0.00
Hard		0.00		0.00		0.00
Handicappers		200.00		0.00		0.00
Happy Hour		0.00		0.00		0.00
Harmony		0.00		0.00		0.00
Helping Hand	25.00	125.00		0.00		0.00
High Noon	70.00	630.00		0.00		0.00
High View		0.00		0.00		0.00
Higher Power		0.00		0.00		0.00
Hillbilly		250.00		30.00		30.00
Holiday Village	150.00	1100.00		0.00		0.00
Holland		0.00		0.00		0.00
Honest Solutions		0.00		0.00		0.00
Honesty		130.00		0.00		0.00
Hops Big Book Study		20.00		0.00		0.00
How It Works		0.00		0.00		0.00
How It Works/Men's		500.00		100.00		100.00
Inner City		0.00		0.00		0.00
Inspiration		0.00		0.00		0.00
In The Solution		0.00		0.00		0.00
Intoxicated on Life		65.00		0.00		20.00
Ironhorse		137.35		56.50		55.50
IT		0.00		0.00		0.00
Jamestown Groups		0.00		0.00		0.00
Johnson Creek Big Book	60.00	180.00		0.00		0.00
Journey		0.00		0.00		0.00
Just Do It		0.00		0.00		0.00
Just For Today/ Ablion		26.05		0.00		0.00
Just For Today/Cheek		100.00		0.00		0.00
Keep It Simple Sister		60.00		30.00		30.00
Keep On Coming		0.00		0.00		0.00
Kenmore		0.00		0.00		0.00
Kensington		0.00		0.00		0.00
Lake Shore	75.00	410.00		70.00		120.00
Lakeview		155.00		0.00		0.00
Last Days Fellowship		5.00		0.00		0.00
Lawyers	380.00	380.00		0.00		0.00
LewPort		0.00		0.00		0.00
Let Go and Let God		0.00		0.00		0.00
Liberty Women		50.00		0.00		0.00
Life Today		0.00		0.00		0.00
Lighten UP		0.00		0.00		0.00
Live and Let Live		0.00		0.00		0.00
Living in the Solution		120.00		0.00		0.00
Living Sober		20.00		0.00		0.00
Lock City		0.00		0.00		0.00
Lockport #1		1100.00		110.00		110.00
Lockport (no name)		0.00		0.00		0.00
Lockport Discussion		0.00		0.00		0.00
Lockport Ladies		25.00		0.00		0.00
Lockview		700.00		0.00		0.00
Look To This Day		0.00		0.00		0.00
Love		0.00		0.00		0.00
Lovejoy		70.00		0.00		0.00
Lower River		0.00		0.00		0.00
Lunch Bunch Ablion		0.00		0.00		0.00
Main and High		10.00		0.00		75.00
Main Street		0.00		0.00		0.00
Maple Meditations		0.00		0.00		0.00
Marilla		40.00		0.00		0.00
Matt Talbot		150.00		0.00		0.00
McKinley Winners		250.00		0.00		0.00
Medina Big Book		0.00		0.00		0.00
Medina New Life		40.00		0.00		0.00
Mercy		0.00		0.00		0.00
Mid-day		80.05		0.00		0.00
Midnight Discussion		0.00		0.00		0.00
Miracle		0.00		0.00		0.00
Morning After		0.00		0.00		0.00
New Awakening		0.00		0.00		0.00
New Frontier		0.00		0.00		0.00
New Beginnings/St. Vincent		0.00		0.00		0.00
New Life		0.00		0.00		0.00
New Outlook		0.00		0.00		0.00
Niagara Intergroup		0.00		0.00		0.00
New Westside		0.00		0.00		0.00
Niagara Frontier Men's Disc		145.00		0.00		0.00
North Buffalo		800.00		200.00		200.00
North Java Monday		0.00		0.00		0.00
North Java Sunday		0.00		0.00		0.00
One Day At A Time		0.00		0.00		0.00
Open Arms		100.00		0.00		0.00
Open Mind		0.00		0.00		0.00
Orchard Park Step	102.00	474.00		0.00		0.00
Pass It On		0.00		0.00		0.00
Patchin		0.00		0.00		0.00

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