

NEW FRONTIERS

December 2005

THE GENERAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

From the AA Archives

Still timely today

TO ALL MEMBERS Greetings on Our 10th Christmas 1944

Yes, it's in the air! The spirit of Christmas once more warms this poor distraught world. Over the whole globe millions are looking forward to that one day when strife can be forgotten, when it will be remembered that all human beings, even the least are loved by God, when men will hope for the coming of the Prince of Peace as they never hoped before.

But there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his own way, knows a greater power who is love, who is just, and who can be trusted.

Nor can men and women of AA ever forget that only through suffering did they find enough humility to enter the portals of that New World.

How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not only the price but the very touchstone of spiritual rebirth.

Knowing it's full worth and purpose, we can no longer fear adversity, we have found prosperity where there was poverty, peace and joy have sprung out of the very midst of chaos.

Great indeed, our blessings!

And so, -- Merry Christmas to you all-- from the Trustees, from Bobbie and from Lois and me.

Bill Wilson

submitted by Bill O. Valley Group

Step Twelve ~ Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

No Crusade Mentioned

NOTICE it says "to carry this message." It does not say to start on a "crusade." Nor does it infer that we should feel that everyone we know who, in our opinion, "drinks too much" is an alcoholic and that they should therefore do as we have done, namely stop drinking.

Speaking for myself alone, I am of the opinion that many of us in AA jump from the first step to the twelfth, ignoring the 10 vital ones in between these two.

To "carry the message," is to tell or inform someone who does not know what the "message of AA really is." Therefore I confine most of my Twelfth Step work to beginners,--to try to tell those who do not know just how the Program works and how they can be helped if they really *want* help. My experience has been that when someone asks for help, he is in more of a receptive or open state of mind.

It is a regrettable observation that many consistent and may I say *persistent* slippees, "know all about AA." What "message" can we carry them, if they "know all about it?" I am again referring to the unfortunate who wants "coddling." There is too much of this wet nursing and holding of hands, cleaning up dirty living quarters and tossing out stacks of "empties" for those who, to me, use a Twelfth Step worker for a "sucker." Again I am speaking of the "consistent."

Personally I would rather devote such work, no matter how hard and disagreeable to a "new baby." We have just so much time, and if it is spread to really carry the message in the fullest sense, new "prospects" offer a more fertile field. This does not mean that we refuse to help a *sincere* old member if he is in trouble.

Another observation is that Twelfth Step calls should be made by at least two members. I have heard and seen too much of claims made by drunks that the lone caller did this or did that, or did not do this or do that, hence a witness oft times stops erroneous statements of blame sometimes attached to good AAs.

The real caution should be; study the exact words and meaning of just what is meant by, Step Twelve. Check yourself carefully. Have you had a "spiritual awakening," or have you "just stopped drinking" suddenly. Are you just too enthusiastic over having come into AA and, being sober for the first time in many years, are you going out to do some reforming? Careful now--"Easy does it."

Henry, San Francisco *Grapevine* Volume 7 Issue 5 October 1950

"My sponsor once told me that it wasn't what I did between the Serenity Prayer and the Lord's Prayer but what I do between the Lords Prayer and the Serenity Prayer that matters."

Heard @ the 2004 Buffalo Fall Convention

Tradition Twelve ~ Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Facing the Future Without the Froth

When I came to AA, they told me my higher power could be AA as a whole. They told me that a lot, because the only thing that bothered me about this amazing outfit of alcoholics I'd found was the way they went on about talking to God and Turning It Over. I hadn't had any luck talking to God in a long time; I wasn't so sure that God existed. When I tried to pray I had a strong sense that nobody was listening. But my sponsor helped me to see that booze had been a power greater than any power I could muster to get myself out of its clutches. And I could see for myself that there was a power among these people that was even stronger than the continuing pull of the booze. I could turn my will and my life over to it, and had, almost in spite of myself. And it was doing great things—I wasn't drinking.

So I went to meetings and stayed plugged into the power, and they told me sooner or later it would turn into God, and I could talk to him the way so many of them did. Gradually, with the help of the Steps, I learned how to stay away from the booze, and I learned a lot about living without it, enough to "intuitively know what to do in situations that had formerly baffled" me.

It was a little over thirty years ago that I had my last drink. My higher power remains the sense I have that AA is a power higher than I am, and part of a greater whole. I still don't know how to talk to it, though sometimes when I say the Lord's Prayer at meetings that does seem like a good way. I do meditate, and that seems to keep me receptive to it.

But when I'm thinking about the strains on AA's Traditions that I see, like anonymity-breaking and the confusion of AA with other twelve-step programs, treatment modalities, and so on, I can get pretty worked up pretty fast. I don't want AA turned into some New Age refuge for dysfunctionals with endless disorders and a piece of jargon for every human condition. It looks to me as if the rest of the world still respects Alcoholics Anonymous, and I'd like to see it stay respectable in case either of my beloved granddaughters, now very small, should ever need it. And there are other people's children and grandchildren to think about too, to say nothing of me.

So I get very passionate in defense of AA and its Traditions. So passionate that my voice sometimes gets shrill, and the old impatience begins to take over again. Some of my AA friends have helped me to look at this, and I can see that the more upset I get about onslaughts on the Traditions, the more my concept of a higher power narrows. I see AA as in danger, and that means that God as I understand it is in danger.

One of my AA friends has diagnosed me as spiritually stuck, and she may be right. I don't feel as if my sobriety is in danger at all but it could be, if I don't learn to separate my concern for AA's future from fear for my own "salvation." Salvation is an odd word to use if, like me, you have trouble calling your higher power God or even "him." But AA has been my salvation, and the danger of its dilution by well-meaning souls who want to use AA to heal all the ills of the world scares me, a lot. And you can imagine how I react to the notion that anonymity is an out-of-date idea.

A little fear, as lots of us know, can be a good thing. It can motivate me to look at the Traditions and reflect on their importance. But if in the process I get so righteous about anonymity or singleness of purpose that I'm close to frothing at the mouth, I'm doing neither me nor the AA cause any good.

Okay, AA has been my salvation. But I begin to see that it can't be my sole higher power. You learn something new every day in this outfit. What I'm working on now is learning more about God, as I try to understand it.

The Sunset Sobriety Cruise

Nearly 70 members of our fellowship embarked on the Miss Buffalo II for the 2nd Annual Sunset Sobriety Cruise on Friday, September 23, 2005. A grand time was had by all with snacks, music, dancing and a lovely evening cruise on the Niagara.

Beginning at dusk and returning after dark "cruisers" were treated to the cool, gentle river winds and the beautiful lights of the Canadian shoreline and downtown Buffalo skyline. We even got to pass through the Black Rock Locks.

Much conversation and getting to know and reacquaint ourselves with new and old friends was the best part of the evening. Thanks to Red B. and Lucille K., we had several 50/50 drawings as the "landmark" passing drawings. The evening culminated in a grand 50/50 and our generous winner donated his "bounty" to the cruise.

We are looking forward to continuing this annual event and our attendees were already discussing plans to "re-board" next season. We hope to see many new and repeat cruisers next year. A great thank you to our cruise chair - Donna E. - for making it a truly memorable and special event. Looking forward to next year...

Shellene R.

The Christmas Prayer

God, bless all the alcoholics, wherever they may be.

Bless those unfortunates who are in most need of sobriety.

Look upon them with compassion and mercy, and lead them on to this wonderful fellowship, that only through You, it may help them as it has helped me and thousands of others.

Bless those that are sober today.

Give Grace to those who are on the way; but, God, please show compassion and mercy to those who may never come.

Box 459 Nov 1991

**Your sobriety is God's gift to you.
What you do with it is your gift to God.**

The brightest future will always be based on a forgotten past; you can't go forward in life until you let go of your past failures and heartaches.

Service

Since I first came into AA service has been part of my program. My sponsor and his sponsor were all very much involved in service to AA in our home group, and at Central Service. I was not given any options; I had to get involved right away.

Service in the beginning was the best way for me to feel 'a part of.' Before I came into the Halls of AA, my life had become so small and isolated and service was the way I was able to get connected. Each new job was a challenge but with each one, I was able to learn something about myself.

There was no question, at first, that I used service to stay sober. There were many times in early sobriety when I didn't want to be there, when I just wanted to fall back into that old isolation. But because I had a job I would show up.

Now I don't have to use service to stay sober. I do service because I owe AA so much and this is the way I try to pay back. Sponsoring people, being there for new comers, going on commitments and being involved in General Service are the ways I try and give back. I know that no matter what I might do in the way of service, I can never come even close to paying back to AA all the things AA has given me. I owe AA so much.

John H. Eastern Massachusetts

Love & Service

(reprinted from the Ottawa Area Intergroup newsletter *Our Primary Purpose*)

I continue to meet people who remind me that nothing will so much insure immunity from drinking as intensive work with other alcoholics.

Very early in sobriety, I was told two things: 1) I may be the only copy of the Big Book some one ever sees; and 2) service will keep me from the demon's racing in my head, and my mind can be a very dangerous place, if I forget to walk the AA walk.

Bill W. had strong views about the importance of service: *"Faith with out works is dead* How appallingly true for this alcoholic! For if an alcoholic fails to perfect and enlarge his spiritual life through work and self-sacrifice for others, he can not survive the certain trials and low spots ahead. If he does not work, he will surely drink again and if he drinks, he will surely die. *Then faith will be dead indeed.*" Big Book, pp. 14-15. Our co founder, Dr. Bob, had this to say at a conference shortly before his death in 1950: *"Our Twelve Steps, when simmered down to the last, resolve themselves into the words, Love and Service."*

Today I understand what Love is and I understand what Service is. So, let's bear those two things in mind. Let us also remember to guard that erring member, the tongue and, if we must use it, let us use it with kindness and consideration and tolerance. And one more thing: I would not be here today if somebody hadn't taken the time to explain things to me, to give me a pat on the back, to take me to a meeting or two, to have done numerous little kindnesses and thoughtful acts.

For this alcoholic, love means giving those active in Service the benefit of the doubt when there motivation is questioned. I only have the wisdom to know the secrets of my own heart and I'm still struggling with progress, not perfection. It also means the freedom and joy of living.

Ben D. Aylmer Sunday Morning – Gtineau Quebec

Heard at a meeting:

Alcoholic's aren't afraid to die. They're afraid to live.

Alcohol went from being my best friend to my worst enemy.

An alcoholic can be in the gutter, yet still look down on people.

Guilt of yesterday, fear of tomorrow, shame of today.

High bottoms have trap doors.

If the cure works, chances are, you have the disease.

Rule 62

God answers knee-mail!

Experience is what you get when you don't get what you want.

GOD always answers prayers. He doesn't always say YES, He doesn't always say NO, sometimes he says YOU GOTTA BE KIDDING!

Joy isn't the absence of pain - it's the presence of God.

Faithful Readers:

This is my final issue of the New Frontiers. It is time for me to rotate out. I hope you have enjoyed the last 4 years of issues as much as I have preparing them for you. I can't tell you how important it is for the continuation of OUR Newsletter to submit articles, you thoughts, experiences & HOPE. I hope you will continue to take a few minutes and send in a few words.

Thank you for allowing me to serve -- Debi C. Editor

IN MEMORIAM

Things We Can Not Change

Let us keep in our prayers all those we have lost this past year.
Fellow AA's, friends, family and loved ones.

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Buffalo Central Office
681 SENECA STREET
BUILDING 1-H (LOWER)
Buffalo, New York 14210

Or

E-Mail address: buffalooa@hotmail.com

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DECEMBER ANNIVERSARIES

Alexander

George R. 18y

Amherst/Snyder

Laura M. 3m

Jeffery G. 1y

Tim K. 2y

Mike O. 2y

Will M. 5y

Emily H. 13y

Bob G. 16y

Sister Kathleen 17y

Chuck W. 18y

Kevan G. 19y

Mark S. 24y

Cold Springs

Hoarance M. 19y

Gigi P. 35y

Bob B. 39y

Community Center

Larry R. 2y

Courage Group

Joy W. 3y

Debbie McE. 6y

Julie H. 6y

Cathy E. 26y

Fireside

Maria D. 15y

Bill G. 19y

Giving

Mike D. 3m

Betsy 6m

Cathy F. 9m

Michelle C. 8y

Jeffery M. 16y

Holland

Dwight L. 6m

Fred T. 17y

How It Works

Tom L. 9m

Dan B. 2y

Pete P. 3y

Pete S. 5y

Kevin C. 8y

Mark C. 9y

Peter S. 13y

Tim M. 17y

Bill K. 18y

Lary F. 21y

Peter P. 38y

Ironhorse

Ann H. 6m

Kensington

Fritz L. 27y

Kenmore

Greg G. 3y

Lakeshore

Cheryl P. 2y

George M. 33y

Lakeveiw

Randy B. 6y

Dick J. 22y

Living Sober

Mike P. 3y

Bob S. 5y

Leah C. 6y

Tom C. 13y

Lockport#1

Mike B. 2y

Randy W. 5y

Lovejoy

Chrissie C. 3m

Jeff B. 3m

John R. 6m

Chris M. 6m

James R. 9m

Tom R. 9m

Tracy C. 9m

Lynn H. 5y

Main & High

Crystal C. 3m

Eric M. 9m

Tom C. 8y

North Buffalo

Dawn H. 3m

Loretta R. 1y

Tyrone M. 1y

Terrance H. 1y

Nancy D. 1y

Jim S. 2y

Matthew B. 2y

Tom B. 2y

Judy S. 18y

Bill K. 18y

Renewal

Mel L. 33y

Rise & Shine

Joanne 3m

Donna F. 3m

Rhonda S. 3m

Jill S. 6m

Debbie H. 6m

Tanya H. 9m

Charlene 9m

Ishtar G. 9m

Homer L. 1y

Tangry F. 2y

Liz B. 3y

Zelphi J. 3y

Tonya E. 4y

Billy C. 4y

Arnie J. 4y

Rubbin C. 5y

Kevin T. 5y

Lynn H. 5y

Steve M. 5y

Annette N. 5y

Earnest H. 8y

Karen S. 8y

Sunday Morning

Breakfast

Paul R. 9m

Lynn B. 5y

Annette N. 5y

Joy P. 12y

Dave K. 17y

Thruway

David R. 3m

Jill P. 3m

Cheryl P. 6m

Michael T. 9m

Pete R. 1y

Matt L. 5y

Louise F. 14y

Bill Y. 23y

Irene C. 24y

Catherine E. 26y

Mike H. 26y

Fritz L. 27y

Valley

Kathy R. 9m

Adam 9m

Al S. 1y

Bob B. 7y

Al L. 25y

Victory

Paul K. 5y

Barry R. 19y



GROUPS CELEBRATING

Abbott Men's
Achievement
Coldspring
Georgetown
Intoxicated on Life
Pass It On
Pathway to Peace
Sally
Sober Winners
Sobriety on Saturday Night
Those, Too
Tri-Step
Wilson



sunday monday tuesday wednesday thursday friday saturday

Buffalo Central Office
681 Seneca Street Lower
Buffalo, New York 14210
(716) 853-0388

4 Central Committee Meeting, SUNDAY, 7 pm, Buffalo Central Office, Corrections Committee Meeting, SUNDAY, 6:00 PM, Buffalo Central Office

*Dec. 1940: St. Louis, MO, AA group is founded.



1979: Akron Beacon Journal reports the death of Henrietta Stehlering.

1934: Bill W. takes his last drink and enters Towns Hosp. in New York City.

1937: Bill W. meets with the Rockefeller Foundation hoping to raise money.

Confusion is the state of grace for the alcoholic.

*Dec. 1938: Bill W. begins writing the 12 Steps using the Oxford Group ideas while "plugging the holes an alcoholic might wiggle through."

1939: 1st AA meeting in Los Angeles in a private home takes place.

1945: Rowland Hazard dies (he carried the Oxford Group message to Eby T.)

CHRISTMAS
1949: Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helped 1,000s of drunks.

1893: Rev. Sam Shoemaker is born. He was Oxford Group's head in U.S. and Cavalry Church Pastor in NY. Eby T. took Bill W. to Calvary's Mission on 23rd St. in NYC.

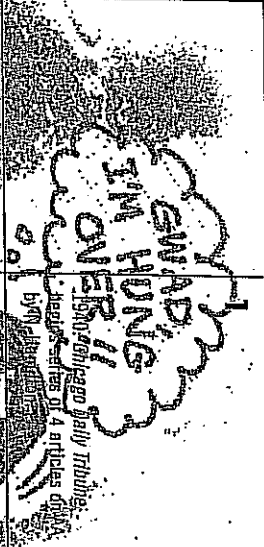
1939: Bill W. leaves New York to visit AA groups in Akron, Detroit, and Cleveland.

1965: The new AA Archives in Akron, Ohio, are dedicated.



*Dec. 1995: The new AA Archives in Akron, Ohio, are dedicated.

1947: The Alamo Club opens in San Diego, California, with one member and one dollar.

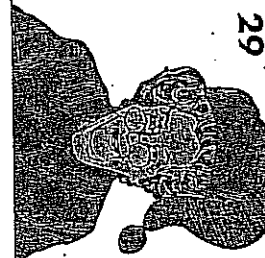


1975: "Birds of Feather," the special interest AA group of pilots, begins.

1995: Dave B., founder of the Montreal AA group, dies a few weeks before the 50th AA Nat'l Conv. in Montreal, Canada.

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* OCCURRED SOME TIME DURING THE MONTH ** OCCURRED SOME TIME DURING THE YEAR

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388

9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at ny-aa.org

681 SENECA STREET (Lower)
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Fax: 853-0389

buffalooa@hotmail.com

DECEMBER 2005

MEETING CHANGES:

Community Center Group has changed their format. 1st Friday of every month will be a Big Book Study; the rest of the month will be Discussion tables.

St. Barnabus Group has **MOVED** to Free Methodist Church, 6 Scotland Rd (past 5 corners). Monday's at 8 PM. Also is Non Smoking.

NEW MEETING: Lockport Nooners; 41 Main Street, 2nd Floor (ACNC), Lockport, Monday- Friday at 11:30 AM

NEW MEETING: Women Making The Effort; Christ United Methodist Church, 350 Saratoga Rd. @ Harlem. Tuesday's at 5:30 PM

North Buffalo Group is updating their membership file. If you are a member check with the group secretary.

Easy Does It Group is updating their membership file. If you are a member check with the group secretary.

Monday Third Meeting has changed names and location. Its name is now: **FORESTVILLE SUNDAY SERENITY**, and it now meets at Forestville United Methodist Church on Park Street in Forestville. Still at 8:00 PM. Closed Meeting.

Cross Talk Big Book; Monday's @ 6:30 PM, Faith United Methodist, 5505 Broadway in Lancaster, **NEEDS SUPPORT.**

Cayuga Wake Up Call, 7:30 AM; Tuesday's & Thursday's has moved to 455 Cayuga Rd, suite 600.

Emergency Group; Thursday's @ First Presbyterian Church, 1 Symphony Circle, **NO LONGER MEETS.**

Eternal Vigilance Group; Wed., Our Lady of Sacred Heart Church, Orchard Park, **NO LONGER MEETS.**

Holland Group has changed their format. Closed discussion table & 12 step table 8:00 p.m. Last Wednesday of each month will be an open speaker meeting. Individual anniversaries will be acknowledged this night.

New Meeting: The Road Less Traveled, St. Francis Cultural Center off Rt 5 in Hamburg, NY Fridays @ 8:00pm, Open Discussion.

COMING EVENTS:

~ Dec.4, Central Committee Meeting, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street (Hosted by Patchin Group).

Dec.4, Corrections Committee Meeting, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).

~ Dec. 9, SILVERCREEK FRIENDSHIP GROUP CHRISTMAS PARTY- 8:30 pm, Speaker meeting followed by an eating meeting. Please bring a dish to pass. Also, please bring a \$5.00 unwrapped gift for gift exchange if you wish. Everyone is welcome. No one is obligated to bring a gift. **NO MEETING ON THE 16th.**

~ Dec. 12, Cold Springs 44th Anniversary, Eating Meeting. Bring a Dish if you wish. Friends of the Elderly

- ~ Dec. 19, Treatment Facilities Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ Dec. 21, Main & High Groups 7th Annual Christmas Vigil. 6pm- 10pm. 121 N. Pearl St. (is the rear entrance to the Salvation Army, Main & High Streets). Bring and dish to share. Please come fellowship with us.
- ~ Dec. 24, Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Dec. 24, Lovejoy Groups Annual Christmas Vigil, at the Visitation Church on the corner of Moreland & Green St. 5:00 – 12:00 AM. Santa, Speaker, Food, Raffle, entertainment. Please, Bring a dish to share.
- ~ Dec. 24, Serenity Shack Christmas Eve & Christmas Day Viigil, 75 Main Street, Tonawanda. Open 11:00 AM. Saturday until 8 PM. Christmas Day. Speakers Food & Fellowship. Please bring a dish to share. Sign up at 75 Main Street to help out or email; shh38@aol.com.
- ~ Dec. 31, Williamsville Group New Years Eve Whoopee Party, Harts Holiday Inn, 4600 Genesee St., Cheektowaga. RESERVED SEATING ONLY. 7 PM- 1 AM. \$40/per person. Guest Spèaker, full coarse meal followed by dancing and fellowship. SEATING IS LIMITED, Reservations needed before November 30th. Call Kelly Ann: 983-7707 or Jill: 860-5550.
- ~ Dec. 31, Tri County Group Annual New Year's Eve Party, St. Joseph's Church, Gowanda. Doors open at 7 PM, Speaker at 8 PM, music and fellowship into the New Year. Please come and share. Donations welcome. Please bring a dish to pass. Contact Sheldon @ 716-532-1202 for more info.
- ~ Jan. 8, General Service Assembly, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg.
- ~ Feb. 4, Any Age Blizzard Ball, St. Andrew's RC Church (corner of Sheridan & Elmwood, parking lot off Elmwood at Lowell Rd.) 1525 Sheridan Dr., Kenmore. Doors open at 6 pm, Speaker @ 7 PM. Music and dancing from 8 pm- 1 am. Tickets \$8.00 in advance/ \$10.00 at the door. Pizza-Coffee-Tea-Pop- 50/50. No Children under 12.
- ~ May 26-28, 2006, East Area Convention of Young People in Alcoholics Anonymous (EACYPAA) Adam's Mark Hotel, Downtown Buffalo, For Info Call Jay M. (716) 812-2489, Deric Mch. (716) 983-7102, Jen T. (716) 523-5554, or e-mail at EACYPAABuffalo@hotmail.com

12th STEP: "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

12th TRADITION: " Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principals before personalities."

12th CONCEPT; The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

HAVE YOU HEARD OF THE ENVELOPE SYSTEM??

PLEASE REMEMBER GRATITUDE MONTH!!

... Yours in the Fellowship of the Spirit...

Terry Bateman.... Executive Secretary

Buffalo Central Committee
NOVEMBER 6, 2005

Frank M., Committee Co-Chair opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Karen, Ridge Group, read The Purpose of the Central Committee. Mark, Lakeshore Group, read the Traditions. Motion to dispense with the reading of last months' minutes by Debi C., Victory Group, seconded by Pat M., Rainbow. After a question about the financial report by Debi C. Victory Group, motion passed.

21 Groups were represented: **Dist. 1:** Cornplanters Again, Sunday Niter's; **Dist. 2:** Living Sober, Spiritual Progress, Three Legacies; **Dist. 3:** Abbott Men's Disc., Iron Horse, Rainbow, Ridge, Southgate, Sunday Morning-Breakfast, Thruway, Victory; **Dist. 4:** Action; **Dist. 5:** Lockport #1; **Dist. 6:** Lakeshore; **Dist. 7:** Fresh Start, Lovejoy, Spirit of Hope; **Dist. 8:** Amherst Snyder, Williamsville.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: Karen S. Chair: - Month of October \$292. YTD - \$5110. Last year - \$5252.

STEERING COMMITTEE: 6 members in attendance. There was a lot of discussion over the Central Office hours being unclear to the membership - will pass recommendation to the Central Committee to add question to Group Info form that is being mailed out this month. "What hours would you like to see the Central Office opened? Current hours are 9-12:30, 2:00 - 4:30."

Terry presented a draft "Intergroup Central Office" pamphlet to be submitted to General Service Assembly. Recommend passing this issue to Central Committee.

"Road Less Traveled" Group sent in Group Info form in District #6 - will go into probationary period before being approved by the Central Committee for the schedule.

FINANCIAL REPORT: No representative present.

TREATMENT: Report by Debi C.: Meeting of October 17th - Open meetings: 1st Monday 8:00 pm - Salvation Army; 1st Tuesday 1:00 pm - Vets Hospital; 1st Saturday 7:00 pm - EGMC; 2nd Saturday 7:00 pm - ECMC. Reminded those present that chair will rotate out in January and that nominations will be held at next Central Committee meeting on November 6th.

CORRECTIONS: Report by Andy K.: Committee members Bob G., Joe S., Andrew K. - 1. Made a list of prisons; 2. Call each prison and put together a list of meetings; 3. Find out who is covering each meeting and what meetings need to be covered. Prisons include: Buffalo Corrections, Collin's I, Collins II, Erie County Men's, Erie County Women's, Gowanda Facility, Niagara County Men's, Niagara County Women's, Wende Facility. 4. Committee agreed that as of this meeting, the Wende Facility and Buffalo Corrections Facility meetings need volunteers to cover these meetings. 5. The committee decided that we would call all the AA members involved in correctional facilities. Next meeting is December 4th.

SCREENERS: No representative present

CENTRAL OFFICE: AA INFO: 284; 12-STEP: 13; ALANON: 10; PIC: 0; VISITORS: 97; VOLUNTEERS: 32. Sept 29 - Oct 2 was the Central Office Seminar; the total cost was only \$526.36, much less than the \$750 projected. For anyone interested you may now order literature via e-mail. I now have an e-mail literature form that will add your totals automatically. Just e-mail me and I will send you the form. I have added a new line to our financial report under income. We now have "Literature" and Literature Postage." I decided to break it out to show the return of postage for mailing literature orders, that we do recoup our postage expenses. November 11th is Veteran's Day; the office will be closed, as it is one of my holidays off per the operating procedures. November, which has traditionally been "Gratitude Month", is here! It's time of the year where we can show our gratitude for all AA has given us. I ask this body for permission to give groups full info on hours, as my work is more than the hours spent in the office. "An informed group conscience" can make better judgments.

NEW FRONTIERS: Debi C., Editor - Editor is rotating out and needs the articles in by November 12th.

CONVENTION COMMITTEE: No representative present

COURTESY REPORTS:

ARCHIVES: Tom B., Archivist – We meet the 4th Saturday of every month at the Central Office. Our last displays were at Matt Talbot's Traditions Day, October 22nd, the Ridge Group anniversary, and we had a full display at the 64th Buffalo Fall Convention. We have been asked to display the area Archives at the Tri-County Group, Day of Sharing on November 27th at St. Joseph's Catholic Church, East Main Street in Gowanda. At the last General Service Assembly meeting, Dave B. was elected to fill Frank M.'s rotation as Chairman of the Archives Committee. We would also like to thank the Valley Group and the Iron Horse Group for their donations to the Archives Committee.

GSA: Joanne McC, Action Group present, no report.

PIC: Sally Ann C., Chairman – There will be a display table at the VA Hospital. No details yet but will report results at next meeting.

CPC: No representative present

RECAP: For Central Office – Joanne McC. asked for information regarding seminars from Terry B. Terry B. will comply.

OLD BUSINESS: Archivist, Tom B. thanked all those who helped on convention set up.

NEW BUSINESS: Nominations were made for the following positions:

1. Co-Chair person for the Central Committee:
Mark, Lakeshore – only nominee – voted by acclamation
2. Financial Secretary:
Scott T., Lakeshore – only nominee – voted by acclamation
3. Recording Secretary:
John H., Sunday Morning Breakfast – only nominee – voted by acclamation
4. Steering Committee Representative for the following districts:
District 1: No nominees – will accept nominees at December meeting
District 2: No nominees – will accept nominees at December meeting
District 4: No nominees – will accept nominees at December meeting
District 5: No nominees – will accept nominees at December meeting
District 7: Reggie – Fresh Start Group – only nominee – voted by acclamation
District 8: Bob H., - Williamsville – only nominee – voted by acclamation
5. Corrections Chairperson: Andy K. – re-elected
6. New Frontiers Editor: Shawn C., Lakeshore Group – only nominee – voted by acclamation
7. Envelope System: Karen, Ridge Group – only nominee – voted by acclamation
8. Screener Chairperson: No nominees – will accept nominees at December meeting
9. Treatment Chairperson: No nominees – will accept nominees at December meeting

John C., Lockport 1 asked why Niagara County Corrections not handled by Intergroup. Niagara County has their own Intergroup.

Motion by Terry B., to recommend GSA delegate to present agenda item on Intergroup/ Central Office Pamphlet at next Conference. Seconded by Bob H., Williamsville. Scott T. explained to committee details necessary for approval of Central Office pamphlet. Much discussion followed. Motion passed with 3 abstentions.

Motion Made and seconded to have the "closed day break hours" (banking & lunch) posted to avoid confusion on hours office is open.

Motion to adjourn by Mark, Lakeshore Group, seconded by John H., Sunday Morning Breakfast Group. Meeting adjourned at 8:45 PM with The Lord's Prayer.

Minutes respectfully submitted by:

Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement		30-Jun-05	31-Jul-05	31-Aug-04	30-Sep-04	31-Oct-04
Beg Bal Cash on hand		7,168.52	9,148.43	5,420.08	5,399.12	8,310.13
Contributions						
	Groups	5,360.01	2,683.19	3,854.36	4,954.50	4,251.45
	Joint Meeting	36.50	23.26	33.75	37.25	32.40
	Envelope System	569.00	365.00	484.00	670.00	292.00
	New Frontiers Subs	23.00	30.00	30.00	67.00	30.00
	Literature	3,134.10	1,877.75	2,621.46	3,852.35	3,040.09
	Literature Postage			80.87	79.79	139.96
	Archives Room Rent	50.00	50.00	50.00	50.00	50.00
	Meetings at CO	123.00	85.00	99.00	89.00	99.00
	Mail/Misc.	50.00		25.00	5.69	-
	"Gratitude Month" (NOV)		75.00			
	Conventions/Day of Shering					
Monthly Income		9,345.61	5,189.20	7,278.44	9,805.58	7,934.90
Expenses						
	Office Rent	768.47	768.47	768.47	768.47	768.47
	Electric	90.00	90.00	90.00	90.00	180.00
	Payroll					
	Salaries - gross	2,196.92	2,801.05	2,240.84	2,801.05	2,240.84
	Federal Withholdings	(146.36)	(106.95)	(85.56)	(106.95)	(85.56)
	NYS Withholdings	(79.60)	(153.95)	(123.16)	(153.95)	(123.16)
	Disability Insurance	(2.40)	(3.00)	(2.40)	(3.00)	(2.40)
	Payroll Tax Deposits					
	Federal	588.60	611.20	688.00	880.00	860.00
	State		365.81			538.17
	Insurance					
	State Ins Fund	55.82				
	Health	304.00	304.00	304.00	304.00	304.00
	Liability					
	Postage	55.60	598.55	54.94	256.01	56.10
	Phone	105.02	105.02	105.02	105.02	105.05
	Accounting					
	Advt					
	PIC Lit					
	Talking Phone Book					
	Verizon	102.75	102.75	107.75	105.25	105.25
	website					
	white directory		66.00			
	Yellow Pages		196.00		192.00	
	Literature Expenses					
	Grapevine		90.00			400.00
	World Services Inc	2,192.40	626.00	1,677.65	1,083.20	1,492.90
	Hazeldon			379.14		379.14
	"In All Our Affairs"	379.14				
	Printers		1,988.00			
	Office Supplies	372.84	15.47	427.35	204.80	2.60
	Answering service	122.05	114.75	116.91	128.22	119.83
	Minolta leasing (copier)	260.45	260.45	260.45	260.45	264.45
	Minolta Copies		57.93			
	Seminar		20.00	190.00		315.96
	Depreciation	100.00	100.00	100.00	100.00	100.00
Monthly Expenses		7,465.70	8,917.55	7,299.40	6,894.57	7,921.64
Monthly Income (Loss)		1,879.91	(3,728.35)	(20.96)	2,911.01	13.26
	Depreciation add back (non-cash)	100.00	100.00	100.00	100.00	100.00
End Bal Cash on hand		9,148.43	5,420.08	5,399.12	8,310.13	8,323.39
	CD	8,088.78	8,088.78	8,088.78	8,088.78	8,088.78
	Literature Assets:	9,832.95	10,908.60	9,383.60	9,283.30	8,373.10
	Literature Receivable:(outstanding)	340.60	631.45	1,302.55	582.40	369.55
Corrections Facilites		1,490.04	2,119.43	2,304.87	2,049.37	2,097.37
	Donations	629.39	185.44	295.50	246.00	167.00
	Expenses			551.00	198.00	424.75
Balance		2,119.43	2,304.87	2,049.37	2,097.37	1,839.62
Treatment Facilites		1,147.71	1,617.12	456.74	636.39	699.74
	Donation	544.38	355.44	305.50	160.00	157.00
	Expenses				18.39	
	AT & T Bridging The Gap	31.22	28.07	33.10	38.26	37.78
	AAA Abbott Answering Service	43.75	40.00	42.75	40.00	43.00
	Literature		1,447.75	50.00		
Balance		1,617.12	456.74	636.39	699.74	775.96

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	OCT	YEAR	OCT	YEAR	OCT	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
6th Step		75.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Men's		340.47		340.47		340.47
Acceptance/Welcome		750.00		0.00		0.00
Achievement		0.00		0.00		0.00
Action		260.00		20.00		20.00
Age Doesn't Matter		100.00		0.00		0.00
Albion Lunchbunch		0.00		0.00		0.00
Alexander		100.00		0.00		0.00
Amherst/ Snyder	212.55	1043.20		0.00		0.00
Amsdell Lakeshore	20.00	160.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	30.00	285.00		0.00		0.00
Arcade		100.00		0.00		0.00
As Bill Sees It	15.00	145.00		0.00		0.00
Attitude Adjustment		200.00		75.00		75.00
Attraction	100.00	400.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Belavia Friday Night		50.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Woman		0.00		0.00		0.00
Bidwell Monday		118.50		50.00		50.00
Big Book Lockport		150.00		30.00		0.00
BB Spiritual Awakening		0.00		0.00		0.00
Big Book Study	50.00	75.00		0.00		0.00
Big Book Workshop		0.00		0.00		0.00
Blasdel		0.00		0.00		0.00
Blasdel Monday Night		30.00		10.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand		0.00		0.00		0.00
Boulevard Women		130.00		0.00		0.00
Brass		75.00		0.00		0.00
Brocton AA		0.00		0.00		0.00
But For the Grace of God		0.00		0.00		0.00
By The Book		0.00		0.00		0.00
Came To Believe		0.00		0.00		0.00
Casting		150.00		20.00		30.00
Cathedral Park		0.00		0.00		0.00
Caz Manor	20.00	205.00		0.00		0.00
Cazenovia		0.00		0.00		0.00
Central Park		0.00		0.00		0.00
Chapter IX		80.00		80.00		80.00
Cheekowaga	100.00	800.00		0.00		0.00
Chevy #1		0.00		0.00		0.00
Clarence Men's		0.00		0.00		0.00
Clarence Men's II		0.00		0.00		0.00
Cold Spring		15.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Problem		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
Commsment		200.00		0.00		0.00
Community Center		0.00		0.00		0.00
Complainers		0.00		0.00		0.00
Courage	50.00	140.00	35.00	75.00	25.00	55.00
Arcade		0.00		0.00		0.00
Crossroads		75.00		0.00		0.00
Cross Talk Big Book	20.00	70.00		0.00		0.00
Daily Reflections	75.00	325.00		0.00		0.00
Daily Reprieve		0.00		0.00		0.00
Derby		150.00		0.00		0.00
Desire		0.00		0.00		0.00
Downtown Men's		0.00		0.00		0.00
Dunkirk Monday Night		100.00		0.00		0.00
Early Bird		0.00		0.00		0.00
Early Rising Obliging		0.00		0.00		0.00
Easter Softer Way		0.00		0.00		0.00
East Amherst		0.00		0.00		0.00
East Aurora	100.00	760.00		0.00		0.00
Easy Does It	50.00	250.00		0.00		0.00
Ellicott		0.00		0.00		0.00
Ellicottville		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Eternal Vigilance	264.50	364.50		0.00		0.00
Everybody's		40.00		0.00		0.00
Express		450.00		0.00		0.00
Eyeopener	450.00	1593.39		0.00		0.00
F.U.N.		0.00		0.00		0.00
Faith		0.00		0.00		0.00
Father Baker		300.00		0.00		0.00
Feelings		100.00		0.00		0.00
Fireside	84.80	1588.22		75.00	25.00	150.00
First Things First	125.55	261.10		0.00		0.00
Frederia Discussion		0.00		0.00		0.00
Freedom		200.00		0.00		0.00
Fresh Start		135.00		0.00		0.00
Friendly		0.00		0.00		0.00
Frontier(New)		560.00		0.00		0.00
GAHADA GON		0.00		0.00		0.00
Gardenville		100.00		50.00		50.00
Georgetown	300.00	300.00		0.00		0.00

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	OCT	YEAR	OCT	YEAR	OCT	YEAR
Getting Better		0.00		0.00		0.00
Giving		100.00		0.00		50.00
Go to Any Length		200.00		200.00		200.00
Golden Slipper		500.00		0.00		0.00
Grand	2.00	150.00		0.00		0.00
Grand II Joy of Living		60.00		0.00		0.00
Grateful		0.00		0.00		0.00
Guiding Light		0.00		0.00		0.00
H.O.W.		0.00		0.00		0.00
Hamburg		107.75		0.00		0.00
Hand		0.00		0.00		0.00
Handicappers		200.00		0.00		0.00
Happy Hour		0.00		0.00		0.00
Harmony		0.00		0.00		0.00
Helping Hand	16.05	166.05		0.00		0.00
High Noon	70.00	770.00		0.00		0.00
High View		0.00		0.00		0.00
Higher Power		0.00		0.00		0.00
Hillbilly		250.00		30.00		30.00
Holiday Village	150.00	1400.00		0.00		0.00
Holland		60.00		0.00		0.00
Honest Solutions		0.00		0.00		0.00
Honesty		130.00		0.00		0.00
Hope Big Book Study		20.00		0.00		0.00
How It Works		0.00		0.00		0.00
How It Works/Men's		800.00		100.01		100.00
Inner City		0.00		0.00		0.00
Inspiration		0.00		0.00		0.00
In The Solution		0.00		0.00		0.00
Intoxicated on Life		65.00		0.00		20.00
Ironhorse	119.00	370.35	12.00	79.50	12.00	79.50
IT		0.00		0.00		0.00
Jamestown Groups		0.00		0.00		0.00
Johnson Creek Big Book		180.00		0.00		0.00
Journey		0.00		0.00		0.00
Just Do It		0.00		0.00		0.00
Just For Today/ Albion		26.05		0.00		0.00
Just For Today/Cheek		100.00		0.00		0.00
Keep It Simple Sister		80.00		50.00		50.00
Keep On Coming		0.00		0.00		0.00
Kenmore		0.00		0.00		0.00
Kensington		0.00		0.00		0.00
Lake Shore		610.00		121.00		120.00
Lakeview		156.00		0.00		0.00
Last Days Fellowship		6.00		0.00		0.00
Lawyers		380.00		0.00		0.00
LawPort		0.00		0.00		0.00
Let Go and Let God		0.00		0.00		0.00
Liberty Women		50.00		0.00		0.00
Life Today		0.00		0.00		0.00
Lighten UP		600.00		0.00		0.00
Live and Let Live		0.00		0.00		0.00
Living In the Solution		120.00		0.00		0.00
Living Sober		40.00		0.00		0.00
Lock City		0.00		0.00		0.00
Lockport #1	250.00	1600.00	25.00	160.00	25.00	160.00
Lockport (no name)		0.00		0.00		0.00
Lockport Discussion		0.00		0.00		0.00
Lockport Ladies		50.00		0.00		0.00
Lockview		900.00		0.00		0.00
Look To This Day		0.00		0.00		0.00
Love		0.00		0.00		0.00
LoveJoy		70.00		0.00		0.00
Lower River		0.00		0.00		0.00
Lunch Bunch Albion		0.00		0.00		0.00
Main and High		10.00		0.00		75.00
Main Street		0.00		0.00		0.00
Maple Meditations		0.00		0.00		0.00
Marilla		40.00		0.00		0.00
Matt Tailor		150.00		0.00		0.00
McKinley Winners		300.00		0.00		0.00
Medina Big Book		0.00		0.00		0.00
Medina New Life		40.00		0.00		0.00
Mercy		0.00		0.00		0.00
Mid-day		114.10		0.00		0.00
Midnight Discussion		0.00		0.00		0.00
Miracle		0.00		0.00		0.00
Morning After		0.00		0.00		0.00
New Awakening		0.00		0.00		0.00
New Frontier		0.00		0.00		0.00
New Beginnings/St. Vincent		0.00		0.00		0.00
New Life		0.00		0.00		0.00
New Outlook		0.00		0.00		0.00
Niagara Intergroup		0.00		0.00		0.00
New Westside		0.00		0.00		0.00
Niagara Frontier Men's Dlsc.		145.00		0.00		0.00
No Human Power	20.00	20.00		0.00		0.00
North Buffalo	200.00	1000.00	50.00	250.00	50.00	250.00
North Java Monday		0.00		0.00		0.00
North Java Sunday		0.00		0.00		0.00
"Not Yet Named"	200.00	200.00		0.00		0.00
One Day At A Time		0.00		0.00		0.00
Open Arms	100.00	200.00		0.00		0.00
Open Mind		0.00		0.00		0.00
Orchard Park Step	97.00	624.00		0.00		0.00
Pass It On		0.00		0.00		0.00
Patchin		0.00		0.00		0.00

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