

NEW FRONTIERS

December 2004

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW-YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

Rudolph

Symbol Of Bad Fortune Turned To Good

Now other reindeer I can sort of take or leave, but Rudolph I can identify with. I heard the story again on television the other night. It seems that, from the very first, Rudolph felt different from the others and for a time tried to hide his nose by putting something over it. He really looked funnier trying to hide it than when he finally let it show.

That was me all over. Him with his red nose and me with my drinking problem. Every Christmas I tried to cover up, keep up appearances, and cook dinner like the normal people. Instead, I got hung up in the strands of tinsel, fumbled and perspired in an effort to make the colored balls stay on the tree, got artificial snow in my hair, and tripped over the sacks of fruits, nuts and candy. My Christmas trees always stood on the tilt.

As the story goes, Rudolph finally accepted his condition; he couldn't hide it any longer. He just had a red nose, so all right. And the other reindeer wouldn't let him play in any reindeer games. Poor Rudolph!!

There I was again. Just like Rudolph, shunned by everybody I knew. With my problem showing, no one wanted me around. No one wanted to live with me, or even play with me. Not even the bartenders wanted my business. So I made up a few games I could play by myself: "Run, Maggie, Run" - "Play Dead" - "Hide the Bottle."

Then, as you know, came the year of the Big Snow. Santa Claus was very concerned over the fact that his reindeer could not see how to find their way to the many rooftops and chimneys to deliver toys on Christmas Eve. He suddenly took a long, contemplative look at Rudolph's red nose and his face lit up with the birth of an idea. Rudolph would lead the reindeer and light their way that night. Rudolph had come into his own. His affliction had become his most useful asset.

I believe that God (as we understand Him) had a great concern for you and me in our darkest despair, and took a long contemplative look at us sick alcoholics. And he said, "Let my sick children light the way for each other." So, our affliction became our greatest asset in helping others.

Step Twelve ~ Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

12 Steps Cafeteria Style

THE two words "these principles" did not make much of an impression on me in my early days in AA. In fact, I was often told that the Twelve Steps were merely suggestions--that I was to take them "cafeteria style"--take what I wanted and disregard the rest.

I followed the course taken by many who start with reservations about the First Step; yet trying to "carry this message to alcoholics" even without "having had" any sort of chance of spirit or "spiritual awakening *as the result of these steps.*"

Recently I have heard a number of so called old timers who seem proud to proclaim "I don't know the Twelve Steps--oh sure, I have read them--but I don't know one from the other."

It was not until nearly six years after my entry that I realized that such a statement is a hollow boast. And, as one who had to learn the hard way, I would like to suggest that (if there are any others who are as I found myself to be) maybe a repeated inventory of "these principles" might be in order.

Am I, of myself alone, powerless over alcohol? If so, would it not be wise for me to remember the need for continued help from a power other than my own ego?--and keep to my decision to turn my way over to that something beyond my own ego? And hadn't I better continue to do some honest work on uncovering my own character defects--admit them--become willing to have them removed--and humbly ask? And, as a result of these Steps, won't I be able to do a more sincere job of making amends to all who should be in an honest list of those I harmed? And won't I be in a more sound position to continue a daily inventory? And won't I have a real basis for meditation and prayer to open the door for a conscious contact with God, a knowledge of his will for me, and the power to carry that out?

I feel that as I *try* to improve my understanding of the Twelve Steps (and to me, they are in logical sequence) I will find that I am enjoying a spiritual awakening as the result of *these steps*, and feel better able to carry *this* message to alcoholics and practice *these principles* in all my affairs.

F. O. Vermont *Grapevine* Volume 8 Issue 3 August 1951

"Inside and Outside"

"We say alcoholism is a progressive disease. I have learned that A.A. offers progressive recovery - that is, if we really want it. And I do. It has become the most important aspect of my life, now and for my future.... I don't despair that it took so long; I just thank Him every day that I have found the way."

© 1991, A.A. in Prison: Inmate to Inmate, page 106

Tradition Twelve ~ Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

This tradition reminds us that we are to practice "genuine humility." In the Big Book it tells us that without some degree of humility we can't stay sober. We have to practice it to stay sober and we have to practice humility for the unity of AA.

Bill W. stated on September 19, 1947 at the Southeastern Convention: *"Always a heady wine, success may sometimes cause us to forget that each of us lives on borrowed time; we may forget that we are a people who cannot exist at all, but for the Grace of God. The wine of forgetfulness might make us dream that Alcoholics Anonymous was our success rather than God's will. The very malignancy which once tore us apart personally, could again commence to rend us as groups. False pride might lead us to controversy, to claims of power and prestige, to bickering over property, money and, personal authority. We would not be human if these illnesses didn't sometimes attack us."*

We must learn and keep the traditions as we would the 12 steps of recovery. Without them our message would be lost.

Bill W. in his same talk about the traditions: *"To sum up – for thousands of alcoholics yet to come, AA does have an answer. But there is one condition. We must, at all costs, preserve our essential unity; it must be made unbreakably secure. Without permanent unity there can be little lasting recovery for anyone. Hence our future absolutely depends upon the creation and observance of a sound group tradition. First thing will always need to be first: humility before success, and unity before fame."*

Do you know many people who went back out? Do you know many people who keep going back out? Maybe, we should look at our traditions along with our Steps for recovery.

Anonymous in South Buffalo

Thoughts on Solitude:

Dear God: I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I know myself, and the fact that I think I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does, in fact, please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this, you will lead me by the right road though I may know nothing about it. Therefore, I trust you always though I may seem to be lost and in the shadows of death. I will not fear, for you are ever with me, and you will not leave me to face my perils alone.

Taken from 2004 IAAWC 'Joy of Fellowship' Panel packet

On the Lighter side:

Save on booze by drinking cold tea instead of whiskey. The following morning you can create the effects of hangover by drinking a thimble full of dish washing liquid and banging your head repeatedly on the wall.

Envelope System

"The envelope system was established to allow AA members to directly contribute money to help defray the costs of operating the Buffalo Central Office, which in turn helps to carry the message. By keeping the lines of AA open, through the Central Office, the hand of AA may be even more accessible to the troubled alcoholic."

"Joining the Envelope System gives you the opportunity to put our 12th Step into action and allows you to say in one more way - I am responsible."

"There are many costs involved in keeping Central Office open, such as, telephone, postage, lights, rent, etc." As these costs rise your support is even more important.

The above quotes are in a pamphlet available at Central Office. To become a contributing member of the Envelope System you can fill out the form in this pamphlet or you can call Central Office, leave your name and address and let Terry know you are interested. I will send you a form in the mail and that's all it takes. Anonymity is kept. You are assigned a number. There is no indication of AA on any of the envelopes mailed to you. You can return your contribution in a postage paid envelope. Your contribution is tax deductible.

If you are already a contributing member of the Envelope System, I would like to thank you for your continued support. I will be updating the roster at the beginning of the year. Your assigned number will probably be changed as we have many inactive names on the list that will be dropped.

Yours in service, Karen S. - Envelope Chair.

"Crossing the River of Denial"

"I found everything I had ever looked for in Alcoholics Anonymous. I used to thank God for putting A.A. in my life; now I thank A.A. for putting God in my life. I found my tribe, the social architecture that fulfills my every need for camaraderie and conviviality. I learned how to live. When I asked how I could find self-esteem, you told me, 'by doing worthwhile acts!' You explained the Big Book had no chapters entitled 'Into Thinking' or 'Into Feeling' - only 'Into Action.'"

"So, here I am, sober. Successful. Serene. Just a few of the gifts of the program for surrendering, suiting up, and showing up for life every day. Good days and bad days, reality is a wild ride, and I wouldn't miss it for the world. I don't question how this program works. I trust in my God, stay involved in A.A. service, go to lots of meetings, work with others, and practice the principles of the Steps to the best of my willingness each day. I don't know which of these keeps me sober, and I'm not about to try to find out. It's worked for quite a few days now, so I think I'll try it again tomorrow."

From the Editors Desk: Reprinted from "Our Primary Purpose ... to carry the message to the still suffering alcoholic." Ottawa Area Intergroup Newsletter

I remember the dispute I had with another newcomer the first time we made group coffee. We shared the task of setting out chairs, slogans and ash trays (it was that long ago), filling the pots and arranging literature. But each of us thought we'd done more than half the work so the other guy should make a trip in the rain to buy milk.

That was the idea of service I brought from my drinking life - help out when asked but ensure everybody does their fair share too. Don't be the sucker that others take advantage of. Did that guy fail to put chairs away or pass the seventh tradition basket without contributing? How long is it since I saw so-and-so clean up, leave his pals to welcome a newcomer, take out the garbage?

It took awhile to learn that changing my own attitude/behavior was a full-time task that left no room for all those other inventories I was taking. Besides, they just added to that resentment list I was told to scrap. With guidance and the example of long-timers, some of AA's wisdom gradually became lessons I try to live by.

"Help yourself by helping others."

"You've got to give it away t keep it."

"Nothing does as much to ensure healthy sobriety as service work."

Just as other incredible promises came true for me (the craving for alcohol left and a power greater than myself arrived) so too did the rewards of volunteering. I met the wise and generous "winners" who understand service is an opportunity, not a chore.

Three Things:

Three things in life that, once gone, never come back - Time, Words & Opportunity

Three things in life that may never be lost - Peace, Hope & Honesty.

Three things in life that are most valuable - Love, Self-confidence & Friends

Three things in life that are never certain - Dreams, Success & Fortune

Three things that make a man - Hard work, Sincerity & Commitment

Three things in life that can destroy a man - Wine, Pride & Anger

I ask the Lord to bless you, as I pray for you today; to guide you and protect you, as you go along your way.

His love is always with you, His promises are true. And when you give Him all your cares, you know He'll see you through.

Submitted by Jim F. ~ Holland Group

Snowmen fall from Heaven ~ unassembled.

Heard at a meeting:

Anger is one letter short of Danger!

If you have to control your drinking, it must be out of control.

Nervousness is just God trying to shake the truth out of you.

I have often regretted my speech, never my silence.

This is a Positive Program for Negative People.

Most alcoholics are great talkers. But the Program is about ACTION.

It is only possible to live happily ever after on a day to day basis.

Rule 62

We don't want to drink like ladies/gentlemen, we want to drink like pigs and be treated like ladies/gentlemen. I knew I was getting a handle on sobriety, when I started having illusions of adequacy. (Sherry H.)

I've given up hope for having a better past. (Mike B.)

If my brain didn't need me for transportation, it would have killed me a long time ago!

Don't try to clear away the wreckage of the future.

IN MEMORIAM Things We Can Not Change

Gary R. Long time member & active in GSA
James M. ~ Ironhorse Group ~ 22 years
Michael S. ~ Living in the Solution Group ~ 27 years

Let's remember him and all the others who passed on in our prayers.

Blanket of Hope

(reprinted from the Ottawa Area Intergroup newsletter *Our Primary Purpose*)

All appeared new and strange at first, inexpressibly rare, delightful and beautiful. Such were the first weeks of sobriety once the fog of alcohol began to dissipate.

Greeting sobriety, I was a stranger which at my entrance into a softer, sober world, I was saluted and surrounded with unrecognized promises.

My knowledge was limited, I knew intuition, and those thoughts I had collected as a drunk. My very ignorance of survival without a crutch of some sort was my advantage. I felt like someone brought into the estate of innocence.

The present seemed spotless, un-used and was somehow infinitely mine, precious and without boundaries. As a drunk, I didn't recognize any sin, anyone's tears or quarrels. They were hidden from my view and my heart. In the absence of these I entertained my heart, body, mind and soul by flooding it with the darkness of alcohol.

Eventually, and without fanfare, I was corrupted and made to learn the dirty devices of this world. I must now un-learn all this and become, as it were, a little girl once again that I may enter into the peace of sobriety and sleep under the blanket of spirituality.

Anonymous - Ottawa, Ont.

Is There Anyone Out There?

We on the *New Frontiers* Committee were hoping you could help us out. Month after month we need to search and search for articles to fill the pages of YOUR newsletter. Isn't there anyone out there who can share their experience strength & hope with us?

Not sure what to write? ~ We have included the Guidelines! Now we know you have some experience, maybe years of it maybe only days. Do you have a story to share on acceptance or gratitude? Maybe you have some thoughts you could share on Service or your road to recovery.

Many newcomers read the newsletter maybe your story could help explain the Steps & Traditions. The steps always have personal stories attached to them, how did you get through them? The traditions are the reason AA is still here after almost 70 years!

Every issue includes the address of the Central Office and also our e-mail address (See Below). Please submit your articles by the 12th of each month for the following month's issue.

Thank You for your help. Debi C. Editor

Guidelines for writing *New Frontiers* articles

Format: If possible, manuscripts should be typed. If you don't have a typewriter or computer just write clearly and legibly, on one side of the paper only. (E-mail works really well for us!) If you quote from AA literature (or another source) in your article, please give the correct name of the source, along with the page number.

Length: Maybe you heard a one-liner at a meeting that you'd like to pass along, or maybe you just want to relate one short but sweet incident, or maybe you really want to go in depth on a particular subject - no matter how long or short, the important thing is that you say what you want to say. Please keep articles to one typewritten page since space is limited.

What We Do Not Publish: Personal prayers, tributes to individual AA's, drama, anything not related to Alcoholics Anonymous (such as articles about the field of alcoholism treatment, legislation, medical advances, etc.).

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

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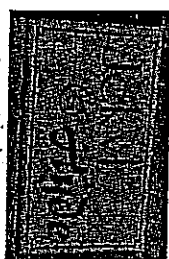
or

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York of Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

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<p>5 <u>Central Committee Meeting</u> 7 pm. <u>Corrections Committee Meeting</u> 6:00 PM. Buffalo Central Office, 681 Seneca St.</p>	<p>6</p>	<p>7</p>	<p>8 HANUKKAH</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p>1937 - Bill W. meets with the Rockefeller Foundation hoping to raise money.</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16 <u>New Frontiers Committee</u> 7:00 PM. St. Michael's Parish Center, Electric And Warsaw, Lackawanna</p>	<p>17 <u>SID VERCREEK FRIENDSHIP GROUP CHRISTMAS PARTY</u> 8:30 pm. Speaker meeting followed by an eating meeting</p>	<p>18 <u>Archives Committee Meeting</u> 9 am, Buffalo Central Office, 681 Seneca St.</p>
<p>* Dec. 1937 - Rockland State takes alcoholic patients to AA meeting in South Orange, NJ.</p>	<p>20 <u>Treatment Facilities Committee</u> 6 PM, Buffalo Central Office, 681 Seneca Street</p>	<p>21 <u>Main & High Groups 6th Annual Christmas Vigil</u> 7pm- 11pm. 121 N. Pearl</p>	<p>22</p>	<p>23</p>	<p>24 <u>Loveloy Groups Annual Christmas Vigil</u>, at the Visitation Church on the corner of Moreland & Green St. 5:00 - 12:00 <u>FILM, WOW VIGIL!</u> runs 'til 12:00 on the 25th West Ave Presbyterian Church, corner of West Ferry and West Ave., Buffalo.</p>	<p>25 <u>CHRISTMAS</u></p>
<p>1939 - 1st AA meeting in Los Angeles in a private home takes place.</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31 <u>NEW YEARS EVE</u> The County Group Annual New Year's Eve Party, St. Joseph's Church, Gowanda. Doors open at 7:30 PM. Speaker at 8:30 PM <u>THRUWAY GIDDY NEW YEARS EVE DANCE</u>, Thant-of Prague Hennessy Hall, 921 Cleveland Drive, PRUSSAINT V</p>	<p>32 <u>BOULEVARD HILPIN HANDS NEW YEARS EVE PARTY</u>, Graylock Hose Fire Hall, 110 Ward Rd. N. Tonawanda. Speaker w/ Buffalo dinner and dancing 7PM- 1AM</p>
	<p>1893 - Rev. Sam Shoemaker is born. He was Oxford Group's head in U.S. and Calvary Church Pastor in NY. Ebbv T. took Bill W. to Calvary's</p>	<p>1945 - Rowland Hazard dies (he carried the Oxford Group message to Ebbv)</p>	<p>1940 - Chicago Daily Tribune begins series of 4 articles on AA by N. Hamilton.</p>	<p>1943 - San Quentin News reports "Mr. Bill" speaking to 300 inmates at their AA meeting.</p>	<p>1944 - Australia is the first country outside the U.S. to have AA.</p>	<p>1949 - Sister Ignatia accepts Poverello Medal of St. Francis on behalf of AA from Franciscan College of Steubenville, Ohio.</p>
<p>* Dec. 1947 - The Alano Club opens in San Diego, California with one member and one dollar.</p>	<p>* Dec. 1949 - The Alano Club opens in San Diego, California with one member and one dollar.</p>	<p>* Dec. 1949 - St. Louis, MO AA group is founded.</p>	<p>* Dec. 1939 - Bill W. leaves New York to visit AA groups in Akron, Detroit, and Cleveland.</p>	<p>* Dec. 1982 - Nell Wing, Bill W.'s secretary and AA's first archivist retires, but continues as an ambassador-at-large for AA, and a passionate advocate of AA history.</p>	<p>* Dec. 1995 - The new AA Archives in Akron, Ohio are dedicated.</p>	
<p>1949 - Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helps 1,000's of drunks.</p>	<p>1949 - Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helps 1,000's of drunks.</p>	<p>1949 - Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helps 1,000's of drunks.</p>	<p>1949 - Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helps 1,000's of drunks.</p>	<p>1949 - Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helps 1,000's of drunks.</p>	<p>1949 - Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helps 1,000's of drunks.</p>	



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DECEMBER 2004

MEETING CHANGES:

CAYUGA WAKE UP CALL, Open Discussion, Tuesday & Thursday, 7:30 AM, Calvary Episcopal Church, 20 Milton Street, Williamsville.

SUNDAY GRAPEVINE, 1st United Methodist Church, Rt. 20 in Sheridan. 8:00 PM, Closed meeting, open speaker the 3rd Sunday. **NEEDS SUPPORT.**

DOWNTOWN MEN'S GROUP, Thursday's at 7:30 PM, Holy Trinity Church, 1080 Main Street **NEEDS SUPPORT.**

SOBER SATURDAY has changed to a **CLOSED** meeting Open the last week of the month. 8 PM. St. John's Church, 2315 Seneca St. & Cazenovia, South Buffalo.

NEW MEETING at the Amity CLUB, "**DESPERATE**", Saturday's at 8PM. Open Meeting. 340 Military d., Buffalo.

Sobriety On The Lake, Wednesday's at the Somerset House in Appleton has changed to an open discussion meeting with a speaker the last week of the month.

Easy Does It Group now meets at a new location, 3105 Main Street. Corner of Lisbon, 10 am., Saturday's.

NEW MEETINGS AT CENTRAL OFFICE: 681 Seneca Street, Buffalo

- **WE DON'T KNOW**; Tuesday's & Thursday's at 12:15 PM. **NEEDS SUPPORT**
- **THURSDAY EVENING BIG BOOK**, will start at 7:00 PM until 9:00 PM break in middle.

IS ANYONE INTERESTED IN RUNNING AN AFTER WORK MEETING (5:15??) AT THE CENTRAL OFFICE? IF INTERESTED GIVE TERRY A CALL!!!

Service Opportunities:

- ~ Dec. 5, **Central Committee Meeting**, 7 pm, Buffalo Central Office, 681 Seneca Street (lower), (Hosted by Fresh Start).
- ~ Dec. 5, **Corrections Committee Meeting**, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Dec.20, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ Dec. 16, **New Frontiers Committee**, 7:00 PM. St. Michael's Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.
- ~ Dec.18, **Archives Committee Meeting**, 9 am, Buffalo Central Office, 681 Seneca Street (lower).

COMING EVENTS

- ~ Dec. 2, **TURNING POINT GROUP'S 20th ANNIVERSARY**, Immanuel Lutheran Church, Corner of William and Scott, City of Tonawanda. Speaker at 8 PM, food to follow! Bring a dish if you wish! Deli Trays, Rolls, Coffee, Pop, & Cake provided!
- ~ Dec. 4, **THE MIRACLE GROUP** will be celebrating 43 years, Trinity Parish Hall, 371 Delaware Ave. Food will be at 7:00 PM, Old Timers Panel at 8:00 PM. Bring a dish if you wish.
- ~ Dec. 17, **SILVERCREEK FRIENDSHIP GROUP CHRISTMAS PARTY**- 8:30 pm, Speaker meeting followed by an eating meeting. Please bring a dish to pass. Also, please bring a \$5.00 unwrapped gift for gift exchange if you wish. Everyone is welcome. No one is obligated to bring a gift.
- ~ Dec. 21, **Main & High Groups 6th Annual Christmas Vigil**. 7pm- 11pm. 121 N. Pearl St. (is the rear entrance to the Salvation Army, Main & High Streets). Bring and dish to share. Please come fellowship with us.
- ~ Dec. 21, **FEEDING MEETING HOSTED BY THE FUN GROUP**, 6:30 PM. Bring a dish to pass **DURING** this meeting, or just come anyway... share ours **FREEDOM & UNITY NOW**. West Ave. Presbyterian Church, 104 West Ferry (@ Niagara).
- ~ Dec. 24, **Lovejoy Groups Annual Christmas Vigil**, at the Visitation Church on the corner of Moreland & Green St. 5:00 – 12:00 AM. Santa, Speaker, Food, Raffle, entertainment. Please, Bring a dish to share.
- ~ Dec. 24, **F.U.N. WOW VIGILAL**, runs 'til 12Noon on the 25th. West Ave Presbyterian Church, corner of West Ferry and West Ave., Buffalo. Come join us for a night of Movies-Snacks- and Fun. Share your **Experience**, get some **Strength** and give some **Hope**.
- ~ Dec.24, **7th District X-mas Vigil**, 292 High Street, 6PM until ?. Round Robin. Bring a dish to pass. For more info call Jim R. 491-8301.
- ~ Dec. 31, **Tri County Group Annual New Year's Eve Party**, St. Joseph's Church, Gowanda. Doors open at 7:30 PM, Speaker at 8:30 PM, music and fellowship into the New Year. Please come and share.
- ~ Dec. 31, **Thruway Group New Years Eve Dance**, Infant of Prague Hennesey Hall, 921 Cleveland Drive, Cheektowaga. Doors open at 6:30 PM- Buffet-Dinner at 7:30 PM. Music from 9 PM-1AM. Tickets \$15 **PRE-SALE ONLY**. For more info. call: Mike B.-743-5648, Dave B. - 597-0242.
- ~ Dec. 31, **2nd BOULEVARD HELPING HANDS NEW YEAR'S EVE PARTY**, Gratwick Hose Fire Hall, 110 Ward Rd, N. Tonawanda. Speaker w/ Buffet dinner and dancing. 7PM-1AM. Tickets \$20. Call: Keith S.-693-6217, Gina H.-743-8028, John C.- 693-2786.

12th STEP: "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

12th TRADITION: " Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principals before personalities."

12th CONCEPT; The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

Buffalo Central Committee

November 7, 2004

John, Committee Chair opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Lee, Early Bird Group, read The Purpose of the Central Committee. Mary, Williamsville Group read the Traditions. Motion to dispense with reading of last months' minutes, motion by John, Steering Committee, seconded by Lee, Early Bird Group.

3 new Representatives. 31 Groups were represented: **District #1** Complanters Again, Main and High **District # 2** Age Doesn't Matter, Early Bird, Three Legacies. **District #3** Abbott Men's Disc., Blasdell Monday Night, Father Baker, Iron Horse, New Life, Rainbow, Ridge, Southtown, Sunday Morning Breakfast, The Book Meeting, Thruway, Valley, Victory. **District #4** Action, Patchin, Ray of Hope, Rural is Plural, Springville Tues. Night. **District #5** Big Book Lockport, Lockport #1. **District # 6** As Bill Sees It, Lakeshore. **District # 7** Community Center, Fresh Start, Spirit of Hope. **District #8** Williamsville.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: Karen S. reported in Oct., \$315.00 was collected. YTD \$4845.00 within a few dollars of last year. Need to talk about Envelope System in our Home Groups.

STEERING COMMITTEE: John H. reported Exec. Secretary Report Final expenses for Denver Conference is \$726.70. Financial Report \$1,542.23 balance. November is Gratitude Month. January new price list to cover cost of shipping charges from G.S.O. What is an AA Group? (flyer) A letter from an AA member from Dist #2. John H. will call to clarify. New Business: In

reference to clarification of Dist #2 "Serenity Shack Nooner. The Serenity Shack is a new meeting and charges groups, meeting rent which is completely correct. The renting groups have their own treasurer, as well as, the "Serenity Shack". We hope this clarifies the situation.

FINANCIAL REPORT:

Income	September 2003 Avg.	September 2004 Actual	Variance	% Change	YTD Avg.	YTD Actual	Variance	% Change
	\$7,481.00	-\$5,478.45	(\$1,982.55)	-26.57%	\$67,149.00	\$69,983.64	\$2,834.64	4.22%

Narrative: None

Expense	September 2003 Avg.	September 2004 Actual	Variance	% Change	YTD Avg.	YTD Actual	Variance	% Change
	\$7,989.00	\$7,138.49	(\$852.51)	-10.67%	\$71,911.00	\$71,679.17	(\$231.83)	-0.32%

Narrative 1.) Executive Secretary seminar \$676.70

Thank you for allowing me to serve.

Respectfully, Patti S. Going To any Lengths Group

TREATMENT: No report.

CORRECTIONS: Andrew states no report.

SCREENERS: No report.

CENTRAL OFFICE: AA INFO: 274, 12-STEP: 6, ALANON: 10, VISITORS: 55, VOLUNTEERS: 12

- The Central Office Seminar went very well, I came back with a lot of input from other areas on how they handle different situations. One big income source for many areas is November being "GRATITUDE MONTH"! This is really talked up all year and strongly encourages ever member to give a minimum of their years of sobriety. With having little time to work with this year, I was only able to start off with a jug at the convention, and Debi wrote a piece for the New Frontiers. Another solution that I brought up in steering committee to our most recent problem is having in writing procedures for having meetings listed in the "Buffalo Niagara Frontier Meeting Schedule". I brought back a sample from the other areas to use as a guideline to possible use here.
- The next area I want to talk about is our finances; Patty was in a car accident and will not be present here for a couple of months. We have been e-mailing reports back and forth for her review. We have had very low income for a couple months and are in I would say, critical shape! From the financial report you can see it takes on average about \$8,000 per month to run the office. Our income for the last 2 months has been considerably lower, on a low balance to begin with. As shown on the financial report, We are at a balance of less than \$1,200. We need all groups help. To top this off, we will have some major bills come due in January, schedules \$2,000.00 & our accountant is \$1,000.00.

- OUR MEETING ROOM IS CARRYING OUR INCREASE IN RENT as projected:

	NOW	WAS
RENT	753.00	636.00
C.G. RENT	0.00	35.00
ELECTRIC	89.00	0.00
TOTAL	842.00	671.00
DIFFERENCE	-171.00	
ROOM INCOME	179.00	

Yours in the Fellowship of the Spirit... Terry Bateman... Executive Secretary

PIC : Jake states no report.

NEW FRONTIER: Debi states no report, Needs articles.

2004 CONVENTION: Jim, Spirit of Hope, states that the Convention is paid. Close out meeting 12-15-04 7:00pm Central Office, 681 Seneca St. and Thank you for your support.

COURTESY REPORTS:

ARCHIVES: Frank stated that the Archives received donations from Convention 2004, coffee cup and CD's.

GSA: Joanne stated next meeting is Sunday, November 14, 2004 at 1:00pm, Hamburg Town Hall.

RECAP: Pat, Rainbow Group asked Exec. Secretary if the Archives rent was included in the income. Answer: Yes. And the AA Group guidelines, what is the procedure for that? Answer: Steering Committee needs to approve, then it is sent to Central Office Reps. to take back to the Groups to approve.

OLD BUSINESS: Joanne questions about the Alcoholics Victorious Group. Answer: No report and there hasn't been any new complaints.

NEW BUSINESS: Floor opens for nominations of open positions: *Co Chair for Central Office Committee*: John H, Sunday Morning Breakfast nominates Frank M., Patchin Group, Debi, Victory Group, 2nds. Lee, Early Bird nominates Jim G. Age Doesn't Matter Group, Seconded. *Recording Secretary*: After a few nominations and declines. John H. is nominated. *Steering Committee Reps. Districts* #3 Bill O, Valley Group. #4-Dennis O. Springville Tues. Night, #5 Randy W. Lockport #1. *Corrections*: Andrew was nominated to continue and accepted.

Envelope: Karen was nominated and accepted. All nominations were voted on and passed.

Next Month need nominations for **Treatment, Screeners, and Dist. #6 Steering Committee Rep.** Group Reps. were asked to go back to their groups to ask members for nominations for the open positions.

John, Committee Chair states we need to establish the coffeemakers for 2005. Group Reps. volunteered as follows: Jan- Lakeshore, Feb.-Sunday Morning Breakfast, March-Living Sober, April-3 Legacies, May- Blasdell Monday Night, June-Action, July-Cornplanters Again, August-Lockport#1, Sept-Valley, Oct-Ridge, Nov- Patchin, Dec-Victory.

Kim, recording secretary, reminds groups that for December coffeemaker is Fresh Start. Thank you for the 7th Tradition.

Motion to adjourn by John H., seconded by Lee. Meeting closed at 7:45pm with the "Our Father". Thank you for giving me this opportunity to serve AA this past year in this aspect as Recording Secretary. I have really enjoyed the experience of serving AA in this manner, Kim E.

GROUP CONTRIBUTIONS

Income Statement	31-Aug-04	30-Sep-04	31-Oct-04
Beg Bal Cash on hand	3,572.25	4,004.05	2,715.17
Contributions			
Groups	3,574.13	3,081.20	2,866.05
Joint Meeting	30.25	47.80	43.32
Envelope System	312.00	404.00	315.00
New Frontiers Subs	83.00	7.00	275.85
Literature	5,069.95	1,897.15	2,483.80
Archives Room Rent	75.00		50.00
Meetings at CO		61.30	154.35
Mail/Misc.	25.00		50.00
"Gratitude Month"			
Conventions/Day of Sharing			125.00
Monthly Income	9,169.33	8,478.45	7,636.27
Expenses			
Office Rent	753.04	753.04	753.04
Electric	101.49	77.59	89.54
Meeting Room Rent			
Payroll			
Salaries (Net)	2,120.20	1,898.18	1,898.18
Federal Withholdings	735.75	588.60	588.60
NYS Withholdings			365.81
Insurance			
State Ins Fund		40.56	
Health	304.00	304.00	304.00
Liability			
Postage	449.82	49.79	448.44
Phone	124.74	110.68	114.48
Accounting			
Advt			
PIC Lit.			
Talking Phone Book		252.00	
Verizon	88.00	88.00	88.00
website			
white directory			63.25
Yellow Pages		296.00	
Literature Expenses			
Grapevine			314.60
World Services Inc	3,164.60	1,138.05	1,533.50
Hazeldon	388.88		524.70
"In All Our Affairs"			
Printers			
Office Supplies	110.47	339.15	287.53
Answering service	108.09	98.58	124.11
Mnolta leasing (copier)	260.45	260.45	260.45
Mnolta Copies			
Crystal Rock (water)			
Seminar	50.00	676.70	
DBA Telecommunication			
computer			
CD			
Monthly Expenses	7,073.53	6,767.83	7,536.21
Monthly Income (Loss)	2,095.80	1,710.62	100.06
CD	8,000.00	8,000.00	8,000.00
End Bal Cash on hand	4,004.05	2,715.17	1,542.23
Literature Assets:	6,110.42	5,985.34	5,075.17
Literature Receivable:(outstanding)	1,202.39		2,682.83
Corrections Facilltes	1,278.65	318.88	335.25
Donations	107.73	228.25	95.20
Expenses	1,067.50	211.88	20.00
Bank Charges			
Balance	318.88	335.25	410.45
Treatment Facilltes	922.33	158.37	380.87
Donation	117.73	253.25	85.20
Expenses			
AT & T Bridging The Gap	68.94		25.55
AAA Abott Answering Service	39.75	30.75	63.25
Literature	775.00		38.00
Bank Charges			
Balance	1,568.37	380.87	341.27

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	OCT	YEAR	OCT	YEAR	OCT	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
5th Step		0.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abott's Merit		333.00		333.00		333.00
Acceptance/Welcome	185.00	855.00		0.00		0.00
Achievement		200.00		0.00		0.00
Action		50.00		50.00		50.00
After Midnight		0.00		0.00		0.00
Age Doesn't Matter	50.00	125.00		0.00		0.00
Alexander		200.00		0.00		0.00
Amherst/ Snyder		727.17		0.00		0.00
Arnold Lakshara	20.00	200.00		0.00		0.00
Arry Age		0.00		0.00		0.00
Arry Length	30.00	270.00		0.00		0.00
Arrybody's		0.00		0.00		0.00
As Bill Sees It		50.00		0.00		0.00
Attitude Adjustment		200.00		25.00		25.00
Attraction	100.00	500.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		35.00		0.00		0.00
Birkwell Monthly		225.00		0.00		0.00
Big Book Lockout		100.00		0.00		0.00
Big Book Answering		5.00		0.00		0.00
Big Book Study		200.00		0.00		0.00
Big Book Workshop		70.00		0.00		0.00
Blessed		0.00		0.00		0.00
Blessed Monday Night		80.00		10.00		10.00
Buckskins		150.00		0.00		0.00
Butterfly Helping Hand		0.00		0.00		0.00
Butterfly Women		175.00		0.00		0.00
Buzz		75.00		0.00		0.00
Excuse AA		0.00		0.00		0.00
Excuses		0.00		0.00		0.00
Difficult Group		5.00		0.00		0.00
Did For The Grace of God		180.00		0.00		0.00
By The Book		0.00		0.00		0.00
Came To Believe		0.00		0.00		0.00
Casual		100.00		23.00		23.00
Cathedral Park		33.35		15.00		15.00
Car Memor		192.00		25.00		25.00
Catsville		0.00		0.00		0.00
Central Park		0.00		0.00		0.00
Chapter IX		120.00		60.00		60.00
Checkmate		300.00		0.00		0.00
Cherry #1		0.00		0.00		0.00
Cherries Merit		0.00		0.00		0.00
Cherries Merit II		0.00		0.00		0.00
Child Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Problems		0.00		0.00		0.00
Common Solution		30.00		0.00		0.00
Conformity		0.00		0.00		0.00
Community Center		0.00		0.00		0.00
Compilers		0.00		0.00		0.00
Constance		300.00		64.75		60.00
Constance		0.00		0.00		0.00
Crossroads		227.00		0.00		0.00
Cross Talk Big Book	20.00	100.00	10.00	50.00		0.00
Daily Reflections		300.00		0.00		0.00
Daily Reflections		0.00		0.00		0.00
DeVaux Discussion		0.00		0.00		0.00
DeVaux		150.00		0.00		0.00
DeVaux		0.00		0.00		0.00
Downer's Merit		0.00		0.00		0.00
Dupont's Monday Night		30.00		0.00		0.00
Early Bird		0.00		0.00		0.00
Early Rising Clubbing		0.00		0.00		0.00
Early Start		0.00		0.00		0.00
East Avenue		200.00		0.00		0.00
East Avenue	100.00	400.00		0.00		0.00
Easy Does It	25.00	250.00		0.00		0.00
Effort		0.00		0.00		0.00
Effort		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Eternal Vigilance		0.00		0.00		0.00
Everybody's		150.00		0.00		0.00
Expenses		322.00		0.00		0.00
Expenses	80.00	630.00		0.00		0.00
F.I.N.		25.00		0.00		0.00
Falls		0.00		0.00		0.00
Father Baker		530.00		0.00		0.00
Feelings		0.00		0.00		0.00
Feelings		558.00		87.50		87.50
Final Things First		0.00		0.00		0.00
Fracture Discussion		0.00		0.00		0.00
Fracture Friday Noon		0.00		0.00		0.00
Fracture		210.50		0.00		0.00
Fresh Start		72.00		11.00		12.00
Friendly		15.00		0.00		0.00
Frontier/News		340.00		0.00		0.00
GAHADA GDN		0.00		0.00		0.00
Gardenville		150.00		25.00		25.00
Gardenville	500.00	800.00		0.00		0.00
Getting Better		0.00		0.00		0.00
Going		80.00		0.00		0.00
Go to Any Length		50.00		50.00		50.00
Golden Elbow		100.00		0.00		0.00
Grand		62.00		0.00		0.00
Grand if Joy of Living		100.00		0.00		0.00
Grateful		50.00		0.00		0.00
Guilding Light		0.00		0.00		0.00
H.O.W.		15.00		0.00		0.00
Hamburg		50.00		0.00		0.00
Hand		0.00		0.00		0.00
Handicappers		0.00		0.00		0.00
Happy Hour		0.00		0.00		0.00

GROUP CONTRIBUTIONS

2004

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Harmony	60.00	60.00	0.00
Healing Hand	25.00	166.00	0.00
High Noon	70.00	700.00	0.00
High View	120.00	0.00	0.00
Higher Power	6.00	0.00	0.00
Hobby	300.00	0.00	0.00
Holiday Village	250.00	1225.00	0.00
Holiday	120.00	0.00	0.00
Harvest Solutions	6.00	0.00	0.00
Harvest	30.00	180.00	0.00
Hope Day Book Study	26.00	0.00	0.00
How It Works	0.00	0.00	0.00
How It Works/Man's	0.00	0.00	0.00
Inner City	0.00	0.00	0.00
Inspiration	0.00	0.00	0.00
In The Solution	0.00	0.00	0.00
Inkshaded on Life	40.00	20.00	0.00
IT	38.00	282.10	15.20
Jameson Groups	25.00	0.00	0.00
Johnson Creek Big Book	80.00	0.00	0.00
Journey	116.68	0.00	0.00
Just Do It	0.00	0.00	0.00
Just For Today/Alton	5.00	0.00	0.00
Just For Today/Clark	0.00	0.00	0.00
Keep It Simple Sister	105.00	0.00	0.00
Keep On Coming	0.00	10.00	10.00
Karen's	0.00	0.00	0.00
Kearns	0.00	0.00	0.00
Lake Shore	50.00	725.00	50.00
Lakeview	75.00	230.00	0.00
Last Day Fellowship	19.00	0.00	0.00
Lawyer	148.00	0.00	0.00
Lawyer	0.00	0.00	0.00
Let Go and Let God	0.00	0.00	0.00
Liberty Women	40.00	0.00	0.00
Life Today	0.00	0.00	0.00
Light LP	1200.00	0.00	0.00
Life and Let Live	0.00	0.00	0.00
Living in the Solution	7.00	0.00	0.00
Living Sober	80.00	0.00	0.00
Lock City	0.00	0.00	0.00
Lockport #1	610.00	55.00	55.00
Lockport (no name)	0.00	0.00	0.00
Lockport Discussion	20.00	0.00	0.00
Lockport Ladies	0.00	0.00	0.00
Lockview	650.00	0.00	0.00
Lock To This Day	0.00	0.00	0.00
Love	50.00	0.00	0.00
Lovely	50.00	0.00	0.00
Lower River	0.00	0.00	0.00
Mah and High	46.00	0.00	0.00
Main Street	0.00	0.00	20.00
Majka Meditations	23.85	21.85	0.00
Maria	80.00	0.00	0.00
Matt Tubol	50.00	200.00	0.00
Mayville Updown Group	0.00	0.00	0.00
McKibbin Women	75.00	0.00	0.00
Madison Big Book	25.00	0.00	0.00
Madison New Life	80.00	40.00	0.00
Marcy	300.00	0.00	0.00
Mid-day	143.55	0.00	0.00
Midnight Discussion	0.00	0.00	0.00
Miracle	0.00	0.00	0.00
Morning After	300.00	0.00	0.00
New Awakening	0.00	0.00	0.00
New Frontier	0.00	0.00	0.00
New Beginnings/Bl. Women	25.00	0.00	0.00
New Life	0.00	0.00	0.00
New Outlook	0.00	0.00	0.00
Niagara Intergroup	0.00	0.00	0.00
New Westside	0.00	0.00	0.00
Niagara Frontier Men's Disc.	150.00	0.00	0.00
North Buffalo	50.00	1250.00	150.00
North Java Monday	0.00	0.00	0.00
North Java Sunday	25.00	0.00	0.00
One Day At A Time	0.00	0.00	0.00
Open Arms	75.00	0.00	0.00
Open Mind	0.00	0.00	0.00
Orchard Park Open	80.50	404.50	0.00
Pass It On	0.00	0.00	0.00
Peace	200.00	0.00	0.00
Pathway In Peace	0.00	0.00	0.00
Penetration Chapter Five	0.00	0.00	0.00
Phenix	0.00	0.00	0.00
Positively Living/Ret.	1000.00	0.00	0.00
Powerless	200.00	0.00	0.00
Pride	10.00	10.00	0.00
Primary Purpose	0.00	0.00	0.00
Revelation Bel. Personalities	0.00	0.00	0.00
Progress	0.00	0.00	0.00
Purpose/Transcend	100.00	0.00	0.00
Questions & Answers	25.00	0.00	0.00
Rainbow	50.00	40.00	40.00
Ray of Hope	50.00	348.55	0.00
Revel. Women in the Bib.	0.00	0.00	0.00
Revelation Near the Gardens	50.00	0.00	0.00
Reckless	0.00	0.00	0.00
Remember When	25.00	0.00	0.00
Renewed	0.00	0.00	0.00
Ride Sober	50.00	0.00	0.00
Ridge	350.00	25.00	25.00
Rise and Shine	0.00	0.00	0.00
Rochester	100.00	0.00	0.00
Robert	0.00	0.00	0.00
Rural to Rural	0.00	0.00	0.00
Ruby	0.00	0.00	0.00
Sarabog	0.00	0.00	0.00
Sat. Night In Recovery	0.00	0.00	0.00
Sat. Night Sober	0.00	0.00	0.00
Sat. Mornings	0.00	0.00	0.00

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Searching For Serenity	200.00	0.00	0.00
Second Chance	0.00	0.00	0.00
Serenity	370.00	0.00	0.00
Serenity Circle	27.00	0.00	0.00
Serenity In the Park	0.00	0.00	0.00
Serenity on the Lake	0.00	0.00	0.00
Serenity Black	10.00	0.00	0.00
Serenity Trails	0.00	0.00	0.00
Seaside	0.00	0.00	0.00
Sheridan	260.00	0.00	0.00
Shogren Friendship	0.00	0.00	0.00
Sober and Proud	0.00	0.00	0.00
Sober Babarady	387.00	50.00	50.00
Sober Trail	0.00	0.00	0.00
Sober Winners	0.00	0.00	0.00
Soberly Comes First	0.00	0.00	0.00
Soberly In Women	100.00	317.00	91.00
Soberly Men's Disc.	10.00	50.00	0.00
Soberly On The Canal	0.00	0.00	0.00
Soberly on a Bal. Night	0.00	0.00	0.00
Soberly on the Lake	0.00	0.00	0.00
Soberly on the Lake	0.00	0.00	0.00
South Buffalo	0.00	0.00	0.00
South Town	0.00	0.00	0.00
Southgate	10.00	100.00	0.00
Southtown Women's	0.00	0.00	0.00
Southwestern	50.00	0.00	0.00
Spirit of Hope	200.00	0.00	0.00
Spiritual Progress	170.00	0.00	0.00
Springville Bal. Afternoon	60.00	0.00	0.00
Springville Tues. Night	60.00	0.00	0.00
Springville Wed. Noon	0.00	0.00	0.00
Springville New Life	0.00	0.00	0.00
St. Barnabas	0.00	0.00	0.00
St. Mark's	100.00	0.00	0.00
Starting Over	137.20	447.65	0.00
Staying Alive	20.00	0.00	0.00
Step Work	0.00	0.00	0.00
Stepping Stones/Grow.	0.00	0.00	0.00
Stepping Stones/WME	25.00	0.00	0.00
Sturtevant	60.00	0.00	0.00
Sturtevant Association	0.00	0.00	0.00
Sunday Morning Breakfast	800.00	60.00	0.00
Sunday @ 8:00	75.00	0.00	0.00
Sunday Mites	0.00	0.00	0.00
Sunday Third Group	0.00	0.00	0.00
Sunrise Choir	160.00	20.00	16.00
SUNY Amherst Campus	0.00	0.00	0.00
Surrender and Hope	375.00	60.00	60.00
Survivors	0.00	0.00	0.00
TGF	0.00	0.00	0.00
Thankful	30.00	145.00	0.00
The Book Meeting	0.00	0.00	0.00
Three Legacies	101.13	86.13	86.13
Three Too	5.00	50.00	0.00
Thruway	75.00	650.00	20.00
Thurs. Mts. Steppers	0.00	200.00	200.00
Thursday PM Discussion	200.00	600.00	0.00
Today	0.00	0.00	0.00
Today's Women	80.00	0.00	0.00
Tri County	210.00	0.00	0.00
Tri-Down Bereavement	40.00	0.00	0.00
Try Again	300.00	25.00	25.00
Tuesday Men's AM	200.00	0.00	0.00
Tuesday Women	60.00	30.00	30.00
Turning Point	58.50	58.50	0.00
Two Cities	200.00	0.00	0.00
Unity	0.00	0.00	0.00
University Men's Disc.	948.95	0.00	0.00
Valley	0.00	0.00	0.00
Valley of Spiritual Exer.	15.00	0.00	0.00
Varysburg	5.00	0.00	0.00
Victory	550.00	0.00	0.00
Wake Up Call	0.00	0.00	0.00
We Are Not Saints	0.00	0.00	0.00
We Care	240.00	270.00	10.00
We Choose Life	0.00	0.00	0.00
Wetlands	80.00	0.00	0.00
Wetlands	0.00	0.00	0.00
Westfield	0.00	0.00	0.00
Westminster	0.00	0.00	0.00
Why	0.00	0.00	0.00
Williamsville	1000.00	0.00	0.00
Walking To Grow	220.00	0.00	0.00
Wilson Group	125.00	25.00	0.00
Wilson Smith Alumni	100.00	0.00	0.00
Women's West Side	0.00	0.00	0.00
Working	260.00	0.00	0.00
You'll Never Walk Alone	0.00	0.00	0.00
Young at Heart	0.00	0.00	0.00
Youngstown	0.00	0.00	0.00
Yonkers	40.00	0.00	0.00
Frank B.	130.00	0.00	0.00
Arrowsmith	50.00	160.00	0.00
Charles C.	50.00	0.00	0.00
Jameron	90.00	0.00	0.00
Baudin L.	100.00	0.00	0.00
John H.	50.00	0.00	0.00
Kathleen	5.00	0.00	0.00
Bruce C.	5.00	0.00	0.00
Peter D.	6.85	0.00	0.00
Mike J.	50.00	0.00	0.00
Paul H.	200.00	0.00	0.00
Paul S.	25.00	0.00	0.00
AA St. Peters	100.00	0.00	0.00
Ed O'D.	72.50	0.00	0.00
Suzann Mack	0.00	0.00	0.00
Kevin P.	20.00	0.00	0.00
Dale M.	5.00	0.00	0.00
James N.	5.00	0.00	0.00
IRE	17.01	0.00	0.00
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 Harold R. 3m
 John G. 6m
 Juan R. 9m
 Bob M. 9m
 Tim K. 1y
 Mike O. 1y
 Will M. 4y
 Emily H. 12y
 Bob G. 15y
 Chuck W. 17y
 Kevan G. 18y
 Mark S. 23y
Cold Springs
 Hoarance M. 18y
 Gigi P. 34y
 Robert B. 38y
Courage Group
 Joy W. 2y
 Debbie McE. 5y
 Julie H. 5y
 Dave K. 16y
 Cathy S. 21y
 Cathy E. 25y
Fireside
 Margie J. 3y
 Ray W. 3y
 Margie Z. 3y
 Victor J. 11y
 Maria D. 14y
 Bill G. 18y
Giving
 Nilsa R. 3m
 Karen S. 9m
 Jeffery M. 16y
Holland
 Fred T. 16y
Ironhorse
 Jeannie M. 6m
 Brian O. 6m
 David H. 9m

Kensington

Fritz L. 26y
Kenmore
 Justin W. 3m
 Tom C. 3m
 Greg G. 2y
Lakeshore
 George M. 32y
Lakeview
 Randy B. 5y
 Dick J. 21y
Living Sober
 Mike P. 2y
 Bob G. 2y
 Tom C. 12y
Lockport#1
 Mike B. 1y
 Randy W. 4y
Loveloy
 Lisa G. 9m
 Robert S. 1y
 Theresa V. 1y
 Jeff N. 3y
 Tim G. 3y
 Lynn H. 4y
Main & High
 Tony P. 6m
 Tom C. 7y
North Buffalo
 Diane D. 6m
 Judy D. 6m
 Jim S. 1y
 Matt B. 1y
 Tom B. 1y
 Judy S. 17y
 Bill K. 17y
Renewal
 Mel L. 32y

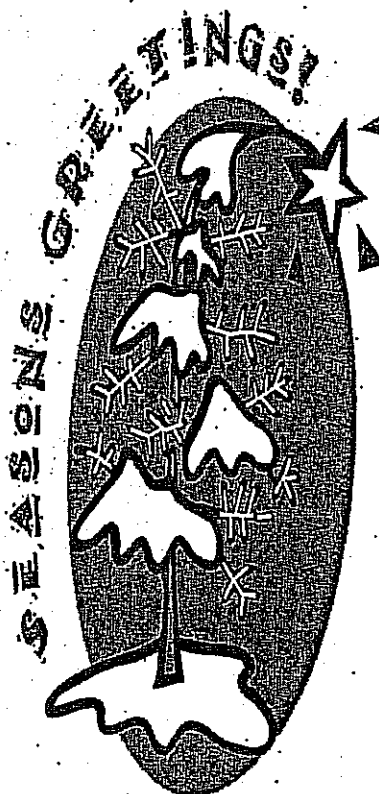
Rise & Shine

Paula 9m
 Lisa G. 9m
 Mike J. 9m
 Tangry F. 1y
 Liz B. 2y
 Zephia J. 2y
 Tonya E. 3y
 Billy C. 3y
 Arnie J. 3y
 Rubbin C. 4y
 Kevin T. 4y
 Lynn H. 4y
 Steve M. 4y
 Annette N. 4y
 Earnest H. 7y
 Karen S. 7y
 James S. 8y
Southtown
 Debbie P. 9m
Sunday Morning
Breakfast
 Lou F. 6m
 Annette N. 4y
 Joy P. 11y
Thruway
 Dennis W. 3y
 Matt L. 4y
 Louise F. 13y
 Bill Y. 22y
 Irene C. 23y
 Catherine E. 25y
 Mike H. 25y
 Fritz L. 26y
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