

NEW FRONTIERS

August 2004

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

Cloudy Skies

I can hear the dark thunder that rolls off the depressing gray clouds. Thick nasty rain clouds that seem ready to explode. I can feel the tension building, and smell the electric charge of the rain about to pound the earth. Yet, when I look outside it is a beautiful sunny day.

I am the only one who can see these ugly black clouds because they are not real. The weather I am referring to is the depression in my mind, and it is not real. It will come and go just like the weather outside. The gray clouds always go away. Even when my mind tells me they won't.

Of course this depression in my head isn't real. These clouds hold no rain, only lies! It is very important to me that I recognize this illusion because it can and will create real damage.

Now, as I said it is not real, however; it can be if I let it. The power of the mind is enormous. The mind creates its own reality. If I think something long enough it will happen. If I believe I am a loser, then I will be a loser. If I worry that I may fail, I increase the odds that I will. When the glass is half full in my head, then the glass is half full!

So now I know why state of mind is so important. My mind is the most powerful tool God has given me. It does not control me; I control it. I know this is true because today there is no rain. Today there are only clear skies. Today I feel joy! Today I feel bliss!

Some might say I am on a pink cloud, destined to fall off. I say no; I have sunshine and clear skies. I see the truth very clearly at this moment. Yes the dark clouds and the storm may return, however, they are not real. They are lies, and therefore cannot last. They will blow away again.

How, you may ask, do I do this? How do I keep my serenity? Well I will tell you - I stay in the moment; after all it is all I really have. When the dark clouds creep into the moment I pull out my secret weapon - Acceptance! The only time I am truly depressed is when I cannot accept something in my life. I accept that I am an alcoholic and an addict. By accepting this I surrender to the fact that my will is corrupted, in that it wants to use drugs and alcohol at any cost, even if it costs me my sanity and serenity.

I also accept the fact that if I accept God's help I can stop my will just for the moment. That's how I hang on to my sanity one day at a time.

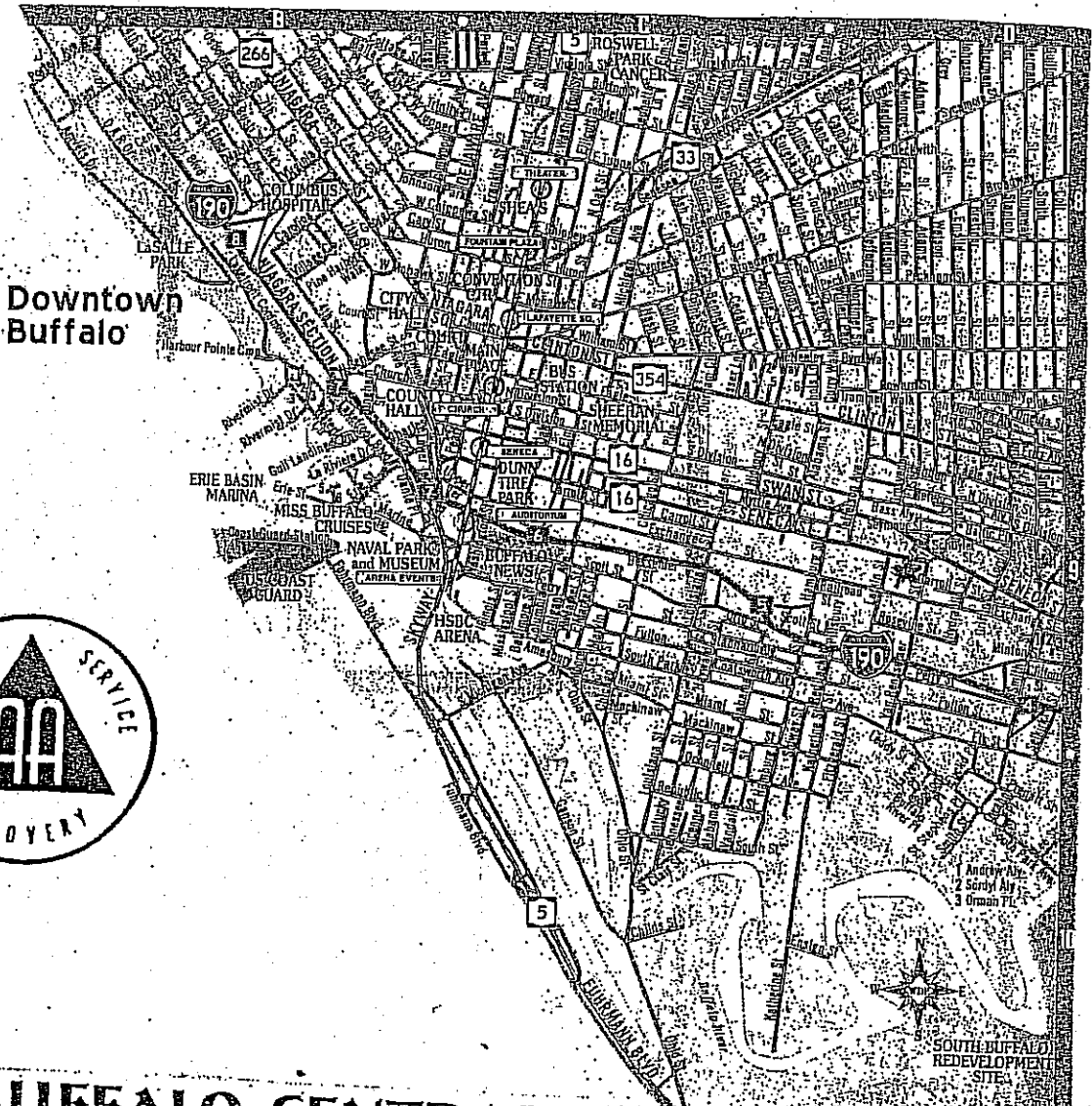
To keep the serenity I have to accept one more thing, and that would be everything. I must accept everything around me is exactly as it should be. I am powerless over what people say and do. I am powerless over events, and things in my life, this I accept and it sets me free.

Last but not least I must accept - myself. When I forgive and love myself, when I take responsibility for my actions, when I surrender to the fact that I am part of the human race, no better and no worse, then I have serenity.

This ironically is the hardest thing for me to accept, yet, just for today I have done so. I know this because I love the weather in my head right now.

Stay in the moment, Daniel

COME VISIT YOUR
NEW
NEW
OFFICE
OFFICE



BUFFALO CENTRAL AA OFFICE
681 SENECA STREET (LOWER)
BUFFALO, NY 14210

Step Eight ~ Made a list of all persons we had harmed, and became willing to make amends to them all.

Editorial:

On the 8th Step. . .

The list that some of us had to make in applying this Step would compare in length to current real estate lists of house and apartment applicants. The length of the list of people we had harmed grew with the degree of our honesty and the accuracy of our memory.

Perhaps some people do come into A.A. with a fortunate record of having harmed only a few. We doubt, however, that anyone need turn in a blank piece of paper—not if he thinks long enough and honestly enough. What, for instance, of the business associates who took on some of our work during our absence from the office or on those days of the shakes and low efficiency? What of the friends whose time we wasted with such very boring blabber? And, too, there are those intangible but damaging effects of the example we set for others; the good we might have done but didn't; the contributions we could have made to helping some one else in some way, or just making a moment or two more pleasant—but didn't; the success of someone else we might have boosted along, but didn't.

Anyone except a saint will find that he has harmed someone, somewhere, and that he has harmed society and his fellow men by failing to do the things for which he had the time, the talent and the opportunity, but not the sense of responsibility.

Even the rare, quiet and so-called well-behaved alcoholic can make a list. And the ordinary variety of drunks, which the great majority of us are, can usually make a list from here to Timbuctoo; beginning with the wife, the youngsters, the relatives and the boss, and extending on through the people we borrowed from and didn't pay back, the people we lied to—and so on and on and on.

The challenge of making amends is indeed a formidable matter to contemplate. In some instances, even to make amends to some one person, such as a particularly hated enemy, seems more than anyone can undertake.

But this process of self-inventory and self-cauterizing also offers one of the most restorative

Volume 3 Issue 1
Grapevine June 1946

experiences to be found through A.A. The experience begins to unfold, too, while making the list of people we have harmed and becoming "willing to make amends to them all."

Let us note that wording—"became willing to make amends. . . ." We may not be able to make amends to everyone we have harmed.

Circumstances may prevent us from making amends to all, and there may be reasons why we should not undertake to make amends to some—as suggested in the 9th Step. But there is nothing at all to prevent us or to restrain us from becoming *willing* to make amends.

The point here is that in order to become *willing* to make amends we have to admit to ourselves without reservations and without quibbling or reciting reasons why we did it, that we did commit the harm. We have to attain the attitude in which we say to ourselves that whether or not the other person was wrong or right, we were wrong. Maybe the person we harmed was a louse. That doesn't make our brand of lousiness any better. It's no excuse. The louse we harmed must go on the list along with the good people we've harmed.

Reaching the degree of self-analysis and honesty which carries us to a *willingness* to make amends to all helps to set the stage for the beginning of real progress in A.A., or real progress in any way of life. This is part of the conditioning process for attaining honesty and humility and helpfulness; part of the process of fitting ourselves again into society; a very vital step in the rehabilitation of the alcoholic.

We know that when drinking we are selfish, self-centered, egotistical and self-dramatists. We are filled with self-pity over the great wrongs everyone has done us, how we are misunderstood, how thoughtless others are towards us.

The 8th Step is an excellent purgative for the kind of thinking, as well as acting, that we've been doing. Drink long and deeply of this Step, because while it may taste very bad going down, the effects are miraculous.

Tradition Eight ~ Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

Bill W. wrote in 1948 "Throughout the world AA's are twelfth-stepping with thousands of new prospects a month. Between one and two thousand of these stick on our first presentation; past experience shows that most of the remainder will come back to us later on. Almost entirely unorganized, and completely unprofessional, this spiritual current is now flowing from alcoholics who are well to those who are sick. One alcoholic talking to another; that's all."

The Language of the Heart, p. 86

Learning to Grow

Lying here with tears, tears that flow from an addiction that skews my every thought.
Feeling the physical pain of yet another family curse, the mere genetic link that captured me?
Grieving the loss of a friend, a companion, and my escape from any emotional pain.
With no blame to be placed on any individual, including myself.
Learning to forgive.

Learning to be an adult and feeling the growing pains I missed so early in life because I used alcohol,
Learning that bad things happen to good people everyday and some how they find strength,
Strength to carry on without using alcohol, a concept I could never comprehend in early sobriety.
And seeing and hearing that no matter what, my life then and now.
It could be filled with more devastating events that average people deal with everyday.
Learning to not be a victim.

Learning to pray to God is my only escape now, my only chance to live..
To pray, not for selfish nor personal gain, but for strength and guidance,
In an already made plan that may not be clear to me for some time to come,
Even as my faith, prayer, spirituality and individual character grow,
I must remember how blessed He made me, by pulling me out of inside myself,
Learning to love myself and to live my life for myself.

Learning I have a journey I must follow,
The signs, are there, I just have to pray and have an open mind,
To witness the signs and believe, without asking why?
Learning to just believe and I do go, for the sake of surrender and serenity in my life.

Learning that commitment to God and my sobriety are the two most important, precious gifts I have received, and like any gift it can be stolen away when I stray from God.
Learning to live as God intended, as a Christian, still riddled with defects of character,
But taking one day at a time and praying for grace,
The grace and the ability to do what God has asked and to give back to those in need,
Learning and remembering all the while that I am loved unconditionally as a child of God.

I learned that alcohol would never abandon me, only hold on tight and steal my soul like the devil himself.
I can see him now sitting back, laughing, just waiting to take my body as well as my soul.
He's still there, looking for my faith in the One who brought me back to Him and His home, to collapse and break as easy as a twig too fragile to hold after a heavy snowfall,
Learning to ask for help and to hold on strong.

District 5 of area 50 will be hosting a day of sharing entitled "Unity, Service and Recovery" on September 25, 2004 from 9:00am to 3:30pm at the Victory Christian Center in Pendleton NY. The cost is \$8.00 advance registration and \$10.00 at the door. A catered lunch will be served at noon.

Coffee and beverages will be available throughout the day.

There will be two speakers and two old-timer panels. Jim M. of North Buffalo and Dave F. from Burlington Ont. Will be sharing their experience, strength and hope. Panelists will be Joy P., Joe W., Joe H., and Ruby L. All panelists have at least 30 years of continuous sobriety.

So please plan on joining us for a great day of fun friendship and fellowship.

If you have any questions please call Cynthia @ (716) 695-4324 or e-mail @ adchtess@aol.com

Intoxication (Celebration)

"What would spirituality give me?" said an alcoholic to the Master.

"Non-alcoholic intoxication," was the answer

Anthony deMello Submitted by Jim F. ~ Holland Group

Serenity

"Are there ways for gauging one's spiritual strength?"

"Many."

"Give us one."

"Find out how often you become disturbed in the course of a single day."

Anthony deMello Submitted by Jim F. ~ Holland Group

ONE BEER

Sober at 20, yikes! I've never had a legal drink of alcohol in my life. How could I qualify for AA? Looking around the rooms of Alcoholic Anonymous, I had a hard time justifying my problem. Most of the people looked to me like old, toothless wonders. I couldn't understand why I had to stop drinking while still in my prime. It didn't help when the old timers took one look at me and negated everything I had to say belittling my experience. I heard so many times, "I spilled more alcohol than you drank." My reply wasn't much better. "Well, if you hadn't spilled so much maybe you would have made it here sooner."

This idea that alcoholics have to qualify themselves to be deemed worthy of a meeting has to be smashed. Let's face it, a young adult or teenager would rather be anywhere than surrounded by old people who are do gooders. Common sense will tell you that! If a young person is in a meeting you can bet they more than qualify and have their own set of problems aside from just drinking. AA's in general have problems believing themselves alcoholic, young people doubly so.

I came into the program already thinking adults were stupid and didn't care. My rebellious tendencies were age appropriate, and coupled with alcoholic anarchy; explain why so many of my friends could not stay sober. I look around the rooms and not one of the young people I got sober with still remains. Most young people go back to drinking ... that's a fact. Most adults in the program (in my experience) say, "Good riddance, let them build a better story and find out the hard way what being an alcoholic really means." Young people in AA present a problem, and most adults don't want to look for a solution. Young people are immature, and alcoholic denial and emotional repression don't help.

I knew a boy in California who played around with AA for a few years. He was still a teenager, and his parents kept putting him into treatment because they didn't want to deal with him or his problems. He talked the talk and rarely walked the walk. He could be found at every social event, yet hardly worked a step. His obnoxious behavior kept old timers away, and his only support was from his peers who weren't any better off than he.

He died still a teenager.

No one took responsibility for his death. His parents (saddened) felt shame because it was the only relief they had. The people in AA used him as a measuring stick for his peers, saying, "Do you want to end up like him? Do what he did and get what he got." His peers used it to gain attention.

What responsibility do we take in matters such as this? Right now, none. It seems AA's have rewritten the words in the book and the singleness of purpose only applies to those doing what is deemed acceptable. Bill, when putting together the book, asked around the various AA meetings of the day what types of things they were teaching their newcomers. He wanted to know what the groups were doing and saying to people new to the program. Their feedback astonished him. They had so many rules and regulations he looked at one guy and said, "I remember when you came in, and you would have never made it if you had to do that to stay sober."

Why I made it and others did not I will never know. I am the exception to the rule. It was harder for me, being so young. My sober life has been messy, but I do what I can to help young people. I honor the death of that boy by putting my phone number into the hands of teenage girls. I honor that boy by remembering by the grace of God there go I. When I see a young person at a meeting, I see that boy being hit by a train after only one beer. I can't make them work the steps, but I can share his experience for him. I am the voice he has to help teenagers understand that you don't have to be old and toothless to die by the hands of one beer.

We thirst for a clear conscious. We crave a clean slate. We yearn for a fresh start. We pray for a hand that will enter the dark cavern of our world and "Do for us what we cannot do for ourselves." By the Grace and Mercy of my higher Power, I was led through the doors of the fellowship, and the above was fulfilled, One Day at a Time...

JMB

Heard at a meeting:

I've only given up one drink.....the next one. (Kevin)

An Old Timer is one who doesn't drink and doesn't die! (BJ)

I finally got into recovery when the unknown became more acceptable than the known.

AA won't solve my problems; it will help keep me sober to work on them.

The man I was will always drink. I need to change.

When you change the way you look at things – the things you look at change.

RULE 62

To an alcoholic, instant gratification is too slow.

Many folk want to serve, but only as advisors.

A positive attitude may not solve all your problems, but it will confuse enough people to make it worth the effort.

God speaks through people; I used to worry about which ones.

Minds are like parachutes they must be open to work.

<p>IN MEMORIAM Things We Can Not Change</p> <p>Sandy M. ~ Hillbilly Group years</p> <p>Let's remember him and all the others who passed on in our prayers.</p>

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Buffalo Central Office
681 Seneca Street
Building 1-H (Lower)
Buffalo, New York 14210

Or

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1	Central Committee Meeting, 7 pm; Corrections Committee Meeting, 6:00 PM, 651 Washington Street, St. Michael's Parish. Gowanda Area Annual Picnic: Sunday, noon until dark. Firemen's picnic grounds on Rt. 62.	2	* Aug. 1940 - <i>Christian Herald</i> reviews The Big Book, "There is a book on alcohol you should read... The unnamed alcoholics write their own stories, and those stories are dynamite."	3	1954 - Brinkley S. gets sober at Towns Hospital after his 50th detox.	4	"...for it is in giving that we receive..." The St. Francis Prayer	5	* Aug. 1949 - Intl. Doctors in AA is founded in Clayton, NY, with 10 doctors, including 3 Canadians.	6	25th ANNUAL NY STATE INFORMATIONAL WORKSHOP , Daemen College, 4380 Main Street, Buffalo.	7	1943 - <i>Harrisburg</i> runs a story on the sary of the local /
8	1879 - Dr. Bob, AA's Co-founder, is born in St. Johnsbury, VT.	9	Are you "Involved" in or "committed" to AA? Look at a plate of ham and eggs. The chicken was "Involved, the pig was committed."	10	** 1955 - Bill W.'s long depression lifts after he turns "The Fellowship over to the Fellowship" at the St. Louis Conv.	11	1938 - 1st meeting of the Alcohol Foundation.	12	 Even at a snail's pace, it's progress. If it works, don't fix it.	13	* Aug. 1941 - Cincinnati, Ohio AA group has 60 members at its 6 months anniversary party.	14	Thinking of drinking? Put your sobriety under your ton. When it melts, you have a drink.
15	General Service Assembly , 1 PM., 511 Club, JAMESTOWN.	16	Treatment Facilities Committee , 9 PM, after the Ironhorse Group, St. Paul's United Church, 49 Indian Church Rd South Buffalo	17	"But we aren't a glum lot. We absolutely insist on enjoying life." Big Book, p.132	18	* Aug. 1939 - Dr. Silkworth and 5 other doctors attend AA meeting at Bob and Meg V.'s home in Montclair, NJ.	19	New Frontiers Committee , 7:00 PM, St. Michael's Parish Center, Electric And Warsaw, Lackawanna.	20	GOOD ORDERLY DIRECTION G.O.D.	21	1941 - <i>LA Daily News</i> on an AA plentific Griffith Park Zoo, some "real" elephant
22	1890 - E. M. Jellinek, PhD author of <i>The Disease Concept of Alcoholism</i> and great AA friend, is born.	23	1939 - Dr. Bob and Sr. Ignatia admit the first of over 5,000 drunks they will treat at St. Thomas Hospital in Akron, Ohio over the next 10 years.	24	The opposite of HATE is LOVE. Remember this and stay sober.	25	1943 - <i>Quincy Patriot</i> , MA, reports donation of an AA Big Book to local library by South Shore AA group.	26	3rd Buffalo Fall Convention Meeting , 7:00 PM @ Holy Trinity Lutheran Church, 1080 Main Street	27	AA is education without graduation.	28	Archives Committee Meeting, 9 am, Mar Presbyterian Church, Maryvale Dr., Chees
29	Faith without works is dead. BB, p.14	30	Depression is anger without enthusiasm. Remember: alcohol is a central nervous system depressant.	31	"We claim spiritual progress rather than spiritual perfection." Big Book, p. 60		* Aug. 1941 - Bill W. writes Dr. Bob to report Works Pub. Co. has been incorporated.	BUFFALO CENTRAL AA OFFICE 681 SENECA STREET BUFFALO, NY 14210 (LOWER)					

Oldtimers sobered up on tough love and sauerkraut juice.

Aug. 1934 - Ebbey T. Bill W.'s school buddy and sponsor, sobers up in the Oxford Group and visits Bill.

Do you have any sober cyber friends online? There are numerous internet sites for the recovering alcoholic.

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 4:30 PM
Schedule on line at ny-aa.org

681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389

buffalooa@hotmail.com

AUGUST 2004

MEETING CHANGES;

EASY DOES IT, Saturday's at 10am in North-Buffalo has **MOVED** to St. Andrews Episcopal Church, 10 Main Street at Lisbon.

SUNDAY THIRD in Sheridan, is moving Sept.5th to the 1st United Methodist, Rt 5 & 20, WC, NS. 8 PM.

POSITIVELY LIVING GROUP has gone back to meeting Tuesday & Thursday's **ONLY**. Ascension Church, Linwood & North at 12:30 PM.

NEW MEETING: MAPLE MEDITATIONS, Thursday, All Saints Church 781 Maple Rd., Williamsville 8 PM. Open.

JUST DO IT, Friday's, **NO LONGER MEETS.**

LIVE & LET LIVE, Friday's, **NO LONGER MEETS.**

BUT FOR THE GRACE OF GOD, Tuesday's, **NO LONGER MEETS.**

SAINT BARNABAS in Akron, Monday's at 8 PM, Has Moved across the street, Denio Library, from the Masonic Temple (63 John's Street), it's former place. We could also use some support.

NEW MEETING: CAME TO BELIEVE, Sunday's at 1:30 PM. Serenity Shack, 75 Main Street. Open. Tonawanda.

NEW MEETING: SERENITY SHACK NOONERS, 12 Noon in Tonawanda. Serenity Shack, 75 Main Street. Open. Wednesday: Big Book.

NEW MEETING: LOCKPORT TUESDAY AFTERNOON, 12:30 PM, Horizons Health Service, 36 East Ave., upper suite. Open Meeting, WC, NS.

Service Opportunities:

~ Aug. 1, **Central Committee Meeting**, 7 pm, 651 Washington Street, St. Michael's Parish. (Hosted by (Living Sober).

~ Aug. 1, **Corrections Committee Meeting**, 6:00 PM, 651 Washington Street, St. Michael's Parish.

~ August 15, **General Service Assembly**, 1 PM., 511 Club, JAMESTOWN. (Hosted by 511 Group) 511 E. 2nd Street.

~ Aug. 19, **Treatment Facilities Committee**, 9 PM, after the Ironhorse Group, St. Paul's United Church, 49 Indian Church Rd., South Buffalo.

~ Aug. 12, **New Frontiers Committee**, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.

~ Aug. 26, **63rd Buffalo Fall Convention Meeting**, Thursday, 7:00 PM @. Holy Trinity Lutheran Church,

~ Aug. 28, Archives Committee Meeting, 9 am, Maryvale Presbyterian Church, 425 Maryvale Dr., Cheektowaga.

COMING EVENTS

~ Aug. 1, Gowanda Area Annual Picnic; Sunday from noon until dark at the firemen's picnic grounds on Rt. 62 just North of McDonalds restaurant. Family day, hot dogs and hamburgers, soda and coffee supplied, please bring a dish to share.

~ August 6-8, 25th ANNUAL NY STATE INFORMATIONAL WORKSHOP, Daemen College, 4380 Main Street, Buffalo. Rooms available, Registration \$15. Flyer available at Central Office.

~ Sept. 3, 4 & 5, 51st ANNUAL TRI-STATE ASSEMBLY; Chautauqua, NY. Flyers in the office. No gate fee. \$10 Advanced - \$12 Registration. Flyer available.

~ Nov. 5, 6 & 7, 63rd.BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Registration & Banquet: \$45. For information call, Registration Chair: John C. or Email: johnjczermerys@adelphia.net or Convention Chair: Jim R. (716) 491-8301. Coffee donations may be sent to: P. O. Box 747 Station C., Buffalo, NY 14209.

THE FAIR IS COMING TO TOWN (FREE TICKETS)

The Erie County Fair is fast approaching. We need your help. This year our AA booth is in a new location. We will be in a large tent, next to the Agri-Center; with other non-profit groups.

As in the past we will need 6 people per day. There are three shifts of 2 people in each. The shifts are 10 Am-2 Pm, 2 PM-6 PM, and 6 PM-10 PM. Retired people and any members that have mornings off are very much needed for the first two shifts.

Please grab a friend and join us as we trudge the road to happy destiny to the Erie County Fair.

Please call Tom Pietrzak @ 649-1967 to sign up. Thank you.

8th STEP: "Made a list of all persons we had harmed, and became willing to make amends to them all."

8th TRADITION: "Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers."

8th CONCEPT; The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... *Yours in the Fellowship of the Spirit...*

Terry Bateman....

Executive Secretary

GROUP CONTRIBUTIONS

Income Statement	30-Apr-04	31-May-04	30-Jun-04
Beg Bal Cash-on-hand	6,338.84	19,346.03	16,019.22
Contributions			
Groups	5,376.94	2,853.45	2,958.26
Joint Meeting	52.01	49.00	51.50
Envelope System	340.00		696.00
New Frontiers Subs	22.00	33.00	
Literature	2,217.47	2,964.00	2,465.83
Mail/Misc.		75.00	
Conventions/Day of Sharing	12,000.00		
Monthly Income	20,008.42	5,984.45	6,171.59
Expenses			
Office Rent	636.00	1,389.04	635.08
Meeting Room Rent	35.00	35.00	35.00
Payroll			
Salaries (Net)	2,120.20	1,696.16	1,696.16
Federal Withholdings	735.75	588.60	588.59
NYS Withholdings	365.81		
Insurance			
State Ins Fund			48.38
Health	304.00	304.00	304.00
Liability			
Postage	396.54	643.31	51.26
Phone	121.80	122.89	104.55
Accounting			2,000.00
Advt			
PIC Lit.			
Talking Phone Book			
Verizon	163.00		176.00
website			
white directory			
Yellow Pages			
Literature Expenses			
Grapevine	317.50		
World Services Inc	890.20	1,799.34	2,641.96
Hazelton	408.10		
"In All Our Affairs"			
Printers		2,240.00	
Office Supplies	114.46	114.96	291.57
Answering service	104.14	102.51	100.78
Minolta leasing (copier)	260.45	260.45	260.45
Minolta Copies	13.28		
Crystal Rock (water)	15.00	15.00	
DBA Telecommunication			
computer			
CD			8,000.00
Monthly Expenses	7,001.23	9,311.26	16,934.78
Monthly Income (Loss)	13,007.19	(3,326.81)	(10,763.19)
CD			8,000.00
End Bal Cash-on hand	19,346.03	16,019.22	5,256.03
Literature Assets:	4,500.75	3,547.54	
Literature Receivable (outstanding)	453.62		519.69
Corrections Facilities	819.90	2,014.44	1,369.59
Donations	1,194.54	275.65	221.46
Expenses		920.50	
Bank Charges			
Balance	2,014.44	1,369.59	1,591.05
Treatment Facilities	871.93	1,131.85	1,131.85
Donation	1,159.54	217.50	191.46
Expenses			
AT & T Bridging The Gap	43.89	31.55	28.50
AAA Abbott Answering Service	36.75	33.50	38.50
Literature		562.50	
Bank Charges			
Balance	2,050.83	721.80	1,256.31

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
11:45		0.00		9.00		0.00
12 Step		0.00		0.00		0.00
4th Step Chambers		0.00		0.00		0.00
5th Step		0.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Merit		225.00		225.00		225.00
Acceptance/Welcome		0.00		0.00		0.00
Achievement		200.00		0.00		0.00
Action		50.00		50.00		50.00
After Midnight		0.00		0.00		0.00
Age Doesn't Matter		75.00		0.00		0.00
Alexander	100.00	200.00		0.00		0.00
Amherst Snyder	201.55	548.43		0.00		0.00
Amstel Lakeshore	20.00	120.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	30.00	150.00		0.00		0.00
Anybody's		0.00		0.00		0.00
As We Grow It		25.00		0.00		0.00
Attitude Adjustment		50.00		25.00		25.00
Attraction		300.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Beginning in Sobriety II		0.00		0.00		0.00
Beginning's Women		35.00		0.00		0.00
Edward Monday		225.00		0.00		0.00
Big Book Lockport	25.00	100.00		0.00		0.00
BB Spiritual Awakening		5.00		0.00		0.00
Big Book Study	120.00	150.00		0.00		0.00
Big Book Workshop		70.00		0.00		0.00
Blackall		0.00		0.00		0.00
Blackall Monday Night	20.00	40.00		0.00		0.00
Boothville		150.00		0.00		0.00
Boulevard Helping Hand		0.00		0.00		0.00
Boulevard Women	50.00	125.00		0.00		0.00
Brass		50.00		0.00		0.00
Brockton AA		0.00		0.00		0.00
Browhoppers		0.00		0.00		0.00
Buffalo Grass	1.00	5.00		0.00		0.00
But For the Grace of God		90.00		0.00		0.00
By The Book		0.00		0.00		0.00
Casting		40.00		13.00		13.00
Cathedral Park		33.35		15.00		15.00
Car Marv	20.00	120.00		25.00		25.00
Cazenovia		0.00		0.00		0.00
Central Park		0.00		0.00		0.00
Chapter IX		0.00		0.00		0.00
Checktowers	50.00	50.00		0.00		0.00
Chevy #1		0.00		0.00		0.00
Clarence Merit		0.00		0.00		0.00
Clarence Merit II		0.00		0.00		0.00
Cold Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Problem		0.00		0.00		0.00
Common Solution	30.00	30.00		0.00		0.00
Commitment		0.00		0.00		0.00
Community Center		0.00		0.00		0.00
Companions		0.00		0.00		0.00
Courage		100.00		64.75		64.75
Archie		0.00		0.00		0.00
Crotonville		152.00		0.00		0.00
Cross Talk Big Book	30.00	90.00	10.00	30.00		30.00
Daily Reflections	100.00	300.00		0.00		0.00
Daily Respite		0.00		0.00		0.00
De/Venue Discussion		0.00		0.00		0.00
Derby		150.00		0.00		0.00
Desire		0.00		0.00		0.00
Downman Merit		0.00		0.00		0.00
Donald Monday Night		0.00		0.00		0.00
Early Bird		0.00		0.00		0.00
Early Rising Obligation		0.00		0.00		0.00
Early Rother Way		0.00		0.00		0.00
East Amherst		0.00		0.00		0.00
East Aurora	100.00	150.00		0.00		0.00
Easy Does It	25.00	150.00		0.00		0.00
Elicott		0.00		0.00		0.00
Ellicottville		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Eternal Vigilance		0.00		0.00		0.00
Everybody's	60.00	150.00		0.00		0.00
Express		322.00		0.00		0.00
Eysenher		305.00		0.00		0.00
F.U.H.		25.00		0.00		0.00
Faith		0.00		0.00		0.00
Father Baker	75.00	475.00		0.00		0.00
Feedings		0.00		0.00		0.00
Fireside		306.00		37.50		37.50
First Things First		0.00		0.00		0.00
Frederic Discussion		0.00		0.00		0.00
Frederic Friday Noon		0.00		0.00		0.00
Frederic	100.00	200.00		0.00		0.00
Frank Bart	15.00	27.00		11.00		12.00
Friends		0.00		0.00		0.00
Friends (New)		140.00		0.00		0.00
GAHADA GCH		0.00		0.00		0.00
Gardenville		150.00		25.00		25.00
Georgetown		200.00		0.00		0.00
Getting Better		0.00		0.00		0.00
Giving	50.00	50.00		0.00		0.00
Go to Any Length	50.00	50.00	50.00	50.00	50.00	50.00
Golden Elmer		100.00		0.00		0.00
Grand	52.00	52.00		0.00		0.00
Grand II Joy of Living		0.00		0.00		0.00
Grateful		50.00		0.00		0.00

GROUP CONTRIBUTIONS

GROUP CONTRIBUTIONS

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Happy Hour	0.00	0.00	0.00
Harmony	50.00	50.00	0.00
Hobby Hand	25.00	90.00	0.00
High Noon	70.00	420.00	0.00
High View	120.00	120.00	0.00
Higher Power	0.00	0.00	0.00
Hiloby	300.00	0.00	0.00
Holiday Village	100.00	600.00	0.00
Holland	0.00	0.00	0.00
Honest Solutions	0.00	0.00	0.00
Honesty	90.00	0.00	0.00
Hope By Book Study	20.00	0.00	0.00
How It Works	0.00	0.00	0.00
How It Works/Men's	0.00	0.00	0.00
Inner City	0.00	0.00	0.00
Inspiration	0.00	0.00	0.00
In The Solution	0.00	0.00	0.00
Intoxicated on Life	40.00	20.00	20.00
Ironhorse	47.50	191.50	19.00
IT	25.00	0.00	0.00
Jameson Group	0.00	0.00	0.00
Johnson Creek By Book	0.00	0.00	0.00
Journey	116.68	116.68	0.00
Just Do It	0.00	0.00	0.00
Just For Today/Alban	5.00	0.00	0.00
Just For Today/Chick	0.00	0.00	0.00
Keep It Simple Sister	60.00	0.00	0.00
Keep On Coming	0.00	0.00	0.00
Kermon	0.00	0.00	0.00
Kerrington	0.00	0.00	0.00
Lake Shore	100.00	575.00	25.00
Lakeview	75.00	0.00	0.00
Last Days Fellowship	11.00	0.00	0.00
Lawyers	146.00	0.00	0.00
LawPort	0.00	0.00	0.00
Let Go and Let God	0.00	0.00	0.00
Liberty Women	40.00	0.00	0.00
Life Today	0.00	0.00	0.00
Lighthouse LP	600.00	0.00	0.00
Live and Let Live	0.00	0.00	0.00
Living in the Solution	7.00	0.00	0.00
Living Sober	60.00	0.00	0.00
Lock City	0.00	0.00	0.00
Lockport #1	250.00	616.00	25.00
Lockport (no name)	0.00	0.00	0.00
Lockport Discussion	20.00	0.00	0.00
Lockport Ladies	0.00	0.00	0.00
Lockview	450.00	0.00	0.00
Lock To This Day	0.00	0.00	0.00
Love	50.00	0.00	0.00
Loveloy	0.00	0.00	0.00
Lower River	0.00	0.00	0.00
Main and High	5.00	16.00	0.00
Main Street	0.00	0.00	0.00
Martha	50.00	0.00	0.00
Matt Talbot	100.00	0.00	0.00
Mayville Uptown Group	0.00	0.00	0.00
McKivley Winners	75.00	0.00	0.00
Madras Big Book	25.00	0.00	0.00
Madras New Life	90.00	40.00	0.00
Messy	100.00	0.00	0.00
Midday	92.50	143.55	0.00
Midnight Discussion	0.00	0.00	0.00
Miracle	0.00	0.00	0.00
Morning After	300.00	0.00	0.00
New Awakening	0.00	0.00	0.00
New Frontier	0.00	0.00	0.00
New Beginnings/St. Vincent	0.00	0.00	0.00
New Life	0.00	0.00	0.00
New Outlook	0.00	0.00	0.00
Niagara Intergroup	0.00	0.00	0.00
New Westside	0.00	0.00	0.00
Niagara Frontier Men's Disc.	100.00	0.00	0.00
North Buffalo	200.00	800.00	50.00
North Java Monday	0.00	0.00	0.00
North Java Sunday	25.00	0.00	0.00
One Day At A Time	0.00	0.00	0.00
Open Arms	75.00	0.00	0.00
Open Mind	0.00	0.00	0.00
Orchard Park Step	53.00	262.00	0.00
Pass It On	0.00	0.00	0.00
Patchin	100.00	100.00	0.00
Pathway to Peace	0.00	0.00	0.00
Pendleton Chapter Five	0.00	0.00	0.00
Phonics	0.00	0.00	0.00
Positively Living/Rem.	10.00	530.00	0.00
Powerless	200.00	0.00	0.00
Primary Purpose	0.00	0.00	0.00
Principles Def. Personality	0.00	0.00	0.00
Progress	0.00	0.00	0.00
Purposes/Conscience	0.00	0.00	0.00
Quakers & Arrows	0.00	0.00	0.00
Rainbow	50.00	40.00	40.00
Ray of Hope	195.00	0.00	0.00
Reac. Women in the B.C.	0.00	0.00	0.00
Recovery Near the Gardens	10.00	40.00	0.00
Redeemers	0.00	0.00	0.00
Remember When	25.00	0.00	0.00
Renewal	0.00	0.00	0.00
Ride Sober	50.00	50.00	0.00
Rhyme	350.00	25.00	25.00
Rise and Shine	0.00	0.00	0.00
Rochester	50.00	0.00	0.00
Robard	0.00	0.00	0.00
Rural in Plural	0.00	0.00	0.00
Sally	0.00	0.00	0.00
Sandstone	0.00	0.00	0.00

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Sat. Mornings	0.00	0.00	0.00
Searching For Serenity	100.00	0.00	0.00
Second Chance	0.00	0.00	0.00
Serenity	170.00	0.00	0.00
Serenity Circle	5.00	15.00	0.00
Serenity in the Park	0.00	0.00	0.00
Serenity on the Lake	0.00	0.00	0.00
Serenity Trails	0.00	0.00	0.00
Setaside	0.00	0.00	0.00
Sheridan	100.00	0.00	0.00
Shiloh Friendship	0.00	0.00	0.00
Sober and Proud	0.00	0.00	0.00
Sober Saturday	397.00	50.00	50.00
Sober Trail	0.00	0.00	0.00
Sober Winners	0.00	0.00	0.00
Sobriety Comes First	0.00	0.00	0.00
Sobriety for Women	0.00	0.00	0.00
Sobriety Men's Disc.	83.00	58.00	25.00
Sobriety On The Canal	40.00	0.00	0.00
Sobriety on a Sat. Night	0.00	0.00	0.00
Sobriety on the Lake	0.00	0.00	0.00
Somersel	0.00	0.00	0.00
South Buffalo	0.00	0.00	0.00
South Town	0.00	0.00	0.00
Southgate	90.00	0.00	0.00
Southtown Women's	0.00	0.00	0.00
Southwestern	50.00	0.00	0.00
Spirit of Hope	200.00	0.00	0.00
Spiritual Progress	170.00	0.00	0.00
Springville Sat. Afternoon	60.00	0.00	0.00
Springville Tues. Night	0.00	0.00	0.00
Springville Wed. Noon	0.00	0.00	0.00
Springville New Life	0.00	0.00	0.00
St. Barnabas	0.00	0.00	0.00
St. Mark's	0.00	0.00	0.00
Staring Over	34.50	229.80	0.00
Staring Above	0.00	0.00	0.00
Step Walk	0.00	0.00	0.00
Stepping Stones/Gow.	0.00	0.00	0.00
Stepping Stones/WIL	25.00	0.00	0.00
Stewart	50.00	0.00	0.00
Sunday Afternoon Assumption	0.00	0.00	0.00
Sunday Morning Breakfast	600.00	50.00	50.00
Sunday @ 8:00	0.00	0.00	0.00
Sunday Nites	0.00	0.00	0.00
Sunday Thrd Group	0.00	0.00	0.00
Sunrise Court	100.00	15.00	10.00
SUNNY Amber Campus	0.00	0.00	0.00
Surrender and Hope	275.00	25.00	25.00
Sunshine	0.00	0.00	0.00
T&E	0.00	0.00	0.00
Thank A	85.00	0.00	0.00
The Book Meeting	0.00	0.00	0.00
Three Legacies	27.46	82.10	27.46
Those Too	5.00	30.00	0.00
Thursday	80.00	600.00	20.00
Thurs. Nite Sleepers	0.00	0.00	0.00
Thursday PM Discussion	200.00	0.00	0.00
Today	0.00	0.00	0.00
Today's Woman	60.00	0.00	0.00
Tri County	210.00	0.00	0.00
Tri-Step Enthusiasts	40.00	40.00	0.00
Try Again	100.00	0.00	0.00
Tuesday Men's Aid	150.00	0.00	0.00
Tuesday Women	60.00	30.00	30.00
Turning Point	0.00	0.00	0.00
Twin Cities	0.00	0.00	0.00
Unity	0.00	0.00	0.00
University Men's Disc.	832.70	0.00	50.00
Valley	0.00	0.00	0.00
Varities of Spiritual Exper.	10.00	15.00	0.00
Varysburg	0.00	0.00	0.00
Victory	100.00	0.00	0.00
Wake Up Call	0.00	0.00	0.00
We Are Not Saints	0.00	0.00	0.00
We Care	30.00	10.00	20.00
We Choose Life	0.00	0.00	0.00
Welcome	50.00	0.00	0.00
Welcome	0.00	0.00	0.00
Westfield	0.00	0.00	0.00
Westminster	0.00	0.00	0.00
Why	0.00	0.00	0.00
Williamsville	500.00	0.00	0.00
Willing To Grow	220.00	0.00	0.00
Wizards Group	25.00	25.00	0.00
Wizards Smith Alumni	0.00	0.00	0.00
Women's West Side	0.00	0.00	0.00
Working	250.00	0.00	0.00
You'll Never Walk Alone	0.00	0.00	0.00
Young at Heart	0.00	0.00	0.00
Youngstown	0.00	0.00	0.00
Zodiac	40.00	0.00	0.00
Frank B.	130.00	0.00	0.00
Anonymous	100.00	0.00	0.00
Jimerson	60.00	0.00	0.00
Sandra L.	100.00	0.00	0.00
John H.	50.00	0.00	0.00
Kathleen	5.00	0.00	0.00
Bruce C.	5.00	0.00	0.00
Peter D.	6.85	0.00	0.00
Mike J.	50.00	0.00	0.00
Paul H.	200.00	0.00	0.00
Paul S.	25.00	0.00	0.00
Ed OD	22.50	0.00	0.00
Kevin P.	20.00	0.00	0.00
James N.	5.00	0.00	0.00
IRS	17.00	0.00	0.00

Buffalo Central Committee
July 11, 2004

John, Committee Chair opened the meeting at 7:02 PM, with a moment of silence, the Serenity Prayer and the Preamble. Charles, Spirit of Hope group, read The Purpose of the Central Committee. Jake, Three Legacies Group read the Traditions. Motion to dispense with reading of last months minutes, motion by Pat, Rainbow Group, seconded by Sean, Journey Group.

29 Groups were represented: **District#1** Downtown Men's, Journey, Main and High, New West Side. **District # 2** Early Bird, Living Sober, Three Legacies. **District #3** Iron Horse, New Life, Rainbow, Ridge, Southtown, Southgate, Sunday Morning Breakfast, The Book Meeting. **District #4** Action, Main Street, Patchin, Springville Tuesday Night, Springville Wednesday Noon, Springville Saturday Afternoon, Springville New Life. **District #5** Lockport #1 **District # 6** Lakeshore **District # 7** Buffalo, Community Center, Fresh Start, Spirit of Hope

COMMITTEE REPORTS:

ENVELOPE SYSTEM: Terry, Exec. Secretary for May and June \$696.00

STEERING COMMITTEE : John H. Chairperson-Exec. Sec. gave report; total expenses for the move \$1,575.80. District #5 Day of Sharing. Exec Sec. will call about Security Deposit return from Ellicott Square. Discussion on sign. Motion on sign Mark Dist #8, Second Dist # 4 Frank. Passed.

FINANCIAL REPORT:

Income:

May 2003	May 2004	Variance	%	YTD 2003	YTD 2004	Variance	%
Avg.	Actual		Change	Avg.	Actual		Change
\$7,481.00	\$7,994.45	\$533.45	7.15%	\$37,305.00	\$40,081.99	\$3,376.99	0.05%

Narrative:

\$2000.00 of the \$12000.00 Woman's Convention contribution is added to Income since it was requested to pay for the printing of the schedules. This reduces the certificate of deposit to \$10000.00.

Other topics:

Debt included in May expenses for the printing of schedules.

Rent Deposit	\$753.04
Office Supplies	\$19.58
Total	\$772.62

Expense:

May 2003	May 2004	Variance	%	YTD 2003	YTD 2004	Variance	%
Avg.	Actual		Change	Avg.	Actual		Change
\$7,809.00	8,557.62	\$588.62	7.12%	\$39,945.00	\$39,300.27	(\$644.73)	-1.64%

Narrative:

A deposit of \$753.04 was made to the Larkin Building and will not be included this operating comparison but will be accounted for below. See expenses so far reported to me for moving of Central Office. This reporting is accepted accounting principals. Please see below.

Summary:

In keeping with general accepted accounting principals I will not report the expenses of the move in the operating budget. The expenses will be deducted from the operating budget for 2004. For review purposes I deduct the move expenses from the appropriate line item from the Secretary's Income Statement report designating budget expenses from the move. Separate line itemizing detailed above.

Other topics include that the year 2003 taxes have been filed and successfully audited.

Thank you for allowing me to serve.

Respectfully,

Paul S.

Going To any Lengths Group

TREATMENT: Tom stated all meetings are covered. All time slots for the T.F. C literature at the Spring Convention are covered except the ones during the banquet. Lighthouse-Lakeshore is interviewing candidates for their psyche. job. More suggestions put forth on the ECMC issue. A meeting will be scheduled to put some concrete proposals for the ECMC issue in writing. Brylin Alden is going to move back to the Gates Circle facility. BJG calls remain constant at 10 to 12 per month. Treatment Facility Committee meets the 3rd Tuesday of the month.(Iron Horse Group location)Anyone wishing to be involved please call Winston 833-9747.

CORRECTIONS: Andrew stated that the corrections facility committee is looking for dynamic, electrifying speakers to carry the AA message behind the walls. Please contact the following people if you know of any speakers or if you are personally interested in

serving AA: Andrew K. Corrections Chairperson 652-6294, Jim K GSO Corr. 821-0713, Bob L Wende-Facility 876-1932, Gary S. Niagara County 579-7120, Bob G Gowanda/Collins II 743-0645. Also the Corrections Committee invites and encourages participation by homegroup representatives at our monthly meeting 6:00pm 1st Sunday of the month before Central Committee meeting.

SCREENERS: No report

CENTRAL OFFICE: AA INFO: 264, 12-STEP: 4, ALANON: 9, VISITORS: 42, VOLUNTEERS: 20. What A Month!! The \$8,000.00 was put into a CD. We moved the office. It warmed my heart to have about 30 people show up with about a dozen pickup trucks, and a large truck. By 11:30 AM we we're moved into our new space. I strongly recommend that you stop in and visit your new office. I think you will be pleased. There's no cost to park, so come on out. I have a break down of moving expenses to date: Deposit- \$753.04, Rubber Stampers- \$19.58, DBA Telecommunications- \$632.75, Shelving- \$97.56, Vacuum Cleaner- \$62.82, Donuts- \$10.05, TOTALLING: \$1,575.80. I have received a check for \$250.00 to apply toward Tables and chairs for the meeting area. From my research 50 chairs would cost about \$500.00. An 8' table cost about \$45.00 x (5) would be \$225.00. Total cost for tables and chairs would be about, \$725.00. We still need to decide on signs. Currently on our inner door I put a magnet on the back of the round AA sign. We need everyone's support, financially.

Yours in the Fellowship of the Spirit... Terry Bateman... Executive Secretary

PIC : Jake, 3 Legacies verbal report.

NEW FRONTIER: No report

2004 CONVENTION: 4th Convention meeting August 26th at 7pm 1080 Main Street. Donations for coffee coming in slow but coming in. All speakers in place, working on panels. Tables for dinner being sold. Coffee Fund can will be carried by me to most meetings. I will be at the State Convention and Workshop with coffee can and flyers for the Fall Convention.

AD-HOC COMMITTEE: No report

COURTESY REPORTS:

ARCHIVES: Frank, Archive Chair stated that the next display will be at the New York State Convention on July 23, 24, 25 along with other districts across the state. Also our regular meeting will be help there on Saturday, 24th at 9:00am

GSA: Tom stated the information for NY State Informational workshop. See brochure.

OLD BUSINESS: None.

NEW BUSINESS: Sean, Journey group motions to have Karen take the position of Envelope System until the end of the year or until the next election. John H. seconds. Voted and passed. Brief discussion on the purchase of table and chairs for new building. Pat, Rainbow group motions to have the exec. Secretary purchase table and chairs at the lowest price. Lee, Early Bird group, seconds. Voted and passed. Jack, District #5 is having a Day of Sharing and all the money will be going to the Central Office. John H, Steering Committee Chairperson recommends that the sign be the circle and triangle. Motion to accept the Steering Committee recommendation by Pat, Rainbow group and seconded by Ben, Downtown Men's group. Voted on, one opposition. Passed. Kim, Recording Secretary reminds groups that the coffeemakers for August are Living Sober and September, Fresh Start. Motion to adjourn Sean, Journey Group and 2nd John H. Thank you for giving me this opportunity to serve AA, Kim E.

AUGUST ANNIVERSARIES

Coldsprings

Lorenzo B. 7y
 Teresa 8y
 Thornie H. 11y
 Dorothy M. 12y
 Carmien S. 14y

Fresh Start

Tina C.
 Barbara H.
 Edie H.

Fireside

Sean B. 3m
 Jamie A. 6m
 Mary D. 9m
 Dan K. 9m
 Rich J. 1y
 Bernard Mc. 2y
 Connie S. 6y
 Grgg C. 9y
 Pete W. 15y

Giving

Randy B. 9y

Holland

Cheryl M. 1y
 John O. 15y

Ironhorse

Molly B. 10Y
 Rich T. 11Y
 Frank M. 17y
 Katie K. 22y

Kensington

Rita K.
 Ellenor N.

Living Sober

Keith S. 2y
 Bob G. 6y
 Will M. 12y

Lovejoy

Lisa G. 6m
 Mike L. 6m
 Robert S. 9m
 Guy M. 1y
 David P. 8y
 Bernie S. 32y

North Buffalo

Rob P. 3m
 Dan P. 6m
 Peter N. 6m
 Mel F. 6m
 Michael F. 6m
 Greg M. 6m
 Kedra S. 6m
 Suzanne A. 6m
 Bob B. 6m
 Lisa Jo S. 1y
 Barbara S. 2y
 Bob H. 6y
 Lisa G. 10y
 Lisa Y. 13y
 Kathy T. 14y
 Chuck B. 15y
 Kevin C. 21y

Positively

Living

Michael M. 3m
 Loann B. ?
 Jeanie A. 29y

Rise & Shine

Denise H. 3m
 Lorenzo B. 3m
 Alexis J. 6m
 Stephanie J. 9m
 Allen E. 1y
 Kim S. 1y
 Colleen D. 1y
 Thomas D. 2y
 Kathy G. 5y
 Colleen K. 5y
 Victor V. 8y
 Randy B. 8y
 Teresa L. 8y
 Michael A. 10y
 Chris M. 13y
 Terry W. 14y

Thruway

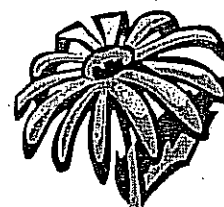
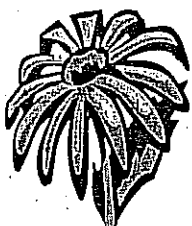
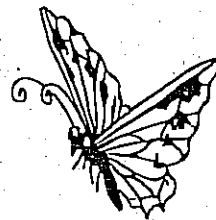
Robin D. 11y
 Lee R. 24y
 Dave B. 26y
 Bernie S. 32y
Sun. Morning Br.
 Gene K. 6y
Victory
 Bernie S. 32y



Group Anniversaries

Age Doesn't Matter
 Anybody's
 Another Chance
 As Bill Sees It
 Big Book-Lockport
 Community Center
 Derby
 Grand
 Lockport Ladies
 Marilla
 Reneacion
 St. Barnabas
 Sober and Proud
 Sunday Morning Br.
 Varieties of...
 Spiritual Experiences
 We Care
 Youngstown

N. F. Policy:
*Anniversaries must
 be submitted by
 the 12th
 of the
 month previous*



AA of the Niagara Frontier

BUFFALO CENTRAL OFFICE
68¹ SENECA STREET
(LOWER)
Buffalo, New York 14210

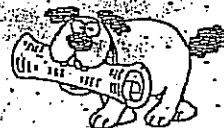
Non Profit
Organization
U.S. Postage
PAID
Buffalo, NY
Permit No. 53

Interested in receiving the NEW FRONTIERS? Mail To: AA Central Office
NAME: _____ 701 Seneca Street
ADDRESS: _____ Building 1-H
Buffalo, NY 14210

Enclosed is a check or money order made payable to AA Central Office earmarked
the "New Frontiers" for \$ _____ for _____ copies.

Annual Subscription:

1 Copy	\$10	20 Copies	\$57
2 Copies	\$13	30 Copies	\$75
5 Copies	\$24	40 Copies	\$95
10 Copies	\$33	50 Copies	\$120
15 Copies	\$43	60 Copies	\$135



TIME TO CHANGE?

Renewal
New Subscription
Address Change*
Remove Name