

NEW FRONTIERS

September 2003

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF
WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

How Can AA Survive?

I came across this and, once I had finished smiling, recognized the essential truth (as I see it) of what the author wrote.

"Alcoholics Anonymous is a fellowship designed and administered by a bunch of ex-drunks whose only qualification for membership is that we finally realized that we can't hold our liquor and we want to stop trying to impossibly learn how to hold it successfully. It has no rules, dues or fees, nor anything else that any sensible organization seems to require.

At meetings the speaker starts on one subject and winds up talking about something entirely different and concludes by saying he doesn't know anything about the program, except that it works. The groups are often broke yet always seem to have money to carry on. We are always losing members but seem to grow. We claim AA is a selfish program but always seem to be doing something for others. Every group passes laws, rules, edicts and pronouncements, which everyone blithely ignores. Members who disagree with anything are free to walk out in a huff, quitting forever, only to return as though nothing happened and are greeted accordingly. Nothing we discuss in AA is ever planned in advance yet great results are born from the things we share with each other and our lives get better.

How can we survive like this? Perhaps it's because we have learned to live and laugh at ourselves and with each other. God made us. He made laughter too. Perhaps He is pleased with our disorganized efforts and makes things right no matter who pushes the wrong buttons. Maybe He is pleased with our simple yet sincere efforts to do what's right for ourselves and others. Maybe He is pleased with our trying to be nobody but ourselves.

We don't know how it works, but it does and members keep receiving their dividend checks from their AA investments. It is wise to be sober, and it is much easier, my friends, to stay sober than to get sober."

AA Molly's UK Recovery

IWAAC & Action Group Sponsor Raffle!

5
Months
until
IWAAC

Please look for and support the IWAAC 2004 fundraiser with two (2) separate raffles.

Split Raffle &/or Registration with three (3) nights hotel lodging @ the Hyatt.

Tickets are \$1.00 each or \$5.00 for a book of 6. Call Mary P. @ 836-6437 for more information, tickets or to volunteer.

MAKE AN EFFORT

Faith Hope and Love cannot be bought, sold or bartered, but only given away. They are wellsprings – firm and deep – gifts without price, incapable of imitation, discovered only within oneself, and are, therefore, unique. They are not always easy to come by, but they are in unlimited supply.

So, today, let us seek to mend a quarrel. Seek out a forgotten friend. Dismiss a suspicion, and replace it with trust. Write a Love letter. Share a treasure. Give a soft answer. Encourage youth. Manifest your loyalty in word and deed. Keep a promise. Listen. Listen even harder. Apologize if you are wrong. Try to understand. Examine your demand on others. Think first of someone else. Appreciate life. Be kind. Be gentle. Laugh a little more. Deserve confidence. Advocate against any malice in the world. Express your gratitude. Seek out and express your spiritual life. Welcome a stranger. Gladden the heart of a child. Take pleasure in the beauty and wonder of this earth. Be tolerant of those different from yourself. Give thanks for all that you have been given. Love yourself.

All of these are simple things; we've heard them all before, and their influence cannot be measured. If we all make a conscious effort we can make a world of difference in our lives and the lives of others.

Anonymous In South Buffalo

Step 9 ~ Made direct amends to such people wherever possible, except when to do so would injure them or others.

Good judgement, a careful sense of timing, courage, and prudence – these are the qualities we shall need when we take Step Nine.

After we have made the list of people we have harmed, have reflected carefully upon each instance, and have tried to possess ourselves of the right attitude in which to proceed, we will see that the making of direct amends divides those we should approach into several classes. There will be those who ought to be dealt with just as soon as we become reasonably confident that we can maintain our sobriety. There will be those to whom we can only make partial restitution, lest complete disclosures do them or others more harm than good. There will be other cases where action ought to be deferred, and still others in which by the very nature of the situation we shall never be able to make direct personal contact at all.

12 & 12 ~ page 83

Now we go out to our fellows and repair the damage done in the past.

Remember we agreed at the beginning *we would go to any lengths for victory over alcohol.*

... our man is sure to be impressed with a sincere desire to set right the wrong. He is going to be more interested in a demonstration of good will than in our talk of spiritual discoveries.

The question of how to approach the man we hated will arise. It may be he has done us more harm than we have done him and, though we may have acquired a better attitude toward him, we are still not too keen about admitting our faults. Nevertheless, with a person we dislike, we take the bit in our teeth. It is harder to go to an enemy than to a friend, but we find it much more beneficial to us. We go to him in a helpful and forgiving spirit, confessing our former ill feeling and expressing our regret.

Under no condition do we criticize such a person or argue. Simply we tell him that we will never get over drinking until we have done our utmost to straighten out the past. We are there to sweep off our side of the street, realizing that nothing worth while can be accomplished until we do so, never trying to tell him what he should do. His faults are not discussed. We stick to our own. If our manner is calm, frank, and open, we will be gratified with the result.

Alcoholics Anonymous pg. 76-78

Tradition 9 ~ A. A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

LONG FORM: Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect a secretary, the large group its rotating committee, and groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our overall public relations and they guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.

Hello God, I called tonight to talk a little while,
I need a friend who'll listen to my anxiety and trial.
You see, I can't quite make it through a day just on my own,
I need your love to guide me, so I'll never feel alone,
I want to ask you please to keep my family safe and sound,
Come and fill their lives with confidence for whatever fate they're bound.
Give me faith, dear God, to face each hour throughout the day.
And not to worry over things I can't change anyway.
I thank you God, for being home and listening to my call,
For giving me such good advice when I stumble and fall.
Your number, God, is the only one that answers every time.
I never get a busy signal, never had to pay a dime.
So thank you, God, for listening to my troubles and my sorrow.
Good night, God, I love You, too, And I'll call again tomorrow!

My Mind Is Out To Get Me

Submitted by John H. ~ Sunday Morning Breakfast

"Coincidence: God performs a little miracle and wishes to remain anonymous."

"The best fringe benefit of being in AA is that you never have to be alone again."

"Never underestimate the power of prayer or the passage of time."

"God can't hand you anything new until you let go of what you're holding."

"Carry your strength, hope and experience to those people you find attractive and, especially, to those you don't."

ONLY 31 PAGES LATER THE BEDEVILMENTS ARE REPLACED BY THE PROMISES

THE BEDEVILMENTS (page 52)

We were having trouble with personal relationships.

We couldn't control our emotional natures.

We were a prey to misery and depression.

We couldn't make a living.

We had a feeling of uselessness.

We were full of fear.

We were unhappy.

We couldn't seem to be of real help to other people.

And, most of all,

THE PROMISES (page 83)

We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away.

We will comprehend the word serenity and we will know peace.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

That feeling of uselessness and self-pity will disappear.

We will intuitively know how to handle situations which used to baffle us.

We are going to know a new freedom and a new happiness.

No matter how far down the scale we have gone, we will see how your experience can benefit others.

We will not regret the past nor wish to shut the door on it. We will suddenly realize that God is doing for us what we could not do for ourselves.

[<http://www.thejaywalker.com>]

Mixture

from: "Because I'm an Alcoholic"

"I found that now I could do many things without a drink - write, answer the telephone, eat out, go to parties, make love, get through the day and the evenings. Sleep at night and get up the next morning ready to begin another day. I was amazed and proud to have gone a week without a drink, then a month. Then I lived an entire year sober, through my birthday, Christmas, problems, successes, the mixture that makes up life."

© 2001, *Alcoholics Anonymous*, page 345

Heard at a meeting:

- When the student is ready, the teacher will appear.
- You don't have to go to prison to do time, you can do time in your own mind.
(Lou R.)
- If God was small enough for me to understand, He wouldn't be big enough to be God!!!
(Alan P.)
- Resentment is not getting my way yesterday. Anger is not getting my way today. Fear is not getting my way tomorrow. (Leslie A.)

RULE 62

- Today is tomorrow's yesterday. If you are longing for the 'good old days', you're there pal.
- Nothing produces such odd results as trying to get even.
- Talk is cheap because supply exceeds demand.
- Nothing is real until it's experienced. Until then it's just hear say.
- Five words vital to a health relationship: "I apologize" & "You are right."

Twelve Ways To Tell The Difference Between Your Sponsor And Your Therapist

1. Your sponsor isn't all that interested in the "reasons" you drank.
2. Your therapist thinks your root problem is your lack of self-esteem, negative self-image, and your poor self-concept. Your sponsor thinks your problem is a 3-letter word with no hyphens.
3. Your therapist wants you to pamper your "inner child." Your sponsor thinks it ought to be spanked.
4. Your sponsor thinks your inventory should be about you, not your parents.
5. Speaking of your parents, your sponsor tells you not to confront them, but to make amends to them.
6. The only time your sponsor uses the word "closure" is before the word "mouth."
7. Your sponsor thinks "boundaries" are things you need to take down not build up.
8. Your therapist wants you to love yourself first; your sponsor wants you to love others first.
9. Your therapist prescribes care taking and medication. Your sponsor prescribes prayer making and meditation.
10. Your sponsor thinks "anger management skills" are numbered 1, 2, 3, 4,5, 6, 7, 8, 9, 10, 11, and 12.
11. Now that you haven't had a drink in six months, your therapist thinks you should make a list of your goals and objectives for the next five years, starting with finishing up that college degree. Your sponsor thinks you should start today by cleaning the coffeepots, helping him carry a heavy box of literature to the jail, and making your bed.
12. Your sponsor won't lose his license to practice if he talks about God.

Don't Drink ... Help Others ... Ask For Help.

Interested in receiving the New Frontiers?

Name: _____

Address: _____

Enclosed is a check or money order made payable to the AA Central Office earmarked the "New Frontiers" for \$ _____ for _____ copies.

Annual Rates:

1	Copy	\$10.00	20 Copies	\$57.00
2	Copies	13.00	30 Copies	75.00
5	Copies	24.00	40 Copies	95.00
10	Copies	33.00	50 Copies	120.00
15	Copies	43.00	60 Copies	135.00

Mail to the Central Office:

845 Ellicott Square Building
295 Main Street
Buffalo, New York 14203-2412

<p>IN MEMORIAM Things We Can Not Change</p> <p>Donald S. 12 years Eye Opener Group Leo S. 33 Years Tampa, Fl. Formerly of Sobriety Men's Discussion</p> <p>To all our members who have lost family or loved ones, our prayers are with you.</p> <p>Let's remember them and all the others who passed on in our prayers</p>
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Share your Experience, Strength and Hope.

Please submit your articles to Central Office by the 15th for next months issue.

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

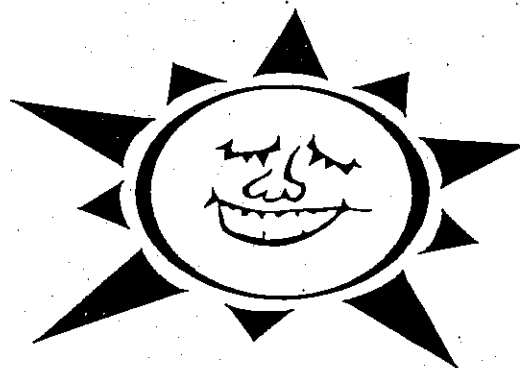
SEPTEMBER ANNIVERSARIES

ACCEPTANCE

SUE T. 2Y
 LISA E. 13Y
 JIM G. 15Y
 DON S. 26Y
 MARGARET M. 28Y
Amherst/Snyder
 Kristy H. 3m
 Chip R. 3m
 Jessica K. 6m
 Jo Ellen H. 6m
 Brian R. 6m
 Colleen H. 6m
 Marilyn F. 1y
 Dean S. 1y
 Alan T. 1y
 Darren R. 1y
 Amy E. 2y
 Joann P. 2y
 Barry G. 2y
 Krystyna T. 2y
 Michael R. 2y
 Janie' M. 2y
 Linsey F. 2y
 Jay W. 3y
 Mitchell B. 3y
 Scott P. 4y
 Jeff G. 4y
 Butch C. 5y
 Annette I. 9y
 Adolph I. 13y
 Mareen M. 13y
 Harry B. 15y
 Ken C. 16y
 Rhonda H. 17y
 Dennis K. 18y
 Nancy F. 18y
 Toni F. 19y
 John N. 19y
 Jack S. 26y
 Dan J. 27y
 George D. 31y
 Russell Q. 32y
Courage Group
 KIMBERLY Y. 6m
 JOY W. 9m
 MIKE S. 1y
 LAURIE G. 3y

COLDSPRINGS

CECIL R. 4Y
Fireside
 Joe W. 6m
 Barb P. 1y
 Sam V. 1y
 Collette H. 3y
 Keith L. 11y
 Chris R. 18y
Giving
 Lisa K. 1y
Holland
 John O. 14y
Ironhorse
 Mike B. 5y
 John H. 5y
 Tom C. 15y
 Mike K. 21y
Kensington
 Norma F. 20y
LoveJoy
 Geri H. 16y
 Harry P. 18y
North Buffalo
 Maggie M. 3m
 Karen Z. 6m
 Bob B. 6m
 Jerry L. 1y
 Nick R. 1y
 Martin S. 1y
 Michelle C. 2y
 Annie L. 3y
 Kevin P. 4y
 Jonathan Q. 4y
 Norma F. 20y
Rise & Shine
 Jonathon D. 3m
 Jerome Z. 3m
 Anthony W. 6m
 Marilyn F. 1y
 Towana V. 2y
 Homer L. 2y
 Kim V. 2y
 Earl G. 3y
 Robert G. 6y
 Theresa H. 6y
 Darrell M. 11y



Try Again

Don W. 2y
 Debbie B. 6y
 Dave K. 18y

Thruway

Colleen H. 1y
 John R. 5y
 Leo M. 15y
Sun. Morning Br.
 Leo M. 15y
 Dan J. 27y

Victory

Kenny G. 7y
 Richard W. 16y

We Care

Rich L. 3y
 Michelle K. 6y
 Jack R. 20y

Welcome

Tom G. 6y
 Althea 15y
 Sue 14y

Women's

Westside

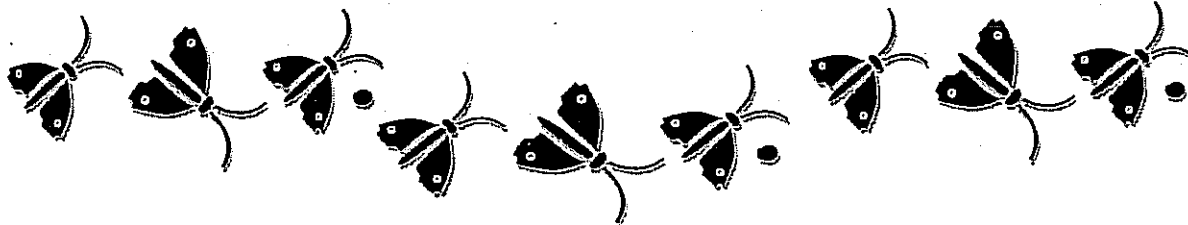
Terri P. 5y

Group Anniversaries

Iron Horse
 Acceptance
 Frontier
 Honesty
 North Buffalo
 Action
 Fredonia Discussion
 Renewal
 Fireside PM
 H.A.N.D.
 Fresh Start
 South Town
 Orchard Park Step
 Cathedral Park
 Step Work
 Easier Softer Way
 Main Street
 Today's Women
 Lunchtime
 New Outlook
 Cornplanters
 Crosstalk Big Book
 Boulevard Women's
 Freedom Now

No. 7. Policy:

*Anniversaries must
 be submitted by
 the 15th
 of the
 month previous*



BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
(716) 853-0389 FAX: 9-4:00 Monday - Friday

845 ELLICOTT SQUARE
295 MAIN STREET
BUFFALO, NEW YORK 14203
Schedule on line at ny-aa.org
buffalooa@hotmail.com

SEPTEMBER 2003

MEETING CHANGES:

MAIN & HIGH; TUESDAY'S, Salvation Army Main Building, 960 Main Street, Back Entrance, 7:00 PM

NEW MEETING; COMMITMENT; 10:00 am on Tuesday's. Unitarian Universalist Church, 695 Elmwood at W. Ferry. Closed Discussion.

NEW MEETING; Recovering Women & the Big Book; Casa Di Vita House, 200 Albany St., Buffalo. Closed Women's Group.

Freedom Now Group; Sunday's in Machias, no longer meets.

Perry Discussion; Tuesday's at 344 Perry Street, no longer meets.

PLEASE NOTE

- **KENMORE GROUP NEEDS SUPPORT** may close September 1st without it! Thursday's at 8:00 PM, Presbyterian Church, 257 Deerhurst.
- **Renewal Group needs support.** We have both smoking and non-smoking meeting rooms! Sundays @ 7:30 PM. 4520 Ransom Rd. at the Sacred Heart Home. Take the Ransom Rd. entrance to the back parking lot; enter through the #8 door at the end.
- **MOBILE MEETING- ARE YOU, OR SOMEONE YOU KNOW, HOMEBOUND OR CONFINED IN A NURSING HOME AND UNABLE TO GET TO A MEETING? IF SO, AND YOU WANT A MEETING BROUGHT TO YOU, CALL CENTRAL OFFICE AND LEAVE YOUR NAME AND NUMBER, SOMEONE WILL GET IN TOUCH WITH YOU TO MAKE THE NECESSARY ARRANGEMENTS.**

SERVICE OPPORTUNITIES:

~ Sept. 7, **Central Committee Meeting**, 7 pm, 651 Washington Street, St. Michael's Parish. (Hosted by Holland Group).

~ Sept. 7, **Corrections Committee Meeting**, 6:00 PM, 651 Washington Street, St. Michael's Parish.

~ Sept. 14, **CPC Meeting**, 6:30 pm, Bacon memorial Presbyterian Church, 166-59th St., Niagara Falls.

~ Sept. 11, **International AA Women's Conference**, large planning meeting. Thursday, 6:00 PM, Maryvale Presbyterian Church, 425 Maryvale Drive, Cheektowaga.

~ Oct. 5, **General Service Assembly**, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Lovejoy Group) 511 E. 2nd Street.

~ Sept. 18, **New Frontiers Committee**, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.

~ Sept. 27, **Public Information Committee** will meet at Deerhurst Presbyterian Church at 9:00 am.

~ Sept. 27, **Archives Committee Meeting**, Archives are still available for group functions or Anniversaries, with 30 days notice.

~ Sept. 18, **62nd Buffalo Fall Convention Meeting**, Thursday. 7:00 PM @. The Marriott, 1340 Millersport Hwy.

COMING EVENTS

~ Sept. 7, **Holiday Village Annual Family Picnic**, Sunday, Noon to Dusk. Glen Meadows Park (off Sunset Dr.) in the Village of Hamburg. Speaker at 4 PM. Flyers in the office.

~ Sept. 21, **Action Group Anniversary**: 10:30 AM, Orchard Park Town Hall, 4295 South Buffalo St.

~ Sept. 28, **RENEWAL GROUP'S 31st ANNIVERSARY**: 7:30 PM, Open Speaker Meeting. Food and Fellowship to follow. 4520 Ransom Rd. at the Sacred Heart Home. Take the Ransom Rd. entrance to the back parking lot and enter through #8 door.

~ Oct. 3-5, **17th Annual Women In AA Fall Spiritual Weekend**, St. Columbian Retreat House, Derby. \$32 non-refundable deposit, balance of \$60 (cash) upon arrival. Flyers available at Central Office.

~ October 17-19, **33rd North East Regional Convention**, Southern New Jersey, Radisson Hotel. Registration \$26. Forms in the office.

~ October 17, 18 & 19, **BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Registration & Banquet: \$45. Flyers are out, for more information call, Registration Chair: Charles L. (716) 881-1567 or Email:

johnjczermerys@adelphia.net or Convention Chair: Terry (716) 853-0388

~ February 19-22, **40th Annual International AA Women's Conference**, Buffalo Convention Center. Flyers available at the office.

9th STEP: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

9th TRADITION: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

9th CONCEPT: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit...

Terry Bateman... Executive Secretary

Please Note: On attached Financial Report, Misc. Income should be 79.00, not \$2,554.00. Monthly Income becomes \$7,114.02. The End Balance would be \$ 12,125.13.

Buffalo Central Committee

September 7, 2003

Mike D. opened the meeting at 7:00PM, with a moment of silence and the Serenity Prayer. Mark McB. from Abbott Men's' read the purpose of Central Committee, Brendan F, also of Abbott Men's', read the Traditions. John H. from Gardenville moved to dispense with the reading of last months minutes, seconded by Lee M.

37 Groups Attended: **District #1:** Cornplanters Again, Downtown Men's, F.U.N., Journey, Main and High, Sunday Niters, Sunrise Court, Those Too, You'll Neyer Walk Alone. **District #2:** Chapter IX, Early Bird, North Buffalo, Ride Sober, Three Legacies. **District #3:** Abbott Men's, Cazenovia, Father Baker, Gardenville, New Life, Ridge, South Town, Southgate, The Book Meeting, Victory. **District #4:** Patchin, St. Mark's, Springville Tuesday Night. **District #5:** No groups. **District # 6:** Amsdell Lakeshore, Go To Any Lengths, Lakeshore. **District #7:** Buffalo, Community Center, Ellicott, Fresh Start, Let Go and Let God, Lovejoy, Spirit of Hope. **District #8:** No groups.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: Karen S. gave this report. \$277.00 has been donated as of August 15th. Yea to date total is \$3883. Overall, donations are down from last year.

STEERING COMMITTEE: Parker O'M gave this report. Present at Steering Committee were Representatives from Districts #1, #3, #4, #8. Also attending were the Chair and Co-Chair of WNY Central Committee, as well as our Executive Secretary. Incorporating the Central Office was discussed. A preliminary request from the 2003 IAAWC to use our bulk-mailing permit resulted in a decision that we could not legally allow this. Also, issues regarding a treatment facility's volunteer list were brought up. While we seek to cooperate with such institutions, we must never give the impression that we are affiliated with them. Discussed nominations for officers and Steering Committee reps. Chair of Central Committee to request update from ad hoc Committee on moving office.

FINANCIAL REPORT: No report again.

TREATMENT: Tom C. gave report. All meetings covered, EMMC coverage sketchy. The Treatment Facility Committee monthly meeting will remain at the same location, but will be at 9PM instead of 7PM. Watch

bulletin for info. Under new business, the need for a contact phone number was discussed.

CORRECTIONS: Bob G. gave this report. Table needed for CFC meeting. The response from last month's flyer distribution was disappointing. Meeting at Collins 2 started up again. Support still needed at Collins 2, Wende and Attica. New chairperson needed at end of term (December 2003)

SCREENERS: No report.

CENTRAL OFFICE: Terry B. gave the report. AA 293 calls; 12th step – 10 calls; Alanon: 25, Visitors, 36, Volunteers; 14. Thank you. Applications are filed for non-profit bulk mailing permit. Office is not incorporated, as we believed. Central Office seminar is September 18-21st. Volunteers will cover the office.

PIC: Adolph I. Gave the report. Pamphlets at Erie County Public Library were replenished. On August 17, literature was distributed at the Caribbean Festival at LaSalle Park.

NEW FRONTIER: Debi C. reports her term as editor expires in December. Now is the time to consider a rewarding service opportunity.

62nd BUFFALO FALL CONVENTION: John C. reported on new vegetarian options for the banquet. The color scheme will be blue and gold.

ARCHIVES: Frank M gave this report. Next displays will be at the Buffalo Fall Convention and the Ridge Group anniversary in October. Climate controlled storage was found. Still in need of an archivist.

AD-HOC COMMITTEE: Lee M. reported on status of negotiations. Work will begin in earnest at the first of the year.

RECAP: Several items were discussed during recap. Questions were raised regarding bulk mailing, and several points were clarified regarding prison meetings. Charles from Spirit of Hope questioned whether someone could be consecutively re-elected to Steering Committee. The answer is they can serve, but not consecutively. ECMC has a volunteer list that is not connected to AA. Not our concern. Reports were heard about unchaired meetings at ECMC and Salvation Army. Our status as a non-profit is not affected by incorporation.

OLD BUSINESS: We are still looking for an alternate to learn the treasurer's job. Discussed individual groups needing insurance, can't buy blanket policy since each group is self-supporting.

NEW BUSINESS: Service openings coming up January 1, 2004(Qualifications in parentheses): Co-chair (4years), Financial Chair (5 Years), Recording Secretary (5 Years), Districts #1, #2, #7 & #8 Steering Committee Representatives (3 Years). Nominations for these offices will be in October, voting in November for the year 2004 officers.

Ⓢ	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative	Ⓢ	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative
	5th Tradition								Dunkirk Monday Night		60.00				
	11:45							Ⓢ	Early Bird		50.00				
	12 Step								Easter Softer Way						
	4th Step Stumblers								East Amherst		30.00				
	6th Step								East Aurora	100.00	400.00				
	A Day At A Time		60.00						Easy Does II	25.00	125.00				
	A Little Bit of Everything							Ⓢ	Ellicott	25.00	80.00	10.00	30.00	10.00	30.00
	A New Freedom								Ellicottville						
	A Strong Desire								Emergency						
Ⓢ	Abbott Men's		330.00		330.00		330.00		Eternal Vigilance		200.00		10.00		10.00
	Acceptance/Welcome	300.00	1397.50						Everybody's		130.00				
	Achievement		500.00				100.00		Express		413.00				
	Action	25.00	300.00	25.00	100.00	25.00	100.00		Eyeopener	158.00	1035.00				
	After Midnight							Ⓢ	F.U.N.		10.00				10.00
	Age Doesn't Matter		150.00						Faith						
	Alexander		100.00					Ⓢ	Father Baker	100.00	600.00				
	Amherst Snyder		818.04						Feelings						
Ⓢ	Armedell Lakeshore	20.00	200.00						Fireside		786.00		250.00		
	Another Chance		26.00						Fireside PM						
	Any Age								First Things First		189.55				
	Any Length	30.00	180.00						Fredonia Discussion						
	Anybody's								Fredonia Friday Noon						
	As Bill Sees II		405.00						Freedom	100.00	375.00				
	Attitude Adjustment		150.00						Freedom Now						
	AW Group							Ⓢ	Fresh Start		5.00		5.00		5.00
	Attraction		480.00						Friendly		100.00				
	Beginner's Table								Frontier (New)		250.00				
	Beginning In Sobriety II		40.00					Ⓢ	Gardenville		200.00				
	Beginning's Women		100.00		25.00		25.00		Georgetown		187.50				
	Bidwell Monday		125.00		125.00		125.00		Getting Better		17.66				
	Big Book Lockport		50.00				5.00		Giving		10.00				
	Big Book Study (Fr)		30.00					Ⓢ	Go to Any Length	50.00	550.00	25.00	25.00	25.00	25.00
	Big Book Workshop								Golden Sipper		200.00				11.00
	Biasdel								Grand		120.00				
	Biasdel Monday Night		60.00						Grand II Joy of Living	100.00	100.00				
	Bodhisattva		34.00						Grateful	80.00	140.00				
	Boulevard Helping Hand								Guiding Light						
	Boulevard Women		225.00						H.O.W.						
	Brass		50.00						Half and Half						
	Broadway Bailey								Hamburg		50.00				
	Brocton AA								Hand						
	Brownbaggers								Handicappers		500.00				
Ⓢ	Buffalo Group		6.00						Happy Hour						
	But For the Grace of God								Harmony		120.00				
	By The Book								Helping Hand	25.00	155.00				
	Came To Believe								High Noon		800.00				
	Castling	50.00	170.00	10.00	30.00	10.00	30.00		High View		180.00				
	Cathedral Park		163.26		60.00		60.00		Higher Power						
	Caz Manor		13.00						Hillbilly		100.00		50.00		50.00
Ⓢ	Cazenovia		65.00		45.00		45.00		Holiday Village		1125.00				
	Central Park								Holland		60.00				
Ⓢ	Chapter IX		120.00		60.00		60.00		Honesty	30.00	250.00			10.00	80.00
	Cheekdowns								Horizon						
	Chevy #1								Hope Big Book Study		25.00				
	Clarence Men's		50.00						How It Works						
	Clarence Men's II								How It Works/Men's		155.03		12.92		12.92
	Cold Spring		30.00						Humboldt Riley						
	Common Bond								Inner City						
	Common Problem								Inspiration		100.00				
Ⓢ	Community Center		30.00		5.00		5.00		Intoduced on Life		110.00				50.00
Ⓢ	Complainers								Ironhorse	47.50	276.75	19.00	109.70	19.00	109.70
	Courage	114.00	214.00	93.00	113.00	93.00	113.00		IT		10.00				
	Arcade								Jameslown Groups						
	Crossroads		247.00						Johnson Creek Big Book		180.00				
	Cross Talk Big Book	25.00	125.00					Ⓢ	Journey		152.00		10.00		10.00
	Daily Reflections		110.00						Just Do It						
	Daily Reprieve								Just For Today/Action						
	DeVeaux Discussion								Just For Today/Check						
	Derby		150.00						Keep It Simple Sister		50.00				
	Desire								Keep On Coming						
Ⓢ	Downlown Men's		2.00						Kenmore						

CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative
Ⓢ Kensington						Remember When	50.00				
Ladies Night						Renewal					
Ⓢ Lake Shore	545.00		50.00		111.00	Ⓢ Ride Sober					
Lakeview	100.00					Ⓢ Ridge	450.00		25.00		45.72
Last Days Fellowship	3.00					Rise and Shine	50.00				10.00
Lawyers	293.00					Rochester					
LeWPort						Roland					
Ⓢ Let Go and Let God	10.00		5.00		5.00	Rural Is Plural					
Liberty Women	90.00					Sally					
Life Today	300.00					Saratoga					
Lighten UP	752.40					Searching For Serenity	100.00	250.00			50.00
Live and Let Live						Second Chance					
Living In the Solution	100.00	100.00	50.00	50.00	50.00	Serenity		160.00			
Living Sober	110.00					Serenity Circle		55.00			
Lock City	250.00					Serenity on the Lake					
Lockport #1	640.00		80.00		97.36	Serenity Trails					
Lockport Discussion						Seaside					
Lockport Ladies	13.47					Sheridan	60.00	140.00			
Lockview	250.00	450.00			5.00	Silvercreek Friendship					
Look To This Day						Sober and Proud		40.00			
Love						Sober Saturday	150.00	250.00			
Ⓢ Lovejoy	90.00		50.00		20.00	Sober Trail					
Lower River						Sober Winners		95.00			
Lunch Time						Sobriety for Women					
Ⓢ Main and High	30.00					Sobriety Men's Disc.	120.00		40.00		40.00
Main Street						Sobriety On The Canal					
Marilla	75.00					Sobriety on a Sat. Night					
Matt Tabot	300.00					Sobriety on the Lake					
Mayville Uplown Group						Somerset					
Medina Grapevine						South Buffalo					
McKinley Winners	100.00					Ⓢ South Town					
Medina Big Book						Ⓢ Southgate		90.00			
Medina New Life	50.00	80.00				Southtown Women's					
Mercy						Southwestern		200.00			
Mid-day		73.56				Ⓢ Spirit of Hope		150.00			
Miracle						Spiritual Progress		60.00			
Morning After		75.00				Springville Sat Afternoon		60.00			
Monday Morning Lockport						Ⓢ Springville Tues. Night		120.00			
New Awakening						Springville Wed. Noon					
New Frontier		680.00				St. Barnabas					
New Beginnings/St. Vincent						Ⓢ St. Mark's		100.00			
Ⓢ New Life	20.00					Starting Over	50.00	241.45			
New Outlook						Staying Alive					
Niagara Intergroup						Step Work					
New Westside						Stepping Stones/Gow.		75.00			
Niagara Frontier Men's Disc.		135.00				Stepping Stones/WIL		100.00			
Nightshift						Suburban	10.00	80.00			
Ⓢ North Buffalo	600.00		150.00		2625.00	Sunday Afternoon Ascension					
North Java Monday						Sunday Morning Breakfast	150.00	800.00		125.00	125.00
North Java Morning After						Ⓢ Sunday Nilers		25.00			
North Java Sunday						Sunday Third Group		10.00			
One Day A Time	50.00					Ⓢ Sunrise Court		300.00			
Open Arms						SUNY Amherst Campus					
Open Mind						Surrender and Hope		250.00		75.00	125.00
Orchard Park Step		200.00				Survivors					
P.B.P. Big Book Study						T.P.H.					
Pass It On						TGIF					
Ⓢ Patchin						Thankful		75.00			
Pathway to Peace						Ⓢ The Book Meeting		40.00			
Pendleton Chapter Five						The Moonshiners					
Perry Discussion		10.00		15.00	25.00	There's A Solution					
Pink Can						Ⓢ Three Legacies		50.00		50.00	50.00
Pioneer						Ⓢ Those Too		40.00			
Positively Living/Rena.		1500.00				Thruway	50.00	1450.00	20.00	180.00	20.00
Powerless		10.00				Thursday PM Discussion		\$ 300.00			
Primary Purpose		50.00				Today					
Principles Bef. Personalities						Today's Women	50.00	121.00	10.00	10.00	10.00
Progress	150.00	150.00				Tri County		260.00			
Purpose/Tonawanda		250.00				Tri-Step Beginners					
Rainbow		75.00	25.00	50.00	25.00	50.00	Try Again	200.00		200.00	
Ray of Hope	30.00	195.00				Tuesday Men's AM		150.00			
Recovery Near the Gardens	20.00	105.00				Tuesday Women		120.00		50.00	60.00
Redeemers		5.00				Turning Point		83.50			

Ⓢ	Group	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative
	Twin Cities		300.00				
	Unity		47.85				
	University Men's Disc.		384.00				90.00
	Valley						
	Varieties of Spiritual Exper.		35.00				
	Varysburg		5.00				
Ⓢ	Victory		350.00		150.00		150.00
	Wake Up Cal						
	We Are Not Saints		21.72				
	We Care		180.00		140.00		70.00
	We Choose Life						
	Wehrie		70.00				
	Welcome						
	Westfield						
	Westminster						
	Why	60.00	60.00	10.00	10.00	10.00	10.00
	Williamsville		200.00				
	Willing To Grow		100.00				
	Wilson Group		75.00				75.00
	Wilson Smith Alumni						
	Women on the Rise						
	Women's West Side		100.00				
	Working	190.00	380.00				
Ⓢ	You'll Never Walk Alone						
	Youngstown						
	In The Solution		20.00				
	Maryanne B.		12.30				
	Barbara B.		100.00				
	Jimerson		25.00				
	Anon.	20.00	149.04	150.00	150.00		
	TOTAL	2904.50	36419.58	447.00	3,050.62	307.00	5460.70
Ⓢ	ATTENDED CENTRAL COMMITTEE						

Income Statement		15-Jun-03	15-Jul-03	15-Aug-03	15-Sep-03
Beg Bal Cash on hand		12,589.58	12,283.68	14,733.78	12,125.13
Contributions					
	Groups	4,157.31	5,105.36	3,834.59	2,904.50
	Joint Meeting	73.31	68.00	69.07	43.00
	Envelope System	220.00	735.00	277.00	235.00
	New Frontiers Subs	10.00	10.00	173.00	96.00
	Literature	2,459.70	2,873.99	2,681.36	3,036.97
	Misc.	500.00		79.00	311.97
Monthly Income		7,420.32	8,792.35	7,114.02	6,627.44
Expenses					
	Office Rent	636.00	885.16	636.00	636.00
	Meeting Room Rent	35.00	35.00	35.00	35.00
	Payroll				
	Salaries (Net)	1,679.56	1,696.16	1,696.16	1,696.16
	Federal Withholdings	580.00	588.60	588.60	588.60
	NYS Withholdings		274.91		
	Insurance				
	State Ins Fund	58.78			
	Health	304.00	304.00	304.00	304.00
	Liability				
	Postage	600.00			800.00
	Phone	115.05	98.73	102.47	121.28
	Accounting			1,015.00	
	Advt				
	PIC Lit.				
	Talking Phone Book				
	Verizon	72.75	72.75	72.75	72.75
	website				
	white directory			201.45	
	Yellow Pages			296.00	
	Literature Expenses				
	Grapevine				
	World Services Inc	2,788.58	525.08	1,321.00	2,277.52
	Hazeldon		522.72		
	"In All Our Affairs"				90.00
	Printers			2,203.00	
	Office Supplies	108.47	431.75	353.57	11.98
	Answering service	535.78	630.89	552.42	
	Minolta leasing (copier)	187.00	187.00	304.95	245.00
	Minolta Copies				180.23
	Crystal Rock (water)	14.50	14.50	40.30	22.70
	Bank Charges	10.75	75.00		
Monthly Expenses		7,726.22	6,342.25	9,722.67	7,081.22
Monthly Income (Loss)		(305.90)	2,450.10	(2,608.65)	(453.78)
End Bal Cash on hand		12,283.68	14,733.78	12,125.13	11,671.35
Literature Assets:		6,502.16	7,053.04	5,588.08	5,317.48
Literature Receivable:(outstanding)		928.39	721.10	545.05	648.80
Corrections Facilities		1,832.08	1,779.98	1,538.68	1,256.79
	Donations	499.85	137.70	302.00	307.00
	Expenses	534.95	304.00	583.89	475.75
	Bank Charges	17.00	75.00		
Balance		1,779.98	1,538.68	1,256.79	1,088.04
Treatment Facilities		669.19	1,162.67	1,358.22	1,056.75
	Donation	587.00	352.70	297.00	463.50
	Expenses			25.00	
	AT & T Bridging The Gap	41.02	47.65	41.97	42.30
	AAA Abott Answering Service	35.50	34.50	42.50	39.25
	Literature			489.00	490.50
	Bank Charges	17.00	75.00		
Balance		1,621.67	1,358.22	1,056.75	948.20