

# NEW FRONTIERS

March 2003

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF  
WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

## Thanks from Florida

I thought this a very interesting letter received from a recovering alcoholic who has left the area. During my years in AA, I have often heard it said that: "If you can't get sober in the WNY area, you probably can't get sober anywhere!" We have the best AA anywhere. We're Talking Proud!  
Thanks for your consideration, Mike K. ~ University Men's Group

I'd appreciate it if you could read this to the Wednesday night group. I really believe that this group was the one that got me sober.

We are here and well in Florida. The sun is shining and the golf is great. I don't know if I'd be here today if it wasn't for all of you. In the move here I lost all of my AA contact information so I'm sorry for the delay in thanking you.

We all know and can relate to the wretched feeling of the active alcoholic. I do not ever want to go there again. Just a little over two years ago I walked into the Achievement meeting and found my new home. You were all so kind and understanding and incredibly supportive. I'll never forget leaving the meeting and Lorraine and Judy talking to me and giving me the BOOK. I began reading that night and found what I needed was in there and in the meetings.

Life will never be the same for me, thank GOD! I loved all of the AA meetings in Buffalo but Achievement was special for me. You taught me not only how to stop drinking, but also how to live. I've changed spiritually, emotionally and mentally. You promised me a better life and delivered. Sure I have the same old problems but I handle them now. I don't drink them away only to make things worse. But you know all this.

I've found a new group in Florida that I feel comfortable with. But I'll never find another Achievement. For those of you new to AA, listen to the people around the tables. They are there to help and guide you if you let them. They do not force themselves on you. I went from a down and out drunk to a happily retired human in a short period of time. That's why I love and thank all people of AA but especially Achievement.

GOD BLESS YOU ~ Charlie

If God brings you to it - He will bring you through it.

## "Let's Respect Others"

The first Tradition states that "our common welfare," not my welfare, should come first and that personal recovery depends upon "AA Unity." For me this means that I have a responsibility to the group to bring harmony.

I learned that I had the right and the responsibility to share my recovery with others to explain my needs, my hopes, and my desires. But I didn't have the right to shove my needs, hopes, desires or opinions down anyone's throat regardless of whether or not I knew the truth.

I learned that even though I had the right to talk to friends when they came into the meeting room, or the right to get coffee and sit where I please. I don't have the right to be disruptive or discourteous to others who are trying to listen to a member who is sharing, whether it's about a life-threatening situation or about the discovery of some simple truth.

But, most of all, I learned that I have the responsibility and the right to insure that every new member in the room has the opportunity to hear what is being said. Maybe the one word, phrase, or sentence that is being spoken is the one that will save his or her life.

Let's insure that everyone has that opportunity to hear. Let's leave our individual rights outside and try instead to bring harmony and recovery to the group meetings. Our common welfare depends on "AA Unity."

Bill R. ~ Gardenville Group

## *My Mind Is Out To Get Me*

Submitted by John H. ~ Sunday Morning Breakfast

- If learning to get sober doesn't feel awkward, you're not making any progress.
- I know that I'm not yet the person I can be, but I thank God I'm not the person I used to be.
- Practicing alcoholics are the only people who get to choose the disease they will die from.
- It's amazing how this program works when I get out of the way.
- When I turned myself over to God, I took my life out of the hands of an idiot.

### Heard at a meeting:

- If "Faith without works is dead," then, "Willingness without action is fantasy."
- If I take the first drink then my PAST becomes my FUTURE!  
(Frank N.)
- Alcoholics all drink for the same reason-----any reason.
- The most important trip we may take in life is meeting people halfway.

### RULE 62

- Math lesson: If you add to the truth, you get less of it.
- "Well done is better than well said." Ben Franklin
- I accept I'm a child of God, but I'm still upset I'm not an only child.
- Life may not be the exact party we hoped for, but we might as well dance anyway.

## MOBILE MEETING

For the last year or so, about five of us have been taking a meeting to alcoholics who, for one reason or another, are unable to get out to any regularly scheduled meetings. Most of these meetings have been held in people's homes because the person was temporarily incapacitated and confined to the house. The central focus is to bring a meeting to someone who cannot get out and who wants, or needs, a meeting.

So far we have had seven meetings. Two of these have been in nursing homes, five in private homes. One meeting was with three people, another saw nine of us in attendance, and the others had four or five.

Longevity of sobriety of the member requesting the meeting varies, anywhere from newcomer to over twenty years.

A couple of meetings were requested by ladies who had been hospitalized due to injury and were discharged to their homes, but confined to the house. A gentleman who had surgery hosted one meeting. He also was confined to his home after the hospital stay, and needed, as well as wanted a meeting. Another was held at the request of a gentleman who was hospitalized because of heart problems and was, like the others, confined to his home following hospitalization.

Most of the time the gender ratio of attendees is one or two ladies and two or three gentleman. The subjects discussed were the first three steps, gratitude, acceptance and other subjects we are all fairly well acquainted with.

The alcoholic who wants (or needs) a meeting does not have to make any preparations other than to have space for 6 to 8 people for about an hour. It is not necessary to prepare any food or beverages. The meeting can be held in the morning, afternoon, or evening, whatever time is most suitable for the person requesting the meeting.

We who have been doing this feel that we have benefited from these meetings just as much, if not more than the alcoholic who hosts the meeting.

If you need, or want, a meeting brought to you call our Central Office @ 853-0388 and talk to Terry B. give her your name and phone number along with your request. Someone will call you back promptly.

Don't be shy - give yourself a break! We welcome the opportunity to be of service - make that call!

## Service

A little over 3 years ago I had a man come up to me at a jail meeting and say "I am glad to see you guys, we haven't had a meeting here since the last time you were here a month ago." Those words haunted me. I made some calls to the people who introduced me to that meeting and got me active with it. I am happy to say that with the help of other members the meeting in that jail is covered weekly and they have just asked us to cover another day that has opened up. I think it was those "haunting words" that really got me motivated toward service. It dawned on me that without the service side of our fellowship the message doesn't get carried. Without the message being carried through service work our fellowship could cease to exist just like that meeting was almost going to do. Through service we ensure that this fellowship of ours will survive for generations to come. There is nothing more rewarding in this life than doing service for your fellow man.

Anonymous in WNY

## *God Knows All*

God knows what I am thinking  
So I won't have to ask for anything  
God knows my every move  
Even before I move  
So why ask, He knows.  
God guides me through life  
God knows my needs  
My every need.  
Even when I lose I still gain  
If not in the arts, then in the heart.  
I have a heart of gold  
Deep down in my soul  
God knows me very well  
Even though I go through Hell  
God will give me the strength to get well  
When my addiction keeps me down  
All I do is look around  
For God is always somewhere to be found  
God will guide me right  
Throughout this awful fight  
I will get well  
So I don't go through Hell  
Trust in God, He never fails.

Anthony E. - Caz Manor

**Step Three:** Made a decision to turn our will and our lives over to the care of God, *as we understood Him*.

Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three pertinent ideas:

- (a) That we were alcoholic and could not manage our own lives.
- (b) That probably no human power could have relieved our alcoholism.
- (c) That God could and would if He were sought.

Being convinced, *we were at Step Three*.

The first requirement is that we be convinced that any life run on self-will can hardly be a success. ... are not most of us concerned with ourselves, our resentments, or our self-pity?

Selfishness – self-centeredness! That, we think is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly without provocation, but we invariably find that at some time in the past we have made decisions based on self, which later placed us in a position to be hurt.

So our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot. ... we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible. And there often seems no way of entirely getting rid of self without His aid. Many of us had moral and philosophical convictions galore, but we could not live up to them even though we would have liked to. Neither could we reduce our self-centeredness much by wishing or trying on our own power. We had to have God's help.

We were now at Step Three. Many of us said to our maker, *as we understood Him*: "God, I offer myself to Thee – to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy Will always!" We thought well before taking this step making sure we were ready, that we could at last abandon ourselves utterly to Him.

The wording was, of course, quite optional so long as we expressed the idea, voicing it without reservation.

Alcoholics Anonymous ages 60-63

Thank you God, no matter what, for I don't know your plan. I'm right where I'm supposed to be. My life is in your hands. Through trial and triumph, rain and sun, not my will but Thine be done. Thank-you God.

Phil M.

## God is like ...

- Coke ... He's the real thing.
- Pan Am ... He makes the going great.
- General Electric ... He lights your path.
- Bayer Aspirin ... He works wonders.
- Hallmark Cards ... He cares enough to send the very best.
- Tide ... He gets the stains out that other leave behind.
- VO5 Hair Spray ... He holds in any weather.
- Dial soap ... Aren't you glad you know Him? Don't you wish everybody did?
- Sears ... He has everything.
- Alka Seltzer ... Try Him, you'll like Him.
- Scotch Tape ... You can't see Him, but you know He's there.

Submitted Anonymously

Justice is when we get what we deserve.

Mercy is when we don't get what we deserve.

Grace is when we get what we don't deserve.

Clancy I - Venice, CA

### IN MEMORIAM

#### Things We Can Not Change

To all our members who have lost family or loved ones, our prayers are with you.

Tom C. ~ Dunkirk Group

Carol K ~ 43 years ~ TGIF Group

Let's remember them and all the others who passed on in our prayers

## Share your Experience, Strength and Hope.

Please submit your articles to Central Office by the 15<sup>th</sup> for next months issue.

E-Mail address: [buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)

*New Frontiers* committee meets the 3<sup>rd</sup> Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

**Tradition Three:** The only requirement for AA membership is a desire to stop drinking.

*Long Form:* Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought AA membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an AA group, provided that, as a group, they have no other affiliation.

From the 12 & 12

This Tradition is packed with meaning. For AA is really saying to every serious drinker, "You are an AA member if *you* say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you've gone, no matter how grave your emotional complications – even your crimes – we still can't deny you AA. We don't *want* to keep you out. We aren't a bit afraid you'll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we've had. So you're an AA member the minute you declare yourself."

\*\*\*\*\*

Interested in receiving the New Frontiers?

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Enclosed is a check or money order made payable to the AA Central Office earmarked the "New Frontiers" for \$ \_\_\_\_\_ for \_\_\_\_\_ copies.

**Rates:**

<b>1</b>	<b>Copy</b>	<b>\$10.00</b>	<b>20 Copies</b>	<b>\$57.00</b>
<b>2</b>	<b>Copies</b>	<b>13.00</b>	<b>30 Copies</b>	<b>75.00</b>
<b>5</b>	<b>Copies</b>	<b>24.00</b>	<b>40 Copies</b>	<b>95.00</b>
<b>10</b>	<b>Copies</b>	<b>33.00</b>	<b>50 Copies</b>	<b>120.00</b>
<b>15</b>	<b>Copies</b>	<b>43.00</b>	<b>60 Copies</b>	<b>135.00</b>

Mail to the Central Office:

845 Ellicott Square Building  
295 Main Street  
Buffalo, New York 14203-2412

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Lord I love You and I need You, come into my heart today.  
For without You I can do nothing.

## MARCH ANNIVERSARIES

### ACCEPTANCE

Tom L. 6m  
 Jackie S. 3y  
 Elisabeth L. 12y  
 Tom M. 18y  
 Rosina L. 18y  
Amherst/Snyder  
 Dean S. 6m  
 Colleen H. 6m  
 Darren R. 6m  
 Beth U. 9m  
 Dana A. 9m  
 Andy B. 9m  
 Kelly K. 1y  
 Mark D. 1y  
 Jim S. 2y  
 Greg W. 3y  
 Patty C. 3y  
 Ray H. 3y  
 Joy W. 3y  
 Randy McK. 3y  
 Wesley B. 4y  
 Dennis G. 5y  
 Bob S. 5y  
 Jennifer H. 7y  
 Ken L. 10y  
 Gina L. 10y  
 Alan H. 12y  
 Ron F. 13y  
 Andrew C. 16y  
 Lydia G. 17y  
 Richard W. 20y  
 Nancy J. 26y  
Cold Springs  
 Vivian J. 4y  
 Kenny B. 9y  
 Al C. Jr. 12y  
 Elvester McR. 27y  
Courage Group  
 Joy W. 3m  
 Kim Y. 3m  
 Dave McN. 4y  
 Martha K.S. 12y  
Ellicott  
 Robert R. 6y  
Fireside  
 Barb P. 6m  
 Stanley L. 9m  
 Robert S. 2y  
 Peter M. 7y  
Giving  
 Pat W. 3y  
Holland  
 Carrie W. 16y

### Kensington

Patty 1y  
 Neil C. 3y  
 Peaches 21y  
Lakeshore  
 Jim McS. 12y  
 Les T. 23y  
LoveJoy  
 Tim 6m  
North Buffalo  
 Jenny H. 3m  
 Maggie M. 3m  
 Anthony L. 6m  
 Jerry L. 6m  
 Nick R. 6m  
 Mark S. 6m  
 Michael W.. 3y  
 Jerry S. 3y  
 Becky S. 5y  
 Ken S. 6y  
 Harvey S. 15y  
 Peter B. 16y  
 Janet T. 16y  
Ray of Hope  
Hope  
 Frank H. 17y  
Rise & Shine  
 Liz B. 3m  
 Wanda I 6m  
 James E. 9m  
 Dean M. 9m  
 Sean M. 1y  
 Vincent D. 1y  
 Johnnie C. 1y  
 Patti M. 1y  
 Denise C. 2y  
 Kenneth T. 2y  
 Linda W. 2y  
 Linda B. 2y  
 Jennifer L. 2y  
 Mitchell J. 2y  
 Mark K. 5y  
 Myrdis S. 6y  
 Pam L. 6y  
 Darryl S. 7y  
 Blaire D. 7y  
 Issiah W. 13y  
 Joe H. 29y

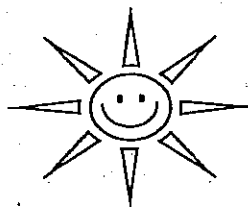
### Sunday Morning

Breakfast  
 Michael M. 9m  
 Maggie P. 3y  
 Mark S. 7y  
 Elizabeth 12y  
Thruway  
 Sean L. 3m  
 Henry R. 2y  
 Dan K. 2y  
 Adrienne 2y  
 Scott R. 2y  
 Dave C. 3y  
 Rosalie P. 8y  
 Jim S. 14y  
 Bob M. 16y  
 Elvire W. 17y  
 Ray O. 28y  
Victory  
 Nick F. 3y

### GROUPS CELEBRATING

A Day At A Time  
 Bodhisattva  
 Brocton Discussion  
 Clarence Men's Discussion  
 Dunkirk Monday Nite  
 Grand II Joy Of Living  
 Higher Powered  
 Just For Today/Albion  
 Keep On Comin'  
 Lake View  
 Medina Big Book  
 Medina New Life  
 Perry Discussion  
 Powerless  
 Renaissance I  
 Rochester Meeting  
 Rural Is Plural  
 Serenity  
 Set Aside  
 Sheridan  
 Sober Saturday  
 Sober Trail  
 Southgate  
 Stayin' Alive  
 Sunday Third  
 Surrender And Hope  
 The Book Meeting  
 Thruway  
 Unity  
 Women On The Rise

*Please remember to  
 have the anniversaries  
 submitted by  
 the 15th  
 of the month  
 previous*





BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
(716) 853-0389 FAX: 9-4:00 Monday - Friday

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295 MAIN STREET  
BUFFALO, NEW YORK 14203  
Schedule on line at ny-aa.org  
buffalooa@hotmail.com

## MARCH 2003

### MEETING CHANGES:

A LITTLE BIT OF EVERYTHING, NO LONGER MEETS, Tuesday's in Gowanda, United Methodist, 30 North Chapel.

FRIENDLY GROUP, 8 PM in Lockport has moved to Dale Association (Senior Center), 33 Ontario Street.

I DON'T KNOW GROUP, is now a **NO SMOKING MEETING**, Monday's at 7:00 PM, St. Francis Church, 175 East Street @ Amherst.

MERCY GROUP: Morning, 10:00 AM, held at the Brothers of Mercy, 4520 Ransom Rd., Clarence, No Longer meets in the front of the building; we have resumed in the refractory in the rear (last double doors). Parking in the rear. We Need Support.

MORNIN AFTER, St. Nick's Convent Rt. 98 in North Java, **NO LONGER MEETS**.

PIONEER GROUP: Friday's at 8:30 PM, Delevan United Methodist, **NO LONGER MEETS**.

SERENITY TRAILS; has moved to Turning Point House, 9136 Sandrock Rd. Eden, Tuesday's at 8:00 PM.

### PLEASE NOTE

- **LOVEJOY GROUP** is updating its membership Starting in March. Please see group secretary. Visitation Church, 1040 Lovejoy.
- **Age Doesn't Matter Group**, is updating its membership please come to the meeting see group secretary .Friday's@ St. Timothy's, 565 East Park Dr. at Emsinger in Tonawanda.
- There has been some prank flyers sent to groups about an event at an individuals home. The flyers mentioned no group sponsorship, and it was not in this bulletin. Just reminders if anything seems questionable, please confirm it with the office. Also a reminder to groups if you are having an event, even if you do not want it in the bulletin please make the office aware that it is going on. We cannot answer questions we have no knowledge of. Thank-you
- **MOBILE MEETING- ARE YOU, OR SOMEONE YOU KNOW, HOMEBOUND OR CONFINED IN A NURSING HOME AND UNABLE TO GET TO A MEETING? IF SO, AND YOU WANT A MEETING BROUGHT TO YOU, CALL CENTRAL OFFICE AND LEAVE YOUR NAME AND NUMBER, SOMEONE WILL GET IN TOUCH WITH YOU TO MAKE THE NECESSARY ARRANGEMENTS.**
- **Screeners Committee: Attention screeners and 12 step list members.** If your phone number or any of your information has changed, please contact the central Office so that we can keep the information current. Thank you very much. Dave B. (Screeners Chairperson)
- **If your meeting does not meet because of a holiday, could you please notify Central Office so we do not send people there? Thank you.**
- **Bring your Big Book and join us @ Eternal Vigilance Group, Wednesday Nights in Orchard Park at Our Lady of Sacred Heart Church. We now have a Big Book table and need Support.**

## **SERVICE OPPORTUNITIES:**

- ~ March 2, **Central Committee Meeting**, 7 pm, 651 Washington Street, St. Michael's Parish. (Hosted by Amherst Snyder).
- ~ March 2, **Corrections Committee Meeting**, 6:00 PM, 651 Washington Street, St. Michael's Parish.
- ~ March 9, **WNY General Service Assembly Meeting**. 1:00 PM. Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Iron Horse)
- ~ March 9., **CPC Meeting**, 6:30 pm, Bacon memorial Presbyterian Church, 166-59<sup>th</sup> St., Niagara Falls.
- ~ March 13, **International AA women's Conference** Planning Meeting, 6 PM @ the Maryvale Presbyterian Church, 425 Maryvale Drive.
- ~ March 20, **New Frontiers Committee**, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.
- ~ March 29, **Public Information Committee** will meet at Deerhurst Presbyterian Church at 9:00 am.
- ~ March 29, **Archives Committee Meeting**, 9 am, Maryvale Presbyterian Church, 425 Maryvale Drive. Archives are still available for group functions or Anniversaries; call Dick K. 668-8358, with 30 days notice.
- ~ March 26, **62<sup>nd</sup> Buffalo Fall Convention Meeting**, Wed., 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo

## **COMING EVENTS**

March 10, **Dunkirk Monday Night Group will be celebrating its 54<sup>th</sup> Anniversary. Dinner** at 7:00 pm, followed by a speaker (Geno N. from Niagara Frontier Men's Group). Bring a dish if you wish.

March 15, Saturday, **The Tri County Group** in Gowanda, will be celebrating its Group Anniversary. Doors open at 7:30 PM. There will be a speaker at 8:30 pm; food, fun and fellowship will follow. Please bring a dish to share. St. Josephs Church- East Main St.

March 31, **Thruway Group's 30<sup>th</sup> Anniversary**, 10 AM, Infant of Prague School, 921 Cleveland Drive. Speaker followed by cake and coffee. Please join us!!!

April 13, **Serenity Groups 40th Anniversary Breakfast**, Holiday Inn, 1881 Niagara Falls Blvd., Amherst. 9:30 am. Breakfast followed about 11:00 by speaker. \$9.00 pre - sale tickets.

April 25-27, **30<sup>th</sup> Women's Spring Spiritual Weekend**, St. Columbian Retreat House, Derby. \$23 non-refundable deposit, balance of \$70 upon arrival. Flyers available at Central Office.

**3rd STEP:** "Made a decision to turn our will and our lives over to the care of God as we understood him."

**3rd TRADITION:** "The only requirement for A.A. membership is a desire to stop drinking."

**3<sup>rd</sup> CONCEPT:** To insure effective leadership, we should endow each element of A.A.- the conference, the General Service Board and its service corporations, staff, committees, and executives- with a traditional "Right of Decision."

PLEASE SUPPORT THE ENVELOPE SYSTEM

*... Yours in the Fellowship of the Spirit...*

*Terry Bateman.... Executive Secretary*

## Buffalo Central Committee

March 2, 2003

The meeting was opened at 7:00PM by Chairman, Mike D., with a moment of silence and the Serenity Prayer. Mike read the Preamble, Kathy T. read the Purpose of Central Committee and Adam read the Traditions. John H. motioned to dispense with the reading of last month's minutes. Karen S. seconded the motion.

40 Groups Attended: District #1: Cornplanters Again, Miracle, Sunday Niters, Sunrise Court. District #2: Chapter IX, Living Sober, North Buffalo, Three Legacies, Welcome. District #3: Abbott Men's, Blasdell Monday Night, Cazenovia, Courage, Father Baker, Gardenville, Iron Horse, New Life, Rainbow, Ridge, Southgate, Sunday Morning Breakfast, The Book Meeting, Thruway, Victory. District #4: Holland, Patchin, Springville Tuesday Night. District #5: Lockport #1. District # 6: Go To Any Lengths. District #7: Buffalo, Beginnings in SobrietyII, Casting, Ellicott, Fresh Start, Harmony, Lovejoy, Powerless, Remember When. District #8: Amherst Snyder, Wehrle.

### COMMITTEE REPORTS;

ENVELOPE SYSTEM: Karen S. gave the report. The total for the month of February: \$518.00. This number is for only part of the month. Update will be in April.

STEERING COMMITTEE: Charmaine D. gave the report. Steering Committee will now meet @ 6:00PM. Screeners Committee Chair discussed problems with answering service. A discussion was had regarding how to increase contributions to Central Office. At the next meeting a co-chair for the 2004 Buffalo Fall Convention will be nominated.

FINANCIAL REPORT: Joanne McC. Gave this report. Income continues to go down. Concern that many groups are not contributing at all to Central Office. There are more safeguards in

place to prevent financial manipulation. Central Office received a bounced check – please be careful with personal checks.

TREATMENT: No report.

CORRECTIONS: Bob G. gave this report. Wende still needs coverage. Meeting with Attica went ok; we need to make some adjustments in order to cover the gaps.

CENTRAL OFFICE: Mike D gave this report in Terry's absence. AA info 292 calls; 12<sup>th</sup> step – 9 calls; 46 visitors; 14 volunteers.

PIC: Adolph gave this report. Many schools were visited and more are currently on the agenda.

NEW FRONTIER: Debi thanked the many contributors and encouraged more submissions.

61<sup>st</sup> BUFFALO CONVENTION: Pat. M gave the report. A check for \$1,328 has been forwarded to the Central Office. The books are not reconciled, but will be by the next meeting.

62<sup>nd</sup> BUFFALO FALL CONVENTION: No report.

GSA: No report

CPC: No report.

ARCHIVES: Frank M stated that the next meeting is March 22 and will involve finalizing the display for the Spring Convention.

RECAP: No concerns.

OLD BUSINESS: Ridge Group to make coffee for the April meeting.

NEW BUSINESS: No report.

Thank you for the Seventh Tradition donations

The meeting was adjourned at 7:30 PM. Motion to close by John H., seconded by Karen S.

BUFFALO CENTRAL OFFICE  
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(716) 853-0389 Facsimile

3/7/03

TO ALL GROUPS IN DISTRICT 8

As was adopted by the Central Committee, the Co-Chairperson for our Annual Fall Convention is chosen from the consecutive district by the Steering Committee with the approval of the representatives at Central Committee which meets every month at St. Michael's Church Hall, 651 Washington Street, the first Sunday of every month at 7:00 p.m. From your District, the individual selected to Co-Chair the 2002 Fall Convention will then automatically become the Chairman for the 2003 Fall Convention.

What the Steering Committee is asking is that any individual who wishes to be considered for this position write to the Central Office. Include in your letter, your length of sobriety and any experiences you have had that would make you a good candidate for the job.

Your letters of intent must be submitted by April 15 2003. Those fitting the requirements will be presented to the Central Committee on May 4, 2003. The Central Committee vote to elect the Co-Chair will be on June 1, 2003.

District 8 groups are:

Achievement	Georgetown	Stepping Stones-Williamsville
After Midnight	H.A.N.D.	SUNY-Amherst Campus
Amherst Snyder	High Noon	TGIF
Attitude Adjustment	Highview	There Is A Solution
Beginnings Women's	It	Today's Women
Big Book Workshop	Kensington	Turning Point
Clarence Men's Disc.	Lighten-Up	Unity
Clarence Men's Disc.II	Mercy	Wehrle
Common Problem	New Beginnings	Williamsville
East Amherst	Renewal	
Eye Opener	Saint Barnabas	
Fireside	Saratoga	
Fireside PM	Saturday Night In Recovery	

⊕	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative	⊕	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative
									Dunkirk Monday Night						
	11:45								Early Bird		50.00				
	12 Step								Easier Softer Way						
	4th Step Stumblers								East Amherst		30.00				
	6th Step								East Aurora	100.00	100.00				
	A Day At A Time	60.00	60.00						Easy Does It		50.00				
	A Little Bit of Everything							⊕	Ellicott	25.00	25.00	10.00	10.00	10.00	10.00
	A New Freedom								Ellicottville						
	A Strong Desire								Emergency						
⊕	Abbott Men's		100.00		100.00		100.00		Eternal Vigilance						
	Acceptance/Welcoming	500.00	500.00						Everybody's	50.00	50.00				
	Achievement		500.00				100.00		Express						
	Action	50.00	100.00	25.00	25.00	25.00	25.00		Eyepener	351.00	277.00				
	After Midnight								F.U.N.						
	Age Doesn't Matter	100.00	150.00						Faith						
	Alexander							⊕	Father Baker		200.00				
⊕	Amhers/Snyder	136.38	332.12						Feelings						
	Amsdell Lakeshore	25.00	80.00						Fireside						
	Another Chance		25.00						Fireside PM						
	Any Age								First Things First		189.55				
	Any Length	60.00	60.00						Fredonia Discussion						
	Anybody's								Fredonia Friday Noon						
	As Bill Sees It	330.00	330.00						Freedom		75.00				
	Attitude Adjustment								Freedom Now						
	AW Group							⊕	Fresh Start						
	Attraction	100.00	100.00						Friendly	100.00	100.00				
	Beginner's Table								Frontier(New)	250.00	250.00				
⊕	Beginning in Sobriety II							⊕	Gardenville		50.00				
	Beginning's Women	100.00	100.00	25.00	25.00	25.00	25.00		Georgelown						
	Blidwell Monday	75.00	75.00	75.00	75.00	75.00	75.00		Getting Better						
	Big Book Lockport						5.00		Giving						
	Big Book Study							⊕	Go to Any Length		200.00				
	Big Book Workshop								Golden Slipper						11.00
	Blasdel								Grand	40.00	40.00				
⊕	Blasdel Monday Night		40.00						Grand II Joy of Living						
	Bodhisatva	34.00	34.00						Grateful						
	Boulevard Helping Hand								Guiding Light						
	Boulevard Women		75.00						H.O.W.						
	Brass	25.00	25.00						Half and Half						
	Broadway Bailey								Hamburg						
	Brocton AA								Hand						
	Brownbaggers								Handicappers		500.00				
⊕	Buffalo Group	2.00	3.00						Happy Hour						
	But For the Grace of God							⊕	Harmony						
	By The Book								Helping Hand	20.00	40.00				
	Came To Believe								High Noon	100.00	200.00				
⊕	Casting								High View		180.00				
	Cathedral Park		62.68		25.00		25.00		Higher Power						
	Caz Manor	13.00	13.00						Hilbilly						
⊕	Cazenovia								Holiday Village	125.00	550.00				
	Central Park							⊕	Holland						
⊕	Chapter IX		120.00		60.00		60.00		Honesty	30.00	70.00			10.00	20.00
	Cheektowaga								Horizon						
	Chevy #1								Hope Big Book Study						
	Clarence Men's		50.00						How It Works						
	Clarence Men's II								How It Works/Men's		155.03		12.92		12.92
	Cold Spring		15.00						Humboldt Riley						
	Common Bond								Inner City						
	Common Problem								Inspiration		100.00				
	Community Center	10.00	30.00		5.00		5.00		Intoxicated on Life	60.00	60.00				
⊕	Complanters							⊕	Ironhorse		55.75		21.50		21.50
⊕	Courage		100.00		20.00		20.00		IT						
	Arcade								Jamestown Groups						
	Crossroads	38.00	188.00						Johnson Creek Big Book	80.00	80.00				
	Cross Talk Big Book	25.00	50.00						Journey						
	Daily Reflections	110.00	110.00						Just Do It						
	Daily Reprieve								Just For Today/ Ablon						
	DeVaux Discussion								Just For Today/Check						
	Derby								Keep It Simple Sister						
	Desire								Keep On Coming						
	Downtown Men's		2.00						Kenmore						

Ⓜ	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative	Ⓜ	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative
							Renewal						
							Ⓜ Ridge	100.00					
	Lake Shore	300.00	300.00		50.00	50.00	Ridge/Fink Can						
	Lakeview						Rise and Shine	30.00					
	Last Days Fellowship		3.00				Rochester						
	LewPort						Roland						
	Let Go and Let God		10.00		5.00	5.00	Rural Is Plural						
	Liberty Women		50.00				Sally						
	Life Today	300.00	300.00				Saratoga						
	Lighten UP						Searching For Serenity	100.00	100.00				
	Live and Let Live						Second Chance						
	Living in the Solution						Serenity		50.00				
Ⓜ	Living Sober		40.00				Serenity Circle	10.00	30.00				
	Lock City						Serenity on the Lake						
Ⓜ	Lockport #1					4.58	Serenity Trails						
	Lockport Discussion						Setaside						
	Lockport Ladies						Sheridan	40.00					
	Lockview					5.00	Silvercreek Friendship						
	Look To This Day						Sober and Proud						
	Love						Sober Saturday	100.00	100.00				
Ⓜ	Lovejoy	90.00	90.00	50.00	50.00	20.00	20.00	Sober Trail					
	Lower River						Sober Winners	20.00	60.00				
	Lunch Time						Sobriety for Women						
	Main and High	5.00	10.00				Sobriety Men's Disc.						
	Main Street						Sobriety On The Canal						
	Marika	25.00	25.00				Sobriety on a Sat. Night						
	Matt Talbot		100.00				Sobriety on the Lake						
	Mayville Uptown Group						Somerset						
	Medina Grapevine						South Buffalo						
	McKinley Winners						South Town						
	Medina Big Book						Ⓜ Southgate	30.00					
	Medina New Life						Southtown Women's						
	Mercy						Southwestern	50.00	100.00				
	Mid-day		42.95				Spirit of Hope						
Ⓜ	Miracle						Spiritual Progress						
	Morning After		75.00				Springville Sat. Afternoon	30.00					
	Monday Morning Lockport						Ⓜ Springville Tues. Night						
	New Awakening						Springville Wed. Noon						
	New Frontier		380.00				St. Barnabas						
	New Beginnings/St. Vincent						St. Mark's	100.00	100.00				
Ⓜ	New Life	20.00	20.00				Starting Over	40.00	50.05				
	New Outlook						Staying Alive						
	Niagara Intergroup						Step Work						
	New Westside						Stepping Stones/Gov.	40.00	40.00				
	Niagara Frontier Men's Disc.		38.00				Stepping Stones/WIL		100.00				
	Nightshift						Suburban	10.00	30.00				
Ⓜ	North Buffalo	100.00	300.00	25.00	75.00	25.00	75.00	Sunday Afternoon Ascension					
	North Java Monday						Ⓜ Sunday Morning Breakfast	150.00			50.00		50.00
	North Java Morning After						Ⓜ Sunday Niters						
	North Java Sunday						Sunday Third Group	10.00	10.00				
	One Day At A Time		50.00				Ⓜ Sunrise Court	300.00	300.00				
	Open Arms						SUNY Amherst Campus						
	Open Mind						Surrender and Hope	150.00			50.00		50.00
	Orchard Park Step	200.00	200.00				Survivors						
	P.B.P. Big Book Study						T.P.H.						
	Pass It On						TGIF						
Ⓜ	Patchin						Thankful						
	Pathway to Peace						Ⓜ The Book Meeting	40.00					
	Pendleton Chapter Five						The Moonshiners						
	Perry Discussion		10.00		15.00	25.00	There's A Solution						
	Pink Can						Ⓜ Three Legacies	50.00			50.00		50.00
	Pioneer						Those Too	5.00	15.00				
	Positively Living		500.00				Ⓜ Thruway	200.00	700.00	20.00	60.00	20.00	60.00
Ⓜ	Powerless						Thursday PM Discussion	\$ 100.00					
	Primary Purpose						Today						
	Principles Bef. Personalities						Today's Woman	10.00	30.00				
	Progress						Tri County	150.00	160.00				
	Purpose/Tonawanda	150.00	150.00				Tri-Step Beginners						
Ⓜ	Rainbow		25.00				Try Again						
	Ray of Hope		65.00				Tuesday Men's AM						
	Recovery Near the Gardens	30.00	60.00				Tuesday Women	20.00	40.00		10.00	10.00	20.00
Ⓜ	Remember When						Turning Point						

MARCH 15th

GROUP CONTRIBUTIONS

2003

☺	CD	Cumulative	Treatment	Cumulative	Corrections	Cumulative
Twin Cities						
Unity	47.85	47.85				
University Men's Disc.	100.00	231.00			90.00	90.00
Valley						
Varieties of Spiritual Exper.	10.00	10.00				
Varysburg						
☺ Victory	100.00	200.00	25.00	75.00	25.00	75.00
Wake Up Call						
We Are Not Saints						
We Care		60.00		40.00		20.00
We Choose Life						
☺ Wehrle	30.00	30.00				
☺ Welcome						
Westfield						
Westminster						
Why						
Williamsville						
Willing To Grow						
Wilson Group	25.00	50.00			25.00	50.00
Wilson Smith Alumni						
Women on the Rise						
Women's West Side						
Working	90.00	90.00				
You'll Never Walk Alone						
Youngstown						
In The Solution		20.00				
Maryanne B.		12.30				
Barbara B.	100.00	100.00				
Anon.	46.04	46.04				
<b>TOTAL</b>	<b>6058.27</b>	<b>13584.32</b>	<b>255.00</b>	<b>859.42</b>	<b>410.00</b>	<b>1165.00</b>

☺ ATTENDED CENTRAL COMMITTEE



Income Statement	15-Dec-02	15-Jan-03	15-Feb-03	15-Mar-03
Beg Bal Cash on hand	13,568.18	14,451.77	11,137.91	9,802.79
<b>Contributions</b>				
Groups	4,628.45	4,593.66	3,198.39	6,058.27
Joint Meeting	33.00	65.00	50.70	50.00
Envelope System	643.00	931.00	518.00	490.00
New Frontiers Subs	40.00	24.00	20.00	33.00
Literature	3,962.88	1,878.80	2,258.57	3,408.90
Misc.		30.00		1,113.64
<b>Monthly Income</b>	<b>9,307.33</b>	<b>7,522.46</b>	<b>6,045.66</b>	<b>11,153.81</b>
<b>Expenses</b>				
Office Rent	636.00	636.00	636.00	636.00
Meeting Room Rent	35.00	35.00	35.00	35.00
Payroll				
Salaries (Net)	1,662.92	2,078.65	1,662.92	1,662.92
Federal Withholdings	1,359.00	1,040.00	834.18	832.00
NYS Withholdings		326.60		
Insurance				
State Ins Fund				
Health	304.00	304.00	304.00	304.00
Liability		993.86		
Postage		600.00	600.00	
Phone	94.53	86.96	89.46	93.60
Accounting				
Advt				
PIC Lit.				
Talking Phone Book				
Verizon	72.75	72.75	72.75	72.75
website				
white directory		359.55		
Yellow Pages			398.00	
Literature Expenses				
Grapevine				102.90
World Services Inc	1,950.76	927.36	1,372.60	3,566.40
Hazeldon		601.11		313.63
Printers		1,986.25		
Office Supplies	959.86		368.79	
Answering service	866.72	577.98	796.83	523.65
Minolta leasing (copier)	187.00	187.00	187.00	187.00
Minolta Copies	240.15			
Crystal Rock (water)	50.30	14.50	14.50	14.50
Bank Charges	4.75	8.75	8.75	19.50
<b>Monthly Expenses</b>	<b>8,423.74</b>	<b>10,836.32</b>	<b>7,380.78</b>	<b>8,363.85</b>
<b>Monthly Income (Loss)</b>	<b>883.59</b>	<b>(3,313.86)</b>	<b>(1,335.12)</b>	<b>2,789.96</b>
End Bal Cash on hand	14,451.77	11,137.91	9,802.79	12,592.75
Literature Assets:	5,414.62	6,088.04	5,877.80	4,368.25
Literature Receivable:(outstanding)	228.85	870.09	1,214.64	1,125.45
<b>Corrections Facilites</b>	<b>1,207.80</b>	<b>1,046.56</b>	<b>1,428.64</b>	<b>1,716.06</b>
Donations	175.76	455.58	299.42	410.00
Expenses	325.00	61.50		345.00
Bank Charges	12.00	12.00	12.00	12.00
Balance	1,046.56	1,428.64	1,716.06	1,769.06
<b>Treatment Facilities</b>	<b>1,114.19</b>	<b>821.71</b>	<b>483.15</b>	<b>657.82</b>
Donation	359.77	295.00	309.42	255.00
Expenses				
AT & T Bridging The Gap	35.50	37.56	44.96	37.45
AAA Abolt Answering Service	39.75	44.00	34.75	35.00
Literature	565.00	540.00	88.00	
Bank Charges	12.00	12.00	12.00	12.00
Balance	821.71	483.15	657.82	865.82