

# NEW FRONTIERS

A CENTRAL COMMITTEE JOURNAL FOR ALL AA MEMBERS  
OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

## HAPPY NEW YEAR

*A new year, and a new  
commitment to the fellowship  
of Alcoholics Anonymous.*



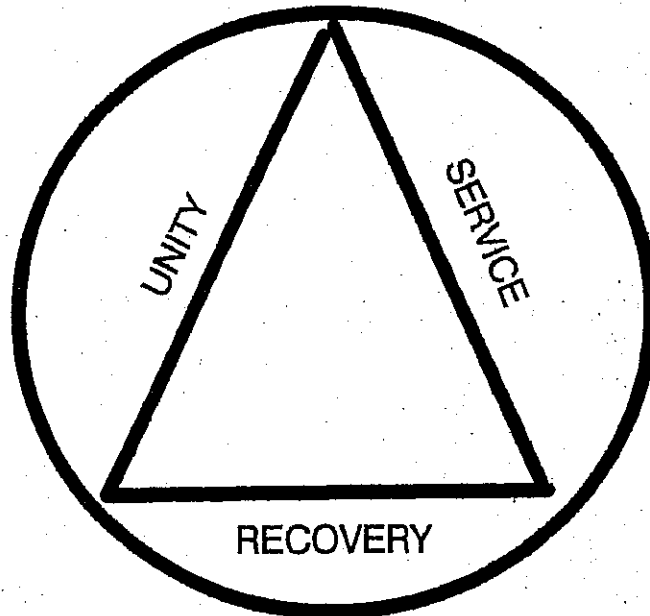
Attend Business Meetings



Greet New Members



12 Step Calls



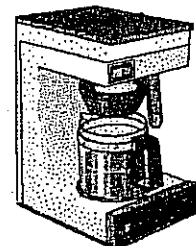
Give A Lead



Moderate A Table



"We are self-supporting through  
our own contributions."



Make Coffee

**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS**

295 MAIN STREET  
845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853 - 0388

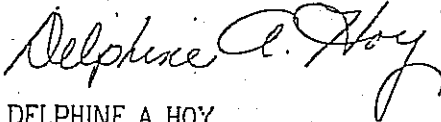
DECEMBER 22, 1997

TO ALL THOSE CONCERNED;

THIS IS TO INFORM YOU, THE CENTRAL BODY OF ALCOHOLICS ANONYMOUS ON THE NIAGARA FRONTIER, THAT ONE YEAR FROM NOW, DECEMBER 31, 1998, I WILL BE RETIRING FROM MY POSITION OF EXECUTIVE SECRETARY.

I THANK YOU FOR THE PRIVILEGE OF ALLOWING ME TO SERVE. I STEP DOWN ONLY BECAUSE "IT IS TIME".

YOURS IN THE SPIRIT OF AA



DELPHINE A HOY  
Executive Secretary

.....

The above letter was received by the Central Committee Chairman, John H., on December 23, 1997. More information will be presented to your Central Committee Representatives at the next Central Committee meeting at 7:00 p.m. at 80 Goodrich, Buffalo, NY on Sunday, January 4, 1998.

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The New Frontiers is published monthly by the Central Office of Western New York. We are self-supporting by your subscriptions and Central Office donations. The New Frontiers presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Art and articles reprinted with permission of A.A. Grapevine, Inc. are subject to the GRAPEVINE copyright.)

John H., We Care, Editor

Dave W., Giving, Assistant Editor

Cindy N., Sunrise Court, Staff Reporter

# EXPERIENCE, STRENGTH AND HOPE

by Cindy N., Staff Reporter



Step 1. "We admitted we were powerless over alcohol - that our lives had become unmanageable."

Unmanageable? Au contraire, my good fellow! I always used my womanly wiles on the sheriff as I scooted from one eviction notice to another. I didn't pollute the air by using my car, I pulled my little red wagon to the liquor store. (actually I had no car, and the state had taken my license.) I enjoyed the full body rush I got when a police car passed.

Unmanageable? Pah-leaze! Doesn't everyone trash their mail before opening it? Look at all the time and energy I was saving by not worrying about how they would be paid. Look at all the people who had jobs because of me. . . bill collectors, the courts, jails, hey, I was helping the economy! My mom kept busy paying people to pray for me. Lordy, what a life! I will have you know, I didn't need any help from anyone. Hmmmmmph.

I came to this Program of my own free will, (alcohol poisoning) for the last time. I freed myself by admitting I had a problem and I couldn't handle it alone. That mere statement of belief was powerful and so right. I had to believe that I was totally and soundly defeated, before I could crawl out of the bottomless pit I had created for myself.

Ah, but alcohol is cunning, baffling, and powerful (and lets not forget patient!) It waited

patiently for me to become a useful member of society, to become gainfully employed, and somewhat respected again. Sometimes that little voice kicked in, you know the one. . "I'm not really alcoholic. I wasn't that bad, I can handle it today. I've got my act together." What to do, what to do; why does this always happen to me? That's it! Me Me Me Me Me ME!!!

I had to get out of 'me,' and start working with others. Remember the phrase 'United we stand, Divided we fall?' It still holds true today. I had to let someone in to help me maintain my sobriety. Sometimes I just stuck around to see what happened next. A.A. promised me a new life, a new freedom and a new happiness, beyond my wildest dreams, and that, my friends, you can take to the bank!!

Tradition 1 - The Long Form states: "Each member of Alcoholics Anonymous is but a small part of the whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close after."

Therefore each of us is but a small cog in the huge machinery of AA. We all need each other to survive. We all have our roles to play, no matter what the part, it's up to us, individually, to play our role for the good of the whole. Today my life counts, and it counts even more with all of you.

Don't forget, NERAASA in February. Get-Away weekend in March, and The Spring Convention In May!

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## SEASONS OF REAL JOY

Some people think God made life just for happiness, but I find myself unable to share that view. I think He made life for growth and that He permits pain as the touchstone of it all. Happiness - at the very least, satisfaction - is a byproduct of really trying to grow. And seasons of real joy are but the occasional byproducts of the process. Which, in eternity, will be the eventual fulfillment. Meantime, we seem to be pilgrims on a road - one which you and I are completely confident leads into the arms of God.

Bill W., 1956 letter

## STEP THREE: THE SIMPLE WAY

I have a long-standing curse. I am, by nature, a brooder and a deep thinker. For most of my first year sober, my sponsor and other people I trusted, had to sit me down and explain to me that thinking and worrying were not part of the deal. His exact words were "think with what?" I had a lot of trouble with the Third Step. How was I supposed to know for certain if I had indeed turned my will and my life over to the care of God, as I understood him? I tossed and turned, waiting for a sign from God, that would tell me that He had accepted my will and my life. A simple bolt of lightning would have settled the question!

I read books that explained the windy tomes about the nature of one's will. I constantly juggled with concepts like intention, purpose, submission and a host of others. I had a sponsor, whose prime asset was his B.S. detector. His detector, over a period of years, was honed to the n<sup>th</sup> degree of accuracy. He was also a master of cutting to the heart of the matter. And that is exactly what he did with my dilemma.

"You know you're working the Third Step, when you go on to the rest of them," he said. And, for me, it was true. If I sit worrying about theology, or if I'm involved in some sort of metaphysical musings and I haven't begun

my inventory, I'm outside the principle of the Third Step.

A.A. is a Program of action! Of course, willingness, preparation, and readiness, are all essential -- they're what Steps Six and Seven are about -- but unless they're followed by action, I've probably missed the boat. "Faith without works is dead."

I will not get the Third Step perfectly, and there is absolutely no sense getting mired in it. The Third Step is, rather, "like the opening of a door which to all appearances is still closed and locked," according to the *Twelve and Twelve*. I have also learned to keep the concepts, "will" and "life" simple. For me, my will is what I want to happen, and my life is what happens. As far as I'm concerned, God can have and direct both.

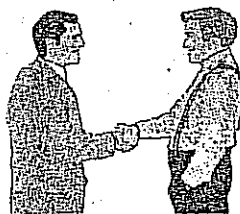
There is nothing tricky or esoteric about this approach to the Third Step. God, through AA, has given me a simple and clear-cut set of directions for living my life. They are called the 'Twelve Steps.' Step Three is a turning point. It is where I turn from mental assent, from the preconditions of honesty, open-mindedness and willingness, to the action steps that follow. I know I'm doing the Third Step when I pick up my pen for the Fourth. What could be simpler?

John H.  
Editor



### DESPERATE MAN

A desperate man I used to be,  
A disease I have tortured me,  
It took me places I normally  
wouldn't be,  
I didn't care about you, and even  
less about me!



A day came, when it had to end,  
I found myself in jail again,  
I woke up broken, I woke up weak,  
Not even realizing the havoc I wreaked.

My kids were gone, my wife on the run,  
What was left for me? Life was no fun,  
Then a man from AA gave me a plan,  
To stay sober for a day, "no matter how hard," he  
said. "It gets better every day."

So I followed his plan, sometimes easy, sometimes  
not,  
But, by golly, he was right, better it got,  
So here I am today, still living my dream,  
To live a good life, sober and clean!

Joe M., Matt Talbot

**...AND LETTING GO OF IT**

*"... primarily fear that we would lose something we already possessed or would fail to get something we demanded. Living upon a basis of unsatisfied demands, we were in a state of continual disturbance and frustration. Therefore, no peace was to be had unless we could find a means of reducing these demands. The difference between a demand and a simple request is plain to everyone."*

Twelve Steps and Twelve Traditions, p 76

**THE ACCEPTANCE PRAYER**

God grant me the serenity to accept my addiction, gracefully and humbly.

Grant me also the ability to absorb the teachings of the Program, which by its past experience is trying to help me.

Teach me to be grateful for the help I receive.

Guide me, Higher Power, in the path of tolerance and understanding of my fellow members and fellow man,

Guide me away from the path of criticism, intolerance, jealousy and envy of my friends.

Let me not prejudice, let me become a moralist, keep my tongue and thoughts from malicious idle gossip.

Help me to grow in stature spiritually, mentally, and morally.

Grant me the greatest of all rewards, that of being able to help my fellow sufferers in their search out of the addiction that has encompassed them.

Above all, help me to be less critical and impatient with myself.

ANONYMOUS



**THE "WORTH" OF SOBRIETY**

*"Every AA Group ought to be fully self-supporting, declining outside contributions."*

Twelve Steps and Twelve Traditions p 160

When I go shopping I look at the prices and if I need what I see, I buy it and pay. Now that I am supposed to be in rehabilitation, I have to straighten out my life. When I go to a meeting, I take a coffee with sugar and milk, sometimes more than one. But at the collection time, I am either too busy to take money out of my purse, or I do not have enough, but I am there because I *need* this meeting. I heard someone suggest dropping the price of a beer into the basket, and I thought, that's

too much! I almost never give one dollar. Like many others, I rely on the more generous members to finance the Fellowship. I forget that it takes money to rent the meeting room, buy the milk, sugar and cups. I will pay, without hesitation, ninety cents for a cup of coffee at a restaurant after the meeting. I always have money for that. So, how much is my sobriety and my inner peace worth?

Courtesy Daily Reflections

**MOST OF THE THINGS THAT IRRITATED ME TODAY  
WON'T BE IMPORTANT ENOUGH TO REMEMBER TOMORROW.**

The Committee for the 56th Buffalo A.A. Fall Convention would like to thank the following for their generous contributions to the Coffee Fund. The GRAND TOTAL collected was: **\$6,078.84**

A Friend	Father Baker Group (1st donation)	Lovejoy Group (2nd donation)	Spirit of Hope (2nd donation)
AA Friend Bob K.	Father Baker Group (2nd donation)	Marie G.	Spiritual Progress
Action Group	Fireside Group	Marilla Group	Starting Over Group
Al-Anon	First Things First	McKinley Winners	Stony J.
Amherst-Snyder (1st donation)	Fred G.	Mod Group	St. Mark's Group
Amherst/Snyder (2nd donation)	Freedom Group	Mon. Nite St. Barnabas	Sunrise Court Group (1st donation)
Anonymous	Gardenville Group	New Frontier Group	Sunrise Court Group (2nd donation)
Anonymous	Getting Better Group	Niagara Falls Big Book	Sunrise Court Group (3rd donation)
Any Lengths Group (1st donation)	Giving Group	Niagara Frontier Group	Sunrise Court Group (4th donation)
Any Lengths Group (2nd donation)	Going To Any Lengths	Niagara Intergroup	Sunrise Court Group (5th donation)
A. W. Group	Golden Slipper	Norman H., Sr.	Sunrise Court Group (6th donation)
Basic Group-St. Cath., Ont.	Grand Group	North Buffalo Group	Sunrise Court Group (7th donation)
Beginnings Women	Half & Half	North Java	Sunrise Court Group (8th donation)
Bidwell Monday Night Discussion	Happy Hour	November 15, 1989	Sun. Morn. Breakfast (1st donation)
Bld. Women's Group	Harmony	NY Penn Industrial	Sun. Morn. Breakfast (2nd donation)
But For The Grace Of God	Helen B.	Olean "Butt-in" Group	Sun. Morn. Breakfast (3rd donation)
C & D & L	Higher Power	Orchard Park Step	Surrender
Cassadaga Monday Night	Highview Group (1st donation)	Pamela L.	Survivors
Castings Group	Highview Group (2nd donation)	Pass It On	Thankful Group
Caz Manor	Hillbilly Group	Perry Discussion	Thruway Group (1st donation)
Chapter 9 Group	How It Works	Powerless Group	Thruway Group (2nd donation)
Charles & Doris L.	H.A.N.D. (1st donation)	P. French	Tony C.
Charles & Sandra N.	H.A.N.D. (2nd donation)	Rainbow Group (1st donation)	Tri County
Cheektowaga (1st donation)	Inspiration Group (1st donation)	Rainbow Group (2nd donation)	Try Again Group
Cheektowaga (2nd donation)	Inspiration Group (2nd donation)	Rainbow Group (3rd donation)	Tuesday Night Big Book Group
Cheektowaga (3rd donation)	Iron Horse	Ray of Hope Group	Tuesday ODAT Group
Cindy N. & Griff N.	James P. M.	Renaissance/Positive Living	Tuesday Woman's Discussion
Clarence Men's Group	Jeanne M.	RGH	Tues. Men's Discussion
Cold Spring (1st donation)	Jeanne & Kenneth C.	Richard S.	T.G.I.F. Group
Cold Spring (2nd donation)	John & Marie Z.	Ridge Group	Unity Group
Common Problem	Journey Group (1st donation)	Robert H. W.	University Discussion
Community Center	Journey Group (2nd donation)	Robert W.	Urban Group
Courage Group	Kenmore Group	Roger H.	Valley Group
Dan S.	Kensington Group	Saratoga Group	Varysburg
Darryl S.	Lakeshore Group (1st donation)	Saturday Early Bird	Victory Group
Derby Group (1st donation)	Lakeshore Group (2nd donation)	Searching for Serenity	We Care Group (1st donation)
Derby Group (2nd donation)	Lakeshore Group (3rd donation)	Seneca Babcock Group	We Care Group (2nd donation)
Don K.	Let Go & Let God	Sheridan	Wed. Night Speakers
Donald B.	Liberty Women	Silver Creek Friendship Group	Wherte Group (1st donation)
Durham 12 Step Group	Lighten Up Group	Sober Trails	Wherte Group (2nd donation)
Easy Does It	Living Sober Group	Sober Winners	Wherte Group (3rd donation)
Ellicott Group	Lockport 1	Sober & Proud Group	Williamsville Group
Eternal Vigilance (1st donation)	Lockport Ladies 12 Step Group	Southgate Group	Women's Westside Discussion
Eternal Vigilance (2nd donation)	Lockview Group	Southwestern Group	
Everybody's Group	Lovejoy Group (1st donation)	Spirit of Hope (1st donation)	

## MAINTENANCE PROGRAMS DON'T WORK!

Who cares to admit complete defeat. I didn't. I walked through the doors of AA over twelve years ago, not believing I could be one of those people. I stopped drinking cold turkey. My 'dry date' was August 1985. Up until September 1997, I had not had a drink. Although I practiced the 12 Steps of AA, on and off over the years, I was on the marijuana maintenance program. I was only completely sober 2 of the 12 years.

Insanity and unmanageability ruled my life, a direct result of my not working the 12 Step Program of AA. Over the summer of 1997, many of my not yets had come true. I picked up crack cocaine and within a few months I had lost everything. A brand new car, a 2 bedroom apartment and all it's contents, a part time job, my significant other and most of all, my freedom.

I was incarcerated due to my use of drugs, which finally led me to pick up alcohol. Fortunately, some sanity remained, because I only had a few drinks to settle my sobriety/clean dates, thank God.

I spent 35 days in the Niagara County Jail. I felt miles away from home. I always thought that my drinking was a little different. My drinking had never put me in jail, my drinking had never cost me a job, etc. I can now testify that I am an alcoholic and a drug addict, substitution doesn't work!

Lets talk about unmanageability. I was not in control of my life. I couldn't go to an AA meeting while in jail, although I wanted to very much. I was clean and sober 15 days when Mr. Trooper locked me up. I was going to meetings and getting my life back together. We have to pay the price for our actions, even in sobriety. That hurt.

I recently attended a Correctional Facility meeting that I was planning on attending before my arrest. Having been on the inside, convinced me that I needed to go. People on the inside need us outsiders. I'm becoming active again. I am so grateful to be free. There aren't enough words to express the frustration of not having the freedom to go to a meeting.

I am completely defeated. I am grateful to be able to accept that. I am grateful to be able to turn my negative feelings of defeat and powerlessness, into positive things.

I took advantage of my 35 day stay to rebuild my relationship with God. I have finally been able to read both Big Books, from cover to cover. My relationship with God is a working one today. I have my life and my freedom today, thanks to God, and AA.

Thanks also to Delphine, for being there for me.

Eve W., Gratefully defeated  
An active member of AA  
Serenity Circle



### TO WHOM IT MAY CONCERN;

*A friend of mine died a few weeks ago, of the disease of alcoholism. She became one of those hopeless few who wouldn't or couldn't grasp the simple beauty of the AA Program. I wrote the following for inclusion in the 'New Frontiers'. If one life is touched by my expression of grief, then her death will not have been in vain.*

Good-bye my friend,

When we spoke on the day you went to the hospital, we both knew you wouldn't be coming home again. We both knew that you had crossed the line of no return, and the gift of sobriety would not be yours again.

What I was not prepared for was the ugliness of your death, and the knowledge that alcohol had won and shown itself to be the evil it is.

Your hair, once beautiful, was now but a few brittle fuzzy strands framing your beaten frail face. Eyes, once filled with laughter, oozed like pus out of their sockets. A body to die for, had become a mere skeleton draped with decaying yellow flesh, blood seeping from every orifice. Truly, you were broken, bruised and beaten. You told me you'd be back, but were full of excuses. Alcohol lied to you, and you died, and so my friend....good- bye.

Gail H.  
Thruway Group

# JANUARY ANNIVERSARIES

## AMHERST/SNYDER

Valerie B. 3 mos.  
 Ed S. 3 mos.  
 Doug C. 9 mos.  
 Bill R. 9 mos.  
 Mary O. 1 yr.  
 Larry N. 2 yrs.  
 Al F. 5 yrs.  
 Ann P. 6 yrs.  
 Barbara B. 7 yrs.  
 Gary s. 12 yrs.  
 Gene H. 13 yrs.  
 Don B. 17 yrs.  
 Alice B. 18 yrs.

## ANY LENGTHS

Paul K. 1 yr.  
 DeAun D. 2 yrs.

## COLD SPRING

Tina P. 3 mos.  
 Anthony H. 9 mos.  
 Evander R. 1 yr.  
 Brady P. 4 yrs.  
 Willie D. 4 yrs.  
 Lenny G. 5 yrs.  
 James F. 5 yrs.  
 Al E. 18 yrs.  
 Henrietta W. 29 yrs.

## COURAGE

Diane C. 5 yrs.  
 Leo K. 11 yrs.  
 Agnes H. 16 yrs.

## H.A.N.D

Jenine B. 9 mos.

## IRONHORSE

Matt B. 3 mos.  
 Erin W. 3 mos.  
 Bill D. 3 mos.  
 Bob W. 3 mos.  
 Rachel N. 3 mos.  
 Mike D. 3 mos.  
 Dave S. 3 mos.  
 Julie H. 6 mos.  
 Sal M. 6 mos.  
 Mike B. 9 mos.  
 Tom W. 9 mos.  
 Judd H. 1 yr.  
 Tom K. 2 yrs.  
 Chris T. 2 yrs.  
 Vito M. 2 yrs.  
 Tom C. 3 yrs.  
 Deanna 4 yrs.  
 Amber T. 4 yrs.  
 Dan M. 8 yrs.  
 Andrea B. 9 yrs.  
 Butch 10 yrs.  
 Jim W. 12 yrs.

## LET GO & LET GOD

Carol B. 5 yrs.

## MOD/LIVING IN SOLUTION

George B. 6 mos.  
 Clare S. 6 mos.  
 Kevin C. 9 mos.  
 Jammie B. 1 yr.  
 David H. 3 yrs.  
 Debbie S. 3 yrs.  
 Cindy S. 3 yrs.  
 Joan 17 yrs.

## MONDAY NIGHT

### BIDWELL

Linda H. 3 mos.  
 Robert H. 3 mos.  
 Charity V. 6 mos.  
 Mikki K. 9 mos.  
 Willy S. 2 yrs.  
 Steve G. 2 yrs.  
 George W. 2 yrs.  
 Jim C. 2 yrs.  
 Lisa B. 2 yrs.  
 Willie S. 2 yrs.  
 Wayne H. 3 yrs.  
 Robert B. 3 yrs.  
 Dave B. 3 yrs.  
 Charlie B. 9 yrs.  
 Pat I. 13 yrs.

### NORTH BUFFALO

Henry B. 3 mos.  
 Jim B. 6 mos.  
 George O'D 6 mos.  
 David C. 1 yr.  
 Amy H. 1 yr.  
 Walter P. 2 yrs.  
 Mike K. 5 yrs.  
 Roger R. 9 yrs.  
 Delon Pek 10 yrs.  
 Pat S. 10 yrs.  
 Michelle L. 11 yrs.  
 Larry W. 13 yrs.  
 Frank C. 13 yrs.

### POWERLESS

Meivin G. 3 mos.

### SHERIDAN

Linda F. 3 mos.  
 Joe P. 9 mos.  
 Mark H. 9 mos.  
 John L. 1 yr.  
 John N. 1 yr.  
 Laurie W. 2 yrs.  
 Kay D. 6 yrs.  
 Greg W. 8 yrs.  
 Larry Z. 13 yrs.

## SUNDAY MORNING

### BREAKFAST

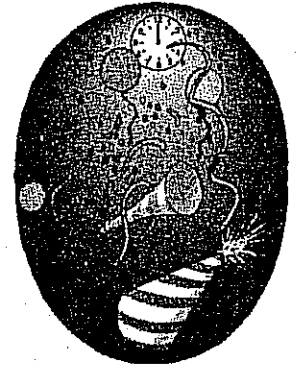
Kathy K. 6 mos.  
 Elsie D. 6 mos.  
 Ethel P. 9 mos.  
 Joe B. 9 mos.  
 Mark O. 9 mos.  
 Becky B. 9 mos.  
 Amy H. 1 yr.  
 Mark C. 1 yr.  
 Sean G. 2 yrs.  
 Norm K. 13 yrs.  
 Gayle H. 14 yrs.

### THRUWAY

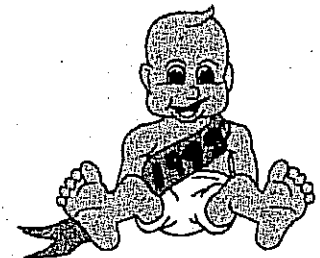
Bruce D. 3 mos.  
 Jeff C. 3 mos.  
 Cathy S. 6 mos.  
 Alan F. 9 mos.  
 Stacy G. 1 yr.  
 Carol A. 1 yr.  
 Ruth K. 1 yr.  
 Barry Mc. 2 yrs.  
 John R. 4 yrs.  
 Charisse B. 5 yrs.  
 Gerry D. 5 yrs.  
 Kreg K. 6 yrs.  
 Jim M. 6 yrs.  
 Joe M. 7 yrs.  
 Kathy G. 8 yrs.  
 Kathy S. 8 yrs.  
 Dave C. 10 yrs.  
 Kathy K. 10 yrs.  
 John B. 10 yrs.  
 Frank B. 11 yrs.  
 Gayle H. 14 yrs.  
 Leonard Z. 14 yrs.  
 Jim Z. 14 yrs.  
 Mike K. 14 yrs.  
 Susan L. 15 yrs.  
 Scott P. 15 yrs.  
 Tom B. 16 yrs.  
 Kenneth W. 16 yrs.  
 Ellen McN. 23 yrs.  
 John J. 23 yrs.  
 Carol A. 24 yrs.

### WE CARE

Neal O. 9 mos.  
 Bill G. 12 yrs.  
 Agnes H. 16 yrs.  
 Jim L. 16 yrs.



**FEBRUARY 1998  
 ANNIVERSARIES MUST  
 BE IN THE  
 CENTRAL OFFICE,  
 IN WRITING,  
 NO LATER THAN  
 JANUARY 10, 1998.  
 PLEASE PRINT OR  
 WRITE CLEARLY**



**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
295 MAIN STREET  
ROOM 845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853-0388**

**JANUARY 1998**

**NEW MEETINGS:**

DAILY - DIVINITY - 6:00PM - Open discussion - held at DiVinci Coffee House, 2874 Delaware Avenue at Delaware Road in Kenmore. (smoking section)

DAILY - 1110 GROUP - will meet at 5:30pm, along with the other daily meetings at 1:00pm and 8:00pm. The Friday and Saturday meetings at 11pm are now meeting at 10:00pm. The meeting place is at 1110 Kenmore Avenue at Colvin Blvd. You must go around to the back of the building to find the entrance.

**MEETING CHANGES OR CORRECTIONS:**

1110 GROUP - Friday and Saturday evening meetings have been changed to 10:00pm. They have added a Monday through Friday meeting at 5:30pm.

BROCTON - Tuesday is now NON-SMOKING and meets at 8pm

SATURDAY NITE ALIVE in Fredonia, is now NON-SMOKING and it will begin at 8:30pm and be an open speaker the last Saturday of the month

BEGINNING IN SOBRIETY I - Tuesday - Centennial Church, 127 Doat near Bailey and Genesee, will be meeting again at 1:00pm.

TRI-COUNTY - Saturday - time changed to 8:00pm

THE BOOK MEETING - Thursday - 8:00pm - Rod & Liberia Roads, East Aurora.

**PLEASE NOTE**

MONDAY - WESTMINSTER - is updating their membership list. If you consider yourself a member of the group call Vince R at 677-0509 to check in.

**COMING EVENTS:**

JANUARY 3 - SATURDAY - MOD/LIVING IN THE SOLUTION presents Buddy Hines Band - \$4.00 donation at the door 9:00pm. Place: Amity Club 340 Military Road.

**JANUARY 4 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM**

JANUARY 10 - SATURDAY - MOD/LIVING IN THE SOLUTION presents Sam Gambino and the Last Band - \$4.00 donation at the door 9:30pm - 1:30am. At the Amity Club, 340 Military Road.

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BROCTON - Tuesday is now NON-SMOKING and meets at 8pm

SATURDAY NITE ALIVE in Fredonia, is now NON-SMOKING and it will begin at 8:30pm and be an open speaker the last Saturday of the month

BEGINNING IN SOBRIETY I - Tuesday - Centennial Church, 127 Doat near Balley and Genesee, will be meeting again at 1:00pm.

TRI-COUNTY - Saturday - time changed to 8:00pm

THE BOOK MEETING - Thursday - 8:00pm - Rod & Liberia Roads, East Aurora.

**PLEASE NOTE**

MONDAY - WESTMINSTER - is updating their membership list. If you consider yourself a member of the group call Vince R at 677-0509 to check in.

**COMING EVENTS:**

JANUARY 3 - SATURDAY - MOD/LIVING IN THE SOLUTION presents Buddy Hines Band - \$4.00 donation at the door 9:00pm. Place: Amity Club 340 Military Road.

**JANUARY 4 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM**

JANUARY 10 - SATURDAY - MOD/LIVING IN THE SOLUTION presents Sam Gambino and the Last Band - \$4.00 donation at the door 9:30pm - 1:30am. At the Amity Club, 340 Military Road.