

# NEW FRONTIERS

A CENTRAL COMMITTEE JOURNAL FOR ALL A.A. MEMBERS  
OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

# HAPPY EASTER

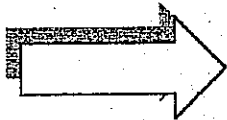


THINGS WE CANNOT CHANGE

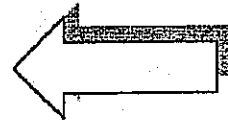
**Frank D. Leavers**  
**Amherst-Snyder Group**  
**50 years of sobriety**  
**REST IN PEACE**

**Gordon Wilkenson**  
**1<sup>st</sup> Things 1<sup>st</sup> Group**  
**REST IN PEACE**

**Rose Mary**  
**Zimmerman**  
**Early Bird Group**  
**REST IN PEACE**



There is a need for Spanish  
Speakers  
at the new TFC meetings  
Tuesdays at 291 Elm Street  
Contact Hilda H.  
833-3231



\*\*\*\*\*

**Mod Group is presenting its Annual 4<sup>th</sup> Step Workshop**

It will be held on April 11<sup>th</sup>, 1998  
at 340 Military Rd.  
There will be speakers  
\$3:00 includes 4<sup>th</sup> Step Packets  
11:00AM to 5:00PM

Tim Wright will be appearing  
at the Mod Group at 340 Military Rd.  
At 8:00PM on April 11<sup>th</sup>  
Free admission!



The New Frontiers is published monthly by the Central Office of Western New York. We are self-supporting by your subscriptions and Central Office donations. The New Frontiers presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Art and articles reprinted with permission of A.A. Grapevine, Inc. are subject to the GRAPEVINE copyright.)  
John H., We Care, Editor      Dave W., GIVING, Assistant Editor      Cindy N., Sunrise Court, Staff Reporter

# EXPERIENCE, STRENGTH AND HOPE

By Cindy N. Staff Reporter



Step Four -  
"Made a searching and  
fearless moral  
inventory of ourselves."

It has been said,  
that we are as sick as our  
secrets. It has been my

experience that this is true, to the letter. By putting them down on paper, my deepest, darkest, and ugliest secrets, to the best of my ability, and identifying my part in those calamities, I have become happy, joyous and free. I found that my secrets range from the visible acts of stealing my parents booze, to the invisible, but more damaging effects of not being a proper mother to my child.

The column system works wonders to get one started, The Fourth Step is not a one shot deal. I find that I must continuously search deeper, to see how the emotional wrongs I have committed have hurt me - and those around me. To know where an act of jealousy or revenge came from, and to correct it, is a wonderfully freeing experience. To be gut level honest with myself, and not hide behind excuses, actually allows me to look in the mirror today. My self-esteem can grow, because I have nothing to hide. I can accept corrections today, because I know that, no one is perfect and life has very few perfections. I am content in knowing that I'm progressing... by the very act of trying.

I don't have to remember the lie I told yesterday, because there isn't one! Today I am accountable I don't fall back on lame excuses. I can stand before my HP today, and be content in knowing that I have been as honest as I can be, with Him, you, and myself.

Tradition Four - "With respect to its own affairs, each AA group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect AA, as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount."

Please read this carefully, as what was pointed out at a recent GSA. Each group should be autonomous except in matters affecting other groups or AA as a whole. An example would be, if your group is collecting 7<sup>th</sup> Tradition, and not contributing to AA as a whole, it can be seen as acting out of Tradition. Please safeguard our traditions, they are what makes AA work

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## ...."MOMENTS"....

### AN EVENING WITH BILL W.

What a memorable evening it was, Friday March 20<sup>th</sup>, 1998. The audience was taken back to an earlier time, November 16, 1950, back to the Kips Bay section of New York, where, Bill W, co-founder of Alcoholics Anonymous, was addressing the group on their first anniversary. It was a sad time also, because Bill W. had just learned of the untimely death of his friend and co-founder of Alcoholics Anonymous, Dr. Bob.

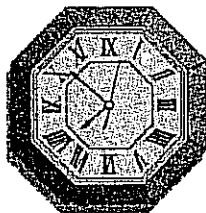
Our most sincere thanks to the Lovejoy Group of AA, who donated their hall and meeting time to present this exciting evening with Bill W. It

was flawless in its presentation, and the "other Bill," (Bill M.) gave a masterful performance. Thank you Lovejoy group, for your most generous contribution to the always-needy Corrections Committee. Because of your kindness and generosity, we will be carrying the message of AA into the prisons, along with some much-needed literature.

Sincerely,  
The Corrections Committee

## STUFF

The average member of AA does minutes a day in prayer, asking and awake about sixteen hours a day, therefore paying out a premium of five percent.



not, I suppose, spend more than five thanking for help to keep sober. He is approximately 1000 minutes. He is units for 1000, that is, one-half of one

The United States Congress of alcohol in a drink did not render that fear that this amount of prayer will render anyone spiritually intoxicated or lead to religious mania.

passed a law that one-half of one percent drink an intoxicating one. No one need



## FREEDOM!!

One of my favorite ways to get people off my back when I drank was to tell them that I was free, and they should stop trying to take away my freedom! I defended my right to drink!

"I drank because it set me free. I could be more myself when I drank, free of the phoniness and restrictions of my sober self. So, in a sense, drinking brought out my better side, I was more real, more honest, more *free*."

Now, with some years of sobriety under my belt, I can admit that I never breathed a single free breath until I found my way to Alcoholics Anonymous. What I took for liberation was, in fact, bondage – bondage to my self-obsession, to my fears, and to my dependence on alcohol. As a practicing alcoholic, my behavior, my life choices and my very survival were dictated by my slavery to alcohol. I was trapped in the repeating cycle of excitement, depression and remorse, all the

while convinced that I could control my fate by self-will alone.

As a result of working the Twelve Steps, I have received the unexpected gift of real freedom. Starting with freedom from alcohol and branching out to every aspect of my life, I now enjoy freedom from the pitiful and incomprehensible demoralization, which characterized my life.

Freedom to say "no" where I used to say "yes." Freedom to say "yes" to opportunities which used to be too frightening for me to consider. Freedom to forego the habit of constant worry. Freedom to look bad, to be ungrateful and new. Freedom to let go of the mantle of character defects I wore to keep people away. Freedom to be myself as God always intended me to be - perfectly flawed, sober-and free.

John H.  
Editor



A memorable quote from NERASSA 98:

Young man says: "A drug is a drug is a drug."

Old timer says: "Yes, and a fruit is a fruit, but an apple is still not an orange."

# A SPIRITUAL EXPERIENCE IS THE ACT OF RELYING LESS ON ONE'S OWN OMNIPOTENCE

Dr. Harry Tiebout

## THE DILEMMA OF NO FAITH

The phrase "God as we understand Him" is perhaps the most important expression to be found in our whole AA vocabulary. Within the compass of these five significant words there can be included every kind and degree of faith, together with the positive assurance that each of us may choose his own. Scarcely less valuable to us are those supplementary expressions—"a higher power" and "a power greater than ourselves." For all who deny or seriously doubt a deity, these frame an open door over whose threshold the unbeliever can take his first step into a reality hitherto unknown to him—The realm of faith.

In AA such breakthroughs are everyday events. They are all the more remarkable when we reflect that a working faith had once seemed an impossibility of the first magnitude to perhaps half of our present membership of three hundred thousand. To all these doubters has come the great discovery, that as soon as they could cast their main dependence upon a "higher power" — even upon their own AA groups—they had turned that blind corner which had always kept the open highway

from their view. From this time on—assuming they tried hard to practice the rest of the AA program with a relaxed and open mind, an ever deepening and broadening faith, a veritable gift, had invariably put in its sometimes unexpected and often mysterious appearance.

We much regret that these facts of AA life are not understood by the legion of alcoholics in the world around us. Any number of them are bedeviled by the dire conviction that if ever they go near the door of AA they will be pressured to conform to some particular brand of faith or theology. They just don't realize that faith is never a necessity for AA membership: that sobriety can be achieved with an easily acceptable minimum of it: and that our concepts of a higher power and God as we understand him afford everyone a nearly unlimited choice of spiritual belief and action.

Bill W., April 1961  
*The Grapevine*



WNY GSA 1998 SPRING CONVENTION

**APRIL 17, 18, 19, 1998**

RADISSON HOTEL, 4243 GENESEE STREET, CHEEKTOWAGA, NY  
REGISTRATION \$15.00 REGISTRATION / BANQUET \$ 35.00

COFFEE DONATIONS AND REGISTRATIONS CAN BE MAILED TO:  
GSA SPRING CONVENTION, P.O. BOX, 374 CHEEKTOWAGA, NY 14225

## POVERTY OF SPIRIT

I spent so much time wishing that things were different, and thinking up alibis for why things weren't different. I overlooked all of the advantages and opportunities open to me right where I am - in Alcoholics Anonymous.

For over twelve and a half years around Alcoholics Anonymous, my commitment was shallow. I bounced in and out of AA, believing that God could have my time, money, talents and even alcohol itself, everything except my mind. As a result, my life became self-satisfied and egocentric. Meeting after meeting, book study after book study, engulfed in the rhetoric, coupled with the Malady of Spirit, I continued to drink.

I felt worse remaining abstinent for nearly three years, treating AA as a sort of social institution, why? I had not experienced the reality of God deep within. That required steady development, constant enlargement, and a commitment to the Recovery Program entailed in the first 164 pages of our basic

**"I felt worse remaining abstinent for nearly three years, treating AA as a sort of social institution. Why? I had not experienced the reality of God deep within."**

text. I did not follow these simple guidelines, thus, I experienced poor spiritual health. As a result, I drank! I'm glad I did!

Having experienced discontent in my spiritual development, I recognized that my close friends had something that I lacked, but continued to claim I had. They recovered from

Alcoholism.

Having been in 12 treatment centers, thousands of meetings, having many sponsors, a potential college education, and years of sobriety, I've learned that no "Human" messenger ever "saves" anyone, only God can, and He has - with me.

I'm not grateful for my heat, electric, shelter, clothes, money, job etc. I'm grateful for drinking while attending meetings, living on the street, scrubbing for food, sleeping in snow banks, and puking my guts out...that helped me the most! I wouldn't be here, if that had not happened.

Christopher  
Caz Group



Dear Lord,

So far today, I've done all right. I haven't gossiped, haven't lost my temper, haven't been greedy, grumpy, nasty, selfish or over-indulgent. But in a few minutes, Lord, I'm going to get out of bed. And from then on, I'm probably going to need a lot more help.

Amen.

## AN UNSHAKABLE FOUNDATION

In AA, we have found that the actual good results of prayer are beyond question. They are matters of knowledge and experience.

All those who have persisted have found strength not ordinarily their own. They have found wisdom beyond their usual capability. And they

have increasingly found a peace of mind which can stand firm in the face of difficult circumstances.

*Twelve Steps and Twelve Traditions*  
*Page 107*



# LAUGHTER



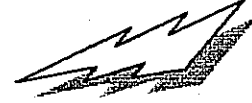
When you stand outside a room where a group of Alcoholics Anonymous is meeting, the most frequent sound you hear is laughter. Mellow laughter, which can come only from people who have looked destruction and catastrophe in the face, not once but continuously over long years, and now are free and unafraid. The laughter, in short, of people who hold God's hand and feel safe.

That is the basis of Alcoholics Anonymous, the fact almost incredible to a world that is half-afraid to expect much of God in everyday life.

-excerpt from the pamphlet "Letter to a Woman Alcoholic",  
A.A.W.S., Inc.



"Each day is a miracle, and I thank my  
Higher Power and ask His forgiveness. I  
know He will guide me and lift my spirit  
as I live life on life's terms.  
One day at a time."



My name is Tom, I'm an alcoholic, and I'm in jail at the present

time. I drank for over 20 years, and had lots of trouble with the law. My drinking caused many problems with my family, friends, and whoever got in my way. I was first placed in a boys home, and then on to a detention center. I adapted so well, that I graduated to a couple of mental hospitals. I wasn't an alcoholic or crazy. This denial led me to various foster homes, and on to my first stint in the County jail. It was 1974, and I was 15. I would not admit that alcohol was the cause of my anguish.

During my frequent vacations to the "Big House", I never believed in any God. I prayed like a soldier at war, in a foxhole. "God, please get me out of this one!" After my last 7 year stretch, I got out in 1991. I managed to stay sober for 5 years, on sheer willpower. My first child was born in 1996, and I decided to celebrate. Why not? I'd proved to myself that I could do it. Soon after, my life became a downhill race to hell. My disease progressed so rapidly that I hit bottom in 6 months.

Then a miracle happened. I asked for help. I finally decided that I couldnt do it alone. I entered an in-patient program at Stutzman. "Wow!" The love that I experienced in that place! Those people were so dedicated to saving someone like me. Those 30 days were a Spiritual Awakening for me. I began to feel a glimmer of hope, not realizing the deep depression and self-

destruction inside of me. I came to believe in a Higher Power, and I learned

the 12 Steps and 12 Traditions. Life was passing me by, because I chose to hide my pain. I trusted no one, even so, I went to a halfway house (Caz Manor). There was another Tom inside of me, yearning to be set free. I began to take risks and trust people. I became humble, letting my pain surface and yet, after 2 months, I relapsed. It was April Fools Day, 1997. I was asked to leave the manor, and I was arrested 17 days later.

Ironically, coming back to prison saved my life. I've managed to turn my relapse into something positive. By the grace of God, my life is different, even in these angry and bitter surroundings. I have found a new freedom, and my rage is dissipating. Each day is a miracle, and I thank my Higher Power and ask His forgiveness. I know He will guide me and lift my spirit as I live life on life's terms. One day at a time.

The fundamentals are simple; Honesty, Open-mindedness and Willingness.

I would like to write to anyone in the WNY area. My full name is Thomas Perry, I am 40 years old and I'm Irish. I'm hoping to be released 8/98, until I hear from you.

Tom P. #DG-3147  
Manohoy Correctional Facility  
301 Morea Road  
Frackville, PA 17932

## APRIL 1998 ANNIVERSARIES

### AGE DOESN'T MATTER

Pat P. 3 mos.  
 Ellis W. 6 mos.  
 Jim K. 1 yr.  
 Joe P. 1 yr.  
 Red B. 4 yrs.  
 Tim H. 8 yrs.  
 Chet S. 12 yrs.  
 Jerry S. 23 yrs.

### AMHERST SNYDER

Judy O'H. 3 mos.  
 Mark P. 3 mos.  
 Carl H. 3 mos.  
 Valerie B. 6 mos.  
 Ed S. 6 mos.  
 Doug C. 1 yr.  
 Bill R. 1 yr.  
 Joanne K. 2 yrs.  
 Mona A. 2 yrs.  
 Dave Z. 3 yrs.  
 Kate C. 4 yrs.  
 Jeff R. 5 yrs.  
 Eja H. 7 yrs.  
 Jerry B. 9 yrs.  
 Chris T. 9 yrs.  
 Joe M. 11 yrs.  
 Bruce G. 11 yrs.  
 Fred S. 11 yrs.  
 Pat B. 13 yrs.  
 Edward P. 13 yrs.  
 Martin M. 17 yrs.  
 Rita F. 24 yrs.  
 Al C. 31 yrs.

### ANY LENGTHS

Ray F. 3 mos.

### COLD SPRING

Tina P. 6 mos.  
 Anthony H. 1 yr.  
 Ron D. 9 yrs.

### COURAGE

Marie D. 4 yrs.

### FIRESIDE

Ann H. 6 mos.  
 Mary 9 mos.  
 David W. 9 mos.  
 Sal A. 1 yr.  
 Sandy K. 7 yrs.  
 Fred T. 7 yrs.  
 Sue S. 8 yrs.  
 Rob R. 10 yrs.  
 Day W. 10 yrs.  
 John H. 12 yrs.  
 Maggie D. 22 yrs.  
 Bob K. 23 yrs.

### GIVING

Pat D. 3 mos.  
 Kevin S. 1 yr.

### H.A.N.D.

Jenine B. 1 yr.  
 Joe R. 2 yrs.  
 Bob H. 4 yrs.  
 Bryant G. 13 yrs.

### HAPPY HOUR

Kimberly B. 9 mos.  
 Averl A. 1 yr.  
 Angel B. 1 yr.  
 Jackie B. 1 yr.  
 Julie P. 1 yr.  
 Walter S. 1 yr.  
 Deborah V. 1 yr.  
 Candita R. 2 yrs.  
 Angel S. 2 yrs.  
 Elizabeth T. 2 yrs.  
 Toni S. 3 yrs.  
 McKinley D. 3 yrs.  
 Pat W. 7 yrs.  
 Joan H. 8 yrs.  
 Carmen G. 9 yrs.

### HONESTY

Kerry McC. 17 yrs.

### INNER CITY

Brad R. 6 mos.  
 Johnny 10 yrs.  
 Hattie S. 17 yrs.  
 Cleo 28 yrs.  
 John B. 28 yrs.

### MAIN & ALLEN

Peaches M. 9 mos.  
 Wallace G. 1 yr.  
 Larry H. 10 yrs.

### MOD/LIVING IN SOLUTION

Clare S. 9 mos.  
 Sue K. 1 yr.  
 Larry M. 13 yrs.  
 Ann Marie 21 yrs.  
 Mike S. 22 yrs.

### MONDAY NITE BIDWELL

Marianne B. 3 mos.  
 Annette B. 3 mos.  
 Dale R. 3 mos.  
 Dave P. 3 mos.  
 Terry C. 6 mos.  
 Joseph L. 6 mos.  
 Robert H. 6 mos.  
 Linda H. 6 mos.  
 Charity V. 9 mos.  
 Bob S. 9 mos.  
 Mikki K. 1 yr.  
 Cathy C. 3 yrs.

### MON.NITE BIDWELL

Jim B. 11 yrs.  
 Mike M. 12 yrs.

### NORTH BUFFALO

Salli B. 3 mos.  
 Perry C. 3 mos.  
 Jerry C. 6 mos.  
 Matt B. 1 yr.  
 John M. 2 yrs.  
 Charlie B. 4 yrs.  
 James S. 5 yrs.  
 Krista N. 5 yrs.  
 Dan L. 6 yrs.  
 Christopher T. 12 yrs.  
 Mike M. 12 yrs.  
 Peter B. 15 yrs.  
 Jim M. 25 yrs.

### RISE & SHINE

Don S. 6 mos.  
 George G. 6 mos.  
 Sylvia P. 6 mos.  
 Brenda B. 6 mos.  
 Jacquelyn H. 6 mos.  
 Doug G. 9 mos.  
 Peaches M. 9 mos.  
 Junice M. 9 mos.  
 Ted J. 1 yr.  
 Charles F. 1 yr.  
 Jean D. 2 yrs.  
 Linette S. 2 yrs.  
 Teresa W. 2 yrs.  
 Therese B. 2 yrs.  
 Carol S. 3 yrs.  
 Patricia K. 4 yrs.  
 Bruce G. 11 yrs.

### SHERIDAN

Mark H. 1 yr.  
 Bear 2 yrs.  
 Mark H. 2 yrs.  
 John M. 2 yrs.  
 John G. 3 yrs.  
 Rob S. 7 yrs.  
 Mark S. 13 yrs.

### SOUTH BUFFALO

Terry C. 1 yr.  
 Bob F. 1 yr.  
 John G. 2 yrs.  
 Rick R. 2 yrs.  
 Leon W. 3 yrs.  
 Carl B. 4 yrs.  
 Andy J. 4 yrs.  
 Janis H. 5 yrs.  
 Dan W. 10 yrs.  
 Teresa C. 14 yrs.  
 JoAnn W. 16 yrs.  
 JoAnn M. 16 yrs.

### SUN. MORN.BREAKFAST

Kevin D. 3 mos.  
 Roy A. 6 mos.  
 Lynn N. 6 mos.  
 Kathy K. 9 mos.  
 Elsie D. 9 mos.  
 Ethel P. 1 yr.  
 Joe B. 1 yr.  
 Becky B. 1 yr.  
 Mark O. 1 yr.  
 Kenneth P. 7 yrs.  
 Dan W. 10 yrs.

### THRUWAY

Bruce D. 6 mos.  
 Jeff C. 6 mos.  
 Cathy S. 9 mos.  
 Alan F. 1 yr.  
 Randy D. 2 yrs.  
 Bob H. 4 yrs.  
 Don F. 4 yrs.  
 John D. 5 yrs.  
 Karen B. 9 yrs.  
 Connie R. 9 yrs.  
 Bryant G. 13 yrs.  
 Ed P. 13 yrs.  
 Pat R. 15 yrs.  
 Denny D. 17 yrs.  
 Bo N. 18 yrs.  
 Bill C. 20 yrs.

### WE CARE

Greg D. 1 yr.  
 Neal O. 1 yr.  
 Mike A. 6 yrs.  
 Elmer M. 18 yrs.

### REMINDER:

**MAY 1998  
 ANNIVERSARIES  
 MUST BE IN THE  
 CENTRAL OFFICE,  
 IN WRITING, NO LATER  
 THAN APRIL 10, 1998.**





**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
295 MAIN STREET  
ROOM 845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853-0388**

**APRIL 1998**

**NEW MEETING**

SET ASIDE - FRIDAY - 7:15AM - Jewish Center, Delaware and Summer. This is a non-smoking, MEN,S, step meeting.

MEDINA BIG BOOK - THURSDAY - 7:30PM - United Methodist Church, 222 West Center Street. This is a non-smoking, wheelchair accessible, closed group

**MEETING CHANGES OR CORRECTIONS:**

1110 GROUP - page 3 of the 1998 schedule. - FRIDAY & SATURDAY meeting is at 10:00PM

SALLY - THURSDAY - Salvation Army, 1080 Military Road, in Kenmore, will be meeting at 8:00PM.

EARLY BIRD - SATURDAY - page 37 in the '98 schedule should be 10AM

**PLEASE NOTE**

COLD SPRINGS is updating their membership list. If you consider yourself a member please attend the meeting and let the Chairperson know.

SENECA-BABCOCK - THURSDAY - Seneca United Methodist Church, 1218 Seneca at Imson Street, needs support. It is an 8:00pm Open discussion meeting.

LIVE AND LET LIVE - WEDNESDAY - is updating their membership list. If you consider yourself a member of the group, please come to the meeting and see the secretary, Mike S.

The TREATMENT FACILITIES COMMITTEE has a SPANISH SPEAKING meeting at 291 Elm Street Tuesday evenings at 7:00pm. They are asking for Spanish speaking and bi-lingual people to attend.

**SEASONAL MEETING:**

SERENITY IN THE PARK - MONDAY - 7:00PM, Delaware Park Rose Garden. - STARTING IN MAY.

**FOR SECRETARIES AND TREASURERS, ETC**

Any correspondence with GSA ( General Service Assembly of Western New York should be sent to their Post Office Box and put it to the attention of \_\_\_\_\_.

GSA - WNY SUITE 103, 5999 SOUTH PARK AV, HAMBURG NY 14075

**COMING EVENTS:**

**APRIL 5 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM**

APRIL 5 - SUNDAY - SERENITY GROUP ANNIVERSARY BREAKFAST to be held at the Knights of Columbus #3076, 1530 Kenmore Avenue in Buffalo. Breakfast is at 9:00AM. Speaker at 11:00AM. \$7.00 per person.

There will be no tickets sold at the door.

APRIL 9 - THURSDAY - SENECA-BABCOCK will not be meeting that night.

APRIL 11 - SATURDAY - MOD/LIVING IN THE SOLUTION, together with THURSDAY NIGHT BIG BOOK STUDY will have a - THE 8TH ANNUAL 4TH STEP WORKSHOP, at the Amity Club, 340 Military Road, corner of Military at 10AM to 5:00 PM. Donation \$3.00 to cover workshop costs.

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## **WNY GSA 1998 SPRING CONVENTION**

**APRIL 17, 18, 1998**

**RADISSON HOTEL 4243 GENESEE STREET, CHEEKTOWAGA NY**

Registration \$15.00 Registration/Banquet \$35.00

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Coffee donations and registrations can be mailed to:  
G.S.A. Spring Convention - P O BOX 734 - Cheektowaga NY 14225

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MAY 2 - SATURDAY - WHEATFIELD BLVD HELPING HANDS GROUP - is celebrating its' First Year Anniversary, the Wheatfield Town Hall, 2800 Church Road in North Tonawanda. This is a 10:00am meeting.

MAY 3 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM

JUNE 5, 6, 7, 1998 - FOUNDERS' DAY WEEKEND - for information write:  
Founders' Day Committee, PO.Box 12, Akron, OH 44309-0012

4th MONTH - 4th STEP "MADE A SEACHING AND FEARLESS MORAL INVENTORY OF OURSELVES."

4th MONTH - 4th TRADITION "EACH GROUP SHOULD BE AUTONOMOUS EXCEPT IN MATTERS AFFECTING OTHER GROUPS OR A.A. AS A WHOLE."

YOURS IN THE SPIRIT OF A.A.

*DELPHINE*  
EXECUTIVE SECRETARY

### **SUPPORT THE ENVELOPE SYSTEM**

AS AN INDIVIDUAL MEMBER, SUPPORT YOUR CENTRAL OFFICE BY DONATING TO IT DIRECTLY THROUGH THE **ENVELOPE SYSTEM** IF YOU DO NOT KNOW HOW IT WORKS CALL THE OFFICE AT 853-0388