

# NEW FRONTIERS

A CENTRAL COMMITTEE JOURNAL FOR ALL A.A. MEMBERS  
OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

## JULY IS FITNESS MONTH IN A.A.

### HEALTH



SHARON CANTILLON/Buffalo News

Over 50 and working out at the Body and Soul exercise studio on Main Street — a new study shows women who work out reduce by one-third their risk of breast cancer.

**HAVE YOU JOINED YOUR HEALTH SPA TODAY!**



## PROMISES IN REVERSE

- ◆ If we are lackadaisical about this phase of our relapse, we will be cynical before we are halfway through.
- ◆ We are going to an old bondage and a deeper humiliation.
- ◆ We will regret the past, and deny any responsibility for it.
- ◆ We will comprehend the word frustration and we will know turmoil.
- ◆ No matter how far down the ladder we have gone, we will think our experience is much worse than anyone else's.
- ◆ That feeling of uselessness and self- pity will haunt us again.
- ◆ We will lose interest in helpful things and gain interest only in ourselves.
- ◆ Abstinence will slip away and self- seeking will stick like glue.
- ◆ Our whole attitude on life will remain self- centered.
- ◆ Fear of people and economic insecurity will settle in.
- ◆ We won't intuitively know anything, and we'll be baffled in every situation.
- ◆ We will slowly realize that we have no Higher Power, and when we need help, we'll never ask anybody.
- ◆ Are these extravagant promises? We think not. They are being fulfilled among us- sometimes quickly, sometimes slowly. They will always materialize if we don't work the program.

America On-line: JAVA509  
Submitted by Dave W.  
Giving Group



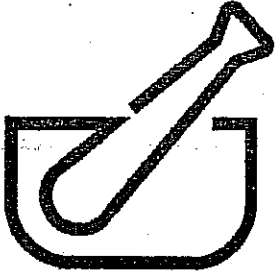
??

Reading the New Frontier? Where did you get your copy? Your Home Group? Why not? Do you have a Central Committee Representative? Why not? If your Home Group does have a Central Committee Representative and he/she is not going to Central Committee Meetings. Why not? Does your Home Group have a General Service Representative? Why not? Does he/she go to the General Service Assembly? Does he/she report back to your Home Group with information on what's happening in your area? Why not? How is your Group contributing to the common good of AA? Does your Home Group contribute to the Central Office? Why not? What District do you belong to? Don't know? Why not? Does your District have a District Committee Member? Who is it? Don't know? Why not? Do you have any answers to any of these questions? Why not?

**Cindy N.**  
**Sunrise Court**

## Rx.....DENIAL

My name is Nelson and I'm an alcoholic. I am also afflicted with clinical depression, for which I take medication on a daily basis. I would like to share the following experience with you. I pray that I might help another AA who has to take medication for their mental or physical well being, whatever their affliction might be.



As far back as I can remember, I have had trouble dealing with emotions, and working through depression. However, it was not until I became an adult, that I would understand what was happening in my mind. By this time I was a full blown alcoholic. Because of my denial of both of my afflictions, I would go on and suffer undercover. This went on for almost 30 years.

After numerous attempts to stop drinking, (through Rehabs) I found it difficult to recover. After 5 years of sobriety, I still had my depression lows. This depression lead me back to the insanity of drinking.

Approximately 2 years ago, while in Rehab, I sincerely reached out for help with both my addictions. At that time I was prescribed and started taking anti-depressants. To my astonishment they relieved my depression, which helped me focus on AA's 12 Step Program.

For the first time in my life I was able to communicate and reach out to God and other people, for me this was a revelation!

Of course, being an alcoholic, I had to complicate this simple solution to my problems. I

was still in denial of my chemical imbalance (which causes depression). I decided to talk to my doctor concerning the length of time I would need this treatment. He suggested that I should begin to wean myself off of this medication, and to contact him if I had any difficulty. After about a month and a half off the medication, I fell into a deep depression! I did not or could not see it coming. I became more and more isolated and withdrawn. After almost 2 years sober, I got drunk!!

I thank God every day for my sponsor, who was with my family at home after an overnight binge. Seeing and talking to him helped me understand what had happened to me. I immediately called my doctor and he renewed my prescription for anti-depressants! I have not had a drink since!

Although I gave up 2 years sober, I gained a better understanding of my recovery needs. I can only contribute this to the grace and mercy of a loving God.

One door closed in my life and another door opened with a new vision of a sober life. So, with this new vision and the Fellowship of AA, I can live life on life's terms, one day at a time and go on to take my medication the same way. No more S.A.D. in my life!

Stress  
Anxiety  
Depression

Nelson Y.  
Harmony Group



**PRACTICING ALCOHOLICS ARE THE ONLY PEOPLE WHO  
GET TO CHOOSE THE DISEASE THEY WILL DIE FROM.**

## SERVICE CORNER

### Central Committee - Sub-Committee Meetings

#### Treatment Facilities Committee (TFC)

3rd Friday of the month--7:30 P.M.  
St. Simons, 200 Cazenovia St.  
Bob K. Southgate Chair 825-7343

#### Correctional Facilities Committee (CFC)

1st Sunday of the month--5:30 P.M.  
preceding the Central Committee Meeting  
80 Goodrich St.  
Ron E. Common Problem, Chair

### General Service Assembly Committees (GSA)

#### Public Information Committee (PIC)

1st Friday of the month 7:00 P.M.  
St. Simons, 200 Cazenovia St.  
Guy H. Chair 871-0664

#### Corrections Facilities Committee (CFC)

1st Sunday of the month 5:30 P.M.  
.Preceding the Central Committee meeting  
80 Goodrich St.  
Cindy N. Chair 883--5079

#### Cooperation with the Professional Community (CPC)

2nd Saturday of the month 9:00 A.M.  
Maryvale Presbyterian Church  
425 Maryvale Drive, Cheektowaga, N.Y.  
Dave B. Chair 873-7784

#### Treatment Facilities Committee (TFC)

3rd Friday of the month 7:30 P.M.  
St. Simon Church, 200 Cazenovia St.  
Mike B. Chair--492--2808

Anyone with at least one year of sobriety, and interested in being added to the list of speakers at Wende Correctional AA meetings....call Jim K. 891--9059

### General Service Meeting

Sunday, August 10 Th., 1997 1:00 pm  
Hamburg Town Hall  
6100 South Park Ave.  
Hamburg, N.Y.  
Hosted by The Sunrise Court Group

Service gets us out of the center of the universe, which often gets to be a crowded place. It enables us to fulfill our real purpose, "to be of maximum service to God and the people about us." (Big Book, p.77)

It is this spirit of service that separates A.A. from other secular hierarchies. As Tradition Two concludes,



"Our leaders are but trusted servants; they do not govern." Service is an essential component of our recovery from alcoholism. Countless

opportunities for spiritual growth exist for all at the group, intergroup, district, area, and world service levels, with a tradition of service as our guide.

## TRADITION FIVE.....

**"Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."**

I hope to shed a little light on Tradition Five, and help you to understand why this Tradition is the bedrock to AA's continued existence.

Tradition Five is our singleness of purpose. We cannot be everything to everybody. "SHOEMAKER, stick to thy last! ....better do one thing supremely well than many badly. That is the central theme of this Tradition. Around it our Society gathers in unity. The very life of our Fellowship requires the preservation of this principle." 12&12 p 150.

We in Alcoholics Anonymous cannot effectively administer to people with problems other than alcohol, and in doing so we are actually doing a disservice to individuals suffering from other addictions. But more importantly, in trying to serve the masses we are losing sight of the alcoholic who is still suffering and rapidly becoming more and more confused about the purpose of Alcoholics Anonymous. Alcoholics who are new, come to an AA meeting and

frequently hear more about other maladies than alcoholism.

Let us go back to basics and begin once again sharing our experience, strength, and hope with alcohol. Let us be of service to the suffering masses by sending them to where they can hear experience, strength, and hope about their respective maladies.

Alcoholics Anonymous is a program of recovery for alcoholics. Anything that hinders us from our primary purpose, which is to help the alcoholic who still suffers, erodes the very thing that has saved the lives of so many of us who were once dying from the disease of alcoholism.

Other addictions are irrelevant at AA meetings! We violate our singleness of purpose if we allow this to happen. The Traditions of AA, and our singleness of purpose are what they are! Not what we want them to be. To permeate AA meetings with talk of the "other drugs" is a gross abuse of the hospitality of the Fellowship of Alcoholics Anonymous.

John H.  
We Care Group



### *Carrying the Message to Young People*

How much have we changed in AA in our attitude towards the young alcoholics? Twenty years ago, we said to the young alcoholic, "I spilled more on my tie than you ever drank," or no time was spent talking to the young person because the advice was, "You haven't finished drinking yet." Some took that advice to go out, to drink, and to die.

My observation has been that young people are loving people, trying to get sober. Eventually we all die; aren't the young people in AA our hope for the future, carrying the banner of sobriety to still others yet to come? To tell someone, young or old to go out and

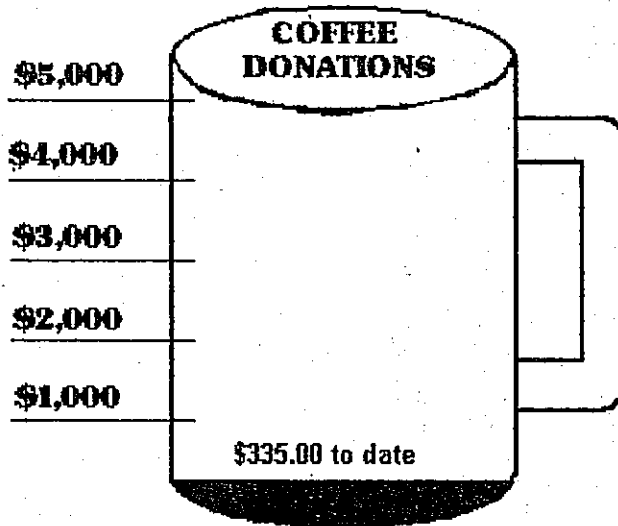
drink some more is akin to signing that persons' death warrant!

Surely less criticism and more love and understanding should be given to the young people in AA. Young people are a blessing to the fellowship, certainly not be feared. Take note of their young laughter and bubbling enthusiasm. Take a young person under your wing. Give back what was so freely given to you. Guide them, and give them love and understanding, not criticism.

A Grateful Old-Timer

## THE 56TH BUFFALO AA FALL CONVENTION "THE JOURNEY"

PLEASE FILL THE CUP. . . We need \$5,000.00 to insure a bottomless cup of coffee at this years' Fall Convention. As you can see by the graphic below, our total as of this printing is only \$335.00. Has your group sent in their contribution? We will continue to print this information with monthly updates. Let's get together and fill the cup to the brim, with donations!

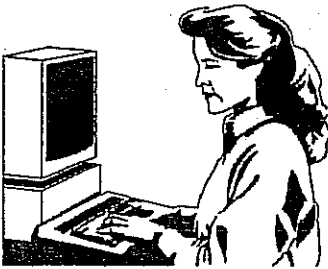


For contributions to the Coffee Fund, make checks payable to:  
56th Buffalo Fall Convention  
P.O. Box 1364  
Buffalo, NY 14215



*Late Breaking News*

### NEW STAFF REPORTER.....



brings with her 11 years of sobriety, and a positive approach to recovery in the

The New Frontiers is proud and happy to announce the appointment of Cindy N. as staff reporter. Cindy

fellowship of Alcoholics Anonymous. A faithful member of the Sunrise Court Group, and Corrections Chairperson for GSA, her dedication to service has not gone unnoticed. Cindy will give us her views as an alcoholic and as a woman, reporting on various issues on the Niagara Frontier. Welcome aboard Cindy!!!!

**New Frontiers**

# JULY ANNIVERSARIES

## AMHERST/SNYDER

Doug C. 3 mos.  
 Bill R. 3 mos.  
 Eva R. 3 mos.  
 Mary O. 6 mos.  
 Chris P. 6 mos.  
 Walter S. 9 mos.  
 John McG. 9 mos.  
 Carl H. 9 mos.  
 Diane H. 1 yr.  
 George P. 3 yrs.  
 Dave Y. 3 yrs.  
 Rick S. 3 yrs.  
 Dave P. 3 yrs.  
 Roxanne H. 7 yrs.  
 Holly M. 8 yrs.  
 Guy M. 10 yrs.  
 Bill F. 10 yrs.  
 Bob L. 12 yrs.  
 Dave F. 14 yrs.  
 Rich H. 16 yrs.  
 Don H. 25 yrs.

## ANY LENGTHS

Paul K. 6 mos.  
 Jim B. 2 yrs.  
 Alan C. 2 yrs.  
 Tim S. 4 yrs.  
 Ben H. 5 yrs.  
 Diane Z. 6 yrs.  
 Ralph D. 14 yrs.

## COLD SPRING

Darnella J. 6 mos.  
 Carla S. 6 mos.  
 Evander H. 6 mos.  
 Larry T. 9 mos.  
 Jerome G. 9 mos.  
 Jenette M. 2 yrs.  
 Donald W. 5 yrs.  
 Kevin S. 7 yrs.  
 Larry S. 13 yrs.  
 Dan E. 21 yrs.

## DISCOVERY

Roxanne E. 7 yrs.

## ELLCOTT

Bobby C. 9 yrs.  
 Ron D. 10 yrs.  
 Mary M. 20 yrs.

## EYEOPENER

Hope H. 3 mos.  
 Michael W. 3 mos.  
 Sean G. 6 mos.  
 Kathy R. 6 mos.  
 Peter K. 6 mos.  
 Michael R. 6 mos.  
 Kevin D. 9 mos.  
 Josh S. 9 mos.  
 Karen A. 9 mos.

## EYEOPENER (CONT.)

Chris G. 9 mos.  
 Bill K. 9 mos.  
 Ted B. 1 yr.  
 Ed F. 1 yr.  
 Mike S. 1 yr.  
 Beth M. 1 yr.  
 Allison S. 2 yrs.  
 Michael B. 2 yrs.  
 Tom P. 2 yrs.  
 Joe V. 3 yrs.  
 John E. 3 yrs.  
 Bob P. 3 yrs.  
 Thomas W. 5 yrs.  
 Julie M. 7 yrs.  
 Jim C. 7 yrs.  
 Ken Z. 7 yrs.  
 William W. 9 yrs.

## FIRESIDE

Sal A. 3 mos.  
 Gregg K. 6 mos.  
 Scott M. 6 mos.  
 Spero D. 1 yr.  
 Corey S. 1 yr.  
 Mary Ann H. 2 yrs.  
 Don J. 2 yrs.  
 Karen C. 3 yrs.  
 Raymond P. 3 yrs.  
 Dunbar S. 4 yrs.  
 Mark P. 7 yrs.  
 Ken M. 9 yrs.  
 Roseanne P. 11 yrs.  
 Lucille K. 12 yrs.  
 Jack W. 17 yrs.  
 Dorothy F. 18 yrs.

## GIVING

Kevin S. 3 mos.

## H.A.N.D.

Bill S. 9 mos.  
 Dorothy F. 18 yrs.

## LET GO & LET GOD

Mike A. 3 yrs.  
 Pat S. 21 yrs.

## MATT TALBOT

Dave B. 3 mos.  
 Julian W. 9 mos.  
 Joe S. 1 yr.  
 Rich R. 1 yr.  
 Jim M. 1 yr.  
 Diane B. 1 yr.  
 Mike H. 4 yrs.  
 Taite A. 4 yrs.  
 Linda S. 5 yrs.  
 Ben H. 5 yrs.  
 Gerry L. 7 yrs.  
 Paul V. 8 yrs.  
 Tom K. 8 yrs.

## MATT TALBOT (CONT.)

Rick S. 9 yrs.  
 Randy K. 9 yrs.  
 Pat K. 11 yrs.  
 Skip W. 11 yrs.  
 Ed 12 yrs.  
 Ralph D. 14 yrs.  
 Gary B. 14 yrs.  
 Gladys C. 15 yrs.

## NORTH BUFFALO

Luther W. 6 mos.  
 David C. 6 mos.  
 Amy H. 6 mos.  
 Lee J. 1 yr.  
 Pat L. 1 yr.  
 Jim F. 1 yr.  
 Larry D. 1 yr.  
 Varney G. 6 yrs.  
 Fay W. 7 yrs.  
 Karen R. 13 yrs.  
 Joanne W. 16 yrs.  
 Bob D. 17 yrs.

## POWERLESS

Mike W. 3 yrs.  
 Ron S. 10 yrs.

## RISE & SHINE

Angel B. 3 mos.  
 Ted J. 3 mos.  
 Charles F. 3 mos.  
 Paul F. 6 mos.  
 Carrie S. 9 mos.  
 Tonya E. 9 mos.  
 Curtis R. 9 mos.  
 Baham P. 9 mos.  
 Ben W. 9 mos.  
 Lonnie W. 1 yr.  
 Faith B. 1 yr.  
 Johnny W. 1 yr.  
 Kevin F. 1 yr.  
 Schandra S. 1 yr.  
 Ray C. 2 yrs.  
 Celestine 2 yrs.  
 Jonathan A. 3 yrs.  
 Marcus C. 4 yrs.  
 Jack G. 4 yrs.  
 Doug G. 4 yrs.  
 Tony C. 6 yrs.  
 Robert M. 6 yrs.  
 Kim C. 10 yrs.

## SHERIDAN

Teresa 1 yr.  
 Pam 1 yr.  
 Matt 2 yrs.  
 Robert 2 yrs.

## SUN. MORN. BREAKFAST

Joe B. 3 mos.  
 Amy H. 6 mos.

## SUN. MORN. BREAKFAST

Mark C. 6 mos.  
 Michael G. 9 mos.  
 Steve D. 1 yr.  
 Donna E. 10 yrs.  
 Hilda H. 15 yrs.

## THRUWAY

Alan F. 3 mos.  
 Stacy G. 6 mos.  
 Carole A. 6 mos.  
 Ruth K. 6 mos.  
 Colleen D. 9 mos.  
 Chris M. 1 yr.  
 David D. 2 yrs.  
 Lori D. 3 yrs.  
 Joel S. 4 yrs.  
 Tom K. 5 yrs.  
 Fred Z. 7 yrs.  
 Pat F. 10 yrs.  
 Tod D. 10 yrs.  
 Ed C. 10 yrs.  
 Mary Ellen R. 10 yrs.  
 John M. 10 yrs.  
 Helen A. 11 yrs.  
 Linda H. 11 yrs.  
 Sandra W. 11 yrs.  
 Carol G. 11 yrs.  
 Ed P. 12 yrs.  
 Kathy M. 12 yrs.  
 Dennis F. 13 yrs.  
 Izzy B. 14 yrs.  
 Kevin P. 15 yrs.  
 Mary G. 15 yrs.  
 Charlie G. 16 yrs.  
 Dorothy F. 18 yrs.  
 Richard S. 24 yrs.

## WE CARE

Neal O. 3 mos.  
 Mary Ann J. 6 mos.  
 Marty N. 1 yr.  
 Tom S. 1 yr.  
 Alan C. 2 yrs.  
 Mary K. 7 yrs.  
 John Mcl. 8 yrs.

## WHY

John N. 6 mos.  
 Dave H. 7 yrs.

## WOMEN'S WESTSIDE DISC.

Tanya F. 3 yrs.  
 Shondra P. 3 yrs.  
 Daria P. 7 yrs.  
 Mary Alice H. 8 yrs.

**AUGUST 1997  
 ANNIVERSARIES MUST BE IN  
 THE CENTRAL OFFICE,  
 IN WRITING,  
 NO LATER THAN  
 JULY 10, 1997.**



**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
295 MAIN STREET  
ROOM 845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853-0388**

**JULY 1997**

**NEW MEETING:**

SATURDAY - BY HIS GRACE - 11:00AM - Open discussion - Non-smoking  
Meets at the Refreshing Springs Tabernacle, 34 Elam Place in Buffalo.

WEDNESDAY - NORTH JAVA-MORNING AFTER - 11:30AM - This is an open  
discussion meeting held at the St Nick's Convent in North Java on Route 98.

**MEETING CHANGES:**

SATURDAY NIGHT MIDNIGHT MEETING at 1526 Main Street will not be meeting

SATURDAY - GAY, LESBIAN, SOBER & PROUD - Meets at 10:30PM at St Paul's &  
St. Mark's United Church of Christ, 185 Niagara Street,

SATURDAY - GOOD LIFE - 7:30PM which meets at First Presbyterian Church,  
80 North Main Street in Oakfield is an open speaker meeting the last Saturday of  
the month

**PLEASE NOTE**

GRAND - THURSDAY - This group meets at 10:00AM at the Presbyterian Church,  
1822 Huth Road on Grand Island. They are updating their membership at present  
and need support. There is available an Easy Pass which will cost you \$.13 to  
cross the bridge. For information about this pass, ask at the toll booth.

HONEST DESIRE - THURSDAY - 8:00PM - This is a SMOKING MEETING, also  
wheelchair accessible which meets at the Kolbe Center at 176 Clark Street (down  
the street from the Broadway Market) It is to be noted that they serve hot  
chocolate.

SOUTH TOWN WOMEN'S - TUESDAY - 7:15PM - This closed discussion meeting is  
at the Southern Erie Clinic at 517 Sunset Drive in Hamburg. It is in need of  
support.

**COMING EVENTS**

JULY 6 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM

JULY 12 - SATURDAY - GAY, LESBIAN, SOBER & PROUD Group is celebrating its  
6th Year Anniversary with a Dessert Night and a speaker. Desserts at 9 PM.  
Speaker at 10PM. Everyone is welcome. This meeting is at St Paul & St Mark's  
Church, 185 Niagara Street.

JULY 18, 19 20 - STATE CONVENTION - HOWARD JOHNSON - ALBANY, NY

JULY 26 - SATURDAY - THRUWAY GROUP'S PICNIC Cheektowaga Town Park, Shelter  
#7. Noon til the food runs out Games for the kids. Please bring a dish to share.

JULY 25, 26, 27 - ANY AGE is sponsoring a LIVING SOBER WEEKEND Don Miller  
Park, 1600 Sweeney Street in North Tonawanda (near the Robinson Street bridge)

AUGUST 3 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM

AUGUST 22 - 24 - 44TH ANNUAL TRI-STATE ASSEMBLY at CHAUTAUQUA INSTITUTION,  
Route 394, Chautauqua, New York. Pre-registration - \$8 at gate \$10  
For additional information call 676-3530.

SEPTEMBER 13 - SATURDAY - NY-PENN INTERGROUP presents its ANNUAL SERVICE  
WORKSHOP at the Weston Mills Fire Hall, Rt. 417 in Weston Mill New York. Starts  
at 9:00am. Pre-registration is \$2.50, at the door \$3.00.

## **THE 56TH BUFFALO FALL CONVENTION**

**NOVEMBER 21, 22, & 23 1997**

Buffalo Marriott Hotel, 1340 Millersport Hwy

7TH MONTH - 7TH STEP "HUMBLY ASKED HIM TO REMOVE ALL OUR SHORTCOMINGS."

7TH MONTH - 7TH TRADITION "EVERY AA GROUP OUGHT TO BE FULLY SELF SUPPORTING,  
DECLINING OUTSIDE CONTRIBUTIONS.."

YOURS IN THE SPIRIT OF A.A.  
Delphine  
EXECUTIVE SECRETARY

### **SUPPORT THE ENVELOPE SYSTEM**

AS AN INDIVIDUAL MEMBER, SUPPORT YOUR CENTRAL OFFICE BY DONATING TO IT  
DIRECTLY THROUGH THE **ENVELOPE SYSTEM** IF YOU DO NOT KNOW HOW IT WORKS CALL  
THE OFFICE AT 853-0388

John H, Co-Chairperson opened the meeting at 7:00PM with a moment of silence followed with the Serenity Prayer. Cindy N from Sunrise Court read the Preamble. Larry S of Cold Springs read the Purpose of the Central Committee and the Traditions were read by Paul K from Any Lengths

Motion to dispense with the reading of the minutes was made by Larry S of Cold Springs seconded by Dave W, Giving.

**36 GROUPS ATTENDED** - DISTRICT #1 - Delaware, Getting Better, Giving, One Day at a Time, Sunrise Court, DISTRICT #2 - Acceptance/Welcome, Grand, Kenmore, North Buffalo, Sheridan, University; DISTRICT#3 - Abbott Men's, Any Lengths, Iron Horse, Matt Talbot, Rainbow, Ridge, Southgate, Sunday Morning, Bkft, Try Again, Urban, Victory, We Care DISTRICTS#4,#5,#6 - DISTRICT# 7 - Cold Springs , Higher Powered, Lovejoy, Powerless, Spirit of Hope - DISTRICT #8 - Amherst Snyder - DISTRICT #9 - Everybody's & DISTRICT #10

**COMMITTEE REPORTS:**

**ENVELOPE SYSTEM** - Cindy N of Sunrise Court

	<u>1997</u>	<u>1997</u>		<u>1997</u>	<u>1996</u>
January	920.00	692.00	April	799.00	374.00
February	670.00	652.00	May	976.00	588.00
March	335.00	825.00	<u>June</u>	<u>521.00</u>	<u>477.60</u>
			Year to date	\$4,221.00	\$3,608.60

**STEERING COMMITTEE** -

Meeting opened at 6:35PM by Dick L with the Serenity Prayer. Present were Janice O, District #1, Lisa S, District #6, Rick S, District#8, John H, Co-chair, Kevin C, treasurer, Dick L, District #9, Larry S, District #7, Pat M, District #3, Bob K, TFC Chair and Delphine, Executive Secretary.

Dick L asked about the Open meeting schedules. John H stated that Cindy N had completed the job of putting it on a computer and printed it out on 8 1/2 x 11 paper. Both John and Delphine proofed it and brought it up to date. Cindy has done an excellent job.

Dick asked about the Ad Hoc Committee for the Fall Convention - "Has any thing been done?" We have '97 and '98 at the Marriott. Joanne, Central Committee Chairperson, proposed the Committee but will be unavailable for the next two months.

Pat M, District #3 representative, mentioned that treasurers are still holding on to large sums of money. The job is not being rotated. The suggestion was to have any such group call a group conscience meeting and appoint a new treasurer.

John H asked that the June Steering Committee minutes be corrected by taking out the misuse of the title of "President" to read "Chairperson".

Larry S, Fall Convention Chairperson, asked if the Banquet chairperson is, by our procedures, supposed to automatically rotate into the position of Registration Chair? Ans: "No".

Bob K, TFC Chairperson, wanted to know if he should ask Steering Committee or Central Committee for expense money to go to the NYS Informational Workshop. Ans: "Central Committee"

The meeting was closed at 7:00pm with the Lord's Prayer.

**FINANCIAL REPORT** - Kevin C of North Buffalo - read attached

**TREATMENT FACILITIES COMMITTEE** - Bob K, Southgate

1. CPC and TFC met with the Staff at Hopevale on June 27th. Six people from AA attended the presentation and about 35 members of the Hopevale Staff were there that Wednesday at 6:15pm. Hopevale is located on Howard Road in Hamburg. It is a halfway house for young girls between the ages of 15 to 19. We do need women to chair meetings for this facility and other institutions.

TFC meets on the 3rd Friday of each month at 7:30pm, St Simon's, 200 Cazenovia - where South Buffalo group meets.

If you want to get involved, you can call me at 825-7343

**SCREENERS** - Jim K, Powerless - New lists will be available

**CORRECTIONAL FACILITIES COMMITTEE** - Jim B - Ridge Grp

Meeting was held on July 6th at 5:45pm. Present were Ron E, Chairman, Jim B, Co-chairman, Cindy N, GSA Chairperson, Charles K and Jim K, Collins II Chairperson.

Buffalo Work Release, Chairperson, Charles L, is still looking for 2 more volunteers.

Erie County Correctional Facility for Women's Chairperson, Sara S is rotating out as of September.

Gowanda will be moving their time from "7 to 9pm" to "7 to 8pm". The other volunteers will be contacted.

Collins is having difficulties with processing new volunteer applications.

Brocton is getting off the ground successfully.

The committee will ask if the last page of the "New Frontiers" (anniversary page) can be blocked out.

We discussed the Erie County Fair and if the Screener Chairperson, Jim K would coordinate "Bridging the Gap" with CFC.

**CENTRAL OFFICE** - Delphine H.

AA Information	391	12 Step	
PIC	1	Literature requests	57
CPC	1	Referred to other agency	25
Al Anon	16	Referred from other agency	4
Ala Teen	2	<i>CENTRAL OFFICE</i>	
ACOA	4	Outgoing Calls	62
<i>ANSWERING SERVICE</i>		Mailing cost	\$275.95 (495 pieces)
Incoming Calls 457	outgoing 103	Visitors	94

**NEW FRONTIER** - Dave W, Giving

The Staff of the "New Frontiers" welcomed Cindy N, Sunrise Court to the staff with a monthly article.

**56TH FALL CONVENTION** - Larry S, Chairman

Progress is slow but sure - all the speaker have been obtained

Look in the "New Frontier" for a chart showing the progress being made in obtaining "Coffee Donations". Each month there will, also, be a registration blank available in the newsletter.

## COURTESY REPORTS -

PUBLIC INFORMATION COMMITTEE (PIC) - Guy H, University

The meeting will be the first Thursday of the month at St Simon's, 200 Cazenovia at 7:30pm.

The Committee will be participating at the Erie County Fair August 7th through the 17th. Two people will man the table at a time.

COOPERATION WITH THE PROFESSIONAL COMMUNITY (CPC) - Elvester McR.

stated that the committee gave a presentation at Hopevale will Mike B. & Dave B.

## RECAP

FINANCIAL: Leon S, University, talked to Kevin C about what a good prudent reserve might be. (Refer to old business)

## OLD BUSINESS:

PRUDENT RESERVE - Kevin C, Financial Chairperson, had researched the issue and found that the guidelines varied. When setting up the amount, consider what the cost would be to start up the office (location, help, etc.).

Group contributions have remained fairly consistant, although the number of groups in Central Committee has gone up. Proceeds from the Fall conventions have gone down considerably, as well as, the sale of literature.

At this point we would have two months expense money in reserve - just short of three.

Jack B, Delegate, refered to page 12 of the "Self-Support" pamphlet for Questions and Answers about AA's Finances.

Fund raisers were found to be used in many Districts as well as GSO.

There were many comments on what needed to be considered for this prudent reserve figure - average basic monthly costs, along with unexpected expenses. Jack B stated that it is recommended to have no more than one years reserve.

Representatives were told to take it back for discussion at group level, tabling any further discussion at Central Committee until next month.

Charles, Spirit of Hope, asked if the monies sent into the Central Office were automatically split up - Ans - "No!"

OPEN SCHEDULES: Cindy N, Sunrise Court, has completed the task of putting the updated open meeting schedule on a computer. Copies are now available.

OPERATING PROCEDURES: John H, We Care, has completed the job of getting them on a computer and has brought copies for each person present at this meeting. They are available at the Central Office.

## NEW BUSINESS:

Jim B, Ridge, asked if the "New Frontiers" could be printed with phone numbers taken out and the Anniversary page replaced by another article or just removed? This would be for the issues going into the Correctional Facilities. John H, editor, felt it would not be cost effective.

Cindy N went to the North East Regional Forum and brought back some ideas used to get groups involved. e.g. send cards to the groups that do not attend Central Committee either a "get well" card or a "miss you" greeting. Have a "Visitation Committee" go to the groups that do not get involved and see what we can do for them.

CENTRAL COMMITTEE MEMBERSHIP: John H, We Care, pointed out that, according to the Operating Procedures, it was unnecessary for us to have gone to a vote to take from our Central body groups that are not in our General Service Area #50 as stated in the very first Article of the Procedures. Also, those groups who belonging to another Intergroup.

Discussion on the subject concluded that this should not be done automatically but that the groups are to be identified and brought to the Central Committee

Cindy N, Sunrise Court clarified the fact that the motion voted on in the previous month was to change the procedures by limiting membership only to groups in Erie County.

Kevin C, North Buffalo made a motion that the information be brought back to the Central Committee before any action is taken.

TFC Chairperson, Bob K, asked if he could be sent to the Informational Workshop, August 1,2,3, at Ithaca College, in Ithaca, New York. The cost to Central Committee would be \$110.00. Cindy N, Sunrise Court, made the motion that the Treatment Facilities Chairperson and the Correctional Facilities Chairperson be sent and paid for by Central Committee. Jim K, Powerless, second the motion which passed with a majority vote.

Meeting adjourned with the Lord's Prayer.

Yours in AA,  
Delphine A Acting-Secretary

RE-CAP		6/25/97-7/25/97			
<b>CORRECTIONAL FACILITIES ACCOUNT *484-185-4</b>					
<b>EXPENSES</b>		<b>CHECK#</b>			
Central Office		1163	207.50		
Balance pr checkbook	6/25/97			266.80	
Add Receipts	6/25/97-7/25/97			257.00	
				523.80	
Deduct expenses	6/25/97-7/25/97			-207.50	
Balance per checkbook	7/25/97			316.30	
Operating credit for	7/25/97	50.50			
<b>TREATMENT FACILITIES ACCOUNT *602-089-5</b>					
<b>EXPENSES</b>		<b>CHECK#</b>			
Central Office	literature / TFC	358	27.50		
Balance per checkbook	5/25/97			47.38	
Add receipts	6/25/97-7/25/97			252.00	
				299.38	
Deduct expenses	6/25/97-7/25/97			-27.50	
Balance per checkbook	7/25/97			271.88	
Operating credit for	7/25/97	224.50			

pg 1	Correctional Facilities		Treatment Facilities			
GROUP	JULY '97	Accum.	JULY '97	Accum.	JULY '97	Accum.
12 Step - Holiday Village						
12 Step - Medina						
3rd Step						
4th Step Stumblers						
6th Step						
AA Lunchtime						
A Day At A Time						
A Vision for You						
Abbott Mens Discussion		70.00		70.00		70.00
Acceptance/Welcom	100.00	701.00	10.00	10.00	10.00	10.00
Achievement		100.00				
Action		100.00				
Age Doesn't Matter		200.00				
Albion		12.00				
Alexander						
Amherst Snyder	190.00	531.00				
Amsdell Lakeshore	25.00	25.00				
Any Age		500.00				
Any Length	30.00	240.00		15.00		15.00
Anybody's Group						
Arcade						
As Bill Sees It		20.00				
Attitude Adjustment						
Attraction		100.00				
Awakening						
Beginner's Table						
Beginning in Sobriety I						
Beginning in Sobriety II						
Beginnings-Women's		75.00				
Better Days (Bilingual)						
Bidwell						
Bidwell Monday Disc	25.00	75.00	25.00	25.00	25.00	25.00
Big Book - Lockport						
Big Book Workshop						
Blasdell						
Blasdell Monday Nite						
Boulevard Women's		75.00				
Brass		200.00				
Broadway-Bailey		15.00				
Brocton Discussion	75.00	75.00				
But for the Grace of God		80.00				
Came To Believe						

pg 2			Correctional Facilities		Treatment Facilities	
GROUP	JULY '97	Accum.	JULY '97	Accum.	JULY '97	Accum.
Cassadaga						
Castling		50.00				
Cathedral Park	22.00	105.30	-			
Caz Manor				25.00		25.00
Cazenovia		155.00				
Central Park						
Chapter IX				40.00		40.00
Cheeklowaga		200.00		110.00		
Chevy #1		200.00				
Clarence Men's Disc II						
Clarence Men's Discsion		400.00				
Cold Springs	25.00	150.00		12.00		
Common Problem		50.00				
Community Center						
Cornplanters Again						
Courage		160.00		10.00		10.00
Crossroads	40.00	40.00				
Decision, Choices, Changes						
Delaware Discussion						
Derby		130.00				
Design For Living						
Desire						
DeVeaux Discussion						
Discovery		48.00				
Downtown Discussion						
Downtown Men's Discussion						
Dunkirk	25.00	45.00				
Early Bird						
Easter Softer Way						
East Amherst						
East Aurora	30.00	55.00				
Easy Does It	25.00	80.00		5.00		5.00
Eden-North Collins						
Ellicott		90.00				
Ellicottville						
Emergency						
Eternal Vigilance	100.00	300.00				
Everybody's		100.00				
Express		122.00				
Eye Opener		69.25				
F.U.N.						
Faith						
Faith in Action						
Father Baker	52.00	392.00	13.00	148.00	13.00	148.00
Feelings						



pg 3			Correctional Facilities		Treatment Facilities	
GROUP	JULY '97	Accum.	JULY '97	Accum.	JULY '97	Accum.
Fireside	243.10	1093.95		50.00	25.00	150.00
Fireside P.M.						
First Things First	100.00	175.00				
Fredonia Discussion						
Freedom	25.00	175.00				
Fresh Start						
Friendly		25.00				
Friendship						
Frontier	100.00	100.00				
Gardenville	50.00	50.00				
Gay, Lesbian, Sober & Proud		30.00				
Getting Better		30.00				
Giving	20.00	70.00				
Go to Any Length		170.00				
Golden Slipper		100.00				
Good Life		31.00				
Grand	10.00	60.00				
Grand-Il Joy Of Living		175.00				
Grateful						
Guiding Light						
H.A.N.D.	100.00	400.00				
H.O.W.						
Half & Half		50.00				
Hamburg						
Hamburg Literature Study Group						
Handicappers Sat. Nite						
Happy Hour						
Harmony	30.00	30.00	10.00	10.00	10.00	10.00
Helping Hand	20.00	40.00				
High Noon						
High View		40.00				15.00
Higher Powered						
Hill Billy		120.00		15.00		15.00
Hold On						
Holiday Village	300.00	800.00				
Holland						
Honest Desire						
Honesty	30.00	210.00		60.00		
Hope - Big Book Study						
Horizon Sunset						
How It Works		188.00				
Humbly Willing						
In the Solution						
Inner City						

pg 4			Correctional Facilities		Treatment Facilities	
GROUP	JULY '97	Accum.	JULY '97	Accum.	JULY '97	Accum.
Inspiration		50.00				
Intoxicated on Life						
Iron Horse	145.00	540.50	14.00	54.00	14.00	54.00
1st Step						
IT.		25.00				
It's About Time						
Just for Today		50.00				
Keep It Simple, Sister		60.00				
Keep on Comin'						
Kenmore	75.00	375.00	75.00	75.00	75.00	75.00
Kensington		75.00				
Lake Shore		65.00		20.00		35.00
Lake View						
Let Go & Let God		20.00				
Leunane Women's AA						
Lew-port 5						
Liberty Women's		200.00				
Life Today						
Lighten Up	300.00	360.00				
Live and Let Live						
Living Sober	20.00	40.00				
Lock City						
Lockport #1						
Lockport Discussion						
Lockport Ladies		100.00				
Lockview	120.00	180.00				
Lovejoy		200.00				
Lower River						
Main Street						
Marilla	25.00	125.00				
Matt Talbot	50.00	275.00				
Mc Kinley Winners		100.00				
Medina New Life						
Mercy						
Mid-day						
Midnight						
Miracle						
MOD/Living in the Solution		1015.00		20.00		20.00
Morning After						
New Awakening						
New Beginnings		25.00				
New Frontier		120.00				
New Frontier Womens						
New Life						

pg 5			Correctional Facilities		Treatment Facilities	
GROUP	JULY '97	Accum.	JULY '97	Accum.	JULY '97	Accum.
New Life - New Beginning		50.00				
New Westside		50.00		33.00		
Niagara Frontier Men	35.00	60.00				
North Buffalo		1100.00		200.00		200.00
North Java	40.00	40.00				
One Day at a Time (ODAT)		300.00		25.00		75.00
Open Arms						
Open Mind				10.00		
Opportunity						
Orchard Park Step		100.00				
Pass It On						
Patchin		100.00				
Pathway to Peace						
Pendleton-Chapter V						
Perry						
Pioneer						
Positively Living III						
Powerless				20.00		
Primary Purpose						
Progress		10.00				
Purpose		100.00				
Rainbow		60.00		25.00		25.00
Ray of Hope	25.00	80.00				
Remember When						
Renaissance/Post Liv	500.00	1500.00				
Renewal		150.00		10.00		10.00
Ridge		345.00		55.00		30.00
Ripley's "Believe It Or Not"						
Rise & Shine		90.00				
Riverside						
Rochester Meeting						
Rur-al is Plural		60.00				
Sally						
Salvation Army						
Saratoga	43.00	288.00				
Saturday Night Alive						
Saturday Night Disc						
Searching for Serenity		45.00				
Second Chance						
Seneca 12 & 12						
Serenity						

pg 6			Correctional Facilities		Treatment Facilities	
GROUP	JULY '97	Accum.	JULY '97	Accum.	JULY '97	Accum.
Serenity Circle		25.00				
Serenity Trail						
Sheridan		80.00				
Silver Creek Friendship						
Sober Trail						
Sober Winners						
Sobriety Men's Disc		35.00				
Sobriety on the Lake		20.00				
South Buffalo	30.00	210.00	30.00	210.00	30.00	210.00
South Town		20.00				
South Town Women's		55.00		10.00		10.00
Southgate	10.00	70.00	10.00	10.00	10.00	10.00
Southwestern		80.00				
Spirit of H.O.P.E.						
Spiritual Progress-w	50.00	200.00				
Springville						
Springville Saturday Afternoon		60.00				
Springville Wed Noon						
St. Barnabas		100.00		50.00		50.00
St. Mark's	60.00	180.00				
Starting Over	10.00	70.00	10.00	40.00	10.00	40.00
Step						
Stepping Stones		244.00				
Stepping Stones-Tri County		80.00				
Suburban						
Sunday Morning Bkft.	150.00	300.00	50.00	100.00		50.00
Sunday Nilers						
Sunday Third						
Sunrise Court		201.25				
SUNY-Amherst Campus						
Surrender & Hope		45.00				
Survivors		50.00				
TnT		88.00				
T.P.H.						
TGIF						
Thankful		135.00				
The Book Meeting		43.00				
The Journey						
The Present		25.00				
There's A Solution						
Thruway		1050.00		80.00		80.00
Thursday Afternoon Disc		300.00				
Today						
Today's Woman						
Tonawanda						

pg 7			Correctional Facilities		Treatment Facilities	
GROUP	JULY '97	Accum.	JULY '97	Accum.	JULY '97	Accum.
Trail's End		25.00				
Tri-County	20.00	95.00				
Tri-Step Beginners		100.00				
Try Again		50.00		12.50		12.50
Tuesday Men's Disc		60.00				
Tuesday Women's Disc.		50.00				
Turning Point		25.00				
Twin Cities		150.00				
Twin Cities II		135.00				
Unity		160.00				
University	120.00	840.00			10.00	70.00
Urban		60.00				
V.I.P.		90.00				
Valley	50.00	85.00				
Varysburg		20.00				
Veterans						
Victory		70.00		30.00		30.00
Vision of Hope (women's)						
Wake Up Call		54.00				
We Admitted						
We Are Not Saints						
We Care	30.00	210.00	10.00	70.00	20.00	140.00
We Choose Life						
Wehrle		30.00				
Welcome						
Welcome Home						
Westfield						
Westminster						
WHY		40.00				
Williamsville	100.00	600.00				
Willing To Grow		450.00				
Wilson		25.00				
Wilson Smith Univers	50.00	50.00				
Women's Westside Disc.		100.00				
Working						
You'll Never Walk Alone						
Youngstown		20.00				
<b>50 Grps contri</b>	<b>3850.10</b>	<b>26187.25</b>	<b>257.00</b>	<b>1764.50</b>	<b>252.00</b>	<b>1764.50</b>
<b>Total as of 6/25/97</b>		<b>22337.15</b>		<b>1507.50</b>		<b>1292.50</b>

CENTRAL COMMITTEE		*504-771-7	6/25/97-7/25/97		
RECEIPTS					
50 Groups contributed				3850.10	
Joint Meeting	expenses			37.00	
New Frontiers subscriptions				28.00	
Envelope System				463.00	
Literature				1468.24	
Miscellaneous - James S (grp?)		90.00			
	Mailing	50.00		140.00	
			Total Receipts	5986.34	
*10 Ellcott Court Corporation	rent			598.00	
Community Mental Health Center	rent			35.00	
Vermont Pure Spring Inc				20.95	
David F Williamson Inc	UPS chgs			5.88	
The Grapevine	Language of the Heart			402.40	
Hazelden	Little Red Bk			104.25	
M & T Bank	Fed WithholdTax			627.28	
Secrephone/Mediphone	Ans Serv			158.86	
				74.66	
NYNEX				185.81	
World Services Inc	phamplets			149.80	
NYS Income Tax	3rd quarter			388.70	
Salaries & Health Ins				3216.55	
cash				50.00	
Bank Charges				65.08	
	Disbursements			6083.22	
Balance pr checkbook 6/25/97				6225.04	
Add Receipts 6/25/97-7/25/97				5986.34	
				12211.38	
Deduct expenses 6/25/97-7/25/97				-6083.22	
Balance per checkbook 7/25/97				6128.16	
Operating debit for 7/25/97		(-96.88)			
MONEY MARKET		4751.89		11076.94	savings
CERT OF DEPOSIT		6325.05		6128.16	checking
		11076.94		17205.10	