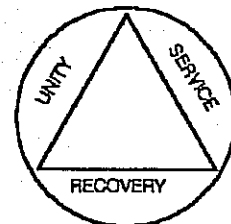


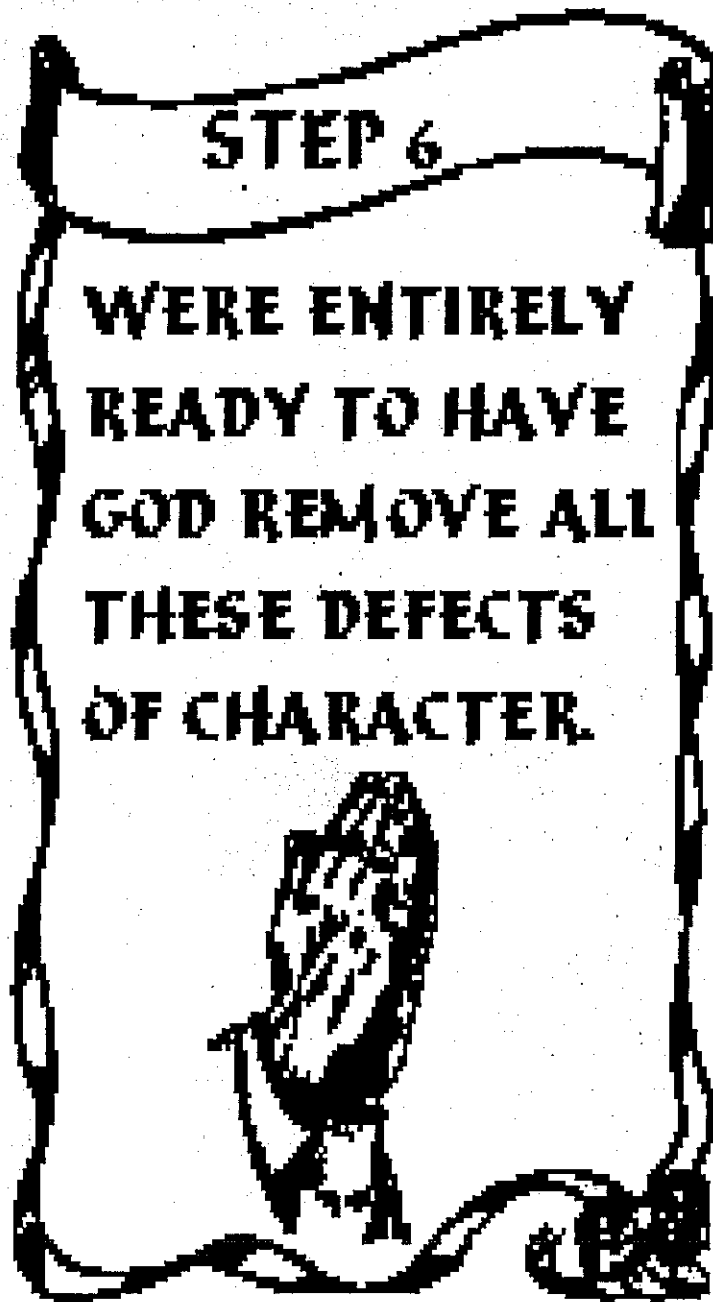
# NEW FRONTIERS

A CENTRAL COMMITTEE JOURNAL FOR ALL A.A. MEMBERS  
OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



## STEP 6

**WERE ENTIRELY  
READY TO HAVE  
GOD REMOVE ALL  
THESE DEFECTS  
OF CHARACTER.**



"AND THE WISDOM TO GO TO MEETINGS"

Not long ago I was at an AA meeting, and we were saying the Serenity Prayer. For some reason I started to think of my sponsor. He likes to say that his sponsor always reminded him that the keys to working the A.A. Program were quite simple: "Don't drink, and go to meetings." Thinking of him nearly made me flub the Serenity Prayer—I almost said "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to go to meetings."

Well I'm not advocating changing the Serenity Prayer after it's been part of A.A. since 1941! But my little near-flub, did make me think. Isn't "the wisdom to go to meetings" a pretty essential part of our program? After all, A.A. members, time and time again, tell us that when they are emotionally upset, maybe even in danger of taking a drink, they "need a meeting."

At an A.A. meeting we see our friends, recognize newcomers that need to be helped, laugh a little, drink some coffee, and generally get our minds off whatever might have been bothering us. And, if we CAN'T get our minds off it, we share about it and give our friends the chance to "carry the message" when we need to hear it. That's basic A.A., and it works every day.

Nick  
Fireside

IF YOU FIND MISTAKES IN THIS NEWSLETTER, PLEASE  
CONSIDER THAT THEY ARE THERE FOR A PURPOSE. WE  
PUBLISH SOMETHING FOR EVERYONE, AND SOME PEOPLE  
ARE ALWAYS LOOKING FOR MISTAKES.



The New Frontiers is published monthly by the Central Office of Western New York. We are self-supporting by your subscriptions. The New Frontiers presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Art and articles reprinted with permission of A.A. Grapevine, Inc. are subject to the GRAPEVINE copyright.)

John H., We Care, Editor

Ron S., Powerless, Assistant.

## "SPECIAL NEEDS"



A friend of mine at the Happy Hour Group, Sam, always touches my heart when he says: "I'm grateful to be sober and at an AA meeting where I can be heard, felt, and understood." What if you could not hear, understand, and, thus, not feel?

Recently, at a Central Committee meeting, I learned about a Special Needs Committee and "Special" needs fellow AA members. One on one, hearing impaired people can communicate in writing. At a meeting, the best available way to carry the message is through a signer. As large a fellowship as AA is in our area, I cannot believe we do not have a signer or signers in our midst.

You, too, can be touched in the heart by signing the message to fellow AA's. You need only call the Central Office and inform them of your "Special" talent.

Dianne D.  
Happy Hour

---

## A USERS LAMENT

by Michael "Leo" McD.

I remember the day I had to confess  
my life is unmanageable and I'm powerless.  
For that was the day like many others,  
for drinks and for drugs I robbed my own brothers.

I had stole every day and wondered what for.  
After I did those drugs I'd always want more.  
I'd say to myself 'there's folks I won't bother'  
until I found myself robbing my father.  
I promised I'd never steal from another,  
'till the chance came to steal, from my sisters and  
mother.

When I finally went home that night wanting more,  
I seen another victim, my wife, at the door.  
I told her big lies about where I had been  
stole out of her purse and went back out again.  
That money I took was for the rent,  
My kids clothes and shoes, but I spent every cent.

As I started home to my family  
I was hit in the face with reality.  
Everyone that I loved was affected by me  
and I had not cared "THAT'S INSANITY"  
Hurting mother and father, my sisters and brothers,  
my wife and my kids "GOD" knows how many  
others.

The thing that I found that was so hard to see  
was that I didn't love anyone especially me.  
I'd simply erase every line that I'd draw,  
I had even tried robbing my mother-in-law.

Guilt and pain overwhelmed me right up to the day  
I got down on my knees and I started to pray,  
to a power no doubt greater than myself  
to restore me to sanity and restore me to health.

Then one early day in the middle of winter  
I was guided by "GOD" to a rehab center.  
I told my life story and heard many others.  
I confessed I was wrong as I prayed I'd recover.  
They said books and a home group  
and prayer every day  
and a hard working sponsor, would keep me  
this way.

Yes I'll always remember when I had to confess  
to the unmanageability and to powerlessness...

NOTE: MIKE McD. WAS ON THE TFC PANEL AND  
READ THIS POEM AT THE SPRING CONVENTION.



## CURSES... A BUSINESS MEETING....

It was a dark, wintry night as I chaired the meeting. The wind howled and the snow was beginning to fall. After the readings were done, I boldly announced that there would be a BUSINESS MEETING immediately following the regular meeting. An eerie silence filled the room, as people looked at one another in disbelief and astonishment.

We began to introduce ourselves. People mumbled their names, some forgot who they were as they squirmed in their chairs to get comfortable. I felt a sense of impending doom, as the meeting progressed. The topic was the importance of meetings. As I called on each member, they seemed confused and had far-away looks in their eyes. I was bewildered by their demeanor. It seemed more like a wake, than an AA meeting.

What had I done? As the meeting came to a close, I once again reminded those present that the BUSINESS MEETING would immediately follow the regular meeting. We said the 'Our Father,' I felt the trembling hands as we prayed. After the "AMEN" was said, turmoil and terror gripped the crowd as they rushed for the door. It wasn't women and children first, it was every one for themselves. The thought of the sinking Titanic crossed my mind with the captain shouting "abandon ship."



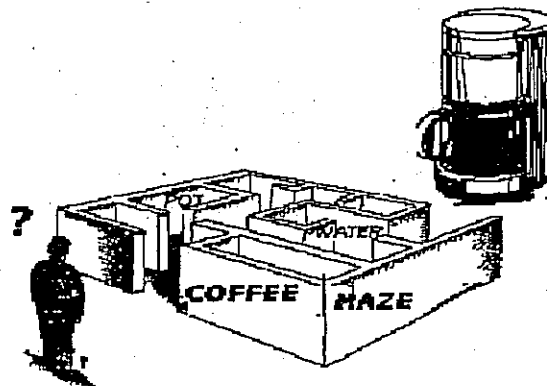
I listened for the fire alarm, but heard none. The group squeezed through the now jam packed door to freedom, some dragging their coats as they scurried out, others raced to their waiting

cars and sped off into the night.

I had said the brazen words 'BUSINESS MEETING!' I chastised myself severely, for being so thoughtless; I realized that they had more important things to do. Besides, this was job assignment night and we all know what that means! Ugh, coffee, chair, greeter. I had some nerve! After all, these jobs were difficult, to say the least. Take the coffee job for instance, one would have to know how to put water in a pot, add the appropriate amount of coffee, and, this is where it gets tough, PLUG IT IN! Surely a job for an electronics engineer.

At the dreaded BUSINESS MEETING, the usual 6 members attended and graciously volunteered to take the necessary jobs. The lawless crowd was safe for another month! Does this sound familiar?

Keith R.  
Salamanca, N.Y.



**“Do we take the time to explain to all members the value to the group of keeping up with the kitchen/housekeeping chores and other essential services that are part-and-parcel of our Twelfth-Step efforts?”**

from the pamphlet "The AA Group"

## THE "S" WORD

Don't look now, but someone you know may already have it. That's right, a Service attitude. Hi, I'm Cindy and an Alcoholic.

I would like this to be a mini informational pack. There was a time when I thought I knew everything, now I understand, I know nothing, but....I am learning! I thought all those people out there doing "service" (good grief, that's almost like saying, shhhh, work) were out there all by their lonesome. But, with a little bit of time and clearing of the mind, I found out that there are service committees. What used to scare me was that I was going to be out there all by myself with no support, no back-up, no one to hold my hand, and no one to share my terror. I alone, was going to do what no man could do. Well folks, you know the rest.

What I have found out about these "service committees" which were created, designed or whatever, is that they take a "yoke!" like me by the hand, give me support, back me up, relieve my terror and let me know, that I'm not alone.

The Service Committees have been formed to act as liaison between (I'll use my committee for an example) the correctional facility and the volunteers who go in. The Correctional Facility Committee lets the facility know that we are out here, and are willing to "carry the message" inside the walls. The CFC helps the individual AA'er who wants to do service in this field, either through the specific facility chairman or directly.

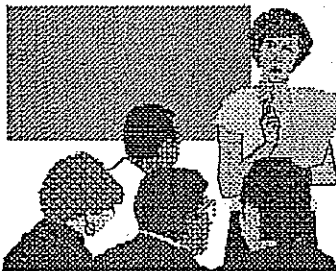
We are there to help people over the rough spots, but most importantly, it's getting the message inside the walls. We let the insiders know that there is a new life on the outside, and they can be part of it, and what is most important...that there is hope.

The CFC is there to provide Big Books and literature to the facility, the purpose of the pink cans at groups. However, CFC is finding that individual chairs are not coming to committee meetings. These meetings are for everyone's benefit!

Another purpose for Committees is the continuation theme. You know, where you don't have to recreate the wheel! Being a participant, I found out, just like my alcoholism, that someone had already been there. Information kind of oozes out when a group of us get together. You will find

out that the research has already been done, sound familiar? The CFC has listings of people already cleared to go into the facilities, listings of outside chairmen, listings of inside contacts, listings of times and days of meetings, who can or cannot go in, guidelines to be followed, etc.

It's truly amazing, I found pretty much the same thing when I walked into A.A. I thought I was so special and so unique, only to find out that you also had been there before. I was chairman of a facility for 6 months before I even knew there was an animal called CFC; then a little bear named Sonny, showed me the way. Now, God help me, I am co-chair of the CFC and there is no one here but us chickens. Efen (Chairman, CFC) and I would very much like to help all of those out there who are interested, already a part of, or do not know about the Committee.



Anyone can attend the meeting — it's held the first Sunday of the month at 5:30 p.m. the same location as Central Committee — 80 Goodrich St.

Buffalo. At these meetings you can air how you feel about what's going on, find out about other areas that need to be looked into, new ways of getting others into service, heck you might find out that you're part of the big picture!

While at a facility meeting recently, I mentioned the fact that I never enjoyed being called a "pigeon". Later, my friend, Marcia W., took me aside to tell me the history of the word. It seems, that during WW II pigeons were used to carry messages, get the picture? Our sponsors give us the message that we "pigeons" carry on. Well, hit my head with a tire iron, today I am proud of that name. Maybe, it would do us all a world of good to get a little history and carry the message. Please come join us, we can all carry the message. Join Central Committee, find out what's going on here. Be a part of it. It can only be good.

Thanks for listening, and I hope to see you around.

Cindy D.  
Co-Chair CFC

# GETTING INVOLVED

Hello everyone, my name is Jay H. and I'm an Alcoholic and a proud member of the North Buffalo Group.

This year I have the honor of being the Publicity Chair for the 55th Buffalo Fall Convention. I would like to share with you my own experiences with Conventions.

When I had 5 months of Sobriety, my sponsor suggested that it might be good for me to get involved with a convention. I stammered..."what could I possibly do?" He asked me if I could shake hands. I said yes and he proudly stated, "you are now a greeter!"

That job as a greeter made me feel like I was actually a part of that convention and of A.A. I have met so many wonderful people because of that first job. I was told that if I wanted what you have, I had to do what you did, and that was service. That initial job was for 2 hours, but I enjoyed it so much I didn't want to give it up.

After that convention, so many people with years of sobriety knew my name and made me feel welcome at different meetings. I was not alone anymore; at last I belonged somewhere. All of this happened because I got out of myself and took my sponsors suggestion, to get involved, and not ask, "what was in it for me?"

There are plenty of jobs for people at Conventions. There is Hospitality, which deals with making sure everyone gets plenty of coffee. Greeters, who make us feel welcome, and who knows, the hand you shake, may be the one who saves you from taking a drink! There's the Beverage Committee, they each sell pop for an hour at a time. Everyone who worked that Committee said they had a great time, and would gladly do it again, including me. These are just 3 positions that anyone can do, if they want to get involved.

I have worked on these Committees because I believe what we read after the Traditions at my home group:

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Sincerely,  
Jay H.  
North Buffalo

.....  
Today I pray that I may understand there are some things I cannot change:

I cannot change the weather.

I cannot change the tick of the clock.

I cannot change the past.

I cannot change another person against their will.

I cannot change what is right and wrong.

I cannot change the fact that a relationship ended.

I can stop worrying over that which I cannot change and enjoy living more!

I can place those things into the hands of the One who is bigger than I.

Save energy. Let go. Instead of trying to change someone else:

I can change my attitude.

I can change my list of priorities.

I can change my bad habits into good ones.

I can move from the place of brokenness into wholeness,  
into the beautiful person God created me to become.

Happiness is not a matter of good fortune or worldly possessions. It's a mental attitude. It comes from appreciating what we have, instead of being miserable about what we don't have. It's so simple - yet so hard for the human mind to comprehend.

Helen S.  
Thruway Group

.....  
*"A clear light seems to fall upon us all--- when we open our eyes. Since our blindness is caused by our own defects, we must first deeply realize what we are. Constructive meditation is the first requirement for each step in our spiritual growth."*

COURTESY DAILY REFLECTIONS

## THE ENVELOPE SYSTEM

The purpose of this article is two-fold:

- 1.) To explain how the envelope system works;
- 2.) To share with you my motivation for serving as Envelope System Chairman.

The envelope system is a simple method for AA members to contribute directly towards paying the expenses of operating the Buffalo Central Office.

The AA member sends in a contribution in whatever amount he or she chooses (suggested minimum is \$1.) The frequency of contributing is also up to the AA member. There is no pledge of amount to be contributed, no obligation to continue contributing. The AA member can contribute whatever amount he or she wants, as often as they want and for as long as they want to contribute.

To become a member of the envelope system, the AA member submits their full name and address to the envelope system chairman, who sends the new member a numbered contribution sheet. The new member then sends a contribution with the numbered contributions sheet to the Buffalo Central Office. On the numbered contributions sheet, the member designates how often they wish to submit contributions, monthly, every 2 or 3 months or annually. In any case, there is no obligation, either in amount or frequency of contributions.

Personal anonymity is guarded by the envelope system chairman, he is the only person who knows the identify and amount of contributions from the envelope system members.

As of May 1st, 1996 there are 83 members of the envelope system. Total contributions for 1995 were \$5,867.00.

My personal motivation for serving as envelope system chairman goes back to 1971. It was a Friday A.M. and I was in the throes of another hangover, experiencing the usual physical and mental anguish. With a shaking hand I picked up the phone and called one of the government sponsored agencies on alcoholism. I was informed that maybe I would be able to secure an appointment with one of their counselors in 2 or 3 weeks. I abandoned that avenue and called AA- Buffalo Central Office. Harry D. was Executive Secretary at the time. My recollection of the telephone conversation is that Harry was very understanding of my dilemma, and offered me immediate counsel. He directed me to an AA meeting that very afternoon. My anxiety was much relieved and I went to my very first AA meeting that Friday afternoon. Like many of us, I found it necessary to go back out and prove to myself further, that I was indeed an Alcoholic. By the grace of God and AA, I was able to find my way back to AA the following year, and have been blessed with continuous sobriety ever since. The first seed was planted when Harry D. answered the phone. If there had been no Central Office, no phone, no AA member to answer it; chances are more than 50% that I would be either incarcerated or dead today. That is why I am motivated to serve as Envelope System Chairman. The Envelope System helps to pay the telephone and operating expenses of the Buffalo Central Office. In this way, the Envelope System helps to "carry the message" to alcoholics all over the world. I have a strong desire to see that continue.

If you would like to become a member of the Envelope System, simply fill in the information below and mail to: Buffalo Central Office, Room 845- Ellicott Square Building, 295 Main St. Buffalo, NY 14203.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP CODE: \_\_\_\_\_

On the outside of the envelope, mark " ENVELOPE SYSTEM ".

If you have any questions or would like to discuss the Envelope System, call Buffalo Central Office--853-0388 and leave your name and phone number. I'll return your call promptly. If you prefer, you can see me in person at the Sunday night meeting of the Renewal Group or at the monthly meeting of Central Committee.

Mel L.  
Renewal Group  
Envelope System Chairman

# JUNE ANNI VERSARIES

## AMHERST/SNYDER

Stephen J. 3 mos.  
 Stephen K. 6 mos.  
 Pat F. 1 yr.  
 Matthew S. 1 yr.  
 Norbert D. 1 yr.  
 Martin P. 1 yr.  
 Jim B. 1 yr.  
 Elizabeth S. 3 yrs.  
 Luann W. 3 yrs.  
 David L. 7 yrs.  
 Patti S. 8 yrs.  
 Joel R. 10 yrs.  
 Whitley D. 13 yrs.  
 Kate K. 13 yrs.  
 Barb McC. 13 yrs.  
 Bill O.C. 16 yrs.  
 Jim M. 17 yrs.  
 MaryAnn C. 17 yrs.

## FIRESIDE (CONT)

Peter M. 1 yr.  
 Speero A. 2 yrs.  
 John B. 3 yrs.  
 Ron R. 3 yrs.  
 Debbie D. 4 yrs.  
 Jack K. 4 yrs.  
 Jim H. 5 yrs.  
 John S. 8 yrs.  
 Marlene C. 14 yrs.  
 Bill O. 16 yrs.

## HAPPY HOUR

Gary K. 3 mos.  
 Rita S. 6 mos.  
 Eleanor G. 9 mos.  
 Harold W. 3 yrs.

## HONESTY

Glenda G. 12 yrs.  
 Pat T. 19 yrs.  
 Sharon McC. 20 yrs.

## IRONHORSE

Tony R. 3 mos.  
 Kevin H. 3 mos.  
 Mary B. 6 mos.  
 Kevin S. 9 mos.  
 Tara S. 9 mos.  
 Stephanie B. 1 yr.  
 Rob G. 2 yrs.  
 Ron S. 5 yrs.  
 Jim S. 22 yrs.

## EVERYBODY'S

Dick L. 16 yrs.  
 Barry H. 9 yrs.

## JOURNEY

Kathy W. 3 yrs.  
 Tina F. 8 yrs.  
 Sandy H. 14 yrs.  
 Greg S. 17 yrs.

## KENMORE

Sara M. 9 mos.  
 Barbara B. 1 yr.  
 Nancy M. 2 yrs.

Tom B. 3 mos.  
 Liz B. 3 mos.  
 Peter M. 3 mos.  
 Nicki C. 6 mos.  
 Mary L. 6 mos.  
 Bill B. 9 mos.  
 Liz E. 1 yr.

## LET GO & LET GOD

Thomas B. 2 yrs.

## LIVING IN THE SOLUTION

Mark R. 6 mos.  
 Lisa L. 6 mos.  
 Ron S. 9 yrs.

## MATT TALBOT

Brian E. 9 mos.  
 Jeff C. 9 mos.  
 Paul W. 9 mos.

Jerry B. 1 yr.  
 Gene S. 1 yr.  
 Kathy D. 1 yr.  
 Don S. 1 yr.  
 Joe B. 2 yrs.  
 Val K. 2 yrs.  
 Gary K. 5 yrs.

Andy S. 7 yrs.  
 Bob G. 8 yrs.  
 Mike K. 9 yrs.  
 Gary B. 9 yrs.  
 Mary Jo S. 13 yrs.  
 Colleen M. 15 yrs.

## NORTH BUFFALO

John S. 3 mos.  
 Robert P. 3 mos.  
 Chris A. 6 mos.  
 Matt M. 1 yr.  
 Nelson G. 4 yrs.

Frank Z. 4 yrs.  
 Sharon Mc. 11 yrs.  
 Barbara M. 11 yrs.  
 Jim S. 12 yrs.  
 Peter M. 14 yrs.  
 Robert G. 20 yrs.

## RISE & SHINE

Shihann M. 3 mos.  
 April B. 6 mos.  
 Charlie C. 6 mos.  
 John S. 6 mos.  
 Anthony T. 9 mos.

## RISE & SHINE (CONT)

Linda C. 9 mos.  
 Shirley J. 1 yr.  
 Wanda R. 1 yr.  
 Floyd C. 1 yr.  
 Jerry S. 2 yrs.  
 Walker C. 3 yrs.  
 Orlando D. 4 yrs.

## SHERIDAN

Gare 6 mos.  
 Jim T. 6 mos.  
 Laurie W. 6 mos.

Jonathan L. 1 yr.  
 Matt M. 1 yr.  
 Melissa D. 4 yrs.  
 Brian R. 6 yrs.  
 Keith P. 6 yrs.  
 Michael W. 7 yrs.

## SOUTHTOWNS

Mark D. 2 yrs.  
 Robert D. 26 yrs.

## SUNDAY MORNING BREAKFAST

Charles M. 6 mos.  
 Dan M. 9 mos.  
 George M. 9 mos.  
 Sue M. 9 mos.  
 Rudy B. 6 yrs.  
 Cindy R. 7 yrs.  
 Sally M. 8 yrs.

## THRURWAY

Darryl D. 3 mos.  
 Jack L. 3 mos.  
 Mark S. 3 mos.  
 Rosalie P. 3 mos.  
 Jeff C. 9 mos.

Bob S. 2 yrs.  
 Don Y. 3 yrs.  
 John B. 5 yrs.  
 Jim McIn. 6 yrs.  
 Andra M. 7 yrs.

## THRURWAY (CONT)

Joseph G. 7 yrs.  
 Tom S. 11 yrs.  
 Donna F. 13 yrs.  
 Bill O.C. 16 yrs.  
 Norbert E. 20 yrs.

## WE CARE

Jim K. 3 mos.  
 Jim McC. 9 yrs.  
 Bob M. 10 yrs.

## WHY

Mark S. 6 mos.  
 Jim R. 6 mos.  
 Dave W. 2 yrs.

## WOMEN'S WESTSIDE DISC.

Mary G. 9 mos.  
 Jackie H. 9 mos.  
 Suzi D. 1 yr.  
 Mordean L. 2 yrs.  
 Tonya A. 4 yrs.  
 Jocelyn W. 5 yrs.  
 Loretta D. 5 yrs.

Margi G. 5 yrs.  
 Paula H. 5 yrs.  
 Debra B. 6 yrs.  
 Diane A. 6 yrs.  
 Deanne C. 7 yrs.  
 Dorris B. 7 yrs.  
 Christine W. 8 yrs.  
 Tina F. 8 yrs.  
 Karen M. 9 yrs.  
 Linda C. 10 yrs.  
 Sandy Q. 10 yrs.  
 Ruth C. 12 yrs.

**REMINDER: JULY 1996  
 ANNIVERSARIES MUST BE IN  
 THE CENTRAL OFFICE NO  
 LATER THAN JUNE 10, 1996!**



**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
295 MAIN STREET  
ROOM 845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853-0388**

JUNE 1996

**ANY ARTICLES, ANNIVERSARIES OR ANNOUNCEMENTS MUST BE IN BY THE 10TH OF THE MONTH PRECEDING THE MONTH YOU WISH THE ARTICLE TO APPEAR.**

**MEETING CHANGES:**

SATURDAY - EARLIEST THIS AREA - MEDINA - will be changing their meeting time to 10:30AM as of the 22nd of June.

TUESDAY - 3RD STEP, WEDNESDAY - NEW FREEDOM, & FRIDAY - MOD/LIVING IN THE SOLUTION have formed one group to be known as MOD/LIVING IN THE SOLUTION.

MONDAY - SPIRITUAL PROGRESS - WOMEN'S GROUP - will now meet at 6:30PM

**NEW MEETINGS:**

SATURDAY - THERE'S A SOLUTION - 7:00PM - meets in Tonawanda at the Seneca Indian Reservation Tribal Office on Meadville Road.

THURSDAY - STARTING OVER, SECOND SHIFT - 6:30 PM -BGH Lancaster Clinic, 11 West Main Street. (same place at noon on Thursday)

THURSDAY - THE JOURNEY - 6:30PM - CD - Richmond Avenue United Methodist Church, 525 West Ferry. (same as Monday)

WEDNESDAY - WEDNESDAY NOON SPRINGVILLE - NOON - CLOSED DISCUSSION - No Smoking, St Paul's, 591 East Main Street, Springville.

MONDAY - LOCKVIEW - OD - NS - Plymouth Congregational Church, 98 East Avenue at 6:30PM. (same as Friday)

**NOTICE:**

TUESDAY - RAY OF HOPE - 1:00PM - Immanuel Lutheran Church, Pine and Fillmore Streets, East Aurora is badly in need of continuous support.

MONDAY - COLD SPRINGS - will be up dating their membership list. Please check with the secretary if you wish to become or remain a member.

WEDNESDAY - EARLY BIRD - 10:00AM is in need of support. It meets in the basement of the United Methodist Church at the corner of Tonawanda and Ontario Streets in the North Buffalo Area. There is parking at the donut shop around the corner.

**SEASONAL MEETINGS:**

MONDAY - SERENITY IN THE PARK - 7PM - Delaware Park Rose Garden.

**COMMITTEE MEETINGS:**

TREATMENT FACILITIES MEETING - 3rd FRIDAY of the month - 7PM - St Simon's, 200 Cazenovia

CORRECTIONAL FACILITIES MEETING - 1ST SUNDAY of each month 5:30PM, Community Mental Health Center, 80 Goodrich (just before Central Committee)

**COMING EVENTS**

JUNE 2 - SUNDAY - 7:00PM - CENTRAL COMMITTEE MEETING - 80 GOODRICH

JUNE 2 - SUNDAY - KEEP ON COMIN' group is having its' 4th ANNUAL SOBERFEST PICNIC in Sheridan Park, Tonawanda at Sheridan Drive and Grand Island Blvd. 11AM till 6PM - Shelter#5. Free of charge but do bring a dish to share. Some food will be provided,

JUNE 7,8,9, is the 61st FOUNDERS' DAY WEEKEND at Akron University in Ohio. Package plan is \$125 per person including meals on Saturday and Sunday breakfast; lodging for Friday and Saturday nights and the registration fee. For info. write: Founders' Day Committee, P.O.Box 12, Akron Oh, 44309-0012

JUNE 14,15,16 - LONERS INTERNATIONAL CONFERENCE at Akron University in Akron, Ohio. For registration forms write: LIM Conference, PO BOX 360446, Columbus, Ohio 43236

JUNE 16 - SUNDAY - LOVEJOY GROUP'S ANNUAL PICNIC in Como Park, Lancaster Shelter, Lancaster NY. From noon till dusk. Fun for the entire family. All are welcome.

JUNE 22 - SATURDAY - SOUTH BUFFALO will be holding their Anniversary Picnic at Chestnut Ridge Park, Shelter#3. 11AM to ? Food - Games - Prizes!! Bring a dish to share in the celebration. ALL ARE WELCOME!!!

JUNE 23 - SUNDAY - 11AM - UNIVERSITY Group will sponsor the FOBB 7th Annual Golf Outing at Chestnut Hill Golf Course in Lancaster. If interested contact Roger R at 632-5584 or Bill H 837-7429.

JULY 7 - SUNDAY - 7:00PM - CENTRAL COMMITTEE MEETING - 80 GOODRICH

JULY 26,27,28 - ANY AGE will be hold their ANNUAL CAMP OUT at Don Miller Park in North Tonawanda on Sweeney Street. There will be a speaker and a DJ both Friday and Saturday night. Refreshments as hot dogs, hamburgs, pop and coffee will be available. The tickets are \$8.00 for the weekend or \$5.00 per day. Tickets may be purchased at the Meeting on Wednesday evenings at St Andrew's, Elmwood and Sheridan Drive at 8PM or call Lucky at 877-7366.

6th MONTH - 6th STEP "WERE ENTIRELY READY TO HAVE GOD REMOVE ALL THESE DEFECTS OF CHARACTER."

6th MONTH - 6th TRADITION "AN AA GROUP OUGHT NEVER ENDORSE, FINANCE OR LEND THE AA NAME TO ANY RELATED FACILITY OR OUTSIDE ENTERPRISE, LEST PROBLEMS OF MONEY, PROPERTY AND PRESTIGE DIVERT US FROM OUR PRIMARY PURPOSE."

YOURS IN THE SPIRIT OF A.A.  
Delphine

\*\*\*\*\*

## SIGNERS FOR THE HEARING IMPAIRED

\*\*\*\*\*

WE ARE AGAIN TRYING TO ACCOMMODATE THE OCCASIONAL PERSON WHO HAS THIS SPECIAL NEED.

WE ARE ASKING FOR THOSE WHO CAN SIGN AND WOULD BE WILLING TO DO SO TO CALL THE CENTRAL OFFICE AT 853-0388.

Tina F, The Journey Group, Chairman, opened the meeting at 7PM with a moment of silence followed with the Serenity Prayer. Raye from North Buffalo read the Preamble. The Traditions were read by Mel L of the Renewal Group

Motion to accept the minutes was made by Larry S of Cold Springs and seconded by John H of the We Care Group.

**26 GROUPS ATTENDED** - DISTRICT #1 - Delaware Discussion, Giving, Happy Hour, One Day at a Time, Sunday Nitters, The Journey  
 - DISTRICT#2 - Acceptance/Welcome, MOD/Living in the Solution, North Buffalo, We Admitted/Morning After, Why - DISTRICT#3 - Abbott Men's, Iron Horse, Matt Talbot, Southgate, Tuesday Women's, Victory, We Care, West Seneca Saturday Night, Rainbow - DISTRICT#4 - Action - DISTRICT#5 - DISTRICT#6 -DISTRICT# 7 - Cold Springs, Fresh Start, Lovejoy, Spirit of Hope - DISTRICT#8 - Amherst Snyder, Renewal - DISTRICT#9 - DISTRICT#10

**COMMITTEE REPORTS:**

**ENVELOPE SYSTEM** - Mel L of Renewal

	<u>1995</u>	<u>1996</u>
May Receipts	\$340.00	\$588.00
Average monthly receipts (per month) for the previous 3mo.	395.67	595.67

**STEERING COMMITTEE** - Janice O - ODAT

Chairperson, Tina F, opened the meeting with the Serenity Prayer at 6:05PM. Present were Larry S, Lisa S, Tom McM, Pat M, Rick S, Gary S, Delphine H, Joanne M and Janice O.

Discussed problem with accessing the Parking Lot, Building and Meeting Room. Delphine will contact the property management and security.

Rick S from Amherst Snyder in District #8 has been appointed District Representative by the Steering Committee and will need Central Committee approval.

Meeting closed at 6:35PM with the Lord's Prayer.

**FINANCIAL REPORT** - Gary S, Matt Talbot - read attached

**TREATMENT FACILITIES COMMITTEE** - Rich, Iron Horse

June 2nd, seven people attended the TFC meeting.

There is a new facility called "May Day House". Their meeting on the second & fourth Tuesday of the month needs people. It is at 7:30pm.

Motion was made by Jim R that Bob K take care of the coffee and supplies for Veteran Hospital. Passed unanimously.

WE were approached by the Fall Convention Committee about sending a list of all Treatment Facilities we have meetings at and about accepting donations from said facilities for the convention. We feel this violates our traditions. A letter stating how we feel along with a list of all meetings was sent to the Fall Convention Committee. Motion was made by Jim R - passed unanimously.

**SCREENERS** - none

**CENTRAL OFFICE** - Delphine H, Executive Secretary

AA Information	312	12 Step	3
PIC	0	Literature requests	48
CPC	0	Referred to other agency	15
Al Anon	21	Referred from other agency	2
Ala Teen	1	<i>CENTRAL OFFICE</i>	
ACOA	6	Outgoing Calls	108
<i>ANSWERING SERVICE</i>		Mailing cost	\$181.87
Incoming Calls 507	98	Visitors	119

**NEW FRONTIER** - John H, We Care, Editor

Please inform your group secretaries that, due to limited space and in fairness to all groups we are only able to publish anniversaries for the current month. The number of groups sending in anniversaries is constantly increasing. Again, remember that JULY anniversaries are due in the Central Office by JUNE 10th.

**55TH FALL CONVENTION** - Larry S, Cold Springs, Co-Chairman

Noted that the speakers were all confirmed and that donations were needed for coffee. The coffee bill alone will be \$4500.

**COURTESY REPORTS - GSA** - none

**RECAP:**

Elizabeth G, Delaware Discussion, spoke about the concern of getting into the meeting room at 80 Goodrich. Friday's meeting doesn't have this problem.

Mel L, Renewal expressed his feelings that the Fall Convention Committee is in order as far as approaching the Treatment Facilities is concerned.

**OLD BUSINESS:**

John H, We Care, spoke about the history of AA in Buffalo. He expressed that he felt it needed to be written down. He is working on this and will give the credit to Vince M. YY

**NEW BUSINESS:**

Rick S, Amherst Snyder, was appointed Steering Committee Representative of District #8. He was approved unanimously by Central Committee.

Mike, MOD/Living in the Solution, spoke about the meeting being three times a week.

LisaY will no longer be Chairperson of the Screeners. Co-chair, Adam B, The Journey, will be taking over.

Sandy spoke about a new club house in Niagara Falls that wants more AA meetings in the facility. If interested, call her at 883-1544.

Motion to adjourn was made by Larry S, Cold Spring and seconded by Mel L, Renewal. Meeting was adjourned with the Lord's Prayer.

Andrea S, Fresh Start

Pg 1			Correctional Facilities		Treatment Facilities	
GROUP	JUNE '96	Accum.	JUNE '96	Accum.	JUNE '96	Accum.
12 Step - Holiday Village						
1st Step						
3rd Step						
6th Step						
A Day At A Time						
A Vision for You						
Abbott Mens Discussion		10.00		10.00		10.00
Accept/Welcome		100.00				
Achievement						
Action	40.00	40.00				
Age Doesn't Matter		100.00				
Albion						
Alexander						
All Women						
Amherst Tree of Life		75.00				
Amherst Snyder		343.57				
Amsdell Lakeshore						
Any Age		20.00				
Any Length	20.00	70.00				
Anybody's Group		25.00				
Arcade						
As Bill Sees It						
Attitude Adjustment						
Attraction	100.00	200.00				
Awakening						
Beginner's Table						
Beginning in Sobriety I						
Beginning in Sobriety II						
Beginnings-Women's						
Better Days (Bilingual)						
Bidwell						
Bidwell Monday Disc						
Big Book - Lockport						
Big Book Study (Thursday Night)						
Big Book Workshop		10.00				
Blasdell						
Blasdell Monday Nite						
Boulevard Women's	30.00	60.00				
Brass						
Broadway-Bailey						
Brocton Discussion		50.00				
But for the Grace of	75.00	236.00		5.00		5.00
By The Book-Buffalo						
Campus (Buffalo State College)						
Casting		50.00		10.00		10.00

pg 2			Correctional Facilities		Treatment Facilities	
GROUP	JUNE '96	Accum.	JUNE '96	Accum.	JUNE '96	Accum.
Cathedral Park	32.00	90.00				
Caz Manor		54.50				
Cazenovia	22.50	99.50	11.25	49.75	11.25	49.75
Central Park						
Central Park. II						
Chapter IX		40.00		40.00		40.00
Cheektowaga		250.00				
Chevy *I						
Clarence Men's Disc II		50.00				
Clarence Men's Disc		150.00				
Cold Springs						
Common Problem						
Community Center						
Cornplanters Again						
Courage						
Decision, Choices, Changes						
Delaware Discussion						
Derby		25.00				
Design For Living						
Desire						
DeVeaux Discussion						
Discovery						
Downtown Discussion						
Downtown Men's Discussion						
Dunkirk						
Earliest This Area.						
Early Bird						
Earlybird - Saturday						
Easier Softer Way						
East Amherst						
East Aurora		100.00		4.50		10.00
Easy Does It	25.00	85.00	10.00	30.00	15.00	40.00
Eden-North Collins	120.00	120.00				
Ellicott	75.00	75.00				
Ellicottville						
Emergency						
Eternal Vigilance						
Everybody's		50.00				
Eye Opener		888.88				
F.U.N.						
Faith		15.00				
Faith In Action						
Father Baker		375.00		150.00		150.00
Fellowship in the Spirit						
Fireside	169.63	1222.74		50.00	25.00	150.00

pg 3			Correctional Facilities		Treatment Facilities	
GROUP	JUNE '96	Accum.	JUNE '96	Accum.	JUNE '96	Accum.
Fireside PM						
First Things First	50.00	100.00				
First Ward						
Fredonia Disc						
Freedom	25.00	175.00		25.00		25.00
Fresh Start						
Friday Nite Disc						
Friday Step Beginners						
Friendly						
Friendship						
Friendship Fireside						
Frontier		110.00				50
Gardenville		50.00				
Gay, Lesbian, Sober & Proud						
Getting Better	10.00	10.00				
Giving	20.00	45.00				
Go to Any Length						
Golden Slipper		50.00				
Good Life						
Grand		15.00				
Grand II Joy Of Living						
Grateful						
Guiding Light						
H.A.N.D.		110.00				10.00
H.O.W.						
Half & Half						
Hamburg						
Hamburg Big Book						
Handicappers Sat. Nite						
Happy Hour						
Harmony						
Helping Hand		60.00				
High Noon						
High View		150.00				35.00
Higher Powered						
Hill Billy	100.00	240.00	25.00	75.00	25.00	75.00
Hold On						
Holiday Village		535.00		45.00		20.00
Honest Desire						
Honesty	30.00	180.00	10.00	60.00		
Hope - Big Book Study						
How It Works		210.00		105.00		35.00
Humbly Willing						
Ignatia						
In the Solution						

pg 4			Correctional Facilities		Treatment Facilities	
GROUP	JUNE '96	Accum.	JUNE '96	Accum.	JUNE '96	Accum.
Inner City						
Inspiration						
Inloxication on Life						
Iron Horse	34.00	191.00	34.00	191.00	34.00	191.00
IT						
It's About Time						
Just for Today						
Keep It Simple Sister	5.00	15.00				
Keep on Comin'						
Kenmore						
Kensington		40.00				
Ladies Night						
Lake Shore		130.00				
Lake View		48.00				
Let Go & Let God		20.00				
Let's Talk About It						
Lew-port		15.25				
Liberty Women's						
Life Today		50.00				
Lighten Up	120.00	240.00				
Live and Let Live						
Living in the Solution						
Living Sober						
Lock City						
Lockport #1						
Lockport Discussion						
Lockport Ladies						
Lockview			15.85	28.6		
Lovejoy	50.00	110.00				
Lower River		50.00				
Lunch Bunch						
Main Street						
Marilla.	25.00	125.00				
Matt Talbot	40.00	200.00				
Mc Kinley Winners						
Medina New Life						
Medina-Big Book Meeting						
Mercy						
Mld-day						
Midnight						
Miracle						
Morning After						
New Awakening						
New Beginnings		25.00				
New Freedom						



pg 5			Correctional Facilities		Treatment Facilities	
GROUP	JUNE '96	Accum.	JUNE '96	Accum.	JUNE '96	Accum.
New Frontier						
New Frontier Womens						
New Life	10.00	40.00	5.00	20.00		
New Life - New Beg	25.00	25.00				
New Westside		25.00				
Niagara Frontier Men's						
Nite People						
North Buffalo	200.00	800.00		150.00	50.00	200.00
North Java-Monday						
North Java-Sunday						
One Day at a Time (ODAT)						
Open Arms						
Open Mind						
Opportunity						
Orchard Park Step	25.00	50.00				
Page 30						
Pass It On						
Patchin						
Pathway to Peace						25.00
Pendleton-Chapter V						
Perry						
Pioneer						
Positively Living II						
Positively Living III						
Powerless						
Primary Purpose						
Progress	10.00	40.00				
Purpose	35.00	135.00				
Rainbow	25.00	50.00		25		25
Ray of Hope		45.00				
Remember When						
Renalssance I		200.00				
Renewal		150.00		25.00		25.00
Restored to Sanity						
Ridge		100.00				
Ripley's "Believe It Or Not"						
Rise & Shine		120.00		30.00		
Rochester Meeling						
Rur-al is Plural						
Rush Hour						
Sally						
Salvation Army						
Saratoga						
Saturday Night Alive						
Saturday Night Disc						

pg 6			Correctional Facilities		Treatment Facilities	
GROUP	JUNE '96	Accum.	JUNE '96	Accum.	JUNE '96	Accum.
Searching for Serenity		75.00				
Second Chance						
Seneca 12 & 12						
Serenity		180.00				
Serenity Circle	10.00	40.00				
Serenity Trail						
Sheridan	20.00	120.00				
Silver Creek Friendship						
Sober Trail						
Sober Winners						
Sobriety Men's Disc						
Sobriety on Saturday Night						
Somerset						
South Buffalo	10.00	100.00	10.00	100.00	10.00	100.00
South Town		15.00				
South Town Women's						
Southgate	30.00	90.00				
Southwestern		50.00		10.00		
Spirit of H.O.P.E.						
Spiritual Progress(women's)						
Springville	180.00	180.00				
Springville Saturday Afternoon		36.00				
St. Barnabas	60.00	120.00	50.00	50.00	50.00	50.00
St. Mark's		120.00				
Starting Over		15.00				
Step						
Stepping Stones						
Suburban						
Sunday Morning Bkft.		250.00		100.00		100.00
Sun night St Mary's		50.00				
Sunday Nilers						
Sunday Third						
Sunrise Court		300.00		100.00		100.00
SUNY-Amherst Campus						
Surrender & Hope		75.00				
Survivors						
TnT		100.00				
T.P.H.						
TGIF						
Thankful						
The Journey		120.00				
The Pax Group		25.00		25.00		25.00
The Present						
The Way						
Thruway		600.00		60.00		60.00
Thursday Afternoon Disc		175.00				

pg 7			Correctional Facilities		Treatment Facilities	
GROUP	JUNE '96	Accum.	JUNE '96	Accum.	JUNE '96	Accum.
Today						
Today's Woman						
Trail's End		25.00				
Tri-County	20.00	20.00				
Tri-Step Beginners						
Try Again		23.00				
Tuesday Men's		50.00				
Tuesday Women's D	25.00	25.00				
Turning Point		20.00				
Twin Cities		175.00				
Twin Cities II						
Unity		60.00				
University	150.00	750.00			20.00	80.00
Urban		10.00				
V.I.P.						
Valley		20.00	25.00	25		
Varysburg						
Veterans						
Victory						
Vision of Hope (women's)						
Wake Up Call	20.00	103.95				
We Admitted						
We Are Not Saints						
We Care		120.00		40.00		80.00
We Choose Life						
We Need You						
Wehrle						
Welcome Home						
West Seneca Sat. Nite						
Westfield						
Westminster						
WHY						
Williamsville	50.00	450.00	25.00	25.00	25.00	25.00
Willing To Grow		62.50				
Wilson						
Wilson Smith Un Alumni		25.00				
Women's Inner Growth						
Women's Westside Disc.						
Working						
You'll Never Walk Alone						
Youngstown						
James K				53.00		
41 Grps contributed	2123.13	14934.89	221.10	1716.85	265.25	1800.75
Last Month		12811.66		1495.75		1535.50
This month		2123.13		221.10		265.25
Total year to date		14934.79		1716.85		1800.75

RE-CAP		5/25/96-6/25/96			
CORRECTIONAL FACILITIES ACCOUNT		*484-185-4			
EXPENSES		CHECK #			
A A Central Office	Bks-Gowanda	1128	208.00		
A A Central Office	Spanish-lit	1129	12.00		
A A Central Office	Women's	1130	176.40		
			396.40		
Balance pr checkbook	5/25/96			1503.54	
Add Receipts	5/25/96-6/25/96			221.10	
				1724.64	
Deduct expenses	5/25/96-6/25/96			-396.40	
Balance per checkbook	6/25/96			1328.24	
Operating debt for 6/25/96		(-122.50)			
TREATMENT FACILITIES ACCOUNT		*602-089-5			
EXPENSES		CHECK #			
AA Central Office	VA	328	165.00		
AA Central Office	ECMC	329	222.75		
			387.75		
Balance per checkbook	5/25/96			784.67	
Add receipts	5/25/96-6/25/96			265.25	
				1049.92	
Deduct expenses	5/25/96-6/25/96			-387.75	
Balance per checkbook	6/25/96			662.17	
Operating debt for 6/25/96					

