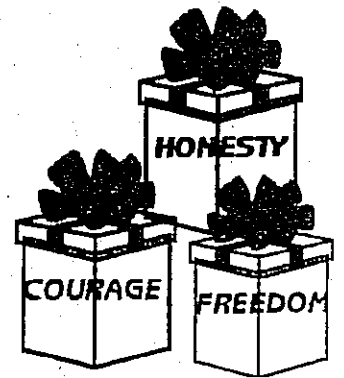
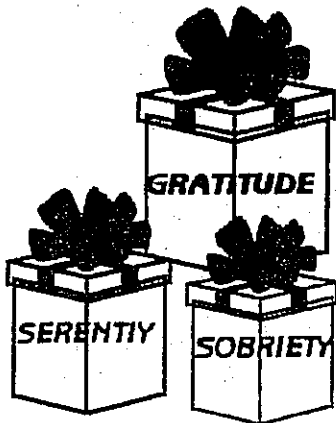
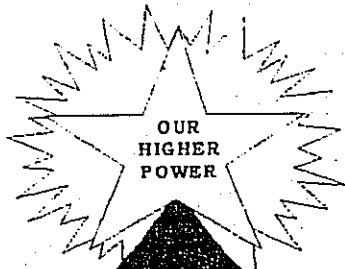


# NEW FRONTIERS

A CENTRAL COMMITTEE JOURNAL FOR ALL A.A. MEMBERS  
OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

*Happy And Sober Holidays To All!*



THINK

ONE DAY  
AT A  
TIME

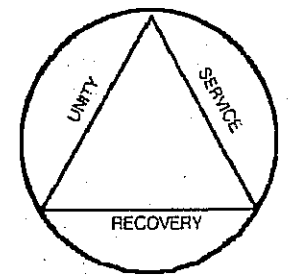
REMEMBER  
WHEN

LET GO  
LET GOD

BUY FOR  
THE GRACE  
OF GOD

**THE SERENITY PRAYER**

*God grant me the  
Serenity  
To accept the things I cannot change  
the Courage  
To change the things I can, and  
the Wisdom  
To know the Difference.*



## MY GIFT WITH A STRING ATTACHED

When I came to AA, the only thing I knew about giving was that I loved it when people would give to me. In these rooms, you taught me something else about giving, something all-important to my recovery: If I do not give of myself, freely and without reservation, to the alcoholic who still suffers, then my own recovery will be in jeopardy. And you people taught me this. You taught me that my Higher Power would give me freedom from the compulsion to drink, and would change me into a new person - but the gift comes with a price tag, and that is that I have to try to do for other alcoholics what my Higher Power had done for me: I have to give of myself without expectation of reward.

Except that I didn't realize what wonderful rewards I would receive by doing this: happiness, peace of mind, a new and wonderful life, good friends, spiritual tools that I can use no matter what, and most of all, a close and loving relationship with a loving God who has given me this new life. Thank you for this gift of knowledge that is so far from what I expected when I came into these rooms, and yet has turned out to be more than I ever dreamed would be possible for this alcoholic!

Laura K., Los Angeles, CA  
Previously published in the NEW REPORTER  
Washington, DC



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John H., Editor, We Care

Ron S., Assistant Editor, Powerless

# BROKEN TOYS

THE STORY OF PHIL AND IRENE

This is a story of a couple  
they were lifelong friends  
but their lives were a shambles  
and due to soon end.

Booze and drugs had taken  
what was once girls and boys  
and all that was left  
were these old broken toys.

No help from addicts  
or drunks, their old friends  
they had not a clue how  
this lifestyle would end.

When in one clear moment  
they remembered some stuff  
about an old sergeant who  
calls himself Duf.

They hoped & they prayed  
that they still could be fixed  
if Duffy and staff could  
do just one more trick.

The hopped in their buggy  
and went for a drive  
this time they'd try anything  
just to survive.

So sweating and shaking  
and praying they tried  
to find just the means to  
stay sane in their hides.

The learned that twelve steps,  
willingness and surrender  
could lead them away  
from a lifetime of benders.

They learned how to live  
their new life day by day  
and with a loving higher power  
to show them the way.

Now all the kings horses  
and all the kings men  
could not do what  
happened at Duffy's for them.

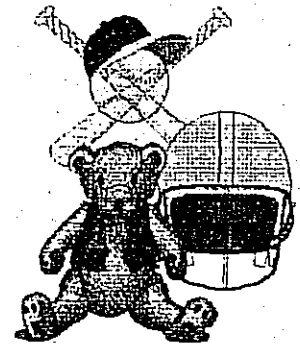
Their old life is over  
no more dues to pay  
they start each new morning  
together they pray.

Work the 12 steps, help others  
they've heard Duffy say  
and get on your knees  
at the end of each day.

They're still toys, but not broken  
I'm happy to say  
They walked up 12 steps  
with the help of A.A.

Life works so much better  
it's just for today  
and in God's strong arms  
they'll take comfort someday.

Mr. Philip C., 1994  
Submitted by Tom McM.  
Grateful Group



*We want to find exactly how, when, and where our natural desires have warped us. We wish to look squarely at the unhappiness this has caused others and ourselves. By discovering what our emotional deformities are, we can move toward their corrections.*

TWELVE STEPS AND TWELVE TRADITIONS, p. 43

Today I am no longer a slave to alcohol, yet so many ways enslavement still threatens - my self, my desires, even my dreams. Yet without dreams I cannot exist; without dreams there is nothing to keep me moving forward.

I must look inside myself, to free myself, I must call upon God's power to face the person I've feared the most, the true me, the person God created me to be. Unless I can or until I do, I will always be running, and never be truly free. I ask God daily to show me such a freedom!

Anonymous

Then the reindeer began giving me trouble. They were annoyed because I had gotten lost one Christmas Eve. It had nothing to do with the fact that I'd had several hot toddies during the trip. It was all that snow - anyone would have gotten lost. So I got myself a new reindeer to lead them, a guy with a bright red nose. He could set this radar and get us anywhere, and I could continue doing my thing with no problem. That is, until one night I got pulled over by a state trooper. I told him who I was and he said, "Sure you are," and charged me with driving while intoxicated.

Things were getting most unpleasant. I was mixing up the toys lists. My wife wasn't talking to me. The reindeer weren't happy. My head hurt every morning. And I was having problems parking the sleigh on rooftops. I even tried the geographic cure - we moved to the North Pole. But things didn't change.

Then one Christmas Eve, in my usual stupor, I parked sideways on this one roof and I had a terrible time getting down the chimney. In fact, I went headfirst, and now I really needed a drink. So when I got into this house, I started looking around for some booze. But there was *nothing*, just those rotten cookies and a glass of milk. How I hated the taste of milk by that time. Couldn't someone take pity on me and leave me a nice hot toddy with rum? After all, it was so cold out there in the sleigh.

I guess I was banging around and making too much noise, because I woke up this guy. He came downstairs and asked if he could help me.

"Help me? Sure. Where do you keep the booze - I need a drink."

This guy said there wasn't any because he didn't drink. I wondered what kind of person I was dealing with. He must be a real nut.

Then he started to tell me that he had drunk in the past but it caused him so many problems that he didn't drink anymore. I was interested in that. I wanted him to give me his magic formula and he said it was simple.

"I don't drink one day at a time."

He also said, "I go to meetings, I keep it simple, I read the Big Book, I carry the message - and that's how I stay sober."

At that point, I was so sick and tired of being sick and tired, I was willing to try anything. I wasn't sure if there was a meeting at the North Pole, but his guy told me I could start one.

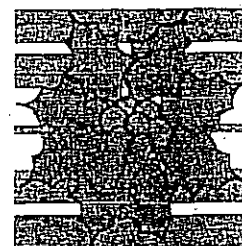
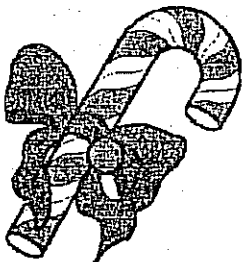
Before I left, the guy gave me a book which he referred to as the Big Book. This was my first present - I had always been the giver and never let anyone give me anything. I asked him to write something in the book for me, and this is what he wrote:

*Dear Nicholas,  
Merry Christmas!  
Your friend,  
Bill W.*

And that's how Santa got sober. Merry Christmas to all and to all a good night.

Barbara D., Levittown, NY

Previously published in the  
GRAPEVINE, December 1994





I am an alcoholic; my name is Nicholas. You can call me Nick for short. I always knew I was different from other kids in my neighborhood. See, I was born with this beard, and instead of having a dog like the other guys, I had reindeers for pets. Most kids like to get things, but I always gave, whatever I had. That made me happy and I hoped people would like me.

My mother always told me, "Don't worry, someday people will look up to you."

But I was so lonely, with no one to talk to except the reindeer. I had problems going to sleep at night when I was in high school, just tossing and turning and thinking about my future. That's when I discovered that a little glass of wine at night would help me sleep. Soon I was sleeping real good, but after a while I needed more than just a little glass; I needed a big glass to produce that blessed sleep.

Things continued like that for a while. I functioned fine during the day, but nights were a different story. That's when the wine took over.

During this time, I got a job, and I really, really liked it. I was helping this old guy deliver toys and presents on Christmas. This fit right in for me, because I always liked to give and now I could do it professionally, and people would like me more.

I didn't have a car or a truck but I could use that big old sleigh that was out back in the barn. I could even have my friends the reindeer pull it. I was sleeping better, so I stopped drinking at night. Everything was going great. I even met the Mrs. Her name is Sara - what a wonderful woman. She made cookies and candies for me to bring with the toys on Christmas. Life was great until the old man died. There went the job. But Sara said, "Why not continue? You do a good job, you know what you're doing." So I kept doing what I loved best - delivering presents on Christmas.

But during the slow season I was bored, so I started hitting the eggnog and the fruitcake that Sara made (it had all that delicious brandy in it.) Guess what? Sara started to change. She began to nag: "You never do things around the house anymore." She even had the nerve to hint that I was slightly intoxicated sometimes. I worked so hard, I figured I deserved all the enjoyment I could get. What harm could a little eggnog do, or a couple of brews with the local elves?

## MY GIFT TO THE NEWCOMER

Although the hours that mark each day for me are now, for the most part, ones of contentment, I still do have occasional short bouts of "dry drunk." My whole world seems to turn upside down and I strike out at people around me. That's when I need out of my own way and head for the nearest A.A. meeting.

*A.A. won my trust  
and then my heart  
through its members*

Once there, I try to sit beside a stranger and inquire as to their well being and suddenly the healing process begins one more time - my depression is lifted. Another small miracle through the grace of my Higher

Power and this Program. I stay after the meeting and listen to a newcomer's trials and tribulations of early sobriety, giving them my telephone number with an invitation to "call anytime."

My prayer now is to never forget the pain of the first year so I can continue to give newcomers what I so desperately needed. When I give to others, I give to myself. A.A. won my trust and then my heart through its members, and I want to continue to pass it on. The Big Book says it so well: "Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow about you, to have a host of friends - this is an experience you must not miss." I wouldn't miss it for the world. How about the rest of you?

Ron McM., Washington, DC  
Previously printed in the NEW REPORTER  
December 1994

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HARD TIME GETTING THROUGH THE HOLIDAYS? IS IT A LONELY TIME FOR YOU? TRY SOME OF THESE:

1. Make Extra Meetings. Many clubs and groups will be having round-the-clock meetings or added meetings for the holidays. Ask around at some of the groups you attend or call the Central Office.
2. Use The Telephone. Instead of waiting for someone to call you, initiate some calls yourself and commit to meeting friends and A.A. members for coffee, meetings, dinner, or conversation.
3. Remember H.A.L.T. Don't isolate too much, get regular rest, eat right, talk about your blues, don't drink. Sobriety is about being sober, not somber. You got sober to have a life, right? This is not a dress rehearsal. Try to enjoy it!!!

Previously printed in HERE'S HOW, Chicago, IL, Dec 94/Jan95

\*\*\*\*\*

### **GOD (MY HIGHER POWER)**

BY GEORGE H., NEW FRONTIER GROUP

When I awaken each morn'  
For me a new day is born  
I start it with prayer  
Give my will and life to the care  
Of a power that I cannot scorn.

He watches o'er me through each day  
I try to stay out of the way  
The message he sends  
Comes to me through friends  
They tell me that all is okay.

He gives me each day to live  
The best that I can and to give  
All that I can  
To my fellow man  
To help him just for today.

The strength of my Higher Power  
Is with me each given hour  
He sends me His love  
From heaven above  
To share with those who come my way.

He does for me what I cannot do  
I must to mine own self be true  
Do what my heart says is right  
From morning 'til night  
Above all I must not harm you.

Before I lay down in my nest  
I thank Him and ask Him for rest  
He gives all to me  
To be humble and free  
To keep faith in my God is the best.

**WRITERS AND ARTICLES WANTED!**

THE NEW FRONTIERS IS LOOKING FOR NEW WRITERS AND ARTICLES. INTERESTED? WOULD YOU BE INTERESTED IN WRITING AN ARTICLE ON ANY SUBJECT RELATING TO A.A. AND SOBRIETY? SHARE YOUR EXPERIENCE, STRENGTH AND HOPE IN PRINT.

NEW FRONTIERS ENCOURAGES FORMER WRITERS AND NEW WRITERS ALIKE TO SUBMIT ARTICLES, STORIES OF PERSONAL RECOVERY, AND OPINIONS. TELL US HOW YOU FEEL ABOUT RECOVERY.

SEND SUBMISSIONS TO: NEW FRONTIERS, 295 MAIN STREET, SUITE 845, ELLICOTT SQUARE BLDG., BUFFALO, NY 14203. ALL ARTICLES MUST BE IN THE CENTRAL OFFICE BY THE 10TH OF THE MONTH FOR THE FOLLOWING MONTHS' PUBLICATION.

**W**hen the world seems overwhelming and you don't know where to flee...  
**GO TO A MEETING**

**W**hen everywhere you cast your eyes temptation's what you see...  
**GO TO A MEETING**

**W**hen you're feeling sad and lonely and you need a second home...  
**GO TO A MEETING**

**W**hen you're sure, you're self-sufficient and can make it all alone...  
**RUN TO A MEETING!**  
 SOURCE UNKNOWN



GRATITUDE

WOULD YOU LIKE TO HAVE *NEW FRONTIERS* MAILED TO YOUR HOME OR GROUP?  
 FILL IN THE SUBSCRIPTION FORM BELOW AND MAIL IT TO THE CENTRAL OFFICE.

---

PLEASE TYPE OR PRINT CLEARLY · YEARLY SUBSCRIPTION: \$7.00 PER COPY/PER YEAR  
 (12 ISSUES)

YES, PLEASE SEND ME \_\_\_\_\_ COPY(COPIES) OF THE *NEW FRONTIERS* @\$7.00 PER COPY

I HAVE ENCLOSED \$ \_\_\_\_\_

NAME \_\_\_\_\_

GROUP NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

MAIL TO: NEW FRONTIERS  
 295 MAIN STREET  
 ELLICOTT SQUARE BUILDING, SUITE 845  
 BUFFALO, NEW YORK 14203

# DECEMBER ANNIVERSARIES

## AMHERST/SNYDER

Pat G. 6 mos.  
 Matthew S. 6 mos.  
 Norbert D. 6 mos.  
 Martin P. 6 mos.  
 Jim B. 6 mos.  
 Gary W. 1 yr.  
 Lynn S. 5 yrs.  
 Mary F. 5 yrs.  
 Tom L. 7 yrs.  
 Linda S. 9 yrs.  
 Earl W. 10 yrs.  
 Richard O. 10 yrs.  
 Rob W. 11 yrs.  
 Mark S. 14 yrs.  
 Don H. 14 yrs.  
 Nancy O. 16 yrs.  
 Bill K. 19 yrs.  
 Mike E. 21 yrs.  
 Meg W. 29 yrs.

## EYEOPENER(CONT.)

Chuck Z. 9 mos.  
 Tim D. 9 mos.  
 Bill H. 9 mos.  
 Rob M. 1 yr.  
 Kevin T. 1 yr.  
 Judy R. 2 yrs.  
 Victor J. 2 yrs.  
 Ron C. 3 yrs.  
 Bill K. 4 yrs.  
 Larry M. 4 yrs.  
 Chuck D. 5 yrs.  
 Butch K. 5 yrs.  
 Jamie O. 11 yrs.

## HARMONY

Chuck V. 2 yrs.  
 Dorothy Ann M. 3 yrs.  
 Sam P. 4 yrs.

## HOLD ON

Earl 3 mos.  
 Dexter 3 yrs.  
 Donald 5 yrs.  
 Omar M. 5 yrs.

## HONESTY

NOVEMBER:  
 David C. 15 yrs.

## DECEMBER:

Marvin S. 14 yrs.  
 John R. 17 yrs.  
 John B. 34 yrs.

## FATHER BAKER

Jerry S. 3 yrs.  
 Sharon A. 15 yrs.

## FIRESIDE

Ann H. 3 mos.  
 Liz P. 6 mos.  
 Peter M. 6 mos.  
 Lili B. 9 mos.  
 Linda D. 9 mos.  
 Nick K. 9 mos.  
 Joe S. 9 mos.  
 Wayne B. 1 yr.  
 Robbie E. 1 yr.  
 Kregg K. 1 yr.  
 Lynn S. 1 yr.  
 Mike O. 2 yrs.  
 Brian R. 3 yrs.  
 Jeff S. 3 yrs.  
 Maria D. 5 yrs.  
 Don S. 8 yrs.  
 Bill G. 9 yrs.

## IRON HORSE

Tom G. 3 mos.  
 Jeff R. 6 mos.  
 Tony R. 9 mos.  
 Kevin H. 9 mos.  
 Daryl B. 1 yr.  
 Gary G. 1 yr.  
 Bob S. 2 yrs.  
 Frank H. 3 yrs.  
 Toni H. 10 yrs.

## JOURNEY

Mary Jo S. 3 mos.  
 Gary B. 12 yrs.

## KENMORE

OCTOBER:  
 Michael C. 6 mos.  
 Mike C. 2 yrs.

## NOVEMBER:

David J. 3 mos.  
 Anthony R. 3 mos.  
 Joe C. 6 mos.  
 Dennis 9 mos.  
 Jeff S. 9 mos.  
 Mary Lou Z. 17 yrs.  
 Midge S. 25 yrs.

## MATT TALBOT

Barry McC. 3 mos.  
 Jeff C. 3 mos.  
 Brian E. 3 mos.  
 Kathy D. 6 mos.  
 Jerry B. 6 mos.  
 Gene S. 6 mos.  
 Kevin N. 1 yr.  
 Jerry M. 2 yrs.  
 Joe V. 2 yrs.  
 Fred B. 3 yrs.  
 Louise F. 4 yrs.  
 Tom M. 5 yrs.  
 Bill M. 5 yrs.  
 Scott S. 5 yrs.  
 Chuck W. 8 yrs.  
 Bill B. 12 yrs.  
 Tim M. 15 yrs.  
 Ginny K. 15 yrs.  
 Paul M. 22 yrs.

## RISE & SHINE(CONT)

Floyd C. 6 mos.  
 Waller C. 6 mos.  
 Shirley J. 6 mos.  
 Brian W. 6 mos.  
 Ceelia D. 9 mos.  
 Byron W. 9 mos.  
 Joseph S. 9 mos.  
 Rebba S. 1 yr.  
 Kenneth L. 1 yr.  
 Michael H. 2 yrs.  
 Marsha F. 3 yrs.  
 Vince W. 4 yrs.

## THRUWAY(CONT.)

Norm C. 4 yrs.  
 Steven F. 6 yrs.  
 Bob S. 6 yrs.  
 Harry K. 9 yrs.  
 Bill Y. 9 yrs.  
 Mike T. 10 yrs.  
 Tom G. 11 yrs.  
 Craig S. 12 yrs.  
 Frank S. 13 yrs.  
 Mike W. 13 yrs.  
 Al W. 14 yrs.  
 Mike H. 15 yrs.  
 Cathy E. 16 yrs.  
 Pat T. 16 yrs.  
 Don K. 17 yrs.  
 Fritz L. 17 yrs.

## WE CARE

Jackie W. 1 yr.  
 John H. 4 yrs.

## WOMEN'S WESTSIDE DISC. NOVEMBER:

Nina S. 6 mos.  
 Vicki S. 6 mos.  
 Kathy D. 8 mos.  
 Karen H. 1 yr.  
 Pam M. 2 yrs.  
 Michelle B. 3 yrs.  
 Pam L. 3 yrs.  
 Michele B. 4 yrs.  
 Liz W. 5 yrs.  
 Kathy S. 7 yrs.  
 Pat M. 10 yrs.

## NORTH BUFFALO

Frank W. 3 mos.  
 Banelle B. 3 mos.  
 Mike Mc. 6 mos.  
 Mark B. 1 yr.  
 Jack B. 2 yrs.  
 Gary T. 2 yrs.  
 John D. 5 yrs.  
 Ed G. 6 yrs.  
 Marlyn R. 7 yrs.  
 Bill K. 8 yrs.  
 Judy S. 8 yrs.  
 Helen Mc 10 yrs.  
 Mary Ann G. 12 yrs.

## SOUTHTOWNS

NOVEMBER:  
 Rick R. 9 mos.  
 Don C. 3 yrs.

## DECEMBER:

Joe K. 6 mos.  
 Richard R. 1 yr.  
 Connie V. 1 yr.  
 James W. 7 yrs.

## POWERLESS

Charmaine R. 6 mos.

## RENEWAL

Chris P. 1 yr.  
 Peter K. 1 yr.  
 Brian C. 2 yrs.  
 Mel L. 23 yrs.

## RISE & SHINE

Linda C. 3 mos.  
 Donna Z. 6 mos.

## SUNDAY MORNING BREAKFAST

George M. 3 mos.  
 Dan M. 3 mos.  
 Joy P. 2 yrs.

## THRUWAY

Suzanne Det. 1 yr.  
 Jim P. 1 yr.  
 Linda J. 1 yr.  
 Joy P. 2 yrs.

**REMEMBER:**  
**JANUARY 1996**  
**ANNIVERSARIES**  
**MUST BE IN THE**  
**CENTRAL**  
**OFFICE NO LATER THAN**  
**DECEMBER 10, 1995.**

**ANY LENGTHS**  
 Pat McG. 6 mos.  
 Judy G. 9 mos.  
 Paul C. 1 yr.  
 Mike Z. 1 yr.  
 John H. 4 yrs.

**CAZENOVIA**  
 Felix R. 9 mos.

**COLD SPRING**  
 Ronald C. 6 mos.  
 Yvette M. 9 mos.  
 Vanessa L. 2 yrs.  
 Linda B. 2 yrs.  
 Wm. C. 7 yrs.  
 Horace M. 8 yrs.  
 Al C. 17 yrs.  
 Leia S. 25 yrs.  
 G.G. P. 25 yrs.  
 Robert B. 29 yrs.

**EYE OPENER**  
 Sue S. 6 mos.  
 Beth D. 6 mos.  
 Jim C. 6 mos.

**GIVING GROUP**  
 Dave W. 1 yr.

**HAPPY HOUR**  
 Jill C. 3 mos.  
 Terry C. 3 mos.  
 Sam P. 4 yrs.  
 Dave K. 7 yrs.  
 Earl W. 10 yrs.



**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
295 MAIN STREET  
ROOM 845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853-0388**

DECEMBER 1995

**ANY ARTICLES, ANNIVERSARIES OR ANNOUNCEMENTS MUST BE IN BY THE 10TH OF THE MONTH PRECEDING THE MONTH YOU WISH THE ARTICLE TO APPEAR.**

**MEETING CHANGES:**

THURSDAY - RENAISSANCE II - will not be meeting at the clinic in the Video Factory Plaza, 2625 Delaware Avenue. To date we do not have a new meeting location or know if the group will continue.

FRIDAY - LIFE TODAY - East Aurora Christian Church (Main at North Grove) in East Aurora is changing its' meeting time to 8:00PM from 7:30.

MONDAY - ST BARNABAS - on Crittendon Road in Akron will be moving, however, at this point they do not know where or when (the building has been sold) Please watch and listen for announcements of the change.

**NEW MEETINGS:**

WEDNESDAY - INTOXICATION ON LIFE - 3:30pm - Closed Discussion - Alcoholism Council of Niagara County Offices, 41 Main St, Lockview Plaza, NY.

SATURDAY - SOBRIETY ON SATURDAY NIGHT - 8:00PM - Closed Discussion - Lockport Memorial Hospital, Kenan-James Building, East Avenue, Lockport.

**PLEASE NOTE:**

THURSDAY - KENMORE - is updating they membership list. Please attend the meeting and file out a "new membership" card to insure continued membership in the group. The group meets at the Deerhurst Presbyterian Church, 257 Deerhurst in Kenmore.

WEDNESDAY - ANY AGE - is updating their membership records. Please attend the meeting and tell the secretary if you still consider yourself a member of the group.

SUNDAY - WHY - is updating their membership list. Please see Ed at the meet if you consider yourself a member or call 873-8544.

**WANT A SMALL MEETING??**

THURSDAY - MIRACLE - 8:30PM - which meets at the Trinity Parish House, 371 Delaware Avenue needs support.

THURSDAY - SUNY-AMHERST CAMPUS - 7:30PM - which meets at the Newman Center at 490 Frontier Drive on the Amherst Campus of the University of Buffalo needs support.

**COMING EVENTS:**

DECEMBER 2 - SATURDAY - GIVING will meet in the Student Center across from Madonna Hall.

DECEMBER 3 - SUNDAY - CENTRAL COMMITTEE MEETING - COMMUNITY MENTAL HEALTH CENTER - 80 GOODRICH, BUFFALO We will be voting officers for the 1996 Central Committee (Chairman, co-chairman and secretary) as well as representatives from District #1, Buffalo West, District#8, Northeast Erie County and Distiot#10, Genesee and Wyoming County.

DECEMBER 5 - TUESDAY - HOLD ON is holding its' First Group Anniversary at the True Faith Church at 863 Broadway 4 blocks west of Fillmore

DECEMBER 11 - MONDAY - COLD SPRINGS is celebrating their 34th Anniversary with a special guest speaker. This will be an eating meeting. Please bring a dish to share. They meet at the C.A.O. Building at 735 Humboldt Parkway at East Ferry, at 8PM.

DECEMBER 24 & 25 - "THE 1995 CHRISTMAS VISION" This vigil will be sponsored by the Fresh Start Group. It is to be held at Holy Cross Church, 7th and Maryland off Niagara Street start at 7PM on Christmas Eve. Send Donations to: P O Box 1374, Buffalo NY 14215. Contact persons: Mona W 882-3253 & Jerome D 893-1795.

DECEMBER 25 - MONDAY-CHRISTMAS MORNING - The THRUWAY Group will be having a special meeting with a guest speaker and a buffet following. Come share the Holiday and bring a dish to pass.

DECEMBER 29<sup>22</sup> - FRIDAY - LIBERTY WOMEN'S is celebrating the Holiday Season with an eating meeting. At 8pm, Church of the Advent, 54 Delaware Road in Kenmore. All women are welcome!

\*\*\*\*\*  
**NEW YEARS EVE - SUNDAY - DECEMBER 31**  
\*\*\*\*\*

ARCADE will be having their ANNUAL NEW YEAR'S EVE PARTY at the Knights of Columbus Hall, Rte 16 South of Yorkshire. Doors open at 7pm, speaker at 8pm Food and dancing. Door prizes and raffles. Bring a dish or goodies if you wish. \$5.00 per person.

For any information or table reservations call 322-7894 or 492-0922.

TRI-COUNTY GROUP will be having a New Year's Eve "GET-TOGETHER" A SAFE AND SOBER HAVEN. 7:00PM - 1:00AM. Speaker at 8:00pm, music, food, games & sober friends. Free admission. Bring a dish - bring a game. St Joseph's basement, East Main Street, Gowanda, NY.

The WNY GSA District 1 (Lockport area) is having a NEW YEAR'S EVE DANCE at the Plymouth Congregational Church, 98 East Avenue Lockport (East Avenue is an extension of Main Street. Go down Rte.78 North to Main Street, turn right, go through the city. You will pass Washburn Street and the Church is about two or three buildings past Washburn Street on East Avenue on the right hand side). Speaker from Buffalo at 7:00 - 8:00. Eats are 8:00 - 9:00 (Bring a dish). DJ Music from 9:00 - 1:00. Raffles - Door prize! Tickets are \$10 per person in advance or \$12 at the door. Call Sally (772-5440). Fay (542-9079), or Fran (791-3109).

**JANUARY 7 - SUNDAY - 7:00PM - CENTRAL COMMITTEE MEETING**  
**COMMUNITY MENTAL HEALTH CENTER - 80 GOODRICH, BUFFALO**

\*\*\*\*\*  
12TH MONTH - 12TH STEP "HAVING HAD A SPIRITUAL AWAKENING AS THE RESULT OF THESE STEPS, WE TRIED TO CARRY THIS MESSAGE TO ALCOHOLICS, AND TO PRACTICE THESE PRINCIPLES IN ALL OUR AFFAIRS."

12TH MONTH - 12TH TRADITION "ANONYMITY IS THE SPIRITUAL FOUNDATION OF ALL OUR TRADITIONS, EVER REMINDING US TO PLACE PRINCIPLES BEFORE PERSONALITIES."

YOURS IN THE SPIRIT OF A.A.  
Delphine

**CENTRAL COMMITTEE**

**DECEMBER 3, 1995**

Larry S, Chairman , opened the meeting at 7PM with a moment of silence followed with the Serenity Prayer and the reading of the Preamble by Glen P of Southgate. Purpose of the Central Committee read by Dave W of Amherst Snyder. The Traditions were read by Rick, also, of Amherst Snyder

Motion to accept the minutes made by John H. We Care, seconded by Pat M. Rainbow.

**31 GROUPS IN ATTENDANCE**

- DIST#1 - DELAWARE DISC, SUNDAY NITERS, THE JOURNEY
- DIST#2 - KENMORE, NEW FREEDOM, NORTH BUFFALO, WE ADMITTED
- DIST#3 - ABBOTT MEN'S, CAZENOVIA, IRON HORSE, MATT TALBOT, RAINBOW, RIDGE, SOUTH BUFFALO, SOUTHGATE, URBAN, WE CARE
- DIST#4 - ACTION, PROGRESS DIST#5 - A VISION FOR YOU DIST#6 -
- DIST#7 - COLD SPRINGS, FRESH START, HARMONY, HIGHER POWERED, INNER CITY, LET GO & LET GOD, LOVEJOY, POWERLESS, SPIRIT OF HOPE.
- DIST#8 - AMHERST SNYDER, COMMON PROBLEM, RENEWAL DIST#9 DIST#10

**COMMITTEE REPORTS**

**ENVELOPE SYSTEM - Mel L**

NOVEMBER receipts	<u>1994</u>	<u>1995</u>
Average monthly receipts (per month) for the previous 3 months	\$481.00 456.67	\$625.00 565.00

**STEERING COMMITTEE MEETING - TINA F - The Journey**

The meeting was opened at 6:10pm by Tina F, District #1 with the Serenity Prayer. Others present were Bill D, Dist# 4, Margaret H, Dist #7 & Janice O, guest.

Item #1: Appointment of representatives for Districts #8- Erie County Northeast and District #10 Genesee-Wyoming. Tabled until next month.

Item #2: Meetings at ECMC not under the TFC. We will look into why they were dropped as TFC-12 STEP meetings and how many meetings are there of this nature  
Meeting closed at 6:30PM with the Lord's Prayer.

**FINANCIAL REPORT - Gary S, Matt Talbot - see attached**

**TREATMENT FACILITIES COMMITTEE - Wayne W, Iron Horse**

Announced that the Committee has a new Chairman, Warren H of the Abbott Men's Group and Wayne W of Iron Horse as Co Chairman.

**CORRECTIONAL FACILITIES - Ron S, Chairman, Powerless (Minutes 12/5)**

Meeting started in the usual manner. Ron is no longer Chairman of Corrections. Wayne W of Father Baker's will be taking over. We will be looking for a Co-chairman and also for people to get involved. Please contact Delphine at the Central Office. No other changes. Meeting closed at 6PM with the Lord's Prayer.

**SCREENERS - Lisa Y - Chairperson, North Buffalo**

There was no meeting in November.

There are problems with the Answering Service - They have not been updating the lists that are being provided to them. The Chairperson will meet with the managers of the Service to see if they can work out things out.

**CENTRAL OFFICE: Delphine H**

**NOVEMBER '95**

AA information	395	12 Step	1
PIC	1	literature requests	43
TPC		Refer to other agencies	15
Alanon	20	Refer from other agencies	21
Alateen	2	Central office	
ACOA	9	Outgoing calls	190
Answering Service		Mail costs	\$172.41

**NEW FRONTIER -John H. We Care**

Any articles sent in for publication that are reprints, must include the author and source.

We prefer articles from area AA members.

Committee heads: if your committee needs help, send in an article indicating your needs; include what your committee does, when and where they meet and who to contact if someone wishes to join the committee.

**54th FALL CONVENTION '95 or 55TH-'96 - none**

**COURTESY REPORTS:**

**GENERAL SERVICE ASSEMBLY -Mike B. Chairman, Progress**

Gave the 1996 Schedule of GSA meetings which will be printing in the new schedule booklet

DATE:	HOSTING GROUP:	PLACE:
Jan. 28	Iron Horse	Orchard Park Village Hall 4295 S Buffalo Street Orchard Park NY
Feb. 25	Cazenovia	"
March 24	Cold Springs	"
April 28	North Buffalo	Good Shepherd Church 95 Jewett Pkwy Buffalo NY
May 26	A Vision for You	St Peter United Church of Christ 1208 Oliver at Porter North Tonawanda NY
June 23	Allegany Lifeline	Allegany Luthern Church 4th Street Allegany NY
July	NO MEETING	(State Convention)
Aug 25	Salamanca	St Mary's Episcopal Church Wildwood Avenue Salamanca NY
Sept 23	Main Street.	Orchard Park Village Hall 4295 S Buffalo Street Orchard Park NY
Oct 27	Father Baker	"
Nov 24	Southgate	"
Dec	NO MEETING	

District #50 - GSA Spring Covention, April 12,13,14, 1996.

NYS General Service Convention, July 19,20,21, 1996 Sheraton, Four Point Hotel, Ithaca, NY.

NERRAASA - '96, February 23,24,25 1996 - Fifth Avenue, Sheraton, Cherry Hill, Pa

As listed in Octobers minutes - newly elected officers of WNY-GSA

- Delegate - Jack B                      CPC - Dave B                      Archivist - Bill C
- Alternate - Bernie A                    PIC - Guy H                        Chairman - Don W
- Chairman - Scott T                      Treatment - Mike B               Grapevine - to be announced
- Treasurer - Marcia W                  Correctional - Efren A

**PIC - none**

**C.P.C. - none**

**RE-CAP:**

**CENTRAL OFFICE** - Mel L, Renewal asked how many 12 step calls did we received? Delphine answered "one". Mel suggested that maybe we should advertise. Delphine responded that "this is a program of attraction not promotion."

CONVENTION '95 - John H. We Care asked when can we expect the final figures on the Fall Convention? Dave P, member of the Committee stated that the wrap up meeting was delayed due to a death of the Chairman's Father. The new date is the third Thursday of December.

Elizabeth, Delaware Discussion, asked where the Chairperson was for the 1996 Convention-was reminding the Committee that a monthly report should be made. Larry responded that the Chairperson would be contacted requesting her or a representative to attend the Central Comitee meeting monthly.

Carolyn C. A Vision for You, announced that the Pre'96 Fall Convention meetings were to be held at St Michaels', Huntley at Burke on first Tuesdays starting December 5th.

**OLD BUSINESS:**

ELECTIONS: no one opposed these nominations.

Chairperson: Tina F, The Journey Steering Committee Representative  
Co-chairperson: Joanne Mc C, Action District#1 - Janice O, The Journey  
Secretary: Andrea S, Fresh Start

**NEW BUSINESS:**

Carolyn C, A Vision for You, ask if the Chairperson of the 1996 Fall Convention was to be a member of a group in District #5, which she is not to her knowledge. Larry answered that when appointed, Cindy H, was a member of the Twin Cities Group in North Tonawanda in District #5 as required.

Please have Steering Committee look into the TFC situation at ECMC.

Mel L, Renewal commented on the withdrawal of nominees on the day of the election, which took away the element of choice that was presented to and voted on by his groups' conscience.

Jay H, North Buffalo, announced Lovejoy Vigil.

Mike B, Progress asked how can the groups in District#10 - Genesee-Wyoming vote and participate in two Intergroup? Specifically; North Java, etc. Larry S stated that Steering Committee is attempting to address the problem. Delphine has sent letters to those groups who do not respond or claim they only belong to our Central Committee. Larry S asked Mike if he knows of a group that is going to another intergroup and provide us with the minutes of that meeting.

Mike, also question if past delegates can hold office in Central Committee. Having been delegate in the past should does not preclude you from running for a Central Committee office.

In conclusion Larry S thanked the Committee for letting him serve as Chairman We thank him in return. The gavel was turned over to Tina F from The Journey group as our 1996 Central Committee Chairperson.

Elizabeth G, Delaware Discussion, made a motion to adjourn with a second by John H of We Care. Meeting adjourned at 8:30PM with the Lord's prayer.

Respectfully Submitted,

Lisa Y, Recording Secretary, North Buffalo

GROUP	Correctional Facilities		Treatment Facilities	
	DEC '95	Accum.	DEC '95	Accum.
1st Step				
3rd Step				
6th Step				
7 Clan *			10.00	
12 Step-Holiday Village				
A.A.F.U.N.				
A Day At A Time				
Abbott Mens Disc		70.00	20.00	20.00
Acceptance/Welcorne		350.00		
Achievement				
Action		200.00		
Age Doesn't Matter		50.00		
Albion				
Alexander				
All Women				
Amherst Snyder		768.87	35.00	40.00
Amherst Tree of Life		50.00		
Amsdell Lakeshore				
Any Age		300.00	100.00	100.00
Any Length	20.00	100.00		
Arcade				
As Bill Sees It				
Attitude Adjustment				
Attraction	100.00	380.00		
Awakening				
Beginner's Table				
Beginning in Sobriety I				
Beginning in Sobriety II				
Beginnings-Women's		200.00		
Better Days (Bilingual)				
Bidwell				
Bidwell Monday Disc				
Big Book - Lockport				
Big Book Study (Thur Nite)		25.00		
Big Book Workshop				
Blasdell				
Blasdell Monday Nite				
Boulevard Women's		65.00		
Brass		70.00		
Broadway-Balley		75.00		
Brocton Discussion				
But for the Grace of God		176.25	5.00	5.00
By The Book-Buffalo				
Came To Believe		106.70		20.00

pg 2			Correctional Facilities		Treatment Facilities	
GROUP	DEC '95	Accum.	DEC '95	Accum.	DEC '95	Accum.
Campus- Buff State						
Castling		40.00				
Cathedral Park	29.00	245.70				
Caz Manor		37.50		37.50		37.50
Cazenovia	18.00	113.00	8.50	61.50	8.50	61.50
Central Park						
Central Park II						
Chapter IX		160.00		160.00		160.00
Cheektowaga	50.00	150.00				
Chevy *1						
Clarence Men's Disc		300.00				
Clarence Men's Disc II						
Cold Springs		25.00				
Common Proble	50.00	150.00		24.00		
Community Center		45.00				
Cornplanters Again						
Courage		50.00		12.50		12.50
Delaware Discussion						
Derby	50.00	225.00				
Design For Living						
Desire						
DeVeaux Discussion						
Discovery						
Downtown Discussion						
Downtown Men's Dis						
Dunkirk		10.00				
Early Bird						
East Amherst						
East Aurora		370.00				90.00
Easy Does It		125.00				
Eden-North Collins		240.00				
Ellicott		100.00				
Ellicottville						
Emergency						
Eternal Vigilanc	200.00	400.00	50.00	100.00	50.00	100.00
Everybody's		140.00				20.00
Eye Opener		1039.02				
Falth						
Falth In Action						
Father Baker		700.00		200.00		100.00
Feelings		225.51				
Fellowship In the Spirit						
Fireside	206.75	2638.30		50.00	25.00	275.00
Fireside P.M.		50.00				

PG 3			Correctional Facilities		Treatment Facilities	
GROUP	DEC '95	Accum.	DEC '95	Accum.	DEC '95	Accum.
First Things Fir	50.00	250.00				
First Ward						
Fredonia Discussion						
Freedom	50.00	600.00		250.00		250.00
Fresh Start				26.44		
Friday Nite Discu						
Friday Noon Meeting						
Friday Step Beginners						
Friendship						
Friendly		75.00				
Friendship Fireside						
Frontier						
Gardenville		100.00				
Gay, Lesbian, Sober & Proud						
Getting Better						
Giving		40.00				
Going to Any Length						100.00
Golden Slipper	235.00	410.00		39.22		
Good Life						
Grand						
Grand II Joy Of Living		100.00				
Grateful						
Guiding Light						
H.A.N.D.		100.00				
H.O.W.		98.00		23.00		23.00
Half & Half						
Hamburg						
Hamburg Big Book						
Handicappers		50.00				
Happy Hour	35.00	105.00	35.00	105.00	35.00	105.00
Harmony						
Helping Hand		60.00				
High View		150.00				
Higher Powered		75.00		114.82		50.00
Hill Billy		70.00		25.00		25.00
Hold On						
Holiday Village	500.00	2219.05		150.00		75.00
Honest Desire		10.00				
Honesty	30.00	330.00	10.00	110.00		
Hora de Refleccion						
How It Works		425.00		75.00		75.00
Humbly Willing						
Ignatia						
Inner City						



PG 4		Correctional Facilities			Treatment Facilities	
GROUP	DEC '95	Accum.	DEC '95	Accum.	DEC '95	Accum.
Inspiration		60.00				
Iron Horse	50.00	380.00	50.00	380.00	50.00	380.00
IT						
It's About Time						
Just for Today						
Keep It Simple, Sister						
Keep on Comin'						
Kenmore		160.00				
Kensington		50.00				
Ladies Night						
Lake Shore		50.00				20.00
Lake View						
Let Go & Let God		85.00				
Lew-port						
Liberty Women's		115.00				
Life Today	47.00	129.00				
Lighten Up		360.00				
Live and Let Live		200.00				
Living Sober		245.00				
Lock City		100.00				
Lockport *1		160.00		127.00		60.00
Lockport Discussion		75.00		5.71		
Lockport Ladies						60.00
Lockview		114.00		63.48		
Lovejoy						
Lower River		15.00				
Lunch Bunch						
Main Street						
Marilla		205.00				
Matt Talbot	40.00	465.00		25.00		
Mc Kinley Winners						
Medina New Life						
Mercy						
Mid-day		47.75				
Midnight						
Miracle						
MOD (Serenity Rm)						
Morning After/We Admitted		30.00		30.00		20.00
Never Too Late						
New Awakening						
New Beginnings		25.00				
New Freedom						
New Frontier						
New Frontier Womens						

Pg 5		Correctional Facilities			Treatment Facilities	
GROUP	DEC '95	Accum.	DEC '95	Accum.	DEC '95	Accum.
New Hope (Institu)				20.00		
New Life	15.00	150.00		65.00		
New Life - New	35.00	135.00				
New Westside		25.00				
Niagara Frontler Men's		150.00				
Nite People						
North Buffalo		1000.00		250.00		250.00
North Java		55.00				
One Day at a Time(ODAT)		254.00				
Open Arms						
Open Mind		60.00				
Opportunity						
Orchard Park Step		190.00				
Page 30						
Pass It On		270.00				
Patchin						
Pathway to Peace						
Pendleton-Chapter V						
Perry						
Positively Living II		200.00				
Positively Living III						
Powerless		85.00		408.07		15.00
Primary Purpose						
Progress		5.00				
Purpose		150.00				
Rainbow		90.00		25.00		70.00
Ray of Hope		50.00				
Remember When						
Renaissance I		100.00				
Renaissance II						
Renewal		75.00				
Ridge		150.00				
Ripley's "Believe It Or Not"						
Rise & Shine		255.00		50.00		
Rochester Meeting		110.00				40.00
Rur-al is Plural		37.00				
Rush Hour						
Sally						
Salvation Army						
Saratoga						
Saturday Night Alive						
Saturday Night Disc						
Searching for Serenity		100.00				
Second Chance						

pg 6			Correctional Facilities		Treatment Facilities	
GROUP	DEC '95	Accum.	DEC '95	Accum.	DEC '95	Accum.
Security						
Seneca 12 & 12						
Serenity		300.00				
Serenity Circle	10.00	92.00				
Serenity Trail						
Sheridan	20.00	150.00				
Silver Creek Friendship						
Sober Trail						
Sober Winners						
Sobriety Men's Disc						
Somerset						
South Buffalo	40.00	180.00	40.00	180.00	40.00	180.00
South Town		100.00				20.00
South Town Wc	5.00	55.00	5.00	20.00	5.00	20.00
Southgate		37.00				
Southwestern		20.00		9.00		
Spirit of H.O.P.E.		5.00		5.00		5.00
Spiritual Progress						
Spiritual Progress(wo)						
Springville		120.00				
Springville Sat Aft						
St. Barnabas		120.00				
St. Mark's		60.00				
Starling Over						
Step						
Stepping Stones						
Suburban		55.00				
Sunday Morning Bkfl.		682.25		200.00		200.00
Sunday Nilers						
Sunday Third						
Sunrise Court		500.00		125.00		125.00
SUNY-Amherst Campus						
Surrender & Hope		100.00				
Survivors						
T'nT	100.00	390.00				
TGIF	100.00	200.00				
Thankful		230.00				
The Journey	70.00	321.00				
The Way						
Thruway	200.00	2332.00	20.00	200.00	20.00	200.00
Thursday Aft Disc		300.00				
Today						
Tri-County						
Tri-Step Beginners						

pg 7			Correctional Facilities		Treatment Facilities	
GROUP	DEC '95	Accum.	DEC '95	Accum.	DEC '95	Accum.
Try Again		100.00				
Tuesday Men's	25.00	25.00				
Tuesday Women's Disc.		40.00				
Turning Point		30.00				
T.P.H.						
Twin Cities		260.00				
Twin Cities II						
Unity		130.00				
University	150.00	1800.00			20.00	200.00
Urban		30.00				
V.I.P.		10.00				
Valley						
Varysburg		40.00				
Veterans						
Victory		40.00		20.00		20.00
Vision of Hope (women's)						
Wake Up Call	24.90	308.16				
We Are Not Saints						
We Care		300.00		100.00		200.00
We Choose Life		50.00				
We Need You						
Wehrle				10.00		10.00
Welcome Home						
West Seneca Sat. Nite						
Westfield						
Westminster						
WHY		207.00		37.00		37.00
Williamsville		500.00		60.00		40.00
Willing To Grow		200.00				
Wilson						
Women's Strength thru Unity				241.00		
Women's Westside Disc.		75.00		75.00		75.00
Working						
You'll Never Walk Alone						
Youngstown		30.00				
Rob't D		150.00				
Dennis B		20.00				
	2555.65	33294.06	218.50	4455.24	253.50	3991.50
31 Groups - DECEMBER '95		2555.65		218.50		253.50
Last months accurn total		30738.41		4236.74		3738.50
Year to date totals		33294.06		4455.24		3992.00

CENTRAL COMMITTEE		#604-771-7	11/25/95-12/25/95		
<b>RECEIPTS</b>					
31 Groups contributed					
			2555.65		
Joint Meeting (expenses-\$7.00 )			20.30		
New Frontier subscriptions			28.00		
Envelope System			277.00		
Literature			1458.66		
Miscellaneous	Anonymous		100.00		
Total Receipts			4439.61		
<b>DISBURSEMENTS</b>					
*10 Ellicott Square Court Corp	rent		608.00		
Community Mental Health Ctr	rent		35.00		
David F Williamson Co Inc	UPC		40.96		
Happy Spring Water			4.50		
World Services, Inc	Phamplets		385.53		
Secrephone	Ans Serv		154.50		
World Services, Inc	Books		730.93		
M & T Bank	fed withhold tax		571.92		
AT & T			5.72		
NYNEX			184.62		
The Paper Shop			161.73		
US Postmaster	meter refill		300.00		
Salaries			1712.04		
cash			50.00		
Bank Charges			77.00		
Disbursements			5022.45		
Balance pr checkbook 11/25/95			2568.87		
Add Receipts 11/25/95-12/25/95			4439.61		
Deduct expenses 11/25/95-12/25/95			-5022.45		
Balance per checkbook 12/25/95			1986.03		
Operating debit for 12/25/95			(-582.84)		
MONEY MARKET	4566.83		15198.68	savings	
CERT OF DEPOSIT	10631.85		1986.03	checking	
	15198.68		17184.71		

<b>RE-CAP</b>		11/25/95-12/25/95			
<b>CORRECTIONAL FACILITIES ACCOUNT</b>			<b>*484-185-4</b>		
<b>EXPENSES</b>		<b>CHECK*</b>			
AA Central Office - Wende Wo - li		121	20.00		
AA Central Office - Wkbks		122	70.00		
			90.00		
Balance pr checkbook	11/25/95			1345.55	
Add Receipts	11/25/95-12/25/95			218.50	
Deduct expenses	11/25/95-12/25/95			-90.00	
Balance per checkbook	12/25/95			1474.05	
operating credit for	12/25/95	128.50			
<b>TREATMENT FACILITIES ACCOUNT</b>			<b>*602-089-5</b>		
<b>EXPENSES</b>		<b>CHECK*</b>			
Balance pr checkbook	1/25/95			640.77	
Add Receipts	11/25/95-12/25/95			253.50	
Deduct expenses	11/25/95-12/25/95				
Balance per checkbook	12/25/95			894.27	
Operating credit for	12/25/95	253.50			